

# WYOMING



**GABE  
ROOKER**



**KEELY  
BISHOP**



**MARIA  
HARUTJUNJAN**



**2016-17 SWIMMING & DIVING**

# 2016-17 SCHEDULE

Date	Event	Site	Time
September 30	<i>Brown and Gold</i>	Laramie, Wyo.	5:00 PM
October 8	Denver Relays	Denver, Colo.	Noon
October 14	<i>New Mexico (Women)</i>	Laramie, Wyo.	5:00 PM
October 27	Air Force Academy	Colorado Springs, Colo.	5:00 PM
October 28	<i>New Mexico State (Women)</i>	Laramie, Wyo.	5:00 PM
November 5	<i>Colorado Mesa</i>	Green River, Wyo.	1:00 PM
November 17-19	Missouri Invite	Columbia, Mo.	All Day
December 1-3	Colorado Mesa Invite	Grand Junction, Colo.	All Day
December 3	<i>Utah (Men)</i>	Green River, Wyo.	1:00 PM
January 7	<i>Colorado School of Mines</i>	Laramie, Wyo.	Noon
January 13	Denver/Minnesota	Denver, Colo.	4:00 PM
January 14	Denver/Minnesota	Denver, Colo.	10:30 AM
January 20	<i>Boise State (Women)</i>	Laramie, Wyo.	5:00 PM
January 21	Colorado State (Women)	Fort Collins, Colo.	Noon
January 28	UNLV (Men & Women)	Las Vegas, Nev.	Noon
January 27-28	Air Force Diving Invite	Colorado Springs, Colo.	All Day
February 15-18	Mountain West Championship (Women)	College Station, Texas	All Day
February 22-25	Western Athletic Conference Championship (Men)	Houston, Texas	All Day
March 6-8	NCAA Zone "E" Diving Championship	Flagstaff, Ariz.	All Day
March 16-18	NCAA Women's Championship	Indianapolis, Ind.	All Day
March 23-25	NCAA Men's Championship	Indianapolis, Ind.	All Day



# WYO



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The University of Wyoming Athletics Media Relations office is always available to assist any media needs. Please contact swimming and diving contact Kyle Charles or any member of the media relations staff for assistance. Contact the media relations office via phone **(307) 766-5514**, fax **(307) 766-2346** or by e-mail **kcharle2@uwyo.edu**. All interviews for coaches or any student-athlete should be arranged through the office at least 24 hours in advance. Athletes are available as their class schedules, work-outs and team meetings permit. Student-athletes are not available on meet days until after the meet.

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## Credits

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## UW Swimming & Diving Quick Facts

- Location:** Laramie, Wyo.
- Enrollment:** 13,551
- Founded:** 1886
- President:** Laurie Nichols
- Nickname:** Cowboys/Cowgirls
- Colors:** Brown and Gold
- Conference:** Mountain West (W)/Western Athletic Conference (M)
- Home Pool:** Corbett Pool
- Capacity:** 225
- Athletic Director:** Tom Burman
- Head Coach:** Tom Johnson (Wyoming '86) 19th Year
- Overall Dual Record (18 years):** Men 95-62-1, Women 138-69
- Head Diving Coach:** Kyle Bogner (Wyoming '11)
- Assistant Coach:** Dave Denniston (Auburn '02)
- Assistant Coach:** Kristen Pritchett (Texas A&M, '09)
- Assistant Coach:** Nick Dillinger (Cal, '16)
- Graduate Assistant:** Sofia Filatova (Kansas, '14)
- 2015-16 Dual Record:** Women (8-3 overall)  
Men (3-2 overall)

## 2015-16 SWIMMING AND DIVING RESULTS

DATE	EVENT	SITE
Oct. 3	Brown and Gold	B, 302.5-292.5
Oct. 10	Denver Relays	
Oct. 10	Denver (M)	NTS
Oct. 23	at New Mexico State (W)	W, 178-122
Oct. 24	at New Mexico (W)	W, 170-130
Oct. 30-31	at Northern Arizona, LSU	M, 1-0 W, 1-1
Nov. 6	Colorado State (W)	W, 196-104
Nov. 12	Air Force (M)	L, 144-156
Nov. 13	Northern Arizona, Air Force (W)	W, 2-0
Nov. 20-22	Purdue Invite	
Dec. 5	Utah (M)	W, 173-127
Jan. 9	at Denver	M, L 141-157 W, W 164-136
Jan 16	at Arizona State	M, L 145.5-152.5 W, W 152-146
Jan. 30	at UNLV	M, W 174-119 W, W 222-78 L, 161-139
Feb. 5-6	Air Force Diving Invite	
Jan. 31	at UNLV, Northern Arizona	
Feb. 17-20	Mountain West Championships	4th - 457 points
Feb. 24-27	Western Athletic Conference Championships	2nd - 690 points
March 7-9	NCAA Zone "E" Diving Championships	
March 17-19	NCAA Women's Championships	



2016-17 Coaching Staff

Left to Right:

Head diving coach Kyle Bogner, head coach Tom Johnson, assistant coach Nick Dillinger, assistant coach Dave Denniston, athletic trainer Crystal Kirkland, graduate assistant Sofia Filatova, and assistant coach Kristen Pritchett



## O. THOMAS JOHNSON



**Head Coach**  
*(Wyoming '86)*

Wyoming swimming has been a part of Tom Johnson's life for a little more than two decades. Johnson swam at the University of Wyoming for four years, he spent one season as an assistant coach, and for the last 17 years has been head coach.

In the past 17 seasons at the helm of the Wyoming swimming and diving program, Johnson has led the Cowboys and Cowgirls to their highest conference finishes ever and has been named conference coach of the year four times. At UW, he has seen 30 individual Mountain West Champions, four Western All-Americans and 11 student-athletes earn Academic All-America honors. He also coached the Cowgirls first back-to-back Honorable Mention All-American in Kelsey Conci. Possibly his greatest achievement came in 2004 when he helped Scott Usher reach the 2004 Olympic Games.

The 2015-16 season was once again a successful campaign for Johnson and UW. He coached the Cowboys to runner-up honors at the WAC Championships, and a fourth-place finish for the Cowgirls at the MW Championships. Jack Herron became to second-straight Poke to earn Freshman of the Year honors, while three Cowgirls qualified for the NCAA Championships. Kari Campbell became the first Cowgirl diver to earn All-America accolades, as she was named Honorable Mention All-America on the platform event. Additionally, 11 Cowboys were named to the All-WAC Academic team.

In 2014-15, Johnson led the Cowboy's to a third place finish at the WAC Championship, as well as a fourth place finish at the MW Championship for the Cowgirls. It became the ninth consecutive season the Cowgirls finished in the top four of the conference. Johnson coached Adam Kalms to the NCAA Championship as he became the third Cowboy to make three trips to the championships. He also mentored Austin Rettinghouse and Kari Campbell, as they each qualified for the finals of the platform dive in the NCAA Zone "E" Diving Championships.

The 2013-14 season saw Wyoming become regulars on the EndlessPools/CollegeSwimming.com polls. The Cowboys finished the season ranked seventh in the EndlessPools/CollegeSwimming.com Mid-Major rankings, as the Cowgirls came in ranking eighth in the season ending rankings.

Johnson led Adam Kalms and Ryan Nelson to the NCAA Championship during the 2013-14 season. It marked the first time the Cowboys qualified two athletes for the NCAA Championships for the first time since 1949 (James Nolan and Marcus Hodges). Kalms became the third Cowboy swimmer to earn back-to-back All-America honors after finishing 14th in the 200 freestyle. Johnson also mentored Cowgirl senior Morgan Hartigan, as she qualified in three events at the NCAA Women's Championship. She also became the first Cowgirl swimmer to compete in an individual medley event at the championship.

In 2012-13, Johnson led the Cowboys to a second place finish at the MPSF Championships, as Wyoming was only nine and a half points behind conference champion UNLV. He also led the women's team to a third place finish at the MW Championships, as the Cowgirls finished in the top-four for the seventh consecutive season. Johnson finished the season with impressive records recording an 8-1 overall record on the men's side and a 6-1 overall record on the women's side. Johnson mentored Honorable Mention All-American Adam Kalms, who was the first Wyoming swimmer to earn Honorable Mention All-America honors since Scott Usher in 2004. Kalms helped Wyoming to one team point to conclude the event in 32nd place.

During the 2011-12 season, Johnson led his teams in two different conferences the MW and MPSF. The Cowboys finished the 2011-12 season with a 4-3 overall dual record. In their first season in the MPSF, the Cowboys finished the championship in third place with four individual championships and one relay championship. In his team's first year of competition in the MPSF, Johnson was voted by his peers as the Coach of the Year in the conference. He also coached 10 individuals to All-MPSF honorees and five relay teams. Also in 2012, senior swimmer Brandon Fischer became the first Cowboys swimmer to earn a place at the NCAA Championships since Usher in 2005. On the women's side, he led the Cowgirls to a 6-3 overall dual record and 3-1 in the MW. The Cowgirls finished the MW Championships in fourth place with two individual champions and one relay championship. Following the championships, eight individual Cowgirls and three relay squads earned All-MW honors. Cowgirl Conci earned her second-consecutive spot at the NCAA Championships. She became the first-ever Cowgirl to earn back-to-back Honorable Mention All-America honors after placing ninth in the 100 backstroke.

In 2010-11, Johnson led the Cowboys and Cowgirls to third-place finishes at the Mountain West Championships, while also helping to coach two individuals to NCAA Championship berths. The 2010-11 Cowgirls finished the season in third place at the conference championships after posting an 11-4 dual record with a 5-3 record in the MW. At the MW Championships the Cowgirls claimed three individual championships and one relay title. Overall nine Cowgirls and three relay teams earned All-MW awards. Lesley Young won two MW Championships in the 100 and 200 breaststroke, while Kelsey Conci picked up the other win for UW in the 100 backstroke. The Cowgirl 200 medley relay team also won a MW Championship setting a new championship record time in the process. Conci also qualified for the NCAA Championships swimming an NCAA 'A' cut time in the 100 back portion of the 400 medley relay. At the NCAA Championships, Conci, swam her way into the 'B' final and placed second in her final heat giving her 10th place overall. Her 10th-place





finish earned her Honorable Mention All-America honors. She was the first Cowgirl since Norma Hughes in 1992 to earn Honorable Mention All-America honors. The Cowboys also placed third at the 2011 MW Championships, claiming two individual championships. The Cowboys posted a 6-5 overall dual record and a 2-3 MW record during the regular season. The Cowboys had an excellent showing at the 2011 MW Championships with eight student-athletes earning All-MW honors. At the conference championships diver Mark Murdock won two individual championships on the 3-meter springboard and platform. Following that performance Murdock went on to place in the top eight on the platform at the NCAA Zone 'E' championships to earn a spot at the NCAA Championships. Murdock placed 12th on the platform earning Honorable Mention All-America honors.

The 2009-10 season was one of Johnson's best years of coaching as he coached the Cowgirls to runner-up at the 2010 MWC Championships and their best dual record ever at 14-1 and 7-1 in the conference. The Cowgirls had 15 individual All-MWC performers, as well as two individual MWC champions. Johnson also saw two of his Cowgirls compete at the 2010 NCAA Championships. The Cowboys also competed well during the 2009-10 season for Johnson. The Pokes posed a 7-3 overall dual record and a 3-2 record in the MWC. The Cowboys had nine individual First Team All-MWC performers. Also Cowboy Mark Murdock won the platform diving event at the MWC Championships with a new school and MWC record.

The 2008-09 season started with great momentum from the previous season. At the 2009 MWC Championships the Cowboys matched their highest finish ever in third, while the Cowgirls also placed third for their highest finish ever. Wyoming won three individual championships, broke 16 school records, had 50 performances that rank in the top-five in school history, and had 21 athletes earn all-conference. UW had great success at the conference meet, but they also posted great times and strong records in the regular season. The Cowboys finished the regular season with an overall record of 12-1, while the Cowgirls were 12-4. The Pokes' season did not go unnoticed as they received votes in the College Swim Coaches Association of America (CSCAA) poll, and finished the season ranked 34th in the nation. In dual meets, the Cowgirls have posted a record of 28-5 over the past three seasons, and have a home pool record of 13-2. The men have also enjoyed success the past three seasons and are 18-10 overall during the same three seasons.

One of Johnson's proudest coaching moments came during the summer of 2004. Following his junior season, Wyoming's Scott Usher reached the apex of the swimming world by earning a spot on the coveted United States Olympic Team. Johnson was right by Usher's side as he wore the bucking horse swim cap and raced to a second-place finish in the 200-meter breaststroke at the US Olympic Team Trials on national television.

In support of Johnson and Usher, the Cowboy Joe Club, along with a local businesses, raised enough money to send Johnson to the Olympic Games where he watched Usher reach the finals of the 200-meter breaststroke and swim to a seventh-place finish in the world. In all, Johnson helped guide Usher to four First Team All-America honors, five overall All-America honors and six MWC Championships during his career at UW.

Johnson's coaching philosophy emphasizes maximizing the talent and the potential of our student athletes both academically and athletically.

"We want to maximize their potential athletically to swim at the highest levels of our sport, academically achieving goals allowing them to graduate."

The success Wyoming has had in the pool has been matched in the classroom. In fact, over the past five years, 13 UW swimmers and divers have earned Academic All-District VII honors from Capital One and CoSIDA. Recently, student-athletes Veronica Popovici and Trevor LeValley were named to the Capital One Academic All-District Seven At-Large teams, announced Thursday by the College Sports Information Directors of America. Popovici and LeValley were among 22 student-athletes (11 women and 11 men) selected to the District 7 At-Large teams.

Johnson has also coached 11 individual Academic All-Americans in his time at Wyoming. Most recently Amanda Fay earned Scholar All-American First Team honors, while Jayce Calhoun, Ethan Griffel, Ryan Nelson, Jordan Turner and Morgan Hartigan earned Honorable Mention Scholar All-America honors.

The achievements his teams have made in the pool and classroom over the past 16 seasons are helping Johnson to continue to build the Wyoming swimming and diving program.

"Our student-athletes understand where this program is headed and the success it can accomplish, and they want to be a part of that," said Johnson. "The goal for us is to continue to strive for consistent and constant improvement in all phases of their life, athletically, academically and socially."

"We want to make them be proud to be a Wyoming Cowboy or Cowgirl, and that they will always be connected to our program and understand the impact they have made over the four years they have been here."

A native of Camillus, N.Y., Johnson was a four-year Wyoming letterwinner as he swam for the Cowboys from 1982-85. Prior to becoming the head swimming and diving coach at Wyoming in 1998, Johnson was the head coach and program director for the Birmingham Swim League in Birmingham, Ala., from the novice level to Olympic trial qualifiers. He guided the Birmingham Swim League from 1994 to 1997, and had 16 swimmers go on to compete at the NCAA Division I level across the United States.

After lettering at UW, and ending his swimming career as the school record holder in the 200 breaststroke, Johnson became an assistant coach at Wyoming during the 1985-86 season. In 1987-88, he became the head coach at Columbine High School in Littleton, Colo. The following year, he returned to his native state of New York as the head coach for the Liverpool Jets Swim Club in Syracuse. From 1989-94, he was the head coach of the Fort Collins Area Swim Team.

Johnson earned a number of awards during his coaching career before coming to Wyoming. He was named Colorado Swimming Coach of the Year in 1993, was selected as a coach for the United States Swimming's Select Camps at the Olympic Training Center in Colorado Springs in 1993, '94, '96 and '97, and was named the Southeastern Swimming Coach of the year in 1996.

He has achieved a Level 5 certification by the American Swimming Coaches Association, the highest level of certification, and is also a USS and NCAA Division I Level 5 certified coach. Johnson is also a USA Swimming National Team Coach.

Johnson and his wife, Cheryl, a native of Cheyenne, have two children, Tommy and Alexandra.





# **KYLE BOGNER**

**Head Diving Coach**

*(Wyoming '11)*



Kyle Bogner will be in his second season in 2016-17 as head diving coach at the University of Wyoming. Bogner came to UW just before the 2015-16 after being the head diving coach at New Mexico State.

During his first season as head diving coach, Bogner guided Kari Campbell to the NCAA Championships. Campbell became the first Cowgirl diver to earn All-America accolades, as she was named Honorable Mention All-America on the platform event. Additionally, Bogner coached three divers to the NCAA Zone “E” Meet during his first season, as Campbell, Keely Bishop and Jacob Rehmeier represented UW at NCAA Zones.

“We are excited to have Kyle come back here,” UW head coach Tom Johnson said. “He did a terrific job at Northern Michigan and an even better job at New Mexico State. He is a proven recruiter and has done a great job to show he can handle this position. I know his own diving experiences will help him as a coach and help our student-athletes become successful.”

At New Mexico State, Bogner worked under the head coach and was involved in many facets of the program including recruiting, travel and administrative duties. Before working for the Aggies, he was the Graduate Assistant Diving Coach at Northern Michigan.

As a diver for UW, Bogner was the Wyoming Diver of the Year and the 1-meter Mountain West Champion in 2008. Bogner, a five-time MW Diver of the Week award winner, holds two of the top three 1-meter diving scores in school history. His score of 403.20 is also the MW top score in the 1-meter.

Bogner earned his bachelor’s degree in communication with a minor in business from Wyoming in 2011, as well as his Master of Science in Administration degree from California State University, Bakersfield in 2013.





## DAVE DENNISTON

**Assistant Coach**  
(Auburn '02)



Dave Denniston enters his second season in 2016-17 as an assistant coach at the University of Wyoming. Denniston came to UW after coaching the U.S. Paralympics swim team at the Olympic Training Center in Colorado Springs since 2010. "We are all excited to have Dave become a part of our staff," UW head coach Tom Johnson said at the time of his hiring. "I believe he will not only bring a lot of knowledge but he has a tremendous amount of experience, as well as great energy and enthusiasm."

Denniston was a member of the Auburn University swim program from 1997-2002. A two-time team captain at Auburn, he was a three-time individual NCAA champion, including the 1999 national title in the 200-meter breaststroke. Denniston was a 15-time All-American and also helped lead the Tigers to the 1999 NCAA Team Championship. Denniston competed in the 2000 Olympic Trials in the 100 and 200-meters, where he finished 6th and 9th, respectively. In 2003, he qualified for the World Championship Team in the 200-meter breaststroke before he primarily focused on qualifying for the 2004 U.S. Olympic Team. He finished fourth in the 100-meter breaststroke and fifth in the 200-meter breaststroke at the Olympic Trails.

In 2005, Denniston was injured in a sledding accident and then went on to qualify for the 2008 Paralympic games. Denniston started a motivational speaking company called Mind Over Body. It was created to help people reach their goals despite barriers in life. He has also spent time as an Assistant Editor for Swimming World Magazine. He was awarded the Christopher and Dana Reeve Inspiration award in 2009 and James R. Flowers Coach of the Year award in 2012 while coach of the U.S. Paralympic team. Denniston is a 2002 graduate of Auburn where he earned a bachelor's degree in communications and a minor in english.



## KRISTEN PRITCHETT

**Assistant Coach**  
(Texas A&M '09)



Kristen Pritchett, a 14-time All-American, begins her first season as an assistant coach with the Wyoming swimming program.

Pritchett arrives in Laramie after a three-year stint at Mizzou where she served as an assistant coach. She also spent time coaching with the Casper Area Swim Club in her hometown of Casper, Wyo., where she provided training, stroke feedback and dry land training for senior level swimmers. Other coaching experience includes Club Mega Sport in Argentina and the Bozeman Barracudas in Bozeman, Mont.

A backstroke and freestyle specialist, Pritchett attended Texas A&M and claimed 14 All-America honors in her career. At the NCAA Championships as a sophomore in 2007, she finished fifth in the 200 back in a then-Big 12 record, 13th in the 200 free and 14th in the 500 free. The next season she took third in both the 200 back and 500 free and helped the Aggies to a fourth-place finish at NCAAs. As a senior in 2010, Pritchett took sixth in the 200 back and 500 free at the NCAA Championships.

She was named the Big 12 Conference Swimmer of the Year as a sophomore in 2007 and won five individual conference crowns, three in the 200 back (2007, 2008 and 2010) and two in the 500 free (2007 and 2010). She still holds A&M's 200 back record of 1:53.37.

On an international level, Pritchett was a member of the U.S. National Swimming Team from Sept. 2008 - Sept. 2010 and was the captain of the 2009 World University Games team. At the World University Games, she earned silver medals in the 200 back and 400 free, a bronze in the 200 free and was a part of the gold medal-winning 800 free relay team.

She also placed first in the 200 free, second in the 400 free and 200 back at the 2008 U.S. Open and made the 200 back finals at the 2008 U.S. Olympic Trials.

Pritchett earned a bachelor's in finance from Texas A&M in 2009 and a master of real estate finance in 2010. The former Kristen Heiss, she married Christian Pritchett in August 2014.



# NICK DILLINGER

**Assistant Coach**  
*(Cal '16)*



Nick Dillinger begins his coaching career at Wyoming after a successful swimming career at the University of Cal. After three seasons competing for the Bears, Dillinger served as an undergraduate assistant during the 2015-16 season and helped the Bears to a second-place finish at the NCAA Championships

Dillinger competed in the 50m, 100m and 200m freestyle as well as the 200m and 400m freestyle relay at the 2015 Pac-12 Championships. In 2013, he earned All-American honors as a member of the 200m freestyle relay team with a time of 1:16.79. As a true freshman, Dillinger had the team's third-best time in the 50m freestyle (20.20) during the first half of the 2012-13 season, set Nov. 30 at the Georgia Fall Invitational.

A native of Gillette, Wyo., Dillinger competed for the Gillette Swim Team and became the Junior National Champion in the 50m freestyle. At Gillette High School, he was a six-time individual and six-time relay state champion. Dillinger was also 12-time High School All-American selection, an Academic All-American, a three-time Wyoming Male Swimmer of the Year, a two-time Male Swimmer of the State Meet, and captained Gillette's state championship team.

Dillinger is currently a student in the University of Wyoming's College of Law.



# SOFIA FILATOVA

**Graduate Assistant**  
*(Kansas '14)*



Sofia Filatova is in her second season as Graduate Assistant for the Wyoming swimming and diving program in 2016-17. Filatova came to Laramie after working as a swimming instructor at Elite Gymnastics and Aquatics in Lenexa, Kan.

"We are pleased to have Sonia as a part of our staff," UW head coach Tom Johnson said. "She had a terrific career at the University of Kansas and tremendous experiences on the Russian National team. She will be able to help us reach into recruiting areas we have never reached before and is a terrific addition to the staff."

Filatova was a three-year member of the Kansas swimming program, as well as a two-time Academic All-Big 12 First Team selection. She was also named to the Kansas Athletic Director's Honor Roll three times. Filatova competed in the Big 12 Championships all three years as a Jayhawk swimmer. During her senior year, she finished with the top 100 butterfly time for KU at the Championships where she finished seventh in the finals. She also finished sixth in the 100 backstroke at the Championships.

"I'm very excited to begin my coaching career at Wyoming," Filatova said. "I have been a student-athlete and now I will be able to use my knowledge and help other athletes. I have always wanted to be a coach and I know TJ and his staff will be great to work with."

Filatova, who is fluent in both Russian and English, was born in St. Petersburg, Russia and attended National University of Sport and Science in St. Petersburg, as well as participated in the FINA Swimming World Cup before transferring to Kansas. She earned her bachelor's degree in sociology from KU in December of 2014.



