



WYOMING



2016 CROSS COUNTRY NOTES

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2016 Schedule

Date	Meet	Location/Result
9/2	Colorado State Invite	M: 5th // W: 4th
9/17	MSU-Bozeman Invite	Bozeman, Mont.
9/24	Roy Griak Invitational	St. Paul, Minn.
10/15	Pre-Nationals	Terre Haute, Ind.
10/28	MW Championships	Boise, Idaho
11/11	NCAA Mountain Regional	Logan, Utah
11/19	NCAA Championships	Terre Haute, Ind.

Quick Facts

Location	Laramie, Wyo.
Founded	1886
Enrollment	13,551
Nickname	Cowboys/Cowgirls
School Colors	Brown & Gold
President	Laurie Nichols
Athletics Director	Tom Burman
Affiliation	NCAA Division I
Conference	Mountain West

Coaching Staff

Head Coach	Bryan Berryhill
Season at UW	Fifth
Alma Mater	Colorado State, '01
Assistant Coach	Amanda Clower
Season at UW	Eighth
Alma Mater	Lamar, '07

Team Info

2015 Women's MW Finish	5th of 11 (129 pts)
2015 Women's Region Finish	10th of 19 (306 pts)
2015 Women's NCAA Finish	N/A
Women's Letterwinners R/L	7/2
Women's Newcomers	4
2015 Men's MW Finish	4th of 8 (89 pts)
2015 Men's Region Finish	7th of 16 (153 pts)
2015 Men's NCAA Finish	N/A
Men's Letterwinners R/L	4/4
Men's Newcomers	3
Home Course	Jacoby Golf Course

Cowboy Roster

Name	Class	Exp.	Hometown (Previous School)
Bryce Ailshie	RS Fr.	RS	Kingsport, Tenn. (Dobyns-Bennett)
Michael Downey	So.	1L	Cheyenne, Wyo. (East)
Harry Ewing	Fr.	HS	Hamilton, NZ (St. Peter's)
Ricky Faure	So.	1L	Rock Springs, Wyo. (Rock Springs)
Jesse Gray	So.	1L	Rock Springs, Wyo. (Rock Springs)
Christopher Henry	Fr.	HS	Laramie, Wyo. (Laramie)
Jonah Henry	Jr.	2L	Laramie, Wyo. (Laramie)
Daniel Hintz	Fr.	HS	Tauranga, NZ (Tauranga Boys College)
Calum Kepler	So.	SQ	Casper, Wyo. (Kelly Walsh)
Isaac Kiefer	RS So.	RS	Buffalo, Wyo. (Buffalo)
Michael Rotellini	Jr.	1L	Sheridan, Wyo. (Sheridan)
Michael Seas	RS Sr.	3L	Celina, Ohio (Coldwater)
Phillip Thomas	RS Fr.	RS	Fountain, Colo. (Fountain-Fort Carson)

Meet Information

Meet: MSU-Bozeman Running Company Invitational
When: Saturday, Sept. 17
Where: Bozeman, Mont. (Host: Montana State)
Bridger Creek Golf Course
Races: Men's 5-mile race: 9 a.m. MT
Women's 3-mile race: 9:45 a.m. MT



Opposing Teams (Division I)



Idaho State

Montana

Montana State

North Dakota

Northern Colorado

Utah (women only)

Utah State

Weber State

Notes

UW Harriers Set for Showdown in Bozeman

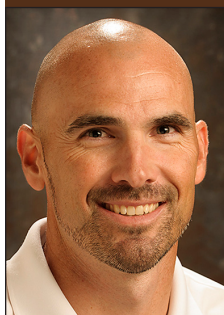
The University of Wyoming cross country team is back in action on Saturday, Sept. 17 at the Montana State-Bozeman Running Company Invitational after a two-week break from competition. Saturday's field features a number of regional foes while the next two events on Wyoming's schedule, the Roy Griak Invitational and Pre-Nationals, will include teams from across the nation.