Name	Events	Year	Hometown (Previous School)
Danielle Badger	Freestyle	SR	Litchfield Park, Ariz. (Verrado HS)
Keely Bishop	Diving	SR	Eaton Hill, Queensland (Citipointe HS)
Samantha Burke	Backstroke/Freestyle	SO	Chugiak, Alaska (Chugiak HS)
Bailey Butcher	Backstroke	FR	Bismarck, N.D. (Laramie, HS)
Shannon Chelsvig	Butterfly	SO	Nashville, Tenn. (Hume-Fogg Academic Magent HS)
Karla Contreras	Diving	FR	Ciudad Guzman, Mexico
Kyle Covington	Freestyle	SO	Placerville, Calif. (El Dorado HS)
Kelsey Crane	Butterfly/IM	SO	Bremerton, Wash. (Klahowya HS)
Alanna Dasso	Backstroke/Freestyle	JR	Oak Park, Ill. (River Forest HS)
Ashley Dickerson	Butterfly/Freestyle	JR	Colorado Springs, Colo. (Air Academy HS)
Casey Duckworth	Freestyle	SR	Costa Mesa, Calif. (New Port Harbor HS)
Marcela Gramcko	Backstroke	SO	Caracas, Venezuela (U.E. Colegio)
Stephanie Grandin	Breaststroke	FR	Clayton, N.C. (Corinth Holders HS)
Peyton GrandPre	Diving	SO	Cheyenne, Wyo. (Cheyenne East HS)
Kara Guenther	Freestyle	JR	Flower Mound, Texas (Marcus HS)
CeeJay Harris	Diving	SO	Gillette, Wyo. (Campbell County HS)
Maria Harutjunjan	Breaststroke	JR	Maardu, Estonia (Audentes Sports HS)
Ellie Hohensinner	Freestyle	FR	Seattle, Wash. (Liberty HS)
Astrid Iturbe	Freestyle	FR	Caracas, Venezuela (Colegio Emil Friedman)
Kiana Junior	Backstroke	FR	Louisville, Colo. (Fairview HS)
Daniela Luna Rocha	Freestyle	FR	Tijuana, Mexico (CETYS Universidad)
Rachel McKivigan	Freestyle	JR	Gainesville, Fla. (F.W. Buchholz HS)
Lauren Puglisi	Diving	SR	Woodbury, Minn. (Woodbury HS)
Courtney Roeber	Breaststroke	FR	Denver, Colo. (Monarch HS)
Isobel Ryan	Backstroke/Freestyle	SO	Oamaru, New Zealand (St. Kevin's College)
Lily Salzer	Freestyle/Backstroke	JR	Columbia, Mo. (Rock Bridge HS)
Mandy Schatz	Dist. Free/Butterfly	SO	Yorba Linda, Calif. (Esperanza HS)
Susanna Schumann	Breaststroke	JR	Gelsenuirchen, Germany (Hauptstape)
Kelly Sheldon	Freestyle	JR	Loveland, Colo. (Thompson Valley HS)
Jeni Snyder	Freestyle	FR	Cody, Wyo. (Laramie HS)
Emily Stevens	Backstroke	SR	Sherwood, Ore. (Sherwood HS)
Abby Sullivan	Backstroke/Freestyle	SR	Olympia, Wash. (Tumwater HS)
Connor Tarver	Backstroke	JR	Jackson, Wyo. (Jackson Hole HS)
Talita Te Flan	Freestyle	FR	Brescia, Italy (Liceo Arnaldo)
Mary Uselmann	Freestyle/Butterfly	SR	Denver, Colo. (St. Peter's Lutheran College)
Marissa Verdi	Freestyle	SR	Corona, Calif. (Santiago HS)
Samantha Zavala	Freestyle	JR	South Pasadena, Calif. (South Pasadena HS)
Abigail Zoromski	Diving	FR	Wausau, Wis. (Wausau West HS)



## Roster Breakdown

### By Class

**Seniors (8)**-- Danielle Badger, Keely Bishop, Casey Duckworth, Lauren Puglisi, Emily Stevens, Abby Sullivan, Mary Uselmann, Marissa Verdi

**Juniors (11)**-- Kyle Covington, Alanna Dasso, Ashley Dickerson, Kara Guenther, Maria Harutjunjan, Rachel McKivigan, Lily Salzer, Susanna Schumann, Kelly Sheldon, Connor Tarver, Samantha Zavala

**Sophomore (8)**-- Samantha Burke, Shannon Chelsvig, Kelsey Crane, Marcela Gramcko, Peyton GrandPre, CeeJay Harris, Isobel Ryan, Mandy Schatz

**Freshmen (11)**-- Bailey Butcher, Karla Contreras, Stephanie Grandin, Ellie Hohensinner, Astrid Iturbe, Kiana Junior, Daniela Luna Rocha, Courtney Roeber, Jeni Snyder, Talita Te Flan, Abigail Zoromski

### By State

**Wyoming (4)**-- Peyton GrandPre, CeeJay Harris, Jeni Snyder, Connor Tarver

**Alaska (1)** -- Samantha Burke

**Arizona (1)**-- Danielle Badger

**California (5)**-- Kyle Covington, Casey Duckworth, Mandy Schatz, Marissa Verdi, Samantha Zavala

**Colorado (6)**-- Ashley Dickerson, Kiana Junior, Courtney Roeber, Kelly Sheldon, Emily Stucky, Mary Uselman

**Florida (1)**-- Rachel McKivigan

**Illinois (1)**-- Alanna Dasso

**Minnesota (1)**-- Lauren Puglisi

**Missouri (1)** -- Lily Salzer

**North Carolina (1)** -- Stephanie Grandin

**North Dakota (1)** -- Bailey Butcher

**Oregon (1)**-- Emily Stevens

**Tennessee (1)** -- Shannon Chelsvig

**Texas (1)**-- Kara Guenther

**Washington (3)**-- Kelsey Crane, Elisabeth Hohensinner, Abby Sullivan

**Wisconsin (1)** -- Abigail Zoromski

**International: Australia (1)**-- Keely Bishop **Estonia (1)** -- Maria Hartutjunjan

**Germany (1)** -- Susanna Schumann **Italy (1)** -- Talita Te Flan **Mexico (2)** -- Karla Contreras, Daniela Luna Rocha

**New Zealand (1)** -- Isobel Ryan **Venezuela (2)** -- Marcela Gramcko, Astrid Iturbe



The Cowgirls have plenty of experience returning that earned All-Mountain West honors last year. Maria Harutjunjan, Isobel Ryan and Kelly Sheldon each earned multiple honors for the Cowgirls. Harutjunjan was the conference champion in the 100 breaststroke for the second-consecutive year and took second in the 200, as Ryan earned conference honors in the 50 freestyle, 100 freestyle and 100 backstroke and Sheldon in the 500 freestyle and 100 backstroke. Diver Keely Bishop placed third on the platform to make the All-MW team to round out the group of individual returners with conference honors from a season ago. Two relay teams also made the All-MW teams, including Ryan, Harutjunjan and Danielle Badger. The Cowgirls bring in a talented freshman class, including international swimmer Talita Te Flan, who represented the Ivory Coast in the 2016 Summer Olympic Games.



### **Sprint Freestyle:**

Sophomore Isobel Ryan leads the sprint group after earning All-MW honors last season. Ryan placed sixth at the Mountain West Championships in the 50 freestyle. Senior Danielle Badger will add to the group's depth, along with junior Rachel McKivigan and sophomore Samantha Burke.

### **Mid-Distance Freestyle:**

The Cowgirls return another All-MW honoree in junior Kelly Sheldon. In her sophomore campaign, Sheldon placed seventh in the 500 freestyle at the Mountain West Championship. Freshmen Jeni Snyder and Kiana Junior look to contribute, alongside juniors Lily Salzer and Alanna Dassoff.

### **Distance Freestyle:**

Wyoming has a strong mix of experience and incoming talent in the distance events. Senior Casey Duckworth will lead the returners, while freshmen Daniela Luna Rocha and Tati Iturbe look to make waves.

### **Backstroke:**

Sheldon and Ryan each earned All-MW honors in the 100 backstroke a season ago, and will be a strength for the Cowgirls this year. Burke and seniors Emily Stevens and Abby Sullivan add talent to the group of backstrokers.

### **Breaststroke:**

MW Champion Maria Harutjunjan will once again add to the Cowgirls attack this season as a very talented breaststroker. Harutjunjan has claimed victory in her previous two 100 breaststroke races at the Mountain West Championships. Last season, she broke Wyoming's all-time record and the conference record in her championship race. She is joined by fellow international newcomer Susanna Schuman.

### **Butterfly:**

The Cowgirls will rely on returning talent in the butterfly. Sophomore Kelsey Crane, senior Mary Uselmann and junior Samantha Zavala will also bring experience and promise to the group.

### **Individual Medley:**

Junior Maria Harutjunjan will also lead the group of IM competitors. Junior Alanna Dassoff and sophomores Shannon Chelsvig, Samantha Burke and Kelsey Crane will add depth to the talented group.

### **Diving:**

After graduating NCAA qualifier Kari Campbell last year, the Cowgirl divers will rely on seniors Keely Bishop and Lauren Puglisi. Sophomore CeeJay Harris and incoming freshman Karla Contreras will look to contribute as well.

### **Relays:**

Sophomores Isobel Ryan and Samantha Burke will lead the freestyle relays, along with senior Danielle Badger and junior Rachel McKivigan. Junior Maria Harutjunjan will add her expertise to the medley relays.






**DANIELLE  
BADGER**

Senior  
Freestyle  
Litchfield Park, Ariz.  
(Verrado HS)



**Junior (2015-16):** Badger had another impressive season for the Cowgirls. During the MW Championships, she finished ninth overall in the 50 free with a time of 22.85, 21st in the 200 free (1:51.63) and was also a member of the third-place 200 free relay team. At the beginning of the season, Badger placed third in the 50 free (24.74) against New Mexico, just before taking second (24.50) against Border War rival Colorado State. She posted two seventh-place finishes at the Purdue Invite, and had recorded times of 23.48 and 51.30 in the 50 and 100 free, respectively. Against Pac-12 member Arizona State, Badger placed third (24.05) in the 50 free and sixth (52.98) in the 100 free.

**Sophomore (2014-15):** As a sophomore, Badger had a productive season for UW. During the season's opening dual against MW rival New Mexico, Badger was a part of the 200 freestyle team that won the event with a time of 1:35.80. She also finished fourth in the 50 free against UNM with a time of 24.43 and fifth in the 100 free. She brought home a victory for the Cowgirls against Cal Poly as she won the 50 free with a time of 24.40. She closed out the dual with Air Force as part of the 400 freestyle relay that won with a mark of 3:27.45 and also earned a second place finish in the 50 free with a time of 24.25 and fourth in the 100 free with a mark of 53.42. Her season-best time of 52.91 came with a fifth-place finish in the dual with Denver. At the MW Championships, Badger was a part of the 400 free relay team that finished sixth.

**Freshman (2013-14):** Badger saw limited action in her first season with the Cowgirls appearing in five meets. She swam a season-best time of 24.72 in the 50 freestyle in duals against UIC and Northwestern. She also competed in the 100 freestyle in the same dual setting a season-best with a time of 53.37. Badger scored big points for the Cowgirls in their win over Border War rival Colorado State finishing third in the 50 freestyle with a mark of 24.76.

**High School:** Badger joins the Cowgirls from Verrado High School. She was a four-year letterwinner and three-time team captain under the direction of head coach Denise Stewart. During her senior season at state, she took second in the 50 and 100 freestyle and was a part 200 and 400 freestyle relays championship teams. At state during her junior season, Badger also was a part of the 200 and 400 championship relay team. Badger also competed in track and field all four years of high school. She was a member of the National Honor Society, while also participating in the SkillsUSA Volunteer Program.

**Personal:** She was born Oct. 4, 1994 in Newport Beach, Calif., and is the daughter of Dean and Debra Badger. She has an older brother, David. She plans to major in Electrical Engineering while at UW. Badger was also recruited by Houston and Western Kentucky.



**KEELY  
BISHOP**

Senior  
Diving  
Eaton Hill, Queensland  
(Citipointe College)



**Junior (2015-16):** Bishop was once again an All-MW honoree on the platform. She took third on the platform at the MW Championships with a score of 248.70. In addition, Bishop finished ninth (289.75) and 16th (258.70) on the 3-meter. Bishop was named the MW Diver of the Week on Oct. 27 after an outstanding weekend helping guide the Cowgirls to two dual victories against New Mexico State and New Mexico. She won the 1 meter-springboard against New Mexico State with a score of 271.05 before finishing in third place in the 3-meter event. Her mark in the 1-meter had qualified her for NCAA Zone "E" Championships. Against New Mexico, Bishop won the 3-meter competition with a final mark of 255.45 and also claimed second on the 1-meter. She finished fourth (259.05) on the 1-meter in the double-dual with NAU and LSU, before two third place finishes against Colorado State. In helping UW to its first-ever victory over a Pac-12 member, Bishop placed third on both the 1-meter (262.05) and 3-meter (256.88). She closed out the second day of NCAA Zones with a 48th place finish in the 3-meter event and a score of 226.10 for the Cowgirls. Bishop ended her junior season with a 23rd place finish in the platform event at Zones.

**Sophomore (2014-15):** Bishop was an All-MW honoree in the 1-meter springboard and platform. She finished eighth at the MW Championships in the 1-meter diving event while her preliminary results became a school record. Bishop intended to compete at NCAA Zone "E" Championships but did not participate due to illness. Bishop finished second, behind teammate Kari Campbell in both boards against Denver, including a score of 283.65 on the 1-meter. She brought home the 1-meter springboard crown with an impressive mark of 244.05 against Cal Poly. She placed second on the 1-meter springboard with a tally of 275.92 in the dual with New Mexico State. Bishop ultimately qualified for the NCAA Zones with a tally of 268.95 on the 1-meter springboard against CSU. At the Wyoming Diving Invite, Bishop finished second on the 1-meter springboard with a tally of 235.90 and fourth on the 3-meter springboard event with a score of 210.40. She also finished ninth at the Air Force Invite on the 3-meter springboard, with a tally of 277.70.

**Freshman (2013-14):** Bishop became a big part of the Wyoming diving group during her first season with the program. She qualified for the for the NCAA Zone "E" Diving Championships competing on all three-boards. Her top finish at the Zone Diving Championship came in the 3-meter event finishing in 31st place with a score of 256.10. At the Mountain West Championship her top finish came on the 1-meter springboard, as she finished 24th with a tally of 210.39. Bishop's career-best on the 3-meter springboard came against Colorado State recording an impressive 291.30. Her career-best on the 1-meter event came against Denver recording a 250.80.

**High School:** Bishop joins the Cowgirls from Citipointe Christian College in Carindale, Queensland, Australia. She competed in the springboard and platform diving events at Citipointe Christian College.

**Personal:** Bishop was born on March 24, 1995 in New Zealand. She is the daughter of Brian and Susanne McGinley and has two younger sisters Mikayla and Cassie. She plans to major in energy management and resource development at UW.

# THE COWGIRLS



## SAMANTHA BURKE



Sophomore  
Backstroke/Freestyle  
Chugiak, Alaska  
(Chugiak HS)

**Freshman (2015-16):** Samantha Burke competed in a number of events for UW during her rookie season. She finished 11th overall at the 2016 MW Championships in the 100 back (XXXX), which is currently the fifth-best mark in Cowgirl history. She also took 24th in the 100 free finals at the Championships. Burke took second in the dual against Arizona State in the 100 fly (56.62) as a final prep before conference. She also claimed 12th (23.70) in the 50 free at the Purdue Invite and helped the Cowgirls place second in the 200 medley relay in the double-dual with Air Force and Northern Arizona. She won her first event as a Cowgirl against New Mexico State, as she claimed gold in the 50 free with a final of 24.17.

**High School:** Burke is coming off a successful senior season, as she was a high school state champion in the 100 backstroke and 200 freestyle. She helped her team to a fourth-place finish at the Alaska High School State Championships and was also a team captain. She competes in the freestyle, backstroke and butterfly and will be an excellent addition to the Cowgirls lineup right away. She is a four-time letter winner at Chugiak High School. She swims for KNIK Aquatics in Anchorage, Alaska.

**Personal:** Sam is looking to study pre-medicine at UW. She developed an interest in that field volunteering at the Special Olympics and hopes to work with special needs children in the medicine field. She is the daughter of Shawn and Audrey. Sam has a younger sister named Cheyenne.



## SHANNON CHELSVIG



Sophomore  
Butterfly  
Nashville, Tenn.  
(Hume-Fogg Academic Magnet HS)

**Freshman (2015-16):** Chelsvig impressed during her first year competing for the University of Wyoming. She finished 12th (4:25.63) overall at the 2016 MW Championships in the 400 IM, and 14th in the 200 fly (2:04.30). During the double-dual against UNLV and Nevada, she took fifth in the 200 fly with a time of 2:09.32, after a fourth place (2:10.01) finish against Arizona State. Early in the season during the dual against New Mexico, Chelsvig had a time of 1:01.33 in the 100 fly for fifth place, which helped UW secure its victory over the Aggies.

**High School:** Chelsvig returns to the state of Wyoming after living in Cheyenne as a child before moving to Nashville, Tenn. Shannon has improved tremendously in the last year, earning her first USA Swimming Junior National cuts this past fall. Chelsvig swims for Nashville Aquatic Club, where she is coached by John Morse and Doug Wharam.

**Personal:** She is the daughter of Carolyn and Michael Chelsvig and has a younger brother, Nicholas, and sister, Kallie. In addition to swimming, Shannon is active in a number of clubs and service organizations at her high school and in her community. She intends to major in animal sciences at UW with plans of becoming a veterinarian.



## BAILEY BUTCHER



Freshman  
Backstroke  
Bismarck, N.D.  
(Laramie HS)

**High School:** Graduated from Laramie High School... Lettered in swimming each of her four years... Helped her team to the conference championship her sophomore year... Placed second at state her junior and senior years... Selected as team captain for her senior season... Qualified for zones all four years... A four-year honor roll member.

**Personal:** Daughter of Scott and Bobbi Butcher... Has one sibling, Kane Butcher... Intends to major in nutrition.



## KARLA CONTRERAS



Freshman  
Diving  
Ciudad Guzman, Mexico  
(Lazaro Cardenas)

**High School:** Graduated from Lázaro Cárdenas in Tijuana, Mexico... Competed at the Diving Junior Championship in 2013 and placed 11th... Earned a third-place finish at the national Olympics in Mexico in 2014... In 2015, competed at the Diving Junior Pan Ams in Cuba, placing sixth.

**Personal:** Daughter of Franciso and Teresa Contreras... Has one sister, Steffany Contreras... Intends to major in engineering.




**KYLE COVINGTON**

Junior  
Freestyle  
Placerville, Calif.  
(El Dorado HS)



**Sophomore (2015-16):** Covington participated in a number of meets for UW during her sophomore campaign. She recorded a 1:01.78 in the 100 fly against Border War rival Colorado State. In the double-dual with Air Force and NAU, Covington took part in the 50 free (25.70) and 100 fly (1:02.58).

**Freshman (2014-15):** In her first season as a Cowgirl, Covington saw limited action. She was a part of fifth place 400 free relay team in the dual against Denver. Against New Mexico, she placed 10th in the 100 backstroke with a final time of 1:03.87, and 10th as well in the dual with New Mexico State in the 50 free.

**High School:** Graduate of El Dorado High School High School. She was a two-time regional finalist and placed in the regional meet in four-consecutive seasons. Also during her junior and senior season she earned a spot as a conference finalist. Covington earned All-Region honors during her sophomore season. Also excelled in the classroom earning an academic all four years of high school, as well as earning Honor Roll honors in four years.

**Personal:** Daughter of Steve and Dana Covington. Her grandfather Lyle Covington played football at Wyoming graduating in 1950. Born on January 31, 1996. Majoring in chemical engineering at UW.



**ALANNA DASSOFF**

Junior  
Backstroke/Freestyle  
Oak Park, Ill.  
(River Forest HS)



**Sophomore (2015-16):** Dassoff once again participated in a number of meets for Wyoming during her sophomore season. She recorded times of 1:01.22 in the 100 back, 2:14.24 in the 200 back and a 2:17.91 in the 200 IM against Border War rival Colorado State. In the double-dual with Air Force and NAU, Dassoff swam a 2:14.88 and 2:15.98 in the 200 back and 200 IM, respectively.

**Sophomore (2014-15):** Saw limited action this season for the Cowgirls. She finished 10th in the 200 freestyle with a time of 1:59.89 and second in the 200 backstroke against Air Force with a time of 2:10.42 as well as ninth in the 100 backstroke. She came away with a ninth place finish against New Mexico in the 100 backstroke with a time of 1:00.94. In the dual with Denver in January, Dassoff was a part of the fifth place 400 free relay team that had a mark of 3:44.03.

**High School:** Dassoff is a graduate of Oak Park High School swimming for head coach Clyde Lundgren and swam with the Oak Park Swimmers with coach George Adcock. Alanna recorded US Junior National qualifying times in the 200 backstroke. She placed 12th in the state championship in the 100 backstroke, an event that she owns the school record. She was named West Suburban All-Conference for three straight years. She excelled in the classroom as a member of the Spanish Honor Society.

**Personal:** Alanna is the daughter of Dennis and Nancy Dassoff. She was born on November 9, 1995. She is majoring in zoology at UW.



**KELSEY CRANE**

Sophomore  
Butterfly/IM  
Bremerton, Wash.  
(Klahowya HS)



**Freshman (2015-16):** Crane had limited action in the pool for the Cowgirls this season. She swam in the double-dual against Air Force and Northern Arizona and also against Border War rival Colorado State. In the double-dual, Crane took part in the 100 fly (1:02.18) and the 200 IM (2:15.19), while against CSU she swam in the 100 (1:02.41) and the 200 fly (2:19.39).

**High School:** Crane is from Bremerton, Wash and is a very versatile swimmer who qualified for the Washington State Meet in every event except diving. Her best events are the butterfly and the individual medley. She lettered all four years at Klahowya High School. Her junior and senior year she led her high school team, as a Team captain. Her senior year she place second in the 200 individual medley, and fifth in the 100 butterfly at the state meet.

**Personal:** She is the daughter of Kevin and Kim Crane. She also earned an Olympic League Scholar Athlete award. At Wyoming she hopes to major in business administration.



**ASHLEY  
DICKERSON**



**Junior**  
**Butterfly/Freestyle**  
**Colorado Springs, Colo.**  
**(Air Academy HS)**

**Sophomore (2015-16):** Dickerson once again saw limited action for the Cowgirls during her sophomore campaign. Against Border War rival Colorado State, Dickerson recorded times of 26.81 and 1:02.69 in the 50 free and 100 fly, respectively. In the double-dual with Air Force and NAU, she participated in the 50 free (26.37) and the 100 fly (1:02.94).

**Freshman (2014-15):** As a freshman for the Cowgirls, Dickerson competed in limited action for Wyoming. In the opening dual of the season against New Mexico, she finished 10th in the 100 butterfly with a season-best time of 1:03.31 and 13th in the 100 freestyle with 26.63. Against Border War rival Colorado State, Dickerson finished 11th in the 50 free with a time of 26.62, and ninth in the 100 butterfly with 1:03.57. She also competed in the dual against New Mexico State and placed 10th in the 100 butterfly.

**High School:** Graduate of Air Academy High School. She was a three-time state qualifier. Placed in the top-eight in the 100 butterfly and 400 freestyle during her senior season. She was a two-time Honorable Mention All-Colorado Springs selection. She also earned the Air Academy High School Rotary award. She is an Air Academy High School record holder in the 400 freestyle relay. Dickerson was also named Air Academy High School team MVP during her senior season. She participated in the USA Swimming Western Zone meet and the USA Swimming Speedo Sectional Series. Also excelled in the classroom as a member of National Honor Society. She graduate Cum Laude.

**Personal:** She is the daughter of Richard and Mary Dickerson. Her mother played basketball at Regis University. She was born on April 20, 1996. She is majoring in kinesiology.



**CASEY  
DUCKWORTH**



**Senior**  
**Freestyle**  
**Costa Mesa, Calif.**  
**(Newport Harbor HS)**

**Junior (2015-16):** At the 2016 MW Championships, Duckworth finished 16th overall in the 400 IM with a time of 4:31.48 and the 1,650 free (17:26.11). She opened the season against New Mexico and took second place (2:12.83) in the 1,000 free and third (2:12.83) in the 200 IM, before a third-place (10:43.21) finish in the 1,000 and fifth place (5:16.94) in the 500 free against New Mexico. She took third in the 200 fly on senior night against Colorado State with a 2:11.85. She helped UW come away with it's first-ever win over a Pac-12 opponent in Arizona State, as she took fourth (10:31.38) in the 1,000 free and fifth (2:11.76).

**Sophomore (2014-15):** Impressed against Denver as she brought home a victory in the 500 free with a time of 4:56.94. Duckworth finished second in the 1,000 freestyle behind teammate Lauren McClure against CSU with a time of 10:40.84. In the dual with New Mexico State, she finished second behind teammate Emma Dow in the 400 IM with a final time of 4:43.15. At the MW Championships, Duckworth finished 16th in the 1,650 freestyle with a time of 17:01.72, 19th in the 400 IM with a mark of 4:29.74.

**Freshman (2013-14):** Duckworth saw action in eight meets for the Cowgirls in her first season with the program. She scored points for the Cowgirls in the 1,650 freestyle with a time of 17:01.72 finishing 16th in the event. At the MW Championship she also competed in the 400 individual medley finishing 19th with a season-best time of 4:29.74. In the 500 freestyle at the MW Championship she finished 24th, in the preliminaries of the event she recorded a season-best time of 5:00.82.

**High School:** Duckworth was a four-year letterwinner at Newport Harbor High School in Newport Beach, Calif., and joins the Cowgirls to swim distance freestyle and individual medley. She was an All-American her freshman, sophomore and junior season. Duckworth was also a Junior National Qualifier all four years competing in the 500 freestyle. She helped set the school record in the 200 medley relay. During her senior season, Duckworth was recognized as a top-15 athlete at the Newport Harbor award banquet.

**Personal:** She was born December 1, 1994 in New York and is the daughter of Stuart Duckworth and Kara Greene. She plans to study criminal justice at UW. Duckworth was also recruited by Utah, San Jose State, Ohio, Denver, Oregon State and Cal State Bakersfield.



**MARCELA  
GRAMCKO**



**Sophomore**  
**Backstroke**  
**Caracas, Venezuela**  
**(U.E. Colegio)**

**Freshman (2015-16):** Gramcko competed in a number of meets for UW during her freshman season. During the 2016 MW Championships, she finished 20th (2:00.96) overall in the 200 back final, and 21st (56.90) in the 100 back final for UW. In the dual against New Mexico State, Gramcko took third (5:11.34) in the 500 free. She placed second (2:01.33) in the 200 back against Denver in January, and to help UW come away with it's first-ever win against a Pac-12 opponent, she finished third (2:02.93) in the 200 back against Arizona State.

**High School:** Gramcko is from Caracas, Venezuela and is currently a member of the Venezuelan National team. She has International swimming experience as well as experience racing here in the United States. She represented Venezuela at the South American Junior Championships. She has also competed at the Orland Grand Prix and the Mesa Grand Prix here in the United States. Marcela is very versatile and has good range in the 200 and 400 freestyles and the 100 and 200 Backstrokes.

**Personal:** She is an outstanding student and intends to be a pharmacy major at UW. She is the daughter of Carlos Gramcko and Gabriella Weitstruck.




**STEPHANIE GRANDIN**

Freshman  
Breaststroke  
Clayton, N.C.  
(Corinth Holders HS)




**KARA GUENTHER**

Junior  
Freestyle  
Flower Mound, Texas  
(Marcus HS)




**PEYTON GRANDPRE**

Sophomore  
Diving  
Cheyenne, Wyo.  
(East HS)



**Freshman (2015-16):** GrandPre finished 31st (158.85) in the platform event at the Air Force Diving Invite. She also competed in the dual against Denver in early January, scoring a 185.18 in the 1-meter event and a 205.05 on the 3-meter board. Against Border War rival Colorado State, GrandPre had scores of 197.48 and 227.25 in the 1 and 3-meter events.

**High School:** GrandPre comes to UW from right down the road in Cheyenne, Wyoming. She has continually improved and has shown a great desire to gain experience on all boards. Her freshman year, she earned a ninth-place finish at the Wyoming State Meet. From there, she put in the work to make her way from ninth to third her sophomore year, second her junior year and finished her high school career with a first-place finish.

**Personal:** She is the daughter of Bob and Julie GrandPre and has two brothers, Parker and Stephen. She plans to major in elementary education.

**Sophomore (2015-16):** Guenther took part in a number of events for Wyoming throughout her sophomore campaign. She placed fifth in the 1,000 free (11:00.62) against Border War rival Colorado State. She then recorded a time of 10:54.30 in the 1,000 free in the double-dual with Air Force and NAU. Guenther closed out her season competing against UNLV and Nevada. She claimed fourth place in the 500 free with a time of 5:06.67 and took fifth in the 1,000 with a 10:33.01.

**Freshman (2014-15):** Saw limited action for the Cowgirls during the season. Against Denver, she finished first in the 200 freestyle and also placed third in the 500 free with a final time of 5:22.27. Against Border War rival CSU, Guenther finished seventh in the 200 free. She also finished seventh in the 1,000 freestyle event during the dual with Air Force and came away with a fourth-place finish in the 1,000 free against New Mexico. In the dual with New Mexico State, Guenther finished fourth in the 200 free with a time of 1:59.57.

**High School:** Graduate of Marcus High School. She was a district finalist and regional qualifier. She was named the Rookie of the Year after her freshman season. Guenther was named to the National Team in 2012. She competed at 2013 US Sectionals, where she clocked a 2:07.48 in 200 freestyle, as well as 4:26.67 in 400 freestyle. She competed at 2013 US Summer Junior Nationals in Irvine, California.

**Personal:** Daughter of Michael and Jackie Guenther. Born on June 4, 1996. Majoring in food science and human nutrition at UW.



## CEEJAY HARRIS

Sophomore  
Diving  
Gillette, Wyo.  
(Campbell County HS)



**Freshman (2015-16):** Harris got her collegiate career started with a fifth (218.10) place finished on the 3-meter board against New Mexico State. She also placed tenth on the 1-meter with a tally of 191.17. She placed fifth the following day on the 1-meter against New Mexico with a score of 209.93. Later in the season, Harris took 13th on the platform at the Purdue Invite, before claiming fourth on both the 1 (233.70) and 3-meter (228.83) against Arizona State. She had another top-ten finish on the 3-meter event against UNLV and Nevada, taking sixth with a mark of (256.00). She then closed out her freshman campaign at the Air Force Diving Invite, as she competed in the platform event and recorded a score of 141.75.

**High School:** Harris is a diver from Gillette, Wyoming with a very extensive gymnastic background. She is fairly new to the sport of diving, but her gymnastic skills (awareness, flipping), will come in transition to the water. The first year that she attended the Wyoming State Meet, she placed fourth, right behind fellow UW signee Chynna Randall.

**Personal:** She is the daughter of Brad and Delight Harris and has one younger brother, Joseph. She plans to major in pre-vet studies.



## MARIA HARUTJUNJAN

Junior  
Breaststroke  
Maardu, Estonia  
(Audentes Sports HS)



**Sophomore (2015-16):** Harutjunjan was one of three Cowgirls to take part in the NCAA Championships, as she competed in the 100 and 200 breast. At the NCAAs, Harutjunjan finished 45th in the 200 breast the event with a time of 2:13.14 and Harutjunjan 32nd in the 100 breast with a time of 1:00.81. Harutjunjan ended her sophomore season as the record holder in the 100 breast (1:00.21), and had a great MW Championship meet for Wyoming. She repeated as the 100 breast champ at the MW Championships by winning the event in a time of 1:00.21. It not only set a school record, but also became the MW all-time record and was the 27th-best time in the nation at the time. Harutjunjan earned All-MW honors in the 100 and 200 breast. She also was a member of the 400 medley relay squad at the championships, which holds the top time in UW history at 3:35.86. Harutjunjan was named the MW Swimmer of the Week on Jan. 12 after she was a member of the 400 medley relay team that brought home a victory against Denver. She also won the 100 breast with a time of 1:03.76, before taking second in the 200 breast event. She was a key part of helping the Cowgirls claim it's first-ever win over a Pac-12 opponent in Arizona State. She won both the 100 and 200 breast against the Sun Devils with times of 1:03.38 and 2:16.26, respectively. In the same events, Harutjunjan took second in both at the Purdue Invite.

**Freshman (2014-15):** Harutjunjan had an excellent freshman season for the Cowgirls as she competed and won a number of events for UW. After wrapping up her first season, she went on to compete in the World University Games. She was the MW champ in the 100 breaststroke and also earned All-MW honors in the 200 breaststroke and the 400 medley relay. Harutjunjan set two top-10 marks in the Cowgirl record book this season. Harutjunjan once again won the 100 breaststroke with a mark of 1:05.24 and took second in the 200 breaststroke at Boise State. She helped defeat the defending WAC Champions Northern Arizona by winning the 100 breaststroke with a time of 1:04.15 and as a part of the 200 medley relay team that finished with a time of 1:43.90. She brought home another victory in the 200 breaststroke with a time of 2:19.76. She was on the 400 medley relay team that broke the Corbett Pool record with a time of 3:47.53. She won two events competing against Air Force, as she won both the 100 and 200 breaststrokes with times of 1:04.39 and 2:19.90, respectively. She was part of the 200 medley that took home a victory against Air Force with a time of 1:45.46. Harutjunjan impressed during her first Border War dual, she won three events for the Cowgirls in the 100, 200 breaststroke and 200 individual medley. Harutjunjan won both the 100 and 200 breaststroke against New Mexico with times of 1:04.61 in the 100 and 2:19.96 in the 200 event. She came away with two victories against CSU by winning the 200 individual medley with a time of 2:09.05 as well as the 200 breaststroke with a time of 2:17.82. To end a great freshman season, Harutjunjan was also named to All-MW team in the 100 breaststroke and was a part of the 200 yard medley relay team that took fourth at the Championships.

**High School:** She is a graduate of Audentes Sports High School. She excelled outside the pool, as well as an active member of the Estonian Armenian Youth Union.

**Personal:** She is the daughter of Varuzhan and Srapian Agavni. She was born on September 17, 1995. She is majoring in international studies.



## ELLIE HOKENSINNER

Freshman  
Freestyle  
Seattle, Wash.  
(Liberty HS)



**High School:** Graduate from Liberty High School... Lettered all four years in swimming... Competed at state each of her four years, placing second in the 200m freestyle both junior and senior year... Broke the state record in the 400m freestyle her junior season... Named team captain her senior season and Liberty High School's female athlete of the year... Also won the United States Marine Corps Distinguished Athlete Award... A four-year member of the honor roll as well as National Honor Society... Named a King Co. Scholar Athlete for 2015-16.

**Personal:** Daughter of Chris and Mary Hohensinner... Intends to major in business.




**ASTRID ITURBE**

Freshman  
Freestyle  
Caracas, Venezuela  
(Colegio Emil Friedman)



**High School:** Graduated from Colegio Emil Friedman in Caracas, Venezuela... In 2013, was the South American and Central American champion in open water 5k... Placed 12th in the open water world junior championship in 2014... A five-time national champion in the 300m and 1500m race... Finished 25th in the open water Pre-Olympic tournament in 2016... In 2013, logged her best times ever in the 300m, 400m and 1500m races, placing first as a national champion in each event... Earned academic honors from 2011-2015 for her 3.7 GPA.

**Personal:** Daughter of Julian Iturbe and Jeanette Franzius... Has one sibling, Julian Iturbe... Intends to major in microbiology.



**DANIELA LUNA ROCHA**

Freshman  
Freestyle  
Tijuana, Mexico  
(CETYS Universidad)



**High School:** Graduate from CETYS Universidad in Tijuana, Mexico... Placed first at Nationals in the 400m freestyle race in 2016... Talled second-place finishes three-straight years at Nationals in the 800m freestyle race from 2014-16.

**Personal:** Daughter of Daniel Luna and Bianca Rocha... Has one sibling, Vianca Luna... Intends to major in psychology.



**KIANA JUNIOR**

Freshman  
Backstroke  
Louisville, Colo.  
(Fairview HS)



**High School:** Graduated from Fairview High School... Lettered all four years in both swimming and golf... Competed as a swimmer in state all four years... Earned All-State honors her senior year, while being a team captain... Helped her team become state champions in 2016 and conference champions for the first time in 25 years... Made academic honor roll every year of her high school career and was awarded the highest academic honors in athletics all four years... A three-year member of National Honors Society... President of Senior Women's club her senior year... Placed third at sectionals in women's overall, as well as third with her team.

**Personal:** Daughter of William and Kimberly Junior... Has one brother, Carrington Junior... Intends to major in geophysics.



**RACHEL MCKIVIGAN**

Junior  
Freestyle  
Gainesville, Fla.  
(F.W. Buchholz HS)



**Sophomore (2015-16):** McKivigan took part in a number of meets for the Cowgirls during her sophomore season. She opened the year against New Mexico State, and placed third (1:55.27) in the 200 free and fourth (54.19) in the 100 free. Against NAU and LSU, she took fourth (59.54) in the 100 free and sixth in the 200 free (2:08.58), just before taking second in the 200 free (1:57.04) on senior night against CSU.

**Freshman (2014-15):** McKivigan was part of the 200 free relay team that took home a victory against Colorado State with a time of 1:34.35. She also finished fourth in the 200 freestyle with a time of 1:56.17. Against New Mexico State, she took second in the 50 free with a time of 24.15, she finished behind teammate Melanie McDonough. Competing against New Mexico, McKivigan placed seventh in the 200 free with a time of 1:59.07. In the dual with New Mexico, she finished seventh in the 200 freestyle with a final time of 1:57.81. She had a fifth place finish in the 50 freestyle against Air Force as well as a seventh place finish in the 200 freestyle.

**High School:** Graduate of F.W. Buchholz High School. During her senior season she was named team captain and MVP. McKivigan also earned City, district and regional championships, as well as placing third in the state in the 100 freestyle and seventh in the state in the 200 freestyle. She also earned the Team Spirit Award during her sophomore and junior seasons. Excelled in the classroom as a member of National Honor Society. Also recruited by Kentucky, Florida Golf Coast and Gardner Webb.

**Personal:** Daughter of Pat and Lori McKivigan. Born on July 20, 1996. Majoring in family and consumer science at Wyoming.



## LAUREN PUGLISI

Senior  
Diving  
Woodbury, Minn.  
(Woodbury HS)



**Junior (2015-16):** Puglisi made her first-career final at the Air Force Diving Invite. She finished ninth on the 1-meter event with a score of 241.40. At the MW Championships, Puglisi took 12th on the 1-meter with a final 258.00. Puglisi came away with two top-10 finishes in the double-dual with Air Force and NAU, as she took eighth (231.75) on the 1-meter and ninth (211.30) on the 3-meter event. She also recorded scores of 221.10 and 206.18, respectively against Pac-12 member Arizona State.

**Sophomore (2014-15):** Puglisi competed in the Wyoming Diving Invite and finished ninth in the 3-meter springboard event and seventh on the 1-meter with a tally of 195.85. In the dual against Air Force, Puglisi came away with a fourth place finish in the 1-meter event with a tally of 213.60 and finished seventh in the 3-meter diving competition. Against Denver, she finished seventh in both the 1 and 3-meter diving events.

**Freshman (2013-14):** Puglisi saw significant action on the boards for the Cowgirls in her rookie season. She recorded a season-best score of 224.10 on the 1-meter springboard against UIC finishing fifth in the event. In a dual meet against Denver she finished fourth in the 3-meter dive with a season-best score of 241.20. At the Arizona Diving Invite she finished 23rd in the highly competitive field in the platform dive with a season-best score of 162.35.

**High School:** Puglisi joins the Cowgirls from Woodbury High School in Woodbury, Minn. She was a two-time All-State selection, as well as being named Section Diver of the Year during her senior season. She was named All-Southeast Conference all four years of high school. She also excelled in the classroom graduating from Woodbury High School with high honors.

**Personal:** Puglisi was born on Oct. 9, 1994. She is the daughter of Frank and Melissa and has five younger brothers; Joseph, Thomas, Matthew, Edward and Luke. She plans to major in chemical engineering at UW.



## COURTNEY ROEBER

Freshman  
Breaststroke  
Denver, Colo.  
(Monarch HS)



**High School:** Graduate from Monarch High School... Lettered all four years and earned team MVP in 2016... Was a member of the National Honors Society and the Spanish Honors Society, and also a 360 leader... Recorded top times in her high school career of 26.98 seconds in the 50m freestyle, 1:05.14 in the 100m breaststroke and 53.9 seconds in the 100m freestyle.

**Personal:** Daughter of Ben and Kirsten Roeber... Has one brother Josh, who competed in swimming at Cal Poly... Father, Ben Roeber, competed in swimming at the University of Tennessee.



## ISOBEL RYAN

Sophomore  
Backstroke/Butterfly  
Oamaru, New Zealand  
(St. Kevin's College)



**Freshman (2015-16):** Ryan had a tremendous rookie season wearing the brown and gold. She was named All-MW in the 50 and 100 free and the 100 back, after she took second in the 100 back (53.24), sixth in the 50 free (22.80) and eighth in the 100 free (50.02) at her first MW Championships. In her first career collegiate meet against NAU and LSU, she claimed her first victory in the 50 free (25.25), in addition to a fifth place finish in the 100 free with a time of 58.90. Against CSU in the Border War meet, Ryan took first in the 100 free (53.11) and second in the 100 back (57.69). She had two top-five finishes at the Purdue Invite, with times of 55.35 and 50.32 in the 100 back and 100 free, respectively. Ryan was a major contributor in helping UW claimed it's first-ever win over a Pac-12 opponent as she finished second in the 100 free (51.81) and third in the 100 back (56.99) against Arizona State.

**High School:** Ryan is the third New Zealand native to attend the University of Wyoming. She received the 2014 junior Women of the Year award for her showing at the Short Course Meter National Age Group Open winning the 100 Freestyle, 100 Backstroke and 50 Freestyle. She has broken many different records including 15 high school records, for her effort of breaking multiple records she was awarded the "Most Records Broken Award" five consecutive years. Ryan has broken multiple regional and district records pushing 50 plus. She swims for Oamaru Swim Club. She is part of the Podium Programme for the next three years, as she has been labeled on the pathway to represent New Zealand in the Olympics.

**Personal:** Ryan received top marks in school at St. Kevin's College. Ryan was awarded the Class Act award by the Prime Minister of New Zealand. She is the daughter of Nicky and Kerry Ryan and she has two older sisters, Caitlin and Maeve.




**LILY SALZER**

Junior  
Freestyle  
Columbia, Mo.  
(Rock Ridge HS)




**MANDY SCHATZ**

Sophomore  
Distance Freestyle/Butterfly  
Yorba Linda, Calif.  
(Esperanza HS)



**Sophomore (2015-16):** Salzer took part in a number of meets for UW during her sophomore campaign. She recorded times of 2:03.19 in the 200 free and a 2:10.97 in the 200 back against Border War rival Colorado State. Salzer also swam in the double-dual with Air Force and NAU, as she had a 58.05 in the 100 back and 2:10.37 in the 200 back.

**Freshman (2014-15):** Salzer saw limited action for the Cowgirls during her first season at Wyoming. She was a part of the fifth place 400 freestyle relay team in the dual with Denver. She finished 10th in the 100 backstroke against Air Force with a final time of 1:01.05 and eighth in the 100 backstroke against New Mexico with a mark of 1:00.72. In the 200 backstroke against UNM she finished 10th with a mark of 2:13.90 and eighth against New Mexico State with a time of 1:58.82. She came away with an eighth place finish against NMSU in the 100 butterfly with a time of 1:00.61.

**High School:** Graduate of Rock Bridge High School. Salzer helped her high school win its first ever swimming and diving state championship. She also paced Rock Bridge's state champion 400 freestyle relay team. She competed at USA Swimming's Junior National Championships helping her team in the relay events.

**Personal:** Daughter of William and Susan Salzer. Her mother was on the swimming team at Kentucky, while her father was on the rowing team at Boston University. Born on December 2, 1995. Undecided on major at UW.

**Freshman (2015-16):** Schatz saw limited time in the pool during her first campaign with the Cowgirls. Against CSU in the Border War meet, she competed in the 200 free (1:59.29) and the 500 free (5:26.32). Schatz claimed eighth in the 1,000 free against Denver in early January with a time of 11:18.93. To close out her rookie season, she took part in the 200 free (1:59.34) and the 500 free (5:20.25) in the double-dual against NAU and Air Force.

**High School:** Schatz is a two-time Swimmer of the Year award winner and was a member of a CIF Championship team during her freshman season at Esperanza High School. She swam for Brian Pajer with the Aquazots Swim Club. She also excels in the classroom, having been named to the Principal's Honor Roll all four years of high school.

**Personal:** Mandy is the daughter of Rob Schatz and Jennifer Lamarra and has one older sister, Jen. Her uncle, Gene Schatz, was on the rodeo team at the University of Wyoming. She plans on majoring in Business.



## SUSANNA SCHUMANN



**Junior**  
Breaststroke  
Gelsenuirchen, Germany  
(Hauptstrape)

**Sophomore (2015-16):** Schumann opened her sophomore season against New Mexico State. She participated in the 100 and 200 breast and came away with fourth place (1:06.18) in the 100 breast and sixth (2:27.83) in the 200 for Wyoming. The following day, Schumann took fifth in the both the 100 (1:06.58) and the 200 breast (2:28.51) against New Mexico. In the double-dual with NAU and LSU, she took fifth (34.08) in the 50 breast and sixth (1:14.24) in the 100. Schumann placed third (1:06.26) in the 100 breast against Border War rival CSU, before a fourth-place finish in the same event against Air Force and NAU. At the 2016 MW Championships, Schumann recorded a 1:03.93 in the 100 breast to finish 16th overall, and also placed 18th (2:19.49) in the 200 breast final.

**Freshman (2014-15):** Against Border War rival Colorado State, Schumann finished fifth in the 100 breaststroke with a time of 1:06.54. While competing against New Mexico, Schumann was a member of the 200 medley relay team that finished fourth, and also came away from the dual with a fifth place finish in the 200 breaststroke and fifth place finish in the 100 breaststroke with a final time of 1:07.64. Against Air Force, she placed seventh in the 200 IM with a final time of 2:22.75, finished fifth in the 200 breaststroke with a mark of 2:30.75, and came away with a season-best finish in the 100 breaststroke with third place and a time of 1:07.73. Against Denver, she was fifth with a time of 1:07.06 in the 100 breaststroke, and a seventh place finish in the 200 breaststroke.