Utah State will be Wyoming's lone conference opponent in Bozeman. The Aggies are ranked eighth in the USTFCCCA Mountain Region on the women's side, while USU's men's squad falls outside the top 15. Weber State is the highest regionally ranked opponent in both the men's and women's fields on Saturday, with the Wildcat men checking in at No. 10 in the USTFCCCA Mountain Region while the women are ranked fourth.

Cowgirl Roster

Name	Class	Exp.	Hometown (Previous School)
Calbi Ausmann	Fr.	HS	Newcastle, Wyo. (Newcastle)
Ashley Bock	RS Fr.	RS	Fort Collins, Colo. (Fossil Ridge)
Megan Brunette	Sr.	3L	Colorado Springs, Colo. (The Classical Academy)
Audra DeStefano	RS Sr.	3L	Gillette, Wyo. (Campbell County)
Quinn DeStefano	Jr.	1L	Gillette, Wyo. (Campbell County)
Kacey Doner	Fr.	HS	Fort Collins, Colo. (Rocky Mountain)
Lauren Hamilton	Jr.	2L	Monument, Colo. (The Classical Academy)
Kirsten Kropkowski	Fr.	HS	Colorado Springs, Colo. (The Classical Academy)
Kiah Leonard	So.	1L	Berthoud, Colo. (Berthoud)
Cassidy Meade	Sr.	3L	Laramie, Wyo. (Laramie)
SarahJean O'Neill	RS Fr.	RS	Powell, Wyo. (Powell)
Isabella Pape	So.	1L	Corvallis, Mont. (Corvallis)
Emily Person	So.	SQ	Rapid City, S.D. (Stevens)
Solana Quistorff	So.	SQ	Castle Rock, Colo. (Douglas County)
Ashley Urman	RS Fr.	RS	Princeton, Minn. (Princeton)
Regan VanDePol	So.	1L	Broomfield, Colo. (Broomfield)
Taylor Van Holland	Fr.	HS	Harrisburg, S.D. (Harrisburg)
Kerry White	Jr.	2L	Te Aroha, NZ (Te Aroha College)

Head Coach Bryan Berryhill



Bryan Berryhill enters his fifth season as head coach of the University of Wyoming track and field/cross country programs in 2016-17.

During the 2015 cross country season, the former professional runner led the Cowboys to a fourth-place finish in the Mountain

West, tying the highest finish in program history. The men's harriers collected 89 points at the conference championships, just four points more than Wyoming's lowest total at a MW championship meet. Berryhill led the Cowgirls to a fifth-place finish at the MW championships despite having no seniors and just one junior in the team's top five.

Berryhill coached senior harriers Aaron Derner and Amos Bowen to USTFCCCA All-Region honors after each finished in the top 25 at the NCAA Mountain Regional meet. During the indoor track & field season, Wyoming collected eight individual All-MW honors while the women's squad earned All-MW status in the Distance Medley Relay. Hurdler Jordan Charles went on to become an Honorable Mention All-American in the 60-meter hurdles. Outdoors, the team earned four more All-MW honors and seven athletes advanced to the NCAA West Preliminary Round. Under Berryhill, Wyoming's student-athletes have notched 156 top-10 individual and relay marks in school history, including 11 school records.

Before Wyoming, Berryhill served as the head cross country and assistant track coach at Colorado State from 2006-2012. He was named the 2007 Women's NCAA Regional and Mountain West Conference Women's Cross Country Coach of the Year after the CSU women won their first ever team titles at the Mountain West championships and the NCAA Mountain Region championships in the same season.

He had a stellar collegiate career at CSU, earning 10 All-America honors in cross country and track. A national champion in the indoor 1-mile run and outdoor 1,500-meter run in 2001, Berryhill holds five individual and three relay records at CSU. He competed as a professional track athlete from 2001-04 and 2005-07.

The CSU women finished second or better at the MW Cross Country Championships in four of the six years of Berryhill's tenure. During his time with the Rams, he coached student-athletes to six school records and coached the only CSU woman to win a Mountain West cross country individual title with April Thomas' win in 2007.

Berryhill received his bachelor's degree in forestry from CSU in May 2001. He and his wife, Toni, have three children: Libby, Eli and Lainey.