**High School:** Graduate of Hauptstrape. She did not swim competitively in high school. She was a consistent swimmer for the swimming club SG Gelsenuirchen swimming at the German Championships. She finished in seventh place in the 50 breaststroke. She was also a regional champion in the 50, 100 and 200 breaststroke.

**Personal:** She is the daughter of Michael and Barbara Schumann. She has one brother Tobias. She was born on September 3, 1995. Schumann is majoring in management and marketing.



## KELLY SHELDON



**Junior**  
Freestyle  
Loveland, Colo.  
(Thompson Valley HS)

**Sophomore (2015-16):** Sheldon completed her sophomore campaign by earning All-MW honors in the 200 back and 500 free. She currently holds the Cowgirl record in the 500 free (4:49.30). At the 2016 MW Championships, Sheldon competed in a number of events for UW. She placed fourth in the 200 back final with a time of 1:57.28, and took 12th overall in the 200 free (1:49.32). Sheldon was also a member of the sixth-place 800 free relay team at the championships. To begin the season, Sheldon finished in second place in the 200 back (2:06.75) against New Mexico State, as the following day she also placed second in the 500 free (5:09.25) against New Mexico. While competing against Border War rival Colorado State, Sheldon won the 200 fly (2:08.80). In helping UW come away with its first-ever victory over a Pac-12 opponent, Sheldon took third in the both the 200 fly (2:06.41) and the 500 free (5:03.51).

**Freshman (2014-15):** As a freshman, Sheldon had an exciting season for Wyoming. She helped defeat defending WAC Champion Northern Arizona by winning the 200 free with a time of 1:52.24. In her first MW Championships, Sheldon finished 18th in the 500 free with a time of 4:56.88, 21st in the 200 free and 22nd in the 200 backstroke.

**High School:** Graduate of Thompson Valley High School. Earned All-State, All-Conference and All-Area honors three straight season at Thompson Valley HS. Also helped her team earn three-straight State titles during her freshman, sophomore and junior seasons. Holds school records in the 100 butterfly and 100 backstroke, as well as the 400 freestyle relays. Earned a second place finish in the 100 backstroke at the state championship along with a third-place finish in the 100 butterfly. Named to the All-Golden Eagle team during her senior season. She was named the Freshman of the Year during her first season of high school swimming. Also recruited by Minnesota, Utah, TCU, SMU and Mizzou.

**Personal:** Daughter of Lonnie and Andrea Sheldon. Born on April 1, 1996. Plans on majoring in kinesiology at UW.



## JENI SNYDER



**Freshman**  
Freestyle  
Cody, Wyo.  
(Laramie HS)

**High School:** Graduated from Cody High School... Lettered each of her four years in swimming... Named Most Important Person her freshman season... A three-year member of National Honor Society.

**Personal:** Daughter of David and Lisa Snyder... Father, Dave, is executive director of the Wyoming State Golf Association and played golf at Utah... Grandfather, Blake Snyder, played football at Wyoming... Currently undecided on a major.



## EMILY STEVENS

Senior  
Backstroke  
Sherwood, Ore.  
(Sherwood HS)



**Junior (2015-16):** Stevens had a successful junior season wearing the brown and gold. At the 2016 MW Championships, she finished 10th in the 100 back with a time of 54.69. She also placed 15th (2:00.52) overall in the 200 back at the championships. Stevens finished third (58.49) in the 100 back and fourth (2:07.01) in the 200 against New Mexico State. The following day, she won the 200 back (2:03.67) against New Mexico. In the double-dual with NAU and LSU, Stevens brought home another victory, as she won the 50 back with a time of 29.08, while she followed with a win in the 100 back (56.99).

**Sophomore (2014-15):** Stevens brought home a victory against New Mexico State as she won the 100 backstroke with a time of 57.90. Against Border War rival Colorado State, Stevens finished fourth in the 100 backstroke with a time of 69.40. At the MW Championships, Stevens finished 11th in the 100 backstroke with a final time of 55.52 and 16th in the 200 backstroke with a time of 2:05.02.

**Freshman (2013-14):** Stevens competed in four events during her freshman season. She swam a season-best time of 58.71 in the 100 backstroke against UIC. She also competed in the 50 freestyle against the Flames finishing sixth with a time of 25.31.

**High School:** Stevens joins the Cowgirls from Sherwood High School in Sherwood, Ore. She was a four year letterwinner in swimming under head coach Robert VanAndel. A team captain her senior year, Stevens became her high school's record holder in the 100 backstroke and placed third at state in the 100 backstroke and 100 butterfly. She finished the season in the top-five in the state of Oregon competing in the 100 butterfly. During her junior year, not only was she a Youth National Qualifier but she placed fourth at state in the 100 backstroke and fifth in the 100 butterfly. In the classroom, Stevens graduated with honors, was a member of the National Honor Society, National Arts Honor Society and the National Society of High School Honors. She also participated in M.S. Society Awareness, NAMI Awareness and helped prepare aid stations for multiple 5k-marathons.

**Personal:** She was born June 8, 1995 in Portland, Ore., and is the daughter of Rick and Lori Stevens. She has a younger brother, Ethan and is undecided on a major. She was also recruited by Western Colorado, Northern Colorado, Cal State Eastbay, Adams State and Fresno State.



## ABBY SULLIVAN

Senior  
Backstroke/Freestyle  
Olympia, Wash.  
(Tumwater HS)



**Junior (2015-16):** Sullivan once again had another successful season wearing the brown and gold. At the 2016 MW Championships, she finished 12th overall in both the 100 (54.93) and 200 back events for UW (1:58.50). Sullivan began the season winning both events against New Mexico State. She recorded times of 57.29 and 2:05.38 in the 100 and 200 back, respectively. She also won the 100 back the next day against New Mexico with a time of 56.48. She then won the 100 back again in the double-dual with NAU and LSU, just before claiming victory in the 200 back against Colorado State (2:04.93). Sullivan was a key part of helping UW win it's first-ever meet over a Pac-12 opponent, as she took second place in both the 100 (56.62) and 200 back (2:02.75). As the final tune-up before the MW Championships, Sullivan brought home two more victories in the double-dual with UNLV and Nevada. She again won the 100 and 200 back with times of 55.50 and 2:00.43, respectively.

**Sophomore (2014-15):** Sullivan's sophomore season was just as impressive as her first with the Cowgirls. She won the 200 backstroke against defending WAC Champion Northern Arizona with a mark of 57.31. She won two events against Cal Poly by winning the 100 and 200 backstroke with times of 58.93 and 2:06.45, respectively. She brought home the 200 backstroke against UC Santa Barbara, was on the 400 medley relay team that broke the Corbett Pool record with a time of 3:47.53 and was also a part of the 200 freestyle relay team that won with a time of 1:36.16. She won the 200 backstroke title with a mark of 2:07.26 against Air Force. Sullivan was named to the All-MW team in the 200 backstroke along with teammate Connor Tarver. She finished sixth in the 200 backstroke at the Championships, which proved to be a personal-best and third-fastest time in Cowgirl history with a time of 1:59.48 and 10th in the 100 backstroke with a mark of 55.47.

**Freshman (2013-14):** Sullivan made an immediate impact on the Cowgirls in her freshman season earning All-Mountain West honors in the 200 backstroke. At the MW Championship she finished seventh in the event with a time of 1:59.34. In the preliminaries of the event she swam a career-best 1:58.38, a mark that ranks third all-time at UW. She also scored points for the Cowgirls at the MW Championship in the 100 backstroke finishing 14th with a career-best time of 55.57, as her time ranks fifth all-time at Wyoming. She earned her first career event win against UIC taking the crown in the 100 backstroke at 58.15. She also earned a win in the event against UNLV and Nevada. She earned her first 200 backstroke event victory against New Mexico, Nevada and Grand Canyon with a time 2:04.00.

**High School:** Sullivan joins the Cowgirls from Tumwater High School in Tumwater, Wash. She earned state titles during her career in the 100 backstroke and 100 freestyle. She was also part of 200 and 400 freestyle relay state championship teams. She helped break a Washington state record in the 200 and 400 freestyle relay. She was a First Team All-State selection during her freshman, sophomore and senior seasons. She also excelled in the classroom as a Tumwater High School Scholar and Math and Science Award recipient.

**Personal:** She is the daughter of Joe and Debbie and has one younger brother Jay and a younger sister Claire. She is undecided on a major at UW. She was also recruited by Idaho, New Mexico and Kansas.

# THE COWGIRLS



## CONNOR TARVER

Junior  
Backstroke  
Jackson, Wyo.  
(Jackson Hole HS)



**Sophomore (2015-16):** Tarver opened her sophomore campaign against New Mexico State and finished in fifth-place in the 100 and 200 back and 200 IM. She recorded times of 58.84 in the 100 back, 2:07.29 in the 200 back and 2:14.09 in the 200 IM. Against Border War rival Colorado State, Tarver earned a second-place finish in the 200 back (2:06.41). In the double-dual with Air Force and NAU, she won the 200 back with a mark of 2:07.22, in addition to taking third in the 100 back (58.10).

**Freshman (2014-15):** Tarver saw limited action for the Cowgirls as a freshman. Tarver took second in the 100 backstroke against New Mexico State. She placed seventh against CSU in the 100 backstroke with a time of 1:00.56. Tarver was named to the All-MW team in the 200 backstroke as she finished seventh with a time of 1:59.97. It was a personal-best and fifth-fastest mark in school history. She also finished 18th in the 100 backstroke with a time of 55.31.

**High School:** Tarver is a graduate of Jackson High School and swam for coach Jim Jenkins and Jackson Hole Stingrays with coaches Cindy and Sinead O'Dwyer. Connor was a six-time Wyoming state champion. At the Wyoming state championships, Connor won the 200 Individual medley and the 100 backstroke. She also helped her team win the 200 medley relay and the 400 freestyle relay. Connor helped Jackson High School win three of the last four Wyoming state championships. Connor excels in the classroom as a member of the Junior National Young Leadership Conference, National Honors Society and Principals Honor Role.

**Personal:** Connor is the daughter of Michael and Wendy Tarver. She has one brother, Michael. She was born on April 7, 1996. She is majoring in kinesiology at UW.



## TALITA TE FLAN

Freshman  
Freestyle  
Brescia, Italy  
(Liceo Arnaldo)



**High School:** Graduated from Liceo Arnaldod in Brescia, Italy... Represented the Ivory Coast at the 2016 Summer Olympics in the 800m freestyle.

**Personal:** Daughter of Etienne and Elisabeña Te Flan... Intends to major in marketing.



## MARY USELMANN

Senior  
Freestyle/Butterfly  
Denver, Colo.  
(Saint Peters Luthern College HS)



**Junior (2015-16):** Uselmann finished third in the 100 fly with a time of 59.28 against Border War rival Colorado State. In early December, she took fifth in the 100 fly (59.04) and sixth in the 50 free (24.50) against Denver. She then placed second in the 50 free (24.53) and fifth in the 100 fly (58.78) in the double-dual with Air Force and NAU. Uselmann was also a key part in helping UW come away with it's first-ever victory against a Pac-12 opponent, as she finished fourth in the 100 fly (58.60) and fifth in the 50 free (24.36). Uselmann recorded a 23.81 in the 50 free, a 56.57 in the 100 fly and 51.88 in the 100 free at the MW Championships.

**Sophomore (2014-15):** Uselmann saw limited action for the Cowgirls as a sophomore. She was on the 200 freestyle relay team that won against New Mexico State. Against Border War rival, Uselmann finished fifth in the 50 freestyle with a season-best time of 24.72.

**Freshman (2013-14):** Uselmann appeared in six meets in her first season with the Cowgirls. She swam a season-best time of 24.16 in the 50 freestyle in a dual against UNLV and Nevada. In that same meet she swam season-bests in the 100 butterfly at 58.25 and the 100 freestyle at 53.00. Her best finish of the season was a third-place finish against UIC with a time of 24.44.

**High School:** Uselmann joins the Cowgirls from St. Peter's Lutheran College in Brisbane, Australia and before that Service High School in Anchorage, Alaska. During her senior year, she qualified for the Junior Australian Nationals and was a two-time state champion in the 50 freestyle in Alaska. She was awarded the Most Valuable Swimmer for the years 2010, 2011 and 2012. In the classroom, Uselmann had a 4.0 GPA throughout high school and was a member of the National Honor Society.

**Personal:** She was born June, 23, 1995 and is the daughter of Charles and Heidi Uselmann. She has one sister, Leah and plans to major in chemical engineering while at UW. She was also recruited by Colorado State, St. Cloud State, Colorado School of Mines and University of Alaska, Fairbanks.



## MARISSA VERDI



Senior  
Freestyle  
Corona, Calif.  
(Santiago HS)

**Junior (2015-16):** Verdi took seventh in the 100 fly against Border War rival Colorado State with a time of 1:04.71. She also recorded a 25.44 in the 50 free for UW. In early December, Verdi took part in the 100 breast (1:11.73) for the Cowgirls against Denver, and then had a 24.97 in the 50 free in the double-dual with Air Force and NAU.

**Sophomore (2014-15):** Verdi saw limited action for the Cowgirls this season. She was a part of the 400 free relay team in the Denver dual that finished fourth. Against Air Force, Verdi posted a 13th place finish in the 100 yard backstroke, she also was a part of the sixth place 200 medley relay and the fourth place 400 freestyle relay team. She came away with an eighth place finish against New Mexico in the 100 freestyle and a member of the 200 freestyle relay team that finished fifth.

**Freshman (2013-14):** Verdi appeared in four meets during her first season with Wyoming. She saw action for the Cowgirls against Colorado State finishing 10th in the 50 freestyle with a time of 25.39. Also in the same meet she swam a career-best time of 55.91 in the 100 freestyle.

**High School:** Verdi was a four-year letterwinner at Santiago High School in Corona, Calif., and joins the Cowgirls for sprint freestyle. She was All-Conference all four years and team captain her senior year, while also setting the school's 100 freestyle and 200 freestyle relay record. Her junior season, she was awarded the Academic-Athletic Team Award and was a part of the 200 and 400 freestyle relay record teams. As a freshman, Verdi was voted Rookie of the Year for her high school swim team. In the classroom, she was a member of National Honors Society, graduated with Honors with Distinction.

**Personal:** She was born November 11, 1994 in Corona, Calif., and is the daughter of Vinnie and Lori Verdi. She has one sister, Savannah and plans to major in Zoology while at UW. Verdi was also recruited by Idaho, Vermont and Colorado State.



## SAMANTHA ZAVALA



Junior  
Freestyle  
South Pasadena, Calif.  
(South Pasadena HS)

**Sophomore (2015-16):** Zavala opened her sophomore campaign with a second-place finish in the 500 free (5:11.22), in addition to seventh place in the 200 fly with a time of 2:13.12 against New Mexico State. The following day, she took fourth in both the 500 (5:14.97) and the 1,000 free (10:50.66) against New Mexico. Against Colorado State, Zavala took third in the 1,000 free with a mark of 10:53.14, and then placed fifth in the dual with Arizona State with a time of 10:40.05 to help UW claim it's first-ever victory over a Pac-12 opponent.

**Freshman (2014-15):** Against Border War rival Colorado State, Zavala finished fourth in the 200 butterfly with a time of 2:11.12. In the dual against Air Force, Zavala finished fifth in the 200 fly with a time of 2:14.50 and eighth in the 100 fly with a time of 1:00.61. She posted a fifth place finish 200 butterfly against MW rival New Mexico with a final time of 2:13.50 and finished seventh in the 100 butterfly. She finished sixth in the 200 fly against Denver.

**High School:** Zavala swam at South Pasadena High School. She was a two-time CIF finalist in the 400 freestyle relay. She led her team to four straight league championships and was a three-time team captain. Zavala was also the first South swimmer to make the CIF Division I preliminaries. She holds the 200 medley relay record at South Pasadena High School.

**Personal:** Samantha is the daughter of Jose Luis and Xochitl Zavala. Her father ran track at Cal State- LA. She has two siblings, Sabrina and Diego. She was born on August 3, 1996. She is majoring in psychology.



## ABIGAIL ZOROMSKI



Freshman  
Diving  
Wausau Wis.  
(Wausau West HS)

**High School:** Graduate from Wausau West High School... Was a state qualifier in gymnastics level 7-10 and a regional qualifier level eight... Received the Silver & Gold academic honor her freshman year and the Gold & Gold academic honor her sophomore year... Made the honor roll her junior and senior year.

**Personal:** Daughter of Tim and Amy Zoromski... Has one sister, Anna Zoromski... Intends to major in physiology.

# COWBOY ROSTER



Name	Events	Year	Hometown (Previous School)
Ryan Ball	Backstroke/IM	JR	Loveland, Colo. (Loveland HS)
Seth Borgert	IM	FR	Gainesville, Fla. (Gainesville HS)
Colin Brinkman	Freestyle	JR	Commerce Township, Mich. (Detroit Cath. Cent.HS)
Sean Calkins	Backstroke	FR	Las Cruces, N.M. (Jesuit HS)
Tamas Hajtman	Freestyle	FR	Bekescsaba, Hungary (Andrassy Gyula Gimnazium Es Kollegium)
Jacob Harlan	Freestyle	FR	Santa Fe, N.M. (Cibola HS)
Jack Herron	Butterfly/Freestyle	SO	Grass Valley, Calif. (Bear River HS)
AJ Iseman	Backstroke	FR	Denver, Colo. (Rockhurst HS)
Laine Johansen	Breaststroke/IM	SO	College Station, Texas (A&M Consolidated)
Patrick Jones	Backstroke/IM	SR	Loveland, Colo. (Loveland HS)
Liam Metzsch	Freestyle	SO	Hillsboro, Ore. (Century HS)
Kyle Moore	Distance Freestyle	SO	Carlsbad, Calif. (Carlsbad HS)
Scotia Mullin	Diving	FR	Glasgow, Scotland (St. Kevin's College)
David Murphy	Breaststroke/Free	SO	Ellaville, Ga. (Southland Academy)
Wade Nelson	Individual Medley	JR	Huntington Beach, Calif. (Edison HS)
Eric Oleson	Freestyle	JR	Westfield, Ind. (Westfield HS)
Jacob Porter	Butterfly/Freestyle	JR	McMinnville, Ore. (McMinnville HS)
Jacob Rehmeier	Diving	SR	Laramie, Wyo. (Laramie HS)
Gabe Rooker	Breaststroke/Free	SR	Forest Grove, Ore. (LSU)
Ryan Russi	Diving	R-SO	Murrieta, Calif. (Vista Murrieta HS)
Jack Scafuri	Backstroke	FR	Orlando, Fla. (Waukee HS)
Dylan Sether	Butterfly/IM	SR	Bismarck, N.D. (Century HS)
Loren Sether	Breaststroke/IM	SO	Bismarck, N.D. (Century HS)
Slade Sheaffer	Freestyle	JR	Laramie, Wyo. (Laramie HS)
Kyle White	Freestyle	JR	Cheyenne, Wyo. (Central HS)



## Roster Breakdown

**Seniors (4)**-- Patrick Jones, Jacob Rehmeier, Gabe Rooker, Dylan Sether

**Juniors (7)**-- Ryan Ball, Colin Brinkman, Wade Nelson, Eric Oleson, Jacob Porter, Slade Sheaffer, Kyle White

**Sophomores (7)**-- Jack Herron, Laine Johansen, Liam Metzsch, Kyle Moore, David Murphy, Ryan Russi, Loren Sether

**Freshman (7)**-- Seth Borgert, Sean Calkins, Tamas Hajtman, Jacob Harlan, AJ Iseman, Scotia Mullin, Jack Scafuri

## By State

**Wyoming (3)**-- Jacob Rehmeier, Slade Sheaffer, Kyle White

**California (4)**-- Jack Herron, Kyle Moore, Wade Nelson, Ryan Russi,

**Colorado (3)**-- Ryan Ball, AJ Iseman, Patrick Jones

**Florida (2)**-- Seth Borgert, Jack Scafuri

**Georgia (1)** -- David Murphy

**Indiana (1)**-- Eric Oleson

**Michigan (1)**-- Colin Brinkman

**New Mexico (2)**-- Sean Calkins, Jacob Harlan

**North Dakota (2)**-- Dylan Sether, Loren Sether

**Oregon (3)**-- Liam Metzsch, Jacob Porter, Gabe Rooker

**Texas (1)**-- Laine Johansen

**International (2)**-- **Hungary (1)**-- Tamas Hajtman **Scotland (1)**-- Scotia Mullin



The Cowboys finished second at last year's Western Athletic Conference Championships. UW lost its only individual WAC champion but returns WAC Co-Freshman of the year from last season, Jack Herron. The squad consists of 18 returners in all, along with a talented group of seven incoming freshmen.

**Sprint Freestyle:**

Junior Kyle White leads the group of Cowboy sprinters. Fellow returners, sophomores Liam Metzsch and David Murphy and senior Gabriel Rooker round out the group.



breaststroke and second in the 100 breaststroke with a school-record time. Sophomores David Murphy and Loren Sether, along with junior Kyle White add depth to the group.

**Butterfly:**

Returners bring expertise to the butterfly events this season, in hopes of replacing school record-holder George Eglesfield. Junior Jacob Porter placed sixth in the 100 butterfly at last year's WAC Championship. In the 200 fly, junior Wade Nelson placed third, just behind Eglesfield,

while Porter finished sixth.

**Individual Medley:**

Despite graduating Ryan Nelson, his brother, junior Wade Nelson and senior Dylan Sether will ensure that the IM is still a strength for the Cowboys this season. Nelson placed seventh in the 200 IM at last year's WAC Championship, while Sether earned seventh. Both were NCAA "B" times. In the 400 IM, Nelson finished second, just behind his brother, and Sether placed fifth.

**Mid-Distance Freestyle:**

The Cowboys will rely on sophomore Jack Herron for strength in the middle-distance freestyle events. Herron took second in the 500 freestyle at the WAC Championships with a school-record time. He also placed third in the 200 freestyle final. Juniors Jacob Porter and Slade Sheaffer provide depth, while freshmen Jacob Harlan and Seth Borgert will look to make an impact.



**Diving:**

The UW divers bring a great amount of experience back for the 2016-17 season under second-year head diving coach Kyle Bogner. Jacob Rehmeier is the most experienced returner after placing second in the 1-meter at last year's conference championship event. Redshirt sophomore Ryan Russi will contribute to the success of the diving team, along with a talented incoming freshman, Scotia Mullin.

**Relays:**

The Cowboys return a lot of experience in the relay events this season. Senior Gabe Rooker, juniors Wade Nelson and Kyle White, and sophomores David Murphy and Jack Herron all swam successful races at last season's WAC Championships. The 400 medley team set a school record with a fourth-place finish and included Rooker, Nelson and Herron. The 200 freestyle relay team also placed fourth and included White and Murphy.

**Distance Freestyle:**

Distance freestyle will be another strength for Wyoming this season. Junior Eric Oleson is the top returner, along with senior Ryan Ball and sophomore Kyle Moore. Oleson placed ninth in the 1650 freestyle at the WAC Championships last season. Freshmen Seth Borgert and Jacob Harlan also have potential to contribute immediately.