Personal-Best Times

800 Meters: 1:46

Mile: 3:54

1,500 Meters: 3:35

Notes

Last Time Out: Women's Harriers Take Fourth, Men Fifth at CSU Invite

The University of Wyoming cross country team began its 2016 campaign Friday as the Cowgirls placed fourth and the Cowboys took fifth at the CSU Invite. Freshman Kacey Doner started her collegiate cross country career with a bang, crossing the finish line as the top Cowgirl, while junior Jonah Henry was the Cowboys' top finisher.

Doner, a Fort Collins native, finished 19th overall and 12th among collegiate competitors in the women's 5-kilometer race at the Hughes Stadium Cross Country Course. She was the top freshman finisher, crossing the line in 18 minutes, 28 seconds. Junior Quinn DeStefano finished just behind Doner at 18:35, good for 23rd place overall and 16th among collegiate competitors. Senior Megan Brunette was the Cowgirls' third finisher, taking 27th at 18:40, while sophomore Isabella Pape was close behind in 29th at 18:49. True freshman Calbi Ausmann showed promise as well, making the Cowgirls' top five after taking 33rd at 19:03. Overall, the Cowgirls contributed a solid pack split of 35 seconds en route to a fourth-place team finish behind Air Force, Colorado and Colorado State.

"I thought the younger kids raced pretty well. When we plug our top runners back into the equation, things are going to look really good," said head cross country coach Bryan Berryhill of the women's squad. "I think it was a solid start for a pretty young and inexperienced squad, and I think it'll be exciting when we plug those veterans back in."

Doner was rightfully pleased with her finish. "I was pretty nervous, and the start was kind of intimidating, but my teammates really helped with that," she said after the race. "I was really happy with how I finished. It was a good confidence booster."

Meanwhile, familiar faces lined the Cowboys' top five on Friday. Jonah Henry placed 16th overall and 12th among collegiate competitors, finishing the 5-kilometer course in 15:17 as he crossed the line wedged in a pack of nine runners that finished within a three-second window. Mike Seas was next for the Cowboys, taking 21st overall at 15:21 in what Berryhill said may have been the best race of his collegiate career.

"I thought he had a good race," Berryhill said of the redshirt senior. "I'm just proud of how hard he worked over the summer. He's in a good spot."

Seas mostly agreed with his coach's sentiments. "It was the best start to a season I've ever had," he said following the race. "It was an 11-second PR on the course, so I'm happy with it. I'm excited for things to come this season."

Sophomore star Ricky Faure crossed the line third for the Cowboys, clocking 15:24 for the 5K to finish 22nd overall. Freshman and New Zealand native Harry Ewing had a solid first showing at high altitude, finishing as the Cowboys' fourth runner with a time of 15:54. Sophomore Calum Kepler rounded out the Cowboys' top five, finishing in 16:12.

Berryhill is excited for the year to come, but knows his athletes have more to prove. "Overall, I leave here content with the day," he said Friday. "I definitely know we're still better than what we showed. Good news is, it's the first race and November's a long way away."

Fresh Legs

UW's freshman harriers contributed impressive collegiate debuts at the CSU Invite on Sept. 2, highlighted by Kacey Doner's team-leading performance for the Cowgirls. Doner was the top freshman in the women's field, outpacing the next-best freshman finisher by a whopping 27 seconds while finishing in 18 minutes, 28 seconds. She was one of only two freshmen in the women's field to finish as her team's lead runner. Freshman Calbi Ausmann also made the Cowgirls' top five, finishing the 5-kilometer course in 19:03.

Meanwhile, freshman Harry Ewing was the Cowboys' fourth finisher in his first collegiate race after coming to UW from New Zealand. Ewing finished the 5-kilometer course in 15:54, taking 32nd among collegiate competitors.

Sticking Together

The Wyoming Cowgirls posted the lowest pack split of any women's team at the CSU Invite, with just 35 seconds ticking off the clock between the finishes of Kacey Doner (UW's No. 1 finisher) and Calbi Ausmann (UW's No. 5 finisher). Northern Colorado had the next-best pack split at 43 seconds, while Air Force and Colorado State each recorded 56-second spans between their first and fifth runners crossing the finish line.