**Backstroke:**

The backstroke event may be the strongest event for the Cowboys this year. A number of returners are back to prove their talent and experience. Ryan Ball was named the WAC Freshman of the Year in 2015 in addition to a well deserved championship victory in the 200 backstroke at the WAC Championships. Last season, he placed fourth in the 200 backstroke, while junior Slade Sheaffer placed sixth.

**Breaststroke:**

Senior Gabe Rooker leads the class of breaststrokers. Rooker placed fourth in the 2016 WAC Championships in the 200





## RYAN BALL

**Junior**  
Backstroke/IM  
Loveland, Colo.  
(Loveland HS)



**Sophomore (2015-16):** Ball opened his sophomore campaign with a victory in the 500 free (4:42.62) against Denver, in addition, he took fourth in the 200 free (1:44.63). He claimed the 800 free (8:31.00) event against LSU, and also brought home two second-place finishes in the 200 back (2:04.09) and the 400 IM (4:29.45). Ball was the highlight of the dual against Air Force, as he had three victories. He won the 1,000 free (9:38.95), the 200 back (1:50.15) and the 200 IM (1:54.27) against the Falcons. Ball won the 200 back at the Purdue Invite and also in the upset over No. 14 Utah. He also placed second in the 1,000 free (9:29.44) and the 400 IM (3:59.65). In a brush-up before the conference meet, Ball took first in the 200 back (1:49.08) and second in the 100 back (50.57) against UNLV. At the 2016 WAC Championships, Ball finished fourth in the 200 back with a time of 1:45.84. He took eighth in the 400 IM (3:57.86) and ninth overall in the 500 free (4:27.58).

**Freshman (2014-15):** Ball had a very impressive first season as a Cowboy. He was named the WAC Freshman of the Year after finishing second in the 200 backstroke at the WAC Championships with the second-fastest time in school history of 1:45.22. He also finished third in the 400 IM with a time of 3:50.33, and fifth in the 1,650 freestyle with a time of 15:29.55 which is a personal-best and the sixth fastest time in school history. He helped the Cowboys defeat UNLV for the first time since 2005 by adding a win in the 200 backstroke with a time of 1:47.80. Ball picked up a win against Denver as he finished with a time of 50.68 in the 100 backstroke. He brought home two victories against Air Force, as he won the 1,000 freestyle at 9:35.65 and the 200 backstroke with a time of 1:49.22.

**High School:** Ball participated in the 2012 US Olympic Trials where he competed in the 200 backstroke placing 68th. Later that year, he finished fourth in 200 backstroke at the USA Swimming Junior Nationals. At Loveland High School, he was named NISCA High School All-America in the 100 backstroke, 100 butterfly and 200 individual medley and 500 freestyle. This past summer, he finished 26th in the 200 backstroke at the US National Championship. Ball placed 24th in 400 individual medley at the US Open Championships in Irvine, Calif. Ryan competed for the Loveland Swim Club under head coach Jim Nickell. He also excelled in the classroom earning Academic All-State.

**Personal:** He is the son of Todd and Susan Ball. He has an older brother, Kevin. His uncle Mike Donovan wrestled for Wyoming. He was born on July 2, 1995. He is undecided on a major at UW.



## SETH BORGERT

**Freshman**  
IM  
Gainesville, Fla.  
(Gainesville HS)



**High School:** Graduated from Gainesville High School... Lettered in swimming all four years... A state runner up in 2014 as well as a two-time All-American... Was an All-American consideration in 2013, 2014 and 2015... Named Alachua County Male Swimmer of the Year in 2014 and 2015... Competed at junior nationals... A three-year member of the honor roll... Vice President of Young Democrats his junior and senior years... Earned Academic All-American honors his sophomore season.

**Personal:** Son of Sam and Becky Borgert... Has on brother, Ben Borgert... Intends to major in economics and finance.



## COLIN BRINKMAN

**Junior**  
Freestyle  
Commerce Township, Mich.  
(Detroit Catholic Central HS)



**Sophomore (2015-16):** Brinkman opened his sophomore season in the dual against Denver. He competed in the 100 free (49.96) and the 200 free (1:47.44) for the Pokes. Brinkman claimed a sixth place finish in the 200 free (1:45.09) in the upset over No. 14 Utah.

**Freshman (2014-15):** Brinkman's rookie season with UW got off to a great start. Competing against Air Force, Brinkman finished eighth in the 200 freestyle with a time of 24.83. He also finished eighth against Denver in October in the 200 freestyle with a mark of 1:49.92 and ninth in the 50 yard butterfly with a time of 25.32. Competing against Denver in January, Brinkman finished sixth in the 1,000 free with a time of 10:39.10. He finished fourth in the 200 freestyle against Colorado School of Mines with a time of 1:49.03.

**High School:** Graduate of Detroit Catholic Central High School. Earned All-State, All-Area and All-Catholic league honors all four years of high school. Served as the team captain during his junior and senior season. Excelled in the classroom earning USA Swimming Scholastic All-America honors.

**Personal:** Son of Martin and Lisa Brinkman. Has three siblings, Annemarie, Joseph and Clare. Annemarie competed in swimming at Hillsdale College and his brother Joseph competes at the University of the Cumberlands. Born on August 13, 1996. Majoring in civil engineering at UW.



## SEAN CALKINS

Freshman  
Backstroke  
Las Cruces, N.M.  
(Jesuit HS)



**High School:** Graduate from Jesuit High School... Lettered all four years of his high school career in swimming... Earned first at State in the 100m backstroke and was given the leadership award his senior season... Competed at Junior Nationals in 2014... Swam at Winter Nationals in 2015... A four-year member of the honor roll as well as the Jesuit Commitment program.

**Personal:** Son of Daniel and Kimberly Calkins... Intends to major in engineering.



## JACOB HARLAN

Freshman  
Freestyle  
Santa Fe, N.M.  
(Cibola HS)



**High School:** Lettered in swimming his junior and senior seasons... Earned All-American honors in the 500m freestyle during his senior campaign.

**Personal:** Son of Jason and Diana Harlan... Has one sister, Janin Harlan, and one brother, Joshua Harlan... His father, Jason, competed in track and field at Oklahoma Christian University... His mother, Diana, played basketball at Abilene Christian University. Intends to major in Pre-Med/Nursing.



## TAMAS HAJTMAN

Freshman  
Freestyle  
Bekescsaba, Hungary  
(Andrassy Gyula Gimnazium Es Kollegium)



**High School:** Graduate from Hadrassy Gyula Gimnazium Es Kollegium... Held multiple Hungarian age group records.

**Personal:** Son of Tamas and Tamasne Hajtman... Intends to major in electrical engineering.



## JACK HERRON

Sophomore  
Butterfly/Freestyle  
Grass Valley, Calif.  
(Bear River HS)



**Freshman (2015-16):** Herron capitalized on a terrific rookie campaign with Wyoming by being named the WAC co-freshmen of the year, sharing the award with Daniil Antipov of Grand Canyon. It was the second-consecutive year UW has taken home freshman of the year honors, as teammate Ryan Ball earned the award a year ago. Herron claimed second place at the WAC Championships in the 500 free with a mark of 4:22.28, in addition to a third place finish in the 200 free (1:36.39). He also took fifth in the 200 fly (1:46.01) at the championships. Herron brought home a victory in the 200 free (1:41.80) against Air Force, and helped UW upset No. 14 Utah by placing third in the 200 free (1:42.82). In the dual against Pac-12 member Arizona State, Herron claimed second place in the 200 fly with a time of 1:50.23, before winning the 200 free (1:38.79) and finishing second in the 500 free (4:34.03) against UNLV.

**High School:** Herron is a talented swimmer who specializes in the butterfly and middle distance freestyle events. Herron was a Junior National qualifier in the 100, 200 and 500 freestyle and the 100 and 200 butterfly.

**Personal:** Herron is a strong student who hopes to study engineering at UW. He is the son of Gary and Betsy Herron.



## AJ ISEMAN

Freshman  
Backstroke  
Denver, Colo.  
(Rockhurst HS)



**High School:** Graduated from Rockhurst High School... Lettered all four years in swimming... Earned three state championship titles in 2014 in the 200m medley relay, 400m free relay and the 100m butterfly... Garnered All-American honors in the 200m medley relay and the 100m butterfly, and broke the state record for the 200m medley relay... Captain of his team his senior season... Qualified for Junior Nationals in the 100m and 200m backstroke in 2015... A four-time member of the Principle's honor roll.

**Personal:** Son of Andy and Shelly Iseman... Has two sisters, Lauren Berg and Katie Iseman... His sister, Lauren, competed in track for four years at Northern Colorado University... His brother-in-law, Patrick Berg, also competed in track and field for four years at Northern Colorado University... Currently undecided on a major.



## LAINÉ JOHANSEN

Sophomore  
Breaststroke/IM  
College Station, Texas  
(A&M Consolidated)



**Freshman (2015-16):** Johansen saw action in a number of different meets for the Cowboys this season. He competed for UW against Denver in the 50 breast (28.38) and the 200 breast (2:16.96). He finished ninth against Air Force in the 200 IM (2:04.42), and seventh in the 100 breast against No. 14 Utah.

**High School:** Johansen is a breastroker and individual medley swimmer from College Station, Texas. This past season he was a First Team All-State performer. He competed this past spring at the NCSA Junior Nationals in the 100 and 200 breaststrokes and the 200 individual medley.

**Personal:** He is the son of Sigurd and Cynthia Johansen. He is a three-time USA Swimming Academic All-American, as well as a two-time Texas All --State Academic honoree. Sigurd has also been on the National Honor Society the past two years.



## PATRICK JONES

Senior  
Backstroke/IM  
Loveland, Colo.  
(Loveland HS)



**Junior (2015-16):** Jones opened his junior season competing in the 50 (25.14) and 200 back (1:55.68) for UW against Denver. In the dual with LSU, Jones took fourth in the 200 back with a time of 2:07.24, he then followed that with a third place finish against Air Force with a mark of 1:54.30. He placed fifth in the 200 back (1:53.81) against No. 14 Utah and sixth in the 100 back (52.46), and also took fifth in the 200 back (1:54.56) against Pac-12 member Arizona State. As a final tune-up for the conference meet, Jones swam a 1:52.81 in the 200 back and a 1:56.72 in the 200 IM against UNLV. At the WAC Championships, he competed in the 100 back, 200 back, 200 IM and 400 IM. He recorded times of 1:50.01 in the 200 IM, 1:49.43 in the 200 back and 51.27 in the 100 back.

**Sophomore (2014-15):** Jones' sophomore season was another exciting one for Wyoming, as he began bringing home the victory in the 200 backstroke in the Colorado Mesa Invite with a time of 1:50.75. Against Denver, Jones finished fifth in the 200 backstroke with a time of 1:56.07 and eighth in the 50 backstroke with a mark of 25.70. He finished sixth in the 100 backstroke against Air Force and was a member of the fifth place 400 freestyle relay team. At the WAC Championships, Jones finished 10th in the 200 backstroke with a time of 1:48.58 and 10th as well in the 400 IM with a time of 3:56.76. Jones was named to the All-WAC Academic Team.

**Freshman (2013-14):** Jones made an immediate impact for the Cowboys in his freshman season. He earned All-Western Athletic Conference honors in the in both the 200 and 400 individual medley. He finished eighth in the 400 individual medley at the WAC Championship with a career-best time of 3:57.61. He also finished eighth in the 200 individual medley at the WAC Championship with a mark of 1:57.97, as he swam a career-best 1:50.13 in the preliminaries. Jones also scored points for UW at the WAC Championships in the 200 backstroke with a time of 1:47.98 finishing in 10th place. He appeared in eight meets in his rookie campaign with the Pokes. He was also named to the Academic All-WAC Team.

**High School:** Jones joins Wyoming as a backstroke and individual medley swimmer from Loveland High School in Loveland, Colo. He lettered in swimming and was named All-Conference all four years of high school. As a senior team captain, he was named All-American after earning a fourth- place state finish, while also being an individual conference champion. Jones was also All-American his junior year after a third-place finish at state. An excellent student in the classroom, Jones was on the honor roll while also being an AP Scholar.

**Personal:** Jones was born on Sept. 19, 1994 in Fort Collins. He is the son of Steve and Linda Jones. He has three siblings, Dan, Krista and Carol. Dan and Krista swam for the University of Wyoming. Jones was also recruited by Yale, Columbia and Minnesota. He is undecided on a major.



## LIAM METZSCH

Sophomore  
Freestyle  
Hillsboro, Ore.  
(Century HS)



**Freshman (2015-16):** Metzsch saw action in a number of meets for UW during his freshman season. He placed sixth against Denver in the 50 back (24.57), just before a second and third place finish in the 50 (23.59) and 100 (53.10) free against LSU. Metzsch claimed an 11th place finish in the 50 free at the Purdue Invite, and followed with a fourth place finish in the 100 free in the upset over No. 14 Utah. At the 2016 WAC Championships, Metzsch finished 19th overall in the 200 free with a time of 1:41.23.

**High School:** Metzsch continues the Oregon, Wyoming connection, as he joins the team hailing from Hillsboro, Oregon. Liam swims for Tualatin Hill Swim Club in Beaverton, Oregon. He had a great senior year winning state championships in the 50 freestyle and 100 freestyle at the 2015 Oregon High School State Championships for Century High School. As a team, Metzsch helped Century High School finish tied for 13th. He was a member of National Honor Society and is a Scholastic All-American.

**Personal:** Liam plans on studying kinesiology/pre-med, as he would like to be a physical therapist. Liam's parents are Jane and Pete, Liam has a younger sister Sara and an older brother Scott.



## SCOTIA MULLIN

Freshman  
Diving  
Glasgow, Scotland  
(St. Kevin's College)



**High School:** Graduated from St. Kevin's College in Melbourne, Australia... Competed in the 2012 World Junior Diving Championships... Earned a bronze medal at the Australian youth Olympic festival... Competed at the international youth diving meet.

**Personal:** Son of Robert Mullin and Margaret Palmer... Has one sibling, Robbie... Intends to major in secondary education.



## DAVID MURPHY

Sophomore  
Breaststroke/Freestyle/IM  
Ellaville, Ga.  
(Southland Academy)



**Freshman (2015-16):** Murphy concluded his freshman season competing in a number of events at the 2016 MW Championships. In the 50 free final at the championships, Murphy took 14th overall with a time of 20.36. Additionally, he was a member of the fourth place 200 freestyle team at the championships. Murphy place fifth in the 100 free (47.96) in his first collegiate meet against Denver. He then followed that with three top-five finishes against LSU. He recorded a 30.06 in the 50 breast, a 1:07.49 in the 100 breast and a 24.10 in the 50 free for UW. Murphy was a key part of the upset over No. 14 Utah as he took third in the 50 free with a time of 21.31, and finished fourth (21.61) in the same event against Pac-12 opponent Arizona State. He also took fifth in the 50 free (21.45) and fourth in the 100 free (46.27).

**High School:** David swims for Americus Blue Tide Aquatics. He was a four-time letter winner and three-time captain at Southland High School. During his junior season, he was a state champion in the 100 freestyle, 200 freestyle, 100 breaststroke, along with relay champions in the 200 medley relay and 200 freestyle relay. On top of that, during his junior year his team won the Georgia Independent School Association team title. Along the way he set state records in the 100 freestyle and 100 breaststroke and with his teammates he set a relay record in the 200 freestyle relay. During his senior season he also re-broke his own records in the 50 freestyle, 100 freestyle and 100 breaststroke leading his team to their second consecutive state title. He was a four-time Honor Roll member, a USA Swimming Scholastic All American, Beta Club member during his junior and senior year and also the winner of the Biology award and Geography award.

**Personal:** He is the son of David and Laura Murphy and has one younger sister Allie.



## KYLE MOORE

Sophomore  
Distance Freestyle  
Carlsbad, Calif.  
(Carlsbad HS)



**Freshman (2015-16):** Moore opened his freshman campaign with a third place finish in the dual with Denver. He placed third in the 1,000 free touching the pads in 9:55.20 for the Pokes. A few weeks later into the season he took fourth in the same event against Air Force with a 9:54.86. Against No. 14 Utah, Moore competed in the 500 and 1,000 free. He placed fifth in the 1,000 (9:52.47) and eighth in the 500 (4:51.99). He swam a 9:47.17 in the 1,000 free against Pac-12 member Arizona State, just before claiming a second place finish in the event against UNLV with a mark of 9:42.84.

**High School:** Kyle is relatively new to the sport of swimming and shown a great amount of improvement qualifying for USA Swimming Junior Nationals this past summer. He has helped lead Carlsbad High School to back-to-back section championships during sophomore and junior seasons. On the club side, he swims for North Coast Aquatics and coach Jeff Pease, where he also trains with Cowgirl junior Lauren McClure.

**Personal:** Kyle is the son of Gene and Sharon Moore and has one younger sister, Danielle. He plans to major in secondary education at UW.



## WADE NELSON

**Junior**  
**Individual Medley**  
**Huntington Beach, Calif.**  
**(Edison HS)**



**Sophomore (2015-16):** Nelson had a terrific sophomore season for Wyoming, as he competed in a number of meets throughout the year. He was named All-WAC in the 200 IM, 200 fly and 400 IM. At the WAC Championships, Nelson had a time of 3:47.53 and came in second behind his brother, Ryan in the 400 IM. He also placed third in the 200 fly with a mark of 1:45.10, and fifth in the 200 IM (1:47.29). He was also a member of the all-conference 200 and 400 medley relay teams. Nelson took second in the both the 200 breast (2:08.34) and the 50 fly (23.15) to begin the season against Denver. At the Purdue Invite, he claimed third place in the 200 fly (1:48.15) and took second against No. 14 Utah in the 100 fly (51.10). He also brought home two third-place finishes against Arizona State, as he recorded a 50.94 in the 100 back and a 4:00.31 in the 400 IM.

**Freshman (2014-15):** At the WAC Championships, Nelson finished sixth in the 200 butterfly with a time of 1:48.21. It was a top-10 time in Wyoming history. He also finished fifth in the 400 IM with a time of 3:52.82, and seventh in the 200 IM with a time of 1:49.73. Nelson took home two wins against Colorado School of Mines in the 200 breaststroke with a time of 2:10.92 and the 400 IM at 4:14.68.

**High School:** Graduate of Edison High School. Nelson competed for the Golden West Swim Club and was coached by former US National Team Director Mark Schubert. He competed in USA Swimming's Junior National Championships in the 200 Butterfly, the 200 Breaststroke and in the 400 individual medley. As a senior at Edison High School he finished third in the state in the 100 butterfly. He was named MVP his senior season and was inducted into the Edison High School Hall of Fame. Nelson was named an NISCA All-American in the 100 butterfly. Also excelled in the classroom as an Academic All-America selection. Also recruited by Utah, Denver and George Washington.

**Personal:** Wade is the son of Tim and Irva Nelson. Wade has an older brother, Ryan who is currently a junior at Wyoming. He also has two young brothers, Zach and Dylan. He was born on June 20, 1996. He is majoring in Physiology/pre-med at UW.



## ERIC OLESON

**Junior**  
**Individual Medley**  
**Westfield, Ind.**  
**(Westfield HS)**



**Sophomore (2015-16):** Oleson opened his sophomore campaign with a second-place finish in the 1,000 free (9:51.26) and a third-place finish in the 500 free (4:48.22). Against LSU, he took second in the 800 free with a time of 8:42.10, and sixth place in the 1,650 free (15:50.89) at the Purdue Invite. Oleson was a key member of the meet against No. 14 Utah, as he took fourth in the 1,000 free (9:46.73) and third in the 500 free (4:42.97). He then took fourth in both the 500 and 1,000 free against Pac-12 member Arizona State. As the final tune-up before the WAC Championships, Oleson claimed victories in the 500 (4:33.74) and 1,000 free (9:32.85) against UNLV. At the championships, Oleson finished ninth overall in the 1,650 free (15:51.29), 11th in the 500 free (4:29.51) and 12th overall in the 400 IM (3:58.20).

**Freshman (2014-15):** Oleson's freshman season was very exciting as he won the 500 freestyle by 27 seconds with a time of 4:47.09 against Colorado School of Mines. At the Colorado Mesa Invite, he finished sixth in the 1,650 freestyle with a time of 16:18.81, and against Denver he also placed sixth in the 500 freestyle with a time of 4:50.16 as well as a fourth-place finish in the 1,650 with a final mark of 16:35.92. He came away with another fourth-place finish against Air Force in the 500 freestyle with a final time of 4:48.13 and also a fifth-place finish in the 1,000 freestyle. At the WAC Championships, Oleson finished 10th in the 1,650 freestyle with a time of 15:52.92.

**High School:** Graduate of Westfield High School. Oleson competed for Viper Aquatics and has been coached by Kyle Messmore. Under Messmore's direction, Eric has had a great success in the water. Oleson was a junior national qualifier in the 500 freestyle and 200 freestyle. He was an Indiana High School state finalist in 200 and 500 freestyle. He earned Westfield High School Swimming MVP honors as team captain.

**Personal:** He is the son of Dan and Karen Oleson. Eric has one younger sister, Emma and one older brother, Evan, who is currently a senior on the Wyoming swimming and diving team.



## JACOB PORTER

**Junior**  
Butterfly/Freestyle  
McMinnville, Ore.  
(McMinnville HS)



**Sophomore (2015-16):** Porter once again had a successful season wearing the brown and gold. He was named all-conference in the 100 and 200 fly, as he placed sixth (48.13) in the 100 fly at the WAC Championships. He also finished sixth in the 200 fly with a time of 1:47.04. Additionally, Porter took 16th overall (4:34.75) in the 500 free at the championships. Porter brought home two fifth-place finishes in the dual against LSU. He recorded times of 1:57.42 in the 200 free and a 25.80 in the 50 fly. He then claimed eighth in the 200 fly at the Purdue Invite with a mark of 1:51.58, and third place in the 100 fly (51.53) to help UW upset No. 14 Utah.

**Freshman (2014-15):** Porter competed in a number of events for the Cowboys during his junior season. He came away with a victory at the Colorado Mesa Invite by winning the 200 butterfly with a mark of 1:51.95. He finished fifth in the 200 butterfly in the dual with Denver, and also finished fourth in the 1-meter diving event with a tally of 258.83. He finished fourth in the 100 butterfly, third in the 200 butterfly with a season-best time of 1:56.81 against Air Force and was also a member of the fourth place 400 freestyle relay team. Against UC Santa Barbara, Porter claimed fifth in the 100 butterfly with a mark of 51.50 and seventh in the 200 freestyle with a time of 1:43.53. Porter was named to the ALL-WAC Academic Team.

**High School:** Graduate of McMinnville High School. Holds two school records at McMinnville High School. Placed fifth in the state meet in his junior and senior season. Participated in the Summer Junior Nationals. Also excelled in the classroom as an Academic All-American.

**Personal:** Son of Robert and Margy Porter. Has two siblings, Katie and Rosie. His sister Katie swam for four season at Pacific University. Born on July 1, 1995. Majoring in engineering at UW.



## JACOB REHMEIER

**Junior**  
Diving  
Laramie, Wyo.  
(Laramie HS)



**Junior (2015-16):** Rehmeier closed out his junior season at the lone Cowboy to compete in the NCAA Zone Championships. In the 3-meter event at Zones, he just missed on advancing to the final, as he took 19th with a prelim score of 297.60. He also took part in the platform event at Zones and scored 246.70 during prelims for the Pokes and finished in 19th place. Additionally, Rehmeier placed seventh at the WAC Championships to earn all-conference honors. He had a score of 241.00 at the championships.