Cowboys Ninth, Cowgirls 11th in USTFCCCA Week 1 Mountain Region Rankings

The Wyoming men's and women's squads remained stationary in the USTFCCCA Week 1 Mountain Region Rankings, with the Cowboys checking in at No. 9 and the Cowgirls coming in at No. 11. The men's Mountain Region rankings were entirely unchanged from the preseason rankings, while the women's rankings featured a couple of minor shake-ups after the first week of meets. Weber State, who the Cowgirls will compete against in Bozeman this weekend, dropped to fourth in the Mountain Region after being ranked third in the preseason.

2016 Wyoming Notes

2016 MW Athletes of the Week

Date	Name	Class	School
Sept. 6	Michael Vennard Jr.		Boise State
	Bailee Parker	Fr.	Utah State

2016 USTFCCCA Mtn. Region Polls

WEEK 1 // Sept. 12

MEN

Rank	School	Conference
1	Northern Arizona	Big Sky
2	Colorado	Pac-12
3	UTEP	Conference-USA
4	BYU	West Coast
5	Southern Utah	Big Sky
6	Colorado State	Mountain West
7	Air Force	Mountain West
8	New Mexico	Mountain West
9	Wyoming	Mountain West
10	Weber State	Big Sky
11	Utah Valley	WAC
12	Texas Tech	Big 12
13	Idaho State	Big Sky
14	Montana State	Big Sky
15	New Mexico State	WAC

WOMEN

Rank	School	Conference
1	New Mexico	Mountain West
2	Colorado	Pac-12
3	BYU	West Coast
4	Weber State	Big Sky
5	Utah	Pac-12
6	Colorado State	Mountain West
7	Northern Arizona	Big Sky
8	Utah State	Mountain West
9	Air Force	Mountain West
10	Montana State	Big Sky
11	Wyoming	Mountain West
12	Texas Tech	Big 12
13	Nevada	Mountain West
14	UTEP	Conference USA
15	Southern Utah	Big Sky

Next Poll - Sept. 19

Interview Policies

Interviews, either in person or via telephone, with members of UW's coaching staff and student-athletes must be coordinated through Media Relations Graduate Assistant Nate Lake at least one day in advance.

Home and/or cell phone numbers will not be provided to the media by the coaches, student-athletes, or the athletic department. Media are asked not to request an individual's personal contact information, including e-mail and cell number, but rather to contact Nate.



Notes

Meanwhile, conference foe Nevada jumped from 15th to 13th and BYU moved up one spot from fourth to third. The Cowgirls are currently ranked fifth among MW institutions in the Mountain Region while the Cowboys are fourth among MW schools in the region.

USTFCCCA Division I National Coaches' Poll

The Week 1 edition of the USTFCCCA Division I National Coaches' Poll was released Tuesday. The men's and women's top 30 teams are listed below.

MEN

Rk.	School	Points
1	Syracuse	360
2	Oregon	338
3	Northern Arizona	327
4	Stanford	322
5	Colorado	311
6	Arkansas	304
7	Georgetown	261
8	Washington	248
9	Eastern Kentucky	242
10	Oklahoma State	234
11	Wisconsin	221
12	Iona	200
13	Virginia	196
14	BYU	191
15	UTEP	180
16	Indiana	177
17	Boise State	172
18	Michigan	147
19	Oklahoma	140
20	Providence	131
20	Mississippi	131
22	Portland	111
23	Furman	101
24	Colorado State	70
25	Southern Utah	66
26	Tulsa	65
27	North Carolina State	57
28	Louisville	55
29	Penn	53
30	Michigan State	44

WOMEN

Rk.	School	Points
1	New Mexico	348
2	Colorado	345
3	Providence	338
4	Oregon	327
5	NC State	292
6	Boise State	287
7	Stanford	275
8	Oklahoma State	271
9	Michigan State	254
10	Michigan	249
11	Washington	241
12	Arkansas	237
13	Penn State	211
14	Virginia	178
15	Notre Dame	177
16	Syracuse	174
17	Iowa State	160
18	Georgetown	157
19	Mississippi State	132
19	San Francisco	132
21	BYU	116
22	Princeton	83
23	Penn	82
24	Kansas	81
25	Weber State	63
26	Vanderbilt	60
26	Harvard	60
28	Minnesota	58
29	Yale	46
30	Portland	35

Memory of the 8 Race Set for Sept. 16

The sixth annual Memory of the 8 Run & Walk, held in honor of the eight University of Wyoming cross country athletes who tragically passed away in an automobile accident in September 2001, will take place in Gillette, Wyo., on Friday, Sept. 16. The event will be held on the 15-year anniversary of the tragedy. Former UW runner Morgan McLeland, one of the eight who died, was from Gillette.

Participants have the option to take part in an 8-mile run or a 5-kilometer walk or run, each beginning at M&K Oil in Gillette. Registration will take place from 4:30 to 5:30 p.m. and is free to the public. The 5K run and walk starts at 5:00 p.m. MT, while the 8-mile run is scheduled to begin 30 minutes later. A barbeque and social will be held for participants after the conclusion of the races.

Six of the eight victims of the 2001 accident were Wyoming natives. The eight Cowboys who passed away on Sept. 16, 2001 were Cody Brown of Hudson, Colo.; Kyle Johnson of Riverton, Wyo.; Joshua Jones of Laramie, Wyo.; Justin Lambert-Belanger of Timmons, Ontario, Canada; Kevin Salverson of Cheyenne, Wyo.; Shane Shatto of Douglas, Wyo. and McLeland.

For more information about the Memory of the 8 Run & Walk, call 307-686-1030.

Next Up

The Cowboys and Cowgirls head to St. Paul, Minn., for the 31st annual Roy Griak Invitational at the Les Bolstad Golf Course. As of Sept. 6, 38 Division I teams will be competing at the meet. Live streaming of the races is available via paid subscription to FloTrack.

2016 Wyoming Notes

2016 Team Results

Colorado State Invite - Sept. 2 - Ft. Collins, Colo.

Cowboys - 5th place (5K)

Jonah Henry	16th place	15:17
Mike Seas	21st place	15:21
Ricky Faure	22nd place	15:24
Harry Ewing	56th place	15:54
Calum Kepler	75th place	16:12
Michael Downey	80th place	16:16
Jesse Gray	81st place	16:17
Daniel Hintz	102nd place	16:34
Bryce Ailshie	131st place	18:03
Phillip Thomas	132nd place	18:07

Cowgirls - 4th place (5K)

Kacey Doner	19th place	18:28
Quinn DeStefano	23rd place	18:35
Megan Brunette	27th place	18:40
Isabella Pape	29th place	18:49
Calbi Ausmann	33rd place	19:03
Solana Quistorff	37th place	19:20
Ashley Bock	42nd place	19:34
Emily Person	50th place	19:50
Cassidy Meade	51st place	19:53
Kiah Leonard	58th place	20:10
Regan VanDePol	78th place	21:40