**Sophomore (2014-15):** Rehmeier had an impressive season for the Cowboys as a sophomore. He was named the Diver of the Meet at the Wyoming Diving Invite, after winning both the 1-meter and 3-meter springboards. He took home the 1-meter title with a score of 224.15 and the 3-meter title with 229.40. Rehmeier won both boards against Cal Poly with a score of 231.60 in the 1-meter springboard and 270.75 in the 3-meter. At the WAC Championships, Rehmeier finished seventh on the platform with a score of 253.25 and ninth in the 1-meter diving finals with a score of 292.50.

**Freshman (2013-14):** Rehmeier turned in an outstanding freshman season with the Pokes qualifying for the NCAA Zone "E" Diving Championships, as well as earning All-Western Athletic Conference honors. Rehmeier earned a third-place finish and First Team All-WAC honors on the 3-meter springboard with a career-best tally of 317.65. He followed that performance up by scoring big points for the Pokes finishing fourth on the 1-meter event on his way to a Second Team All-WAC performance with a score of 298.75. He recorded a career-best tally of 253.70 in the platform event at the WAC Championships. He competed in all three boards at the NCAA Zone "E" Diving Championships for the Cowboys.

**High School:** As a member of the Laramie High School diving team, Rehmeier won a conference and state title his senior season. As a junior, he finished third in conference and fifth at state. As a sophomore finished 14th in the state meet.

**Personal:** He is the son of Kenneth and Laura Rehmeier. He was born on June 5, 1995 in Laramie. At UW, Rehmeier plans to major in physics.



## GABE ROOKER

**Senior**  
Breaststroke  
Forest Grove, Ore.  
(Louisiana State University)



**Junior (2015-16):** Rooker had a very successful first season with Wyoming. He ended his junior season as the UW record holder in the 100 breast (53.17), and additionally was named All-WAC in the 100 and 200 breast. At the WAC Championships, Rooker placed second in the 100 breast (53.17) and fourth in the 200 breast (1:57.77). He also was a part of both the 200 and 400 medley relay team at the championships. He won the 50 breast in his first meet as a Poke against Denver with a time of 25.90, before he placed second in the 100 breast (54.45) at the Purdue Invite. Rooker was a key member that helped UW upset No. 14 Utah in early December. He won both the 100 (54.68) and 200 breast (2:02.05). He also won both the 100 (54.52) and 200 breast (2:00.13) events against Pac-12 member Arizona State and against UNLV as well. He had times of 54.49 and 1:59.53 in the 100 and 200 breast, respectively, against the Rebels.

**Prior to UW:** Rooker transferred to the University of Wyoming from Louisiana State University. He earned two varsity letters and competed for the Tigers in the SEC Championships twice. Rooker was named to the All-SEC Freshman Team after finishing as the highest ranked freshman in the 100 breaststroke at the SEC Championships. He finished 16th overall in the 200 breaststroke at the Championships as a sophomore.

**Personal:** Rooker was born March 30, 1994 in Forest Grove, Ore. He is the son of Greg and Vandie Rooker and four siblings, Daniel, Jonathan, Sharon and Prudence.



## RYAN RUSSI

Redshirt-Sophomore  
Diving  
Laramie, Wyo.  
(Laramie HS)



**Sophomore (2015-16):** Redshirted.

**Freshman (2014-15):** Finished off a great freshman season at the WAC Championships where he led the way for the Pokes by placing third on the platform with a career-best 285.60, which was third best in school history. At the Wyoming Diving Invite, Russi took second in the 1-meter springboard with a score of 221.50 and also finished second on the 3-meter with a total tally of 208.50. He finished both boards behind teammate Jacob Rehmeier. Russi finished second against Denver in the 1-meter springboard with a score of 285.22, while earlier in the year competing against Denver, Russi, again finished first on the 1-meter springboard with a score of 275.63.

**High School:** Russi is a graduate of Vista Murrieta High School. He was a CIF DII champion and consistently finished strong at the USA Diving Age Group Nationals. He also earned AAU All-American at the AAU National Championships in 2011, 2012 and 2013. Russi was the captain of Turn'n'Burn Diving club, as well as his high school team. He also excelled in the classroom with a 3.8 GPA at Vista Murrieta High School. Ryan is a former USA Gymnastics High School Academic All-America, as well as a Life Scout for the Boy Scouts of America.

**Personal:** He is the son of Emilio and Patty Russi. He was born on June 5, 1996. Majoring in nursing at UW.



## JACK SCAFURI

Freshman  
Backstroke  
Orlando, Fla.  
(Waukee HS)



**High School:** Graduated from Waukee High School... Lettered in swimming freshman and sophomore year... Also received First Team All-State freshman and sophomore year... Received scholastic All-American for USA swimming... Competed at the Futures, NCSA, and Sectionals meets.

**Personal:** Son of Jason and Anne Scafuri... Has one brother, Adam Scafuri. His grandpa, Rick Hendryx, played football at the University of Iowa... Intends to major in energy resources.



## DYLAN SETHER

Senior  
Butterfly/IM  
Bismarck, N.D.  
(Century HS)



**Junior (2015-16):** Sether completed his junior season by earning All-WAC honors in the 200 and 400 IM for Wyoming. At the WAC Championships, he took fifth in the 400 IM (3:52.36) and seventh place in the 200 IM (1:48.15). Additionally, Sether finished ninth in the 200 fly with a mark of 1:48.41. In the dual with LSU, Sether came away with three top-five finishes for the Pokes. He took third in the 100 IM (58.76), fourth in the 200 IM (2:10.61) and fifth in the 200 fly (2:09.66). He then placed fifth in the 200 IM in the upset over No. 14 Utah before taking fourth in the 200 fly (1:55.50) against Pac-12 member Arizona State.

**Sophomore (2014-15):** Sether competed in numerous duals for the Cowboys as a sophomore. In the Colorado Mesa Invite, Sether finished third in the 200 yard butterfly and in the dual against Denver he finished seventh in the 200 breaststroke with a time of 2:13.16 and eighth in the 400 IM. Against Air Force, Sether placed eighth in the 1,000 freestyle and seventh in the 100 butterfly. At the WAC Championships, Sether finished 10th in the 200 butterfly finals with a time of 1:48.87.

**Freshman (2013-14):** Sether competed in four events in his first season with the Pokes.

**High School:** Sether joins the Cowboys from Century High School in Bismarck, N.D. Sether was named North Dakota Swimming and Diving Powerade Senior Athlete of the Year in 2012-13. He won three-consecutive 200 freestyle state championships. He is the North Dakota state record holder in the 200 freestyle and 100 butterfly. Also won a state championship during his junior and senior seasons in the 100 butterfly. He was part of the 200 freestyle medley relay team that owns a state record after winning the state championship his senior season. He was team MVP all-four years at Century High School.

**Personal:** Sether was born on Feb. 28, 1995. He is the son of Bradley and Tara and has two brothers Levi and Loren and one sister Tess. He plans on majoring in chemical engineering at UW. Also recruited by Missouri S&T.



## LOREN SETHER

Sophomore  
Breaststroke/IM  
Bismarck, N.D.  
(Century HS)



**Freshman (2015-16):** Sether competed well in his rookie season for Wyoming. With a time of 56.75, he finished 16th overall in the 100 breast at the WAC Championships, in addition to placing 12th in the 200 breast (2:02.26). In November, Sether took fifth place in the 200 breast against Air Force with a time of 2:08.03. He then placed tenth in the same event at the Purdue Invite (2:04.09). He helped UW upset No. 14 Utah with a fifth-place finish in the 200 breast (2:07.21), just before taking second against Pac-12 member Arizona State (2:05.54).

**High School:** Sether joins the Cowboys after a very successful high school career at Century high school in Bismarck, N.D. As a senior, he broke his own record in the 200 IM at the state championships. He finished with a 1:53.81 to claim the record. Sether was also a part of the record setting 400 free relay team at the state championships.

**Personal:** He is the son of Bradley and Tara and has two brothers Levi and Dylan and one sister Tess.



## SLADE SHAEFFER

Junior  
Freestyle  
Laramie, Wyo.  
(Laramie HS)



**Sophomore (2015-16):** Sheaffer ended his sophomore campaign with a strong showing at the 2016 WAC Championships. He earned All-WAC honors in the 200 back after placing sixth with a time of 1:46.97. He was also a member of the third-place 800 free relay team at the championships. Sheaffer opened the season with a second-place finish in the 200 free (1:42.14) and fourth-place mark (1:54.62) against Denver. He then won the 200 free against LSU with a time of 1:53.89. He also brought home the 200 free victory in the upset over No. 14 Utah in early December, before taking third (1:41.37) and fifth (4:41.78) in the 500 free against Pac-12 member Arizona State. As a final tune-up before the conference meet, Sheaffer claimed second (1:40.51) in the 200 free and fourth (1:52.29) in the 200 back against UNLV.

**Freshman (2014-15):** As a freshman, Sheaffer competed in a number of events for the Cowboys. At the Colorado Mesa Invite, he came away with a fourth-place finish in the 200 backstroke with a time of 1:54.84. Against Denver, he finished seventh in the 50 backstroke with a final mark of 25.01, and during the dual with Air Force, he finished sixth in the 200 freestyle with a time of 1:45.77.

**High School:** Graduate of Laramie High School. He was a state champion in the 100 backstroke. He was also an All-State performer leading his team to a Southern Wyoming Athletic conference championship. He helped lead the Plainsman to a third-place finish at the state championship. He is the LHS school record holder in the 200 freestyle, 100 backstroke. Also was a four-year letter winner in golf. Also excelled in the classroom as a member of National Honor Society. He was also a member of Spanish Honor Society and served on the student council.

**Personal:** He is the son of Brad and Jennifer Sheaffer. He was born on August 17, 1995. He is majoring in civil engineering.



## KYLE WHITE

Junior  
Freestyle  
Cheyenne, Wyo.  
(Central HS)



**Freshman (2014-15):** White saw limited action for the Cowboys during his freshman season. He provided an impressive performance against Cal Poly by winning the 50 free with a time of 21.23. White won two events against Colorado School of Mines, with wins in the 100 breaststroke at 59.33 and the 50 free at 21.46, he was also a part of the 200 free relay team that won with a time of 1:23.88. At the WAC Championships, White finished seventh in the 100 breaststroke with a mark of 55.28, tenth in the 100 free with a time of 44.34 and 13th in the 50 free with a final time of 20.47.

**High School:** Graduate of Cheyenne Central High School where he swam for UW Hall of Famer Mark Miller. White was an All-American in the 50, 100 and 200 freestyle during his high school career. He was named Co-Athlete of the state championship after leading his team to a team title, as he won the 50 and 100 freestyle. During his senior season he earned All-State honors in the 200 and 500 freestyle. During his sophomore season White earned All-State in the 100 breast and 200 individual medley. He was also recruited by North Carolina State, Minnesota, UNLV, Arizona, Penn State and Stanford.

**Personal:** Son of Andy and Cathy White. Born on February 2, 1996. Plans on majoring in chemical engineering.

## COWBOYS' TOP 10

Highlighted Lettering Indicates Record Broken Or Set During 2015-16 Season

50 Freestyle	Time	Year
1. Adam Kalms	:19.96	2014
<b>2. Adam Kalms</b>	<b>:20.17</b>	<b>2014</b>
3. Adam Kalms	:20.27	2013
4. Ben Walker	:20.33	1995
<b>5. Adam Kalms</b>	<b>:20.35</b>	<b>2014</b>
6. Jeff Frey	:20.36	2013
Ben Walker	:20.36	1997
8. Bryce Carter	:20.38	2014
Jeff Frey	:20.38	2014
<b>Adam Kalms</b>	<b>:20.38</b>	<b>2014</b>

100 Freestyle	Time	Year
1. Adam Kalms	:43.05	2014
2. Adam Kalms	:43.13	2013
3. Adam Kalms	:43.21	2013
<b>4. Adam Kalms</b>	<b>:43.23</b>	<b>2015</b>
5. Adam Kalms	:43.38	2013
6. Adam Kalms	:43.46	2014
<b>7. Adam Kalms</b>	<b>:43.53</b>	<b>2014</b>
<b>8. Adam Kalms</b>	<b>:43.54</b>	<b>2014</b>
<b>9. Adam Kalms</b>	<b>:43.62</b>	<b>2014</b>
10. Adam Kalms	:43.72	2014

200 Freestyle	Time	Year
1. Adam Kalms	1:33.74	2014
2. Adam Kalms	1:33.98	2014
<b>3. Adam Kalms</b>	<b>1:34.39</b>	<b>2015</b>
4. Adam Kalms	1:34.40	2013
5. Adam Kalms	1:34.52	2013
6. Adam Kalms	1:34.64	2014
7. Adam Kalms	1:34.83	2014
8. Adam Kalms	1:34.85	2013
9. Ethan Griffel	1:35.23	2013
10. Adam Kalms	1:35.24	2014

500 Freestyle	Time	Year
1. Ryan Nelson	4:22.69	2014
2. J. Chudleigh	4:23.68	2003
3. Ethan Griffel	4:24.47	2012
4. Ryan Nelson	4:24.84	2014
5. Ryan Nelson	4:25.32	2014
<b>6. Ryan Nelson</b>	<b>4:25.31</b>	<b>2015</b>
7. Ethan Griffel	4:25.38	2013
8. Henry Holmberg	4:25.39	2005
9. Ethan Griffel	4:25.43	2012
10. Ethan Griffel	4:25.67	2014

1000 Freestyle	Time	Year
1. Ryan Nelson	9:13.60	2013
2. Kevin Waller	9:20.48	2013
3. Henry Holmberg	9:20.78	2005
4. Ryan Nelson	9:21.21	2014
5. Lynn Stetson	9:21.30	1982
6. Henry Holmberg	9:22.18	2006
7. Robbie Hilton	9:23.23	2010
8. Henry Holmberg	9:23.51	2005
9. Ryan Nelson	9:24.51	2013
10. Kevin Waller	9:25.11	2013

1650 Freestyle	Time	Year
1. Ryan Nelson	15:16.77	2013
<b>2. Ryan Nelson</b>	<b>15:20.49</b>	<b>2015</b>
3. Lynn Stetson	15:23.30	1982
4. Ryan Nelson	15:23.30	2014
5. Kevin Waller	15:26.55	2013
6. Henry Holmberg	15:27.62	2005
5. Robbie Hilton	15:30.79	2010
6. Kyle Wemhoff	15:34.46	2009

<b>7. Ryan Ball</b>	<b>15:29.15</b>	<b>2015</b>
8. Robbie Hilton	15:29.15	2015
9. Ryan Nelson	15:30.79	2013
10. Robbie Hilton	15:33.85	2009
7. Damian Storz	15:37.26	2002
8. Sam Holmes	15:38.12	2010
9. Brett Henehan	15:38.85	2009
10. Jayce Calhoon	15:38.90	2011

100 Backstroke	Time	Year
1. Adam Kalms	:47.75	2014
2. Marshall Dilworth	:47.98	2012
3. Marshall Dilworth	:47.33	2009
4. Marshall Dilworth	:48.42	2012
5. Marshall Dilworth	:48.51	2012
6. Marshall Dilworth	:48.56	2012
7. Adam Kalms	:48.60	2012
8. Marshall Dilworth	:48.64	2011
9. Adam Kalms	:48.72	2013
10. Marshall Dilworth	:48.74	2009

200 Backstroke	Time	Year
1. Jayce Calhoon	1:44.48	2014
2. Jayce Calhoon	1:44.48	2014
<b>3. Ryan Ball</b>	<b>1:45.22</b>	<b>2015</b>
<b>4. Ryan Ball</b>	<b>1:45.34</b>	<b>2015</b>
5. Jayce Calhoon	1:46.01	2013
6. Jayce Calhoon	1:46.30	2013
7. Jayce Calhoon	1:46.47	2012
8. Carl Marais	1:46.63	2005
9. Jayce Calhoon	1:46.79	2012
10. Marshall Dilworth	1:46.84	2011

100 Breaststroke	Time	Year
1. Scott Usher	:53.75	2004
2. Scott Usher	:53.77	2005
3. Kyle Scalise	:54.03	2014
4. Scott Usher	:54.11	2014
5. Brandon Fischer	:54.13	2011
6. Scott Usher	:54.19	2003
Brandon Fischer	:54.19	2011
8. Nate Ladner	:54.20	2011
9. Scott Usher	:54.23	2004
10. Scott Usher	:54.24	2003
Scott Usher	:54.24	2005

200 Breaststroke	Time	Year
1. Scott Usher	1:55.33	2005
2. Brandon Fischer	1:55.75	2011
3. Brandon Fischer	1:56.54	2011
4. Scott Usher	1:56.60	2003
5. Scott Usher	1:56.69	2004
6. Scott Usher	1:56.82	2005
7. Scott Usher	1:57.05	2003
8. Scott Usher	1:57.28	2005
Brandon Fischer	1:57.28	2011
10. Scott Usher	1:57.51	2005
Brandon Fischer	1:57.51	2010

100 Butterfly	Time	Year
1. Matt Urich	:47.65	2008
2. Matt Urich	:47.80	2008
3. George Eglesfield	:47.81	2014
4. Matt Urich	:47.82	2009
5. Gene Birks	:48.04	2004
<b>6. George Eglesfield</b>	<b>:48.08</b>	<b>2015</b>
<b>7. George Eglesfield</b>	<b>:48.16</b>	<b>2015</b>
<b>8. George Eglesfield</b>	<b>:48.19</b>	<b>2014</b>
9. George Eglesfield	:48.27	2014
Gene Birks	:48.27	2005

200 Butterfly	Time	Year
1. George Eglesfield	1:45.22	2014
2. Ryan Nelson	1:46.26	2014
3. George Eglesfield	1:46.54	2009
4. Tyler Kybartas	1:46.60	2009
5. Ryan Nelson	1:46.69	2014
6. Matt Urich	1:46.72	2008
<b>7. George Eglesfield</b>	<b>1:46.98</b>	<b>2015</b>
8. Ron Fogel	1:47.10	2005
9. Ryan Nelson	1:47.19	2013
10. Ron Fogel	1:47.36	2007

200 Ind. Medley	Time	Year
1. Adam Kalms	1:45.14	2014
2. Adam Kalms	1:45.86	2013
3. Adam Kalms	1:46.00	2014
4. Adam Kalms	1:46.10	2013
5. Adam Kalms	1:46.77	2013
<b>6. Adam Kalms</b>	<b>1:46.91</b>	<b>2015</b>
7. Adam Kalms	1:47.35	2014
8. Mark Miller	1:47.38	1988
9. Adam Kalms	1:47.69	2012
10. Brandon Fischer	1:47.91	2012

400 Ind. Medley	Time	Year
1. Ryan Nelson	3:45.20	2014
2. Ryan Nelson	3:47.23	2013
<b>3. Ryan Nelson</b>	<b>3:47.63</b>	<b>2015</b>
4. Ryan Nelson	3:48.21	2014
<b>5. Ryan Nelson</b>	<b>3:49.19</b>	<b>2014</b>
6. Ryan Nelson	3:49.25	2013
<b>7. Ryan Ball</b>	<b>3:49.54</b>	<b>2015</b>
8. Jordan Turner	3:49.99	2014
<b>9. Ryan Nelson</b>	<b>3:50.16</b>	<b>2015</b>
10. Ryan Nelson	3:50.49	2013

1-M Diving (6)	Score	Year
1. Kyle Bogner	403.20	2011
2. Mark Murdock	374.55	2011
3. Andy Welsh	356.30	1985
4. Derek Campbell	343.75	2013-14
5. Scott Anthony	332.50	1985

3-M Diving (6)	Score	Year
1. Mark Murdock	414.45	2011
2. Derek Campbell	379.65	2013-14
2. Andy Welsh	374.10	1985
3. Kyle Bogner	371.03	2011

Platform Diving (6)	Score	Year
1. Mark Murdock	427.90	2010
2. John Lynch	309.05	2007
3. Kevin Bretting	284.10	2007
4. Tyler Miller	282.45	2009

Relays	Time	Year
<b>200 Medley</b>	<b>1:27.84</b>	<b>2015</b>
(A. Kalms, K. Scalise, G. Eglesfield, B. Carter)		
400 Medley	3:13.32	2014
(Kalms, Scalise, Eglesfield, Griffel))		
200 Freestyle	1:19.55	2014
(Kalms, Carter, Frey, O'Leary)		
400 Freestyle	2:55.84	2014
(Kalms, Griffel, Carter, Frey)		
800 Freestyle	6:24.21	2014
(Kalms, O'Leary, Nelson, Griffel)		



**COWGIRLS' TOP 10**

Bold Lettering Indicates Record Broken Or Set During 2015-16 Season

50 Freestyle	Time	Year
1.Cassie Stelow	22.45	2010
2. Kelsey Conci	:22.69	2011
3.Emily Ridout	:22.73	2014
4.Morgan Hartigan	:22.74	2014
5.Shelby Bull	:22.89	2011
6.Makenzie Hewson	:23.18	2010
7. Danielle Badger	:23.31	2014
8. M. McDonough	:23.38	2013
8. Emily Stucky	:23.50	2013
9. Jody Riskowski	:23.61	2003

100 Freestyle	Time	Year
1. Morgan Hartigan	:48.77	2014
2. Kelsey Conci	:49.51	2011
3. Shelby Bull	:49.97	2011
<b>4.Emily Ridout</b>	<b>:50.03</b>	<b>2015</b>
5. Emily Stucky	:50.36	2013
6. Cassie Stelow	:50.50	2010
7. M. McDonough	:50.84	2013
<b>8. Danielle Badger</b>	<b>:51.08</b>	<b>2015</b>
<b>9. Claudia Carlson</b>	<b>:51.27</b>	<b>2014</b>
10. Makenzie Hewson	:51.37	2012

200 Freestyle	Time	Year
1. Jordan Denny	1:47.21	2014
2. Shelby Bull	1:48.45	2011
3. Emily Stucky	1:48.67	2013
4. Stephanie Vint	1:49.78	2011
5. Aimee Stinson	1:50.10	2008
<b>6. Kelly Shledon</b>	<b>1:50.63</b>	<b>2015</b>
<b>Claudia Carlson</b>	<b>1:50.63</b>	<b>2015</b>
8. Paige Fischer	1:50.85	2011
9. Kristen Flachbarth	1:51.02	2009
10.Nikki Finnesand	1:51.61	2012

500 Freestyle	Time	Year
1. Stephanie Vint	4:49.76	2010
2. Jordan Denny	4:50.09	2012
3. Aimee Stinson	4:50.33	2009
4. Nicole Hlavacek	4:52.06	2013
5. Lizzie Justice	4:52.53	2011
6. Aliyah Mikulski	4:52.59	2013
7. Paige Fischer	4:53.84	2011
8. Emma Dow	4:53.91	2013
<b>9. Kelly Sheldon</b>	<b>4:55.04</b>	<b>2014</b>
<b>10. Lauren McClure</b>	<b>4:55.19</b>	<b>2015</b>

1000 Freestyle	Time	Year
1. Nicole Hlavacek	9:59.40	2013
2. Lizzie Justice	10:02.84	2011
3. Kristen Flachbarth	10:06.77	2011
<b>4. Aliyah Mikulski</b>	<b>10:09.19</b>	<b>2015</b>
5. Emma Dow	10:09.88	2013
6. Kasey Robinson	10:09.93	2012
7. Aimee Stinson	10:11.72	2009
8. Paige Fischer	10:12.98	2011
9. Keara Chang	10:17.59	2014
10. Jennifer Rice	10:19.08	2000