2015 Individual Results

COWBOYS

Bryce Ailshie

Colorado State Invite: 131st, 18:03

Michael Downey

Colorado State Invite: 80th, 16:16

Harry Ewing

Colorado State Invite: 56th, 15:54

Ricky Faure

Colorado State Invite: 22nd, 15:24

Jesse Gray

Colorado State Invite: 81st, 16:17

Christopher Henry

Jonah Henry

Colorado State Invite: 16th, 15:17

Daniel Hintz

Colorado State Invite: 102nd, 16:34

Calum Kepler

Colorado State Invite: 75th, 16:12

Isaac Kiefer

Michael Rotellini

Mike Seas

Colorado State Invite: 21st, 15:21

Phillip Thomas

Colorado State Invite: 132nd, 18:07

COWGIRLS

Calbi Ausmann

Colorado State Invite: 33rd, 19:03

Ashley Bock

Colorado State Invite: 42nd, 19:34

Megan Brunette

Colorado State Invite: 27th, 18:40

Audra DeStefano

Quinn DeStefano

Colorado State Invite: 23rd, 18:35

Kacey Doner

Colorado State Invite: 19th, 18:28

Lauren Hamilton

Kirsten Kropkowski

Kiah Leonard

Colorado State Invite: 58th, 20:10

Cassidy Meade

Colorado State Invite: 51st, 19:53

SarahJean O'Neill

Isabella Pape

Colorado State Invite: 29th, 18:49

Emily Person

Colorado State Invite: 50th, 19:50

Solana Quistorff

Colorado State Invite: 37th, 19:20

Ashley Urman

Taylor Van Holland

Regan VanDePol

Colorado State Invite: 78th, 21:40

Kerry White

2016 Wyoming Notes

Wyoming's Top Cross Country Times Since 1990

(as of Sept. 15, 2016)

Cowgirls

4k			
1.	Holly Page	13:37	2012
2.	Christine Nelson	14:00	2012
3.	Abi Bever	14:05	2012
4.	Brooke Hughes	14:22	2012
5.	Devon England	14:30	2012
6.	Holly Page	14:33	2012
	Jennifer Thompson	14:33	2003
8.	Christine Nelson	14:51	2010
	Gretchen Johnson	14:51	2007
	Natalie Kean	14:51	2003
11.	Audra DeStefano	14:52	2012
12.	Jessica Lemaster	15:03	2012
13.	Devon England	15:06	2012
	Emily Higgins	15:06	2006
	Jennifer Thompson	15:06	2004
	Gretchen Johnson	15:06	2004

5k			
1.	Holly Page	17:18	2013
2.	Christine Nelson	17:23	2010
3.	Megan Brunette	17:34	2013
4.	Audra DeStefano	17:37	2015
5.	Necia Hoffman	17:41	1990
6.	Necia Hoffman	17:43	1990
7.	Amy Wroe	17:45	1994
8.	Molly Moulton	17:47	1995
9.	Karla Hay	17:49	1990
10.	Molly Cochran	17:50	1997
	Karla Hay	17:50	1991
12.	Wendy Welch	17:51	1991
13.	Molly Moulton	17:54	1994
	Molly Moulton	17:54	1994
15.	Alysha Davis	17:55	2010

6k			
1.	Holly Page	20:18	2014
2.	Holly Page	20:31	2014
3.	Kerry White	20:49	2015
4.	Kerry White	20:53	2014
5.	Kerry White	20:59	2014
	Emily Higgins	20:59	2008
7.	Holly Page	21:01	2014
8.	Holly Page	21:02	2012
9.	Audra DeStefano	21:03	2014
10.	Holly Page	21:07	2013
11.	Megan Brunette	21:08	2015
	Jennifer Thompson	21:08	2004
13.	Gretchen Johnson	21:13	2007
14.	Ali Walker	21:14	2014
15.	Audra DeStefano	21:15	2014

Cowboys

6k			
1.	Garrett Zans	17:48	2013
2.	Garrett Zans	17:50	2012
	Amos Bowen	17:50	2013
4.	Aaron Derner	17:52	2012
5.	Aaron Derner	17:53	2013
6.	Mike Banks	17:57	2013
7.	Mike Seas	18:01	2012
8.	Dylan Morin	18:07	2013
9.	Garrett Zans	18:08	2013
10.	Joe Hall	18:10	1999
11.	Mike Banks	18:22	2013
12.	Michael Kesy	18:26	2013
13.	Mike Banks	18:31	2012
	Aaron Derner	18:31	2013
15.	Mike Seas	18:34	2013

8k			
1.	Mark Korir	23:41	2007
2.	Amos Bowen	23:43	2014
	Mark Korir	23:43	2008
4.	Amos Bowen	23:51	2014
5.	Mark Korir	24:06	2006
6.	Mark Korir	24:10	2008
7.	Mark Korir	24:14	2007
8.	Mark Korir	24:22	2008
9.	Greg Miller	24:23	2011
10.	Aaron Derner	24:24	2015
11.	Dylan Morin	24:26	2014
	Ryan Bolton	24:26	1993
13.	Garrett Zans	24:27	2013
14.	Mark Korir	24:28	2008
15.	Monte Still	24:36	1991