1650 Freestyle	Time	Year
1.Nicole Hlavacek	16:37.16	2013
2.Lizzie Justice	16:38.89	2011
3. Kristen Flachbarth	16:41.59	2011
<b>4. Aliyah Mikulski</b>	<b>16:46.82</b>	<b>2015</b>
<b>5.Emma Dow</b>	<b>16:48.74</b>	<b>2013</b>
<b>6.Kasey Robinson</b>	<b>16:50.18</b>	<b>2012</b>

7. Aimee Stinson	16:52.52	2008
8. Paige Fischer	16:53.84	2011
<b>9. Casey Duckworth</b>	<b>17:01.72</b>	<b>2014</b>
10. Jessica Schiffl	17:06.04	1999

100 Backstroke	Time	Year
1. Kelsey Conci	:52.13	2012
2. Morgan Hartigan	:53.06	2014
3. Jordan Denny	:54.73	2013
4. Nikki Finnesand	:55.31	2014
<b>Connor Tarver</b>	<b>:55.31</b>	<b>2015</b>
<b>6. Abigail Sullivan</b>	<b>:55.47</b>	<b>2015</b>
<b>7. Emily Stevens</b>	<b>:55.52</b>	<b>2015</b>
8.Norma Hughes	:55.62	1992
9. Melanie McDonough	:55.88	2014
10.Makenzie Hewson	:55.89	2010

200 Backstroke	Time	Year
1. Jordan Denny	1:56.20	2012
2. Abigail Sullivan	1:58.38	2014
3. Nikki Finnesand	1:58.68	2014
<b>4. Connor Tarver</b>	<b>1:59.11</b>	<b>2015</b>
5. Norma Hughes	1:59.52	1992
<b>6. Kelly Sheldon</b>	<b>2:00.52</b>	<b>2015</b>
7. Caroline Wells	2:00.69	2011
<b>8. Emily Stevens</b>	<b>2:00.78</b>	<b>2015</b>
<b>9. Nicole Hlavacek</b>	<b>2:01.78</b>	<b>2015</b>
10. Joy Johnson	2:01.94	1993

100 Breaststroke	Time	Year
1. Lesley Young	1:00.75	2011
2. Maria Harutjunjan	1:00.84	2015
3.Morgan Hartigan	1:01.49	2013
<b>4. Emily Ridout</b>	<b>1:01.80</b>	<b>2014</b>
<b>5. Lauren Hewson</b>	<b>1:02.09</b>	<b>2011</b>
6. Molly Coonce	1:02.42	2014
7. Stephanie Young	1:02.61	2012
8. Cassie Stelow	1:03.09	2010
9. L. Russenberger	1:03.17	2006
10. Erin Spadinger	1:03.96	2006

200 Breaststroke	Time	Year
1. Lesley Young	2:11.44	2011
2.Lauren Hewson	2:13.42	2011
<b>3. Maria Harutjunjan</b>	<b>2:13.63</b>	<b>2015</b>
4. Molly Coonce	2:15.21	2013
5. Halie Lacey	2:15.22	2013
6. Morgan Hartigan	2:15.33	2012
7. Jessica Fruhwirth	2:16.86	2008
8. Meghan Swirzcki	2:17.41	2012
9. Stephanie Young	2:17.35	2013
10. L. Russenberger	2:17.61	2006

100 Butterfly	Time	Year
<b>1.Molly Coonce</b>	<b>53.33</b>	<b>2015</b>
2.Claudia Carlson	53.85	2014
3.Leah Roesler	54.59	2014
4.Heidi Thorson	54.96	2007
5.Jessy Badaracco	55.15	2012
6. Karen Hendrick	55.22	2014
7. Angie Sax	55.87	2000
<b>8. Emily Stucky</b>	<b>55.88</b>	<b>2014</b>
9. Maggie Bach	56.22	2008
10.Shelby Bull	56.25	2010

200 Butterfly	Time	Year
1.Jessy Badaracco	1:58.45	2013
2.Claudia Carlson	1:59.32	2013
<b>3. Molly Coonce</b>	<b>1:59.42</b>	<b>2015</b>
4. Leah Roesler	1:59.78	2014
5.Karen Hendrick	2:00.28	2014
6. Stephanie Vint	2:01.20	2011
7..Angie Sax	2:02.74	2000
8.Kari Budd	2:02.88	2010
9.Maggie Bach	2:03.86	2008
10.Nikki Finnesand	2:04.19	2012

200 Ind. Medley	Time	Year
1. Morgan Hartigan	1:58.37	2014
2.Lesley Young	1:59.67	2011
3.Jessy Badaracco	2:00.46	2013
<b>4.Claudia Carlson</b>	<b>2:00.94</b>	<b>2015</b>
<b>5. Emily Stucky</b>	<b>2:03.03</b>	<b>2015</b>
6.Mackenzie Norlin	2:03.61	2013
7.Caroline Wells	2:03.53	2012
<b>8. Maria Harutjunjan</b>	<b>2:04.37</b>	<b>2015</b>
<b>9. Molly Coonce</b>	<b>2:04.49</b>	<b>2014</b>
10. Megan Evans	2:04.57	2007

400 Ind. Medley	Time	Year
1. Stephanie Vint	4:15.72	2011
2. Jessy Badaracco	4:18.23	2013
3. Megan Evans	4:20.43	2008
<b>4.Emma Dow</b>	<b>4:22.52</b>	<b>2015</b>
<b>5. Halie Lacey</b>	<b>4:24.50</b>	<b>2015</b>
6. Kari Budd	4:25.85	2010
7. Mabry Fiddler	4:26.83	2001
8. Lauren Beard	4:27.59	2004
10.Darcree Corey	4:28.28	2000
<b>9. Casey Duckworth</b>	<b>4:28.77</b>	<b>2015</b>

1-M Diving (6)	Score	Year
1. Amanda Fay	325.95	2014
2. Allie Smith	320.55	2011
3. Stephanie Ortiz	309.45	2010
4. B. Wainwright	299.55	2006
5. Saara Haapanen	294.85	2007

3-M Diving (6)	Score	Year
1. Stephanie Ortiz	354.05	2010
2. Allie Smith	320.55	2011
3. B. Wainwright	311.30	2007
4. Amanda Fay	306.45	2014
4. Emily Huth	305.78	2009

Platform (5)	Score	Year
1.Kari Campbell	234.96	2014
2. Amanda Fay	229.03	2014
3.Emily Keefer	228.10	2007
4. Stephanie Ortiz	225.15	2010
5. G. Van Katwijk	219.95	2006

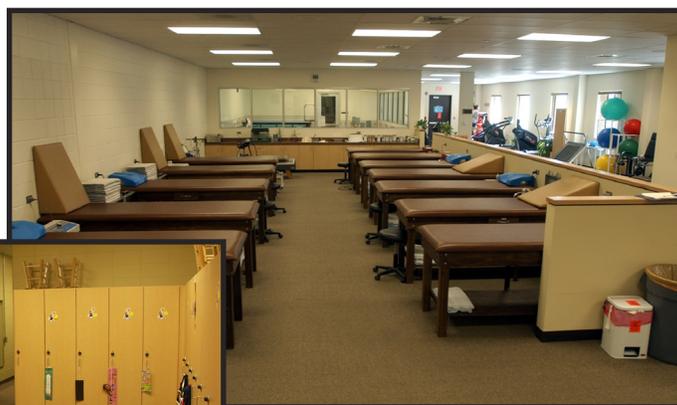
Relays	Time	Year
200 Medley	1:38.56	2012
(K. Conci, M. Hartigan, M. Norlin, S. Bull)		
400 Medley	3:38.62	2011
(K. Conci, L. Young, J. Badaracco, M. Hartigan)		
200 Freestyle	1:30.55	2010
(C. Stelow, S. Bull, S. Vint, K. Conci)		
400 Freestyle	3:19.67	2014
(M. Hartigan, M. McDonough, E. Ridout, J. Denny)		
800 Freestyle	7:15.89	2013
(J. Denny, E. Stucky,J. Badaracco, P. Fischer)		



# SWIMMING & DIVING FACILITIES



RAC Weightroom



RAC Training Room



Women's Lockerroom



Dry Land Diving Facility



## Men's Records

Event	Name / School	Time	Year
50-Freestyle	Brett Allen / BYU	:20.17	2006
100-Freestyle	Adam Kalms/Wyoming	:44.91	2013
200-Freestyle	Adam Kalms/ Wyoming	1:38.68	2014
500-Freestyle	Duncan Cruickshank / UNM	4:32.33	1984
1000-Freestyle	John Mendoza / UNLV	9:31.26	2009
1650-Freestyle	Duncan Cruickshank / UNM	15:50.80	1984
100-Butterfly	Jorge Azevedo / BYU	:48.89	2006
200-Butterfly	Ron Fogel / Wyoming	1:48.95	2005
100-Backstroke	Marshall Dilworth/ Wyoming	:49.14	2012
200-Backstroke	Kyle Milberg / Denver	1:50.89	2010
100-Breaststroke	Brandon Fischer/ Wyoming	:54.95	2012
200-Breaststroke	S. Usher-B. Fischer/ Wyoming	2:01.79	'05/'12
200-Ind. Medley	Mark Miller / Wyoming	1:52.43	1988
400-Ind. Medley	Ryan Nelson / Wyoming	4:04.42	2014
200-Free Relay	Wyoming	1:22.06	2014
400-Free Relay	BYU	3:02.59	1984
800-Free Relay	Hawaii	6:45.63	1984
200-Medley Relay	BYU	1:30.75	2006
400-Medley Relay	Wyoming	3:20.53	2005
1-Meter Diving (6)	Mark Murdock/Wyoming	374.55	2011
1-Meter Diving (11)	Andy Welsh / Wyoming	501.55	1984
3-Meter Diving (6)	Mark Murdock / Wyoming	414.45	2011
3-Meter Diving (11)	Jeff Carter / Hawaii	530.35	1984

## Women's Records

Event	Name / School	Time	Year
50-Freestyle	Cassie Stelow / Wyoming	:23.20	2010
100-Freestyle	Morgan Hartigan/Wyoming	:50.76	2014
200-Freestyle	Felicity Cann / Boise State	1:51.83	2014
500-Freestyle	Lisa Ripken / Utah	5:02.80	1996
1000-Freestyle	Aimee Stinson / Wyoming	10:29.56	2008
1650-Freestyle	Carolyn Shermer / BYU	17:38.73	1986
100-Butterfly	Brittany Aoyama / Boise State	:55.59	2014
200-Butterfly	Rachel Grant / BYU	2:03.37	2010
100-Backstroke	Morgan Hartigan / Wyoming	:55.11	2014
200-Backstroke	Jordan Denny / Wyoming	2:02.14	2014
100-Breaststroke	Morgan Hartigan / Wyoming	1:03.87	2011
200-Breaststroke	Lesley Young / Wyoming	2:20.34	2010
200-Ind. Medley	Morgan Hartigan/Wyoming	2:05.40	2014
400-Ind. Medley	Rachel Grant / BYU	4:31.69	2008
200-Free Relay	Wyoming	1:34.89	2010
400-Free Relay	Wyoming	3:28.28	2014
800-Free Relay	Wyoming	7:46.11	2008
200-Medley Relay	Wyoming	1:42.66	2012
400-Medley Relay	Wyoming	3:52.80	2013
1-Meter Diving (6)	Amanda Fay/ Wyoming	325.95	2014
1-Meter Diving (10)	Tristan Baker / BYU	453.35	1986
3-Meter Diving (6)	Allie Smith / Wyoming	338.33	2010
3-Meter Diving (11)	Tristan Baker / BYU	549.40	1986



## WYOMING ATHLETES IN THE NCAA CHAMPIONSHIPS

### MEN

YEAR	NAME	EVENTS
2015	Adam Kalms	200 IM, 100 & 200 Freestyle
	Jacob Rehmeier	Diving
	Austin Rettinghouse	Diving
2014	Adam Kalms	
	Ryan Nelson	
2013	Adam Kalms	100 and 200 Freestyle***, 200 Individual Medley
2012	Brandon Fischer	100 and 200 Breaststrokes, 200 Individual Medley
2011	Mark Murdock	Diving***
2007	Kevin Bretting	Diving
2005	Scott Usher	100 and 200 Breaststrokes*
2004	Scott Usher	100 and 200 Breaststrokes*
2003	Scott Usher	100*** and 200 Breaststrokes*
1999	Oscar Delgado	Diving
1995	Scott Newell	100 and 200 Breaststrokes***
1988	Mark Miller	200 Breaststroke*, 100 Breaststroke*, 200 IM*
1987	Mark Miller	200 Breaststroke*, 200 IM***, 400 IM***
1986	Mark Miller	400 IM
1986	Scott Anthony	Diving
1984	Andy Welsh	Diving*
1983	Andy Welsh	Diving
1982	Lynn Stetson	1650 Freestyle
1980	Arlo Liebeller	Diving
1978	James Percy	50 and 100 Freestyles
1973	Wayne White	200 Freestyle
1969	Robert White	100 Breaststroke
1968	Robert White	100 and 200 Breaststroke
1967	Eric Korsvold	500 Freestyle *, 200 freestyle
1960	Jerry Lipman	100 and 200 Butterfly, 200 IM
1950	James Nolan	440 and 1500 Freestyles
1949	James Nolan	440 and 1500 Freestyles
1949	Marcus Hodges	150 Backstroke
1948	James Nolan	220 and 440 Freestyles

\* First Team All-America

\*\* Second Team All-America

\*\*\* Honorable Mention All-America

=



### WOMEN

YEAR	NAME	EVENTS
2016	Kari Campbell	Diving
	Maria Harutjunjan	100 Breaststroke, 200 breaststroke
	Emily Ridout	50 freestyle, 100 freestyle, 100 breaststroke
2015	Kari Campbell	Diving
	Keely Bishop	Diving
2014	Morgan Hartigan	
2012	Kelsey Conci	100 Backstroke***, 50 Freestyle, 100 Freestyle
2011	Kelsey Conci	100 Backstroke***, 50 Freestyle, 100 Freestyle
2010	Cassie Stelow	50 Freestyle
2010	Stephanie Ortiz	Diving
1994	Norma Hughes	100 Butterfly and 100 Backstroke
1992	Norma Hughes	100 and 200 Backstrokes***
1991	Norma Hughes	100 and 200 Backstrokes
1985	Ginny Freeman	Diving
1985	Kristen Coates	Diving
1980	200 freestyle relay	(Codel Schoengarth, Cathy Cotton, Beth Plevich, Kara Selig)
1980	Kara Selig	50 Breaststroke
1979	Denise Seal	Diving
1975	Pam Christensen	100 and 200 Freestyles, 100 and 200 Butterfly
1974	Pam Christensen	100 Freestyle*, 200 Freestyle***, 100 Butterfly

\* First Team All-America

\*\* Second Team All-America

\*\*\* Honorable Mention All-America



**OLYMPIAN AND ALL-AMERICAN  
SCOTT USHER**



**BACK-TO-BACK ALL-AMERICAN  
KELSEY CONCI**



**HONORABLE MENTION ALL-AMERICAN  
MARK MURDOCK**



**THREE-TIME NCAA QUALIFIER  
AND HONORABLE MENTION ALL-AMERICAN  
NORMA HUGHES**



**2012 QUALIFIER BRANDON FISCHER**



**2014 NCAA QUALIFIER MORGAN HARTIGAN**



# CONFERENCE CHAMPIONS

## COWBOY AND COWGIRL CONFERENCE CHAMPIONS

YEAR	NAME	EVENTS	2010	2010	2010
2016	Ryan Nelson (WAC)	400 IM	Cassie Stelow	50 Freestyle	
	Maria Harutjunjan	100 Breaststroke	Mark Murdock	Platform Diving	
2015	Adam Kalms (WAC)	100 Freestyle	Lesley Young	100 Breaststroke	
	Maria Harutjunjan	100 Breaststroke	Stephanie Ortiz	Three-Meter Diving	
2014	Adam Kalms (WAC)	200 Freestyle	Marshall Dilworth	100 Backstroke	
	Ryan Nelson (WAC)	400 IM	Kyle Bogner	One-Meter Diving	
	George Eglesfield	200 Butterfly	Aimee Stinson	1650 Freestyle	
2013	Adam Kalms (MPSF)	100 and 200 Freestyle	Matt Urich	100 and 200 Butterfly	
		200 IM	Saara Haapanen	One-meter Diving	
2013	Morgan Hartigan	100 Freestyle	Ron Fogel	200 Butterfly	
2012	Cowboy Team (MPSF)	800 Freestyle Relay	Alex Larkin	100 Breaststroke	
2012	Marshall Dilworth (MPSF)	100 Backstroke	Ron Fogel	200 Butterfly	
2012	Brandon Fischer (MPSF)	200 Individual Medley	Alex Larkin	200 Breaststroke	
2012	Ethan Griffel (MPSF)	200 and 500 Freestyle	Carl Marais	200 Freestyle	
2012	Jordan Denny (MW)	200 Backstroke	Scott Usher	200 Breaststroke	
2012	Kelsey Conci (MW)	100 Backstroke	Gene Birks	100 Butterfly	
2012	Cowgirl Team (MW)	200 Medley Relay	Scott Usher	100 and 200 Breaststrokes	
2011	Cowgirl Team	200 Medley Relay	Jerram Chudleigh	500 Freestyle	
2011	Mark Murdock	Three-Meter and Platform	Scott Usher	100 and 200 Breaststrokes	
2011	Lesley Young	100 and 200 Breaststrokes	Damian Storz	1650 Freestyle and 400 IM	
2011	Kelsey Conci	100 Backstroke	Scott Usher	200 Breaststroke	
2010	Cowgirl Team	200 Freestyle Relay	Damian Storz	400 IM	
2010	Cowgirl Team	400 Freestyle Relay	Oscar Delgado	Platform Diving	
			Damian Storz	400 IM	



**THREE-TIME CONFERENCE CHAMPION  
ADAM KALMS**



**TWO-TIME MW 100 BREASTSTROKE  
CHAMPION  
MARIA HARUTJUNJAN**



**2014 WAC 400 INDIVIDUAL MEDLEY  
CHAMPION RYAN NELSON**



**COWGIRLS 200 FREESTYLE RELAY  
CHAMPIONS  
IN 2010**



**THREE-TIME MW CHAMPION LESLEY YOUNG**



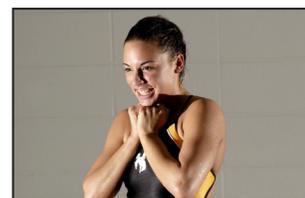
**TWO-TIME CONFERENCE CHAMPION  
MARSHALL DILWORTH**



**2008 MW 1-METER CHAMPION  
KYLE BOGNER**



**2008 MW 1,650 FREESTYLE CHAMPION  
AIMEE STINSON**



**2009 MW 3-METER CHAMPION  
STEPHANIE ORTIZ**

# COWBOYS' ALL-CONFERENCE PERFORMERS



Year	Name	Events
2016	Jack Herron	WAC Co-Freshman of the Year
2015	Ryan Ball	200 backstroke, 400 IM, 1,650 freestyle
	Bryce Carter	50 freestyle
	Brendan Costello	200 backstroke, 500 freestyle
	George Eglesfield	100 backstroke, 100 butterfly, 200 butterfly
	Rudi Hanekamp	100 breaststroke
	Patrick Jones	200 IM, 400 IM
	Adam Kalms	100 freestyle, 200 freestyle, 200 IM
	Austin Layman	100 butterfly, 100 backstroke
	Mike McCormick	200 IM
	Ryan Nelson	500 freestyle, 400 IM, 1,650 freestyle
	Wade Nelson	200 butterfly, 200 IM, 400 IM
	Eric Oleson	400 IM, 500 freestyle, 1,650 freestyle
	Jake Rehmeier	1-meter, 3-meter, platform
	Austin Rettinghouse	1-meter, 3-meter, platform
	Ryan Russi	1-meter, 3-meter, platform
	Kyle Scalise	100 breaststroke, 200 IM
	Dylan Sether	200 butterfly, 200 IM
	Jordan Turner	200 IM, 400 IM
	Kevin Waller	500 freestyle
	Kyle White	50 freestyle, 100 freestyle, 100 breaststroke
	400 Medley Relay	Ryan Ball, Kyle Scalise, George Eglesfield, Adam Kalms
2014	Jayce Calhoon	100 backstroke, 200 backstroke
	Derek Campbell	3-meter, 1-meter, platform
	Matt Cook	100 backstroke, 200 backstroke
	Brenden Costello	200 freestyle, 200 backstroke
	George Eglesfield	100 butterfly, 200 butterfly
	Ethan Griffel	200 freestyle, 500 freestyle
	Patrick Jones	200 IM, 400 IM
	Adam Kalms	100 freestyle, 200 freestyle, 200 IM
	Michael McCormick	200 breaststroke
	Ryan Nelson	200 butterfly, 400 IM, 500 freestyle
	Evan Oleson	400 IM
	Jake Rehmeier	3-meter, 1-meter
	Kyle Scalise	100 breaststroke, 200 breaststroke, 200 IM
	Jordan Turner	200 IM, 400 IM
	200 freestyle	Adam Kalms, Bryce Carter, Jeff Frey
	400 freestyle	Ryan O'Leary, Adam Kalms, Ethan Griffel, Bryce Carter, Jeff Frey
	800 freestyle	Adam Kalms, Ryan O'Leary, Ryan Nelson, Ethan Griffel
2013	Adam Kalms #	100 and 200 freestyle, 200 IM
	Ethan Griffel #	200 and 500 freestyle
	Ryan Nelson #	400m IM, 1650 freestyle
	Jordan Turner \$	200 and 400 IM, 200 breaststroke
	Michael McCormick \$	100 and 200 breaststroke
	Jayce Calhoon \$	100 and 200 breaststroke
	Ryan Nelson \$	500 freestyle
	Trevor LeValley \$	400 IM
	Eric McMillin \$	3-meter springboard
	Kevin Waller \$	1650 freestyle
	Ethan Griffel \$	100 freestyle
	George Eglesfield \$	200 butterfly
	Derek Campbell #	1-meter and 3-meter springboard Platform \$
	200 Medley Relay \$	Adam Kalms, Michael McCormick, Nick Rutecki, Jeff Frey
	800 Freestyle Relay \$	Adam Kalms, Ethan Griffel, Ryan O'Leary, Tyler Kybartas
	200 Freestyle Relay \$	Jeff Frey, Nick Rutecki, Ryan O'Leary, Adam Kalms
2012*	Ethan Griffel #	200 and 500 freestyle
	Brandon Fischer #	200 IM, 100 and 200 breaststroke
	Adam Kalms #	200 freestyle
	Marshall Dilworth #	100 backstroke
	Jayce Calhoon #	200 backstroke
	Trevor LeValley #	400 IM
	800 Freestyle Relay	Adam Kalms, Ethan Griffel, Ryan O'Leary, Jayce Calhoon
	Jayce Calhoon \$	500 freestyle, 400 IM
	Adam Kalms \$	200 IM, 100 freestyle
	Marshall Dilworth \$	200 IM, 200 backstroke
	Nick Rutecki \$	50 freestyle
	Derek Campbell \$	1-meter, platform
	Jordan Turner \$	400 IM
	Trevor LeValley \$	200 butterfly
	Valentin Schwarz \$	platform
	200 Medley Relay \$	Marshall Dilworth, Brandon Fischer, Nick Rutecki, Jeff Frey
	400 Medley Relay \$	Marshall Dilworth, Brandon Fischer, Nick Rutecki, Jeff Frey
	200 Freestyle Relay \$	Jeff Frey, Nick Rutecki, John Dowd, Adam Kalms
	400 Freestyle Relay \$	Adam Kalms, Ethan Griffel, Ryan O'Leary, Jeff Frey
2011	Kyle Bogner	1-meter, 3-meter
	Jayce Calhoon	1650 freestyle, 400 IM