10k			
1.	Mark Korir	28:40	2006
2.	Mark Korir	29:33	2008
3.	Garrett Zans	29:50	2013
4.	Mark Korir	29:56	2006
	Amos Bowen	29:56	2014
5.	Mark Korir	30:13	2007
	Aaron Derner	30:13	2013
7.	Philemon Tanui	30:15	2005
	Mark Korir	30:15	2007
9.	Ryan Bolton	30:18	1995
10.	Amos Bowen	30:19	2015
11.	Greg Miller	30:28	2010
12.	Aaron Derner	30:29	2015
13.	Greg Miller	30:31	2010
14.	Nick Ekel	30:32	2010
15.	Monte Still	30:35	1993

Wyoming's History at the NCAA Championships

Cowboy History (Since 1938)

Year	Team	Individuals
2014	---	217. Amos Bowen, 32:53
2013	---	65. Garrett Zans, 31:01
2008	---	71. Mark Korir, 30:38
2007	---	19. Mark Korir (AA), 30:13
2006	---	22. Mark Korir (AA), 31:24
2000	---	112. Joe Hall, 31:50
1996	---	81. Scott McDonald, 32:39
1995	---	12. Ryan Bolton (AA), 31:02
1989	---	34. John Wodny (AA), 30:36
1986	16th (345)	15. John Wodny (AA), 31:23
		87. Michael Craven, 32:39
		93. Arnie Anfinson, 32:43
		117. Ed Jassmen, 33:06
		129. Robert Durkee, 33:19
		168. Damien Betebenner, 35:28
		170. Richard Garnos, 35:56
1979	---	16. Geir Kvernmo (AA), 29:35
1978	13th (353)	24. Simon Kilili (AA), 30:12
		38. Joe Nzau, 30:23
		82. James Kamau, 30:55
		93. Geir Kvernmo, 31:00
		226. James Hogue, 33:22
		233. Chuck Turner, 33:52
		241. Gary Fasules, 36:42
1977	3rd (156)	6. Solomon Chebor (AA), 29:03
		7. Simon Kilili (AA), 29:15
		35. Joe Nzau, 29:56
		36. Geir Kvernmo, 29:56
		169. Michael Cherono, 31:32.5
		249. Curt Mobley, 33:07.7

1976	---	50. Geir Kvernmo, 29:40.16
1968	---	113. Wayne Jensen, 31:38
1967	14th (328)	24. Bob Mason (AA), 32:44
		102. Pete Smith, 36:51
		106. Tore Svare, 37:52
		108. Ed Schnackenberg, 40:00
		111. Jerry Race, 41:54
		112. Kurt Heuch, 42:47
1965	10th (275)	12. Michael Gregorio (AA), 30:28
		39. John Finlay, 31:18
		86. Harry Bilof, 32:22
		115. Alfred Crampton, 33:17
		122. Charles Pell, 33:28
		138. Roman Pysanczyn, 35:17
1964	---	39. Harry Bilof, 21:07
		100 Douglas McDonald, 21:50
		133. Michael Gregorio, 22:10
1947	15th (382)	66. Allen Clark, 22:55
		74. Harry Mangus, 23:06.1
		92. Bruce Badley, 23:24
		107. Allan Benton, 23:50
		110. Lee Covington, 23:58
		128. Paul Zimmerman, 24:36

Cowgirl History (Since 1981)

Year	Team	Individuals
2014	---	71. Holly Page, 21:01
2007	---	116. Gretchen Fagley-Johnson, 21:41.1
2004	---	70. Jennifer Thompson, 21:39
1990	---	100. Necia Hoffman, 17:43
1983	---	13. Andrea Everett (AA), 17:03
1982	---	60. Andrea Everett, 18:12
1981	---	79. Brenda Grahm, 18:14