JAYCE CALHOON



ETHAN GRIFFEL



TREVOR LAVALLEY



# COWGIRLS' ALL-CONFERENCE PERFORMERS



<u>Year</u>	<u>Name</u>	<u>Events</u>			
2016	Keely Bishop Kari Campbell Molly Coonce Emma Dow Maria Harutjunjan Emily Ridout	Platform	Jordan Denney	100 butterfly	
		1-meter, platform	Amanda Fay	200 backstroke	
		100 butterfly, 200 butterfly	Nicole Hlavacek	3-meter springboard, platform	
		400 IM	Morgan Hartigan	500 and 1650 freestyle	
		100 breaststroke, 200 breaststroke		50 and 100 freestyle,	
	Isobel Ryan	50 freestyle, 100 freestyle	Halie Lacey	100 breaststroke	
		200 breaststroke	Leah Rosler	200 breaststroke	
		50 freestyle, 100 freestyle	Emily Stucky	200 butterfly	
		100 backstroke	Stephanie Young	200 freestyle	
		500 freestyle, 200 backstroke	200 Freestyle Relay	100 breaststroke	
2015	Keely Bishop Kari Campbell Claudia Carlson Molly Coonce Jordan Denny Emma Dow Maria Harutjunjan Nicole Hlavacek Aliyah Mikulski Emily Ridout Abby Sullivan Connor Tarver	400 Medley Relay	800 Freestyle Relay	Morgan Hartigan	
		1-meter, platform		Emily Ridout	
		platform		Melanie McDonough	
		100 butterfly	400 Medley Relay	Jordan Denney	
		100, 200 butterfly		Emily Stucky	
	Jordan Denny	100 backstroke		Jessy Badaracco	
		400 IM		Paige Fischer	
		100, 200 breaststroke		Jordan Denney	
		1,650 freestyle		Stephanie Young	
		1,650 freestyle		Molly Coonce	
2014	Kari Campbell Claudia Carlson Molly Coonce Jordan Denny	Platform	2012 Kelsey Conci	Morgan Hartigan	
		200 butterfly		Jordan Denny	
		100 butterfly, 100 breaststroke		Jessy Badaracco	
		500 freestyle, 200 freestyle,		Claudia Carlson	
		200 backstroke		Kasey Robinson	
	Amanda Fay	1-meter, 3-meter, platform		Meghan Swirzcki	1650 freestyle
		200 IM, 100 backstroke		Stephanie Young	200 breaststroke
		100 freestyle		200 Freestyle Relay	100 breaststroke
		1,650 freestyle			Kelsey Conci,
		200 breaststroke			Morgan Hartigan
2013	Jessy Badaracco Claudia Carlson Molly Coonce	50 freestyle	200 Medley Relay	Kenzie Hewson	
		200 breaststroke		Shelby Bull	
		50 freestyle		Kelsey Conci,	
		200 butterfly		Morgan Hartigan	
		200 backstroke		Mackenzie Norlin	
	Morgan Hartigan	200 breaststroke	400 Medley Relay		Shelby Bull
		400 Medley Relay			Kelsey Conci
		100 freestyle			Morgan Hartigan
		1,650 freestyle			Jessy Badaracco
		200 breaststroke			Shelby Bull
2011	Shelby Bull Kelsey Conci	50 freestyle		50, 100 and 200 freestyle	
		200 butterfly		100 backstroke,	
		200 backstroke		50 and 100 freestyle	
		400 Medley Relay		1650 freestyle	
		100 and 200 breaststroke		1650 freestyle	
	Stephanie Young	100 and 200 breaststroke,		Lauren Hewson	100 and 200 breaststroke
		400 IM		Lizzie Justice	500 and 1650 freestyle
		100 butterfly, 200 and 400 IM		Allie Smith	1-meter, 3-meter
		100 and 200 butterfly, 200 IM		Stephanie Vint	500 freestyle, 200 butterfly
		100 and 200 breaststroke,			400 IM



AMANDA FAY



JESSY BADARACCO



SHELBY BULL



# COWGIRLS' ALL-CONFERENCE PERFORMERS

	Lesley Young	100 and 200 breaststroke 200 IM	Stephanie Ortiz	1-meter, 3-meter, platform
	200 Freestyle Relay	Kelsey Conci Morgan Hartigan Makenzie Hewson Shelby Bull	Allie Smith	1-meter
	200 Medley Relay	Kesley Conci Lesley Young Shelby Bull	Cassie Stelow	50 freestyle
	400 Medley Relay	Makenzie Hewson Kelsey Conci Lesley Young Jessy Badaracco Morgan Hartigan	Aimee Stinson	500 freestyle
2010	Kari Budd Shelby Bull Kelsey Conci	200 butterfly 100 and 200 freestyle 50 and 100 freestyle 100 backstroke	Stephanie Vint	500 freestyle, 400 IM 100 and 200 breaststroke, 200 IM
	Kristen Flachbarth Lauren Hewson Kenzie Hewson Emily Huth Paige Fischer Molly Janak Stephanie Ortiz Cassie Stelow	1650 freestyle 100 and 200 breaststroke 50 freestyle 1-meter, platform 500 and 1650 freestyle 100 backstroke	2008 Maggie Bach Megan Evans	200 butterfly 200 IM, 400 IM, 200 breaststroke
	Allie Smith Stephanie Vint	1-meter, 3-meter 500 freestyle, 200 butterfly 400 IM	Jessica Fruhwirth Krista Jones	100 and 200 breaststroke 100 and 500 freestyle, 200 backstroke
	Caroline Wells Lesley Young	200 backstroke 200 IM, 100 and 200 breaststroke	Stephanie Ortiz Cassie Stelow Aimee Stinson	1-meter, 3-meter, platform 50 freestyle 200 freestyle, 500 freestyle, 1650 freestyle
	200 Freestyle Relay	Kelsey Conci Shelby Bull Makenzie Hewson	2007 Kari Budd Jessica Fruhwirth Saara Haapanen Emily Keefer Tamara Lehnertz Stephanie Ortiz Erin Spadinger Aimee Stinson Heidi Thorson Brittany Wainwright	200 butterfly 200 breaststroke 1-meter, platform 3-meter 200 freestyle 1-meter, platform 100 and 200 breaststroke 200, 500 and 1650 freestyle 100 butterfly 1-meter, platform
	400 Freestyle Relay	Cassie Stelow Kelsey Conci Shelby Bull Makenzie Hewson Cassie Stelow	2006 Saara Haapanen Lindsey Russenberger Aimee Stinson Brittany Wainwright	Molly Janak Erin Spadinger Heidi Thorson Cassie Stelow 3-meter 100 and 200 breaststroke 1650 freestyle
	800 Freestyle Relay	Stephanie Vint Caroline Wells Kristen Flachbarth Shelby Bull	2005 Lauren Beard Lindsey Russenberger Ginni van Katwijk	1-meter 200 IM 100 and 200 breaststrokes 3-meter, platform Heidi Thorson
	200 Medley Relay	Kelsey Conci Lesley Young Shelby Bull	2004 Saara Haapanen	Haley Bonin Kenzie Kotby Tamara Lehnertz
	400 Medley Relay	Cassie Stelow Kelsey Conci Lesley Young Stephanie Vint Cassie Stelow	2001 Darcrea Corey Mabry Fiddler	1-meter 200 butterfly 400 IM, 200 breaststroke
2009	Emily Huth Tiffany Izatt	1-meter, 3-meter, platform 3-meter	2000 Darcrea Corey Jen Rice Angie Sax Jessica Schiffel	400 IM 1650 freestyle 100 butterfly 1650 freestyle



STEPHANIE VINT



LAURA HEWSON



CASSIE STELOW



## A

Adams, Jennifer, 1995  
 Ahrens, Lindsay, 2002-03  
 Albanese, Pamela, 1980  
 Alderman, Dominy, 1997-00  
 Allen, Jena, 1980  
 Andrie, Sasha, 2011-2013  
 Apostol, JoAnn, 1981  
 Atoe, Jehan, 2011-12

## B

Bach, Maggie, 2007-08  
 Badaracco, Jessica, 2009-2013  
 Badger, Danielle, 2014-pres.  
 Bastian, Elizabeth, 1987-89  
 Beard, Lauren, 2004-07  
 Behrens, Carrie, 1998-01  
 Belanger, Krista, 1995-97  
 Bell Casscells, Roxanne, 1980-82  
 Bella, Kim, 1987  
 Beranek, Ruth, 1982-84  
 Bietz, Eugenie, 1981-83  
 Bigger, Katie, 2004-07  
 Bishop, Keely, 2014-pres.  
 Black, Bridget, 1984-87  
 Blake, Carlyn, 1986-89  
 Boggs, Megan, 2006-07  
 Bohler, Hillary, 2008-09  
 Bonin, Haley, 2005  
 Boyce, Nicole, 2012-pres.  
 Boyer, Sara, 1994-95  
 Boyle, Shea, 2002-04  
 Bray, C.J., 2006  
 Braslins, Leann, 1984  
 Briggs, Janis, 1980-81  
 Brockman, Nancy, 1981-83  
 Brown, Yvonne, 1985  
 Brownlee, Billie, 1981, 83  
 Brush, Alison, 1981-82  
 Budd, Kari, 2007-10  
 Bull, Shelby, 2008-12  
 Burke, Samantha, 2016  
 Bush, Lauren, 2001

## C

Calhoun, Amy, 1982-85  
 Campbell, Elizabeth, 1992-95  
 Campbell, Kari, 2014-2016  
 Carlson, Claudia, 2012-pres.  
 Carlson, Lynn, 1993-96  
 Cerrezin, Anne, 1980-81  
 Chang, Keara, 2013-2016  
 Chelsvig, Shannon, 2016  
 Cheramine, Kim, 1990  
 Christensen, Kali, 1990-94  
 Christensen, Pam, 1974-75  
 Christian, Lisa, 1999  
 Christopher, Vanessa, 1989  
 Clift, Kathy, 1980-81  
 Coates, Kristen, 1985  
 Colaric, Lauren, 2001  
 Conci, Kelsey, 2008-12

Coonce, Molly, 2013-16  
 Corbaley, Donna, 1980-82  
 Corey, Darerea, 2000-01  
 Corsberg, Carol, 1980-81  
 Cotton, Kathy, 1980  
 Covington, Kyle, 2014  
 Cox, Hannah, 2012-2013  
 Crawford, Ashley, 1997

## D

Daird, Cindy, 1989  
 Dasso, Alanna, 2014  
 DeFauw, Deborah, 1988-89  
 DeWolf, Angela, 2005-08  
 Denny, Jordan, 2012-2014  
 Dow, Emma, 2013-2016  
 Dehls, Ashleigh, 2014  
 Duckworth, Casey, 2014-pres.  
 Dupis, Laura, 2008  
 Dydo, Sarae, 2013-2016

## E

Evans, Megan, 2008  
 Everard, Joan, 1991  
 Evers, Julie, 1988-92

## F

Fay, Amanda, 2011-2014  
 Fiddler, Mabry, 2002  
 Finnesand, Nikki, 2011-2014  
 Fischer, Paige, 2009-2013  
 Flachbarth, Kristen, 2008-11  
 Fontcuberta, Anna, 1996  
 Fornstorm, Kiesa, 1991-94  
 Forrister, Amanda, 2008-09  
 Frazee, Mary, 1995-98  
 Freeman, Ginny, 1985  
 Fruhwirth, Jessica, 2007-08  
 Fuller, Stephanie, 1999

## G

Gebhart, Jean, 1993-96  
 Glaab, Laura, 2004, 06  
 Goff, Katlin, 2012-2013  
 Goodner, Kathryne, 1994-97  
 Graham, Elizabeth, 1987-88  
 Gramcko, Marcela, 2016  
 Grey, Susan, 1987  
 Grylevich, Robyn, 1988  
 Guenther, Kara, 2014  
 Gutierrez, Suzanne, 1981-82

## H

Haapanen, Saara, 2004-07  
 Hansen, Holly, 2004-06  
 Harris, CeeJay, 2016  
 Hartigan, Kaella, 2008-10  
 Hartigan, Morgan, 2011-2014  
 Harutjunjan, Maraia, 2014-pres.  
 Hauswirth, Jennie, 1995-96  
 Haywood, Anne, 2000-03

Haywood, Katie, 2001-04  
 Hedges, Dawn, 1990  
 Heiden, Pamela, 1982-85  
 Heimerdinger, Carlyn, 1985-89  
 Hellenberg, Jayne, 1987-88  
 Hendrick, Karen, 2012-pres.  
 Hennings, Erin, 2001-03  
 Hester, Karen, 1986  
 Heussner, Holly, 2012-pres.  
 Hewson, Makenzie, 2009-12  
 Hewson, Lauren, 2009-12  
 Hiatt, Sandra, 1992  
 Hlavacek, Nicole, 2013-2016  
 Hollon, Emily, 1997-00  
 Holmes, Laura, 1980-81  
 Hughes, Norma, 1991-94  
 Huth, Emily, 2007-10

## I

Izatt, Tiffany, 2009

## J

James, Mary, 1981  
 Janak, Molly, 2007-10  
 Jankovsky, Kelley, 1982-85  
 Jennings, Jessica, 2003  
 Johnson, Deanna, 1982-83  
 Johnson, Joy, 1992-93  
 Johnson, Stacy, 1983  
 Jones, Krista, 2006-09  
 Jones, Tracey, 1987-90  
 Jugler, Joni, 1985-87  
 Justice, Lizzie, 2011

## K

Kalber, Susan, 1981  
 Kalocinski, Erika, 1997-98  
 Kazerooni, Helen, 1990  
 Keefer, Emily, 2004-07  
 Kerr, Christi, 1987  
 Kiepke, Shannon, 1989-90  
 Kimball, Channing, 2001-04  
 Kinne, Leslie, 1986  
 Kireilis, Sonja, 1992-94  
 Kirkwood, Sheri, 1989-92  
 Koithan, Jennifer, 1994-97  
 Koop, Natalie, 1999  
 Kopschka, Shauna, 1994  
 Kotby, Kenzie, 2003-06  
 Kreger, Jennifer, 2002

## L

LaBrayere, Jamie, 1998-00  
 Lacey, Halie, 2012-pres.  
 Larsen, Bethany, 1996-99  
 Lasher, Briana, 1995-98  
 Lazecki, Kim, 1982  
 Lehnertz, Tamara, 2004-07  
 Lewis, Kristin, 2002-05  
 Lewis, Missy, 2000-02  
 Leyes, Rachel, 2005-06, 08  
 Leziy-Miller, Alexandra, 2003-05



**ANN HAYWOOD, 2000-03**



**JODIE RISKOWSKI, 2000-03**



**EMILY HUTH, 2007-10**



**KAELLA HARTIGAN, 2008-10**



# COWGIRL LETTERWINNERS

Lilly, Janelyn, 2001-04  
 Loveland, M., 1986-89  
 Lubeck, Jade, 2011  
 Lynch, Jill, 1981

**M**  
 Mallett, Ashley, 2001-04  
 Malys, Sheri, 1985  
 Mansfield, Jean, 1980-82  
 Marcon, Virginia, 2008  
 Massar, Laurie, 1982-83  
 McClure, Lauren, 2015-16  
 McCullough, Tamra, 1987-89  
 McDonough, Melanie, 2012-pres.

McFarland, Tolly, 1981-83  
 McKivigan, Rachel, 2014  
 McNaught, Sarah, 1994-97  
 Mecham, Crystal, 2001  
 Merriam, Melinda, 1984  
 Merten, Heather, 1990-93  
 Meyer, Heather, 1987  
 Meyer, Tara, 1999  
 Michelena, Samantha, 2003-05  
 Mikulski, Aliyah, 2012-pres.  
 Miller, Hillarie, 1986-88  
 Millhouse, Julia, 2002  
 Mitchum, Twila, 1982  
 Miyake, Cindy, 1980  
 Moher, Olena, 2007  
 Monsen, Karen, 1983-85  
 Moore, Carol, 1983  
 Moore, Kathleen, 1994-97  
 Morgan, Sharon, 1986, 89

**N**  
 Nakao, Theresa, 1999  
 Naviaux, Nicky, 1987  
 Nelson, Shauna, 2007-08  
 Niederer, Ashlie, 2002-03  
 Nishi, Krishanne, 1985  
 Norlin, Mackenzie, 2011-2014  
 Nowak, Elizabeth, 2000-01

**O**  
 O'Brein, Cathy, 1980  
 O'Connell, Wendy, 1999-01  
 Ortiz, Stephanie, 2007-10

**P**  
 Parola, Casey, 1990-92  
 Peters, Kate, 1994-96  
 Platte, Kirsten, 1983-86  
 Plevich, Beth, 1980  
 Puglisi, Lauren, 2014-pres.

**R**  
 Ray, Nancy, 1981-83  
 Reid, Diedre, 1994  
 Rice, Jennifer, 1997-00  
 Ridout, Emily, 2013-2016  
 Riedel, Naria, 1993  
 Riskowski, Jody, 2000-03

Roberts, Penny, 1986-87  
 Robinson, Kasey, 2011-pres.  
 Roesler, Leah, 2011-2014  
 Russenberger, Lindsey, 2005-06  
 Ryan, Isobel, 2016

**S**  
 Sacks, Amy, 1989  
 Salzer, Lily, 2014  
 Sax, Angie, 2000-01  
 Scala, Nichole, 1993-96  
 Schiffl, Jessica, 1997-00  
 Schoengarth, Codel, 1980-82  
 Schlesinger, Karen, 1984  
 Schmid, Allison, 2000-03  
 Schurz, Jennifer, 1999-00, 02  
 Schumann, Susanna, 2014-pres.  
 Scifres, Norma, 1990-94  
 Seal, Denise, 1980  
 Sebo, Suzanne, 1983  
 Seifert, Kari, 1995-98  
 Selig, Kara, 1980  
 Seymour, Katie, 2001  
 Sheldon, Kelly, 2014-pres.  
 Simmons, Jane, 1981  
 Skinner, Tara, 1982-85  
 Smith, Allie, 2009-11  
 Smith, Kathy, 1981-83  
 Smith, Wendy, 1981-84  
 Spadinger, Erin, 2004-07  
 Spencer, Cara Sue, 1984-87  
 Springer, Lindsay, 2000-03  
 Springer, Ryan, 2000-01  
 Stallings, Ganae, 2003  
 Stelow, Cassie, 2007-10  
 Sterns, Margot, 1988-91  
 Stevens, Emily, 2014-pres.  
 Stinson, Aimee, 2006-09  
 Stucky, Emily, 2014-15  
 Sullivan, Abby, 2013-pres.  
 Sullivan, Christie, 1983  
 Susick, Sheila, 1987  
 Swanson, Shayna, 2012-2013  
 Swirzcki, Meghan, 2009-2013

**T**  
 Tabert, Kimi, 1982-84  
 Tarver, Connor, 2014  
 Taylor, Lindsay, 2004-06  
 Taylor, Whitney, 2008-11  
 Teets, Briana, 1998  
 Tejada, Rasha, 2012-2013  
 Thorson, Heidi, 2004-07  
 Tierney, Laura, 1997-00  
 Timm, Trish, 1983  
 Timmons, Heather, 1995-96  
 Tomlinson, Kathy, 1990-93  
 Tomlinson, Patty, 1993  
 Tristani, Renee, 1986-88  
 Turtle, Carolanne, 1993-96

**U**

Underwood, Mary Ann, 1986  
 Uselmann, Mary, 2014-pres.

**V**  
 Van Duyn, Virginia, 1985-86  
 van Katwijk, Ginni, 2005-06  
 Vanhala, Helja, 2002-03  
 Verdi, Marissa, 2014  
 Vint, Stephanie, 2008-11  
 Voigt, Debbie, 1980

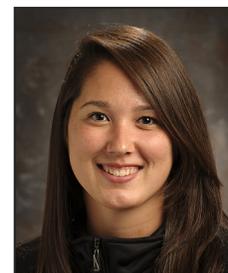
**W**  
 Wagner, Erin, 2008  
 Wainwright, Brittany, 2005-08  
 Wallace, Carolyn, 2011-pres.  
 Watson, Charlotte, 1983  
 Wegner, Debbie, 1980  
 Weidert, Jennifer, 1997-00  
 Wells, Caroline, 2009-12  
 Welsh, Susan, 1983  
 Wendler, Theresa, 1996-99  
 West, Ashley, 1999  
 West, Sadie, 1999-00  
 Wiggins-Goodell, Wendy, 1980  
 Wiltshire-Woodruff, Carrie, 1991-95  
 Woods, Shawna, 1991

**Y**  
 Yarmer, Pamela, 1980  
 Yelton, Tonya, 1986  
 Young, Lesley, 2008-11  
 Young, Stephanie, 2012-2014

**Z**  
 Zans, Nicole, 2007  
 Zavala, Samantha, 2014  
 Zenker, Stacey, 2004  
 Zupence, Anna, 1980



LINDSAY SPRINGER, 2000-03



STEPHANIE YOUNG, 2012-14



MOLLY JANAK, 2007-10



ERIN SPADINGER, 2004-07



AMANDA FAY, 2011-14



KRISTA JONES, 2006-09

**A**

Aberle, Mickey, 1995-99  
 Agajanian, Walter, 1975  
 Agee, Richard, 1962  
 Aldrich, Allyn, 1957-58  
 Allen, William, 1978  
 Allen, John, 1938  
 Anderson, Bred, 1992  
 Anderson, Greg, 1990  
 Anderson, Kevin, 1990  
 Anderson, Matt, 2011-12  
 Anderson, Robert, 1962  
 Andrau, William, 1951  
 Anthony, Scott, 1982-86  
 Appleby, Edmund, 1941  
 Austad, Craig, 1989-92  
 Aydin, Emre, 2004

**B**

Bachman, Kendrick, 2009-10  
 Ball, Ryan, 2014-pres.  
 Baker, William, 1964  
 Baker, Brent, 2004-06  
 Baldacci, Michael, 1990-91  
 Bartlett, Brent, 1996-97  
 Baumgardner, Mike, 1973-74  
 Baumgardner, Peter, 1972-75  
 Beahm, Herschel, 1950  
 Behney, Charles, 1950-52  
 Bell, Eli, 2005-09  
 Bell, James, 1971-72  
 Bell, Levi, 2004-08  
 Bell, David, 1979  
 Bennaton, John, 1963  
 Benson, John, 1963  
 Birks, Roger, 1975  
 Birks, Gene, 2003-05  
 Blake, John, 1988-89  
 Blessing, Robert, 1950-52  
 Boettcher, Anthony, 1984-85  
 Bogner, Kyle, 2008-11  
 Booth, Stan, 1962  
 Boysen, Robert, 1999-01  
 Bradley, Bruce, 1949-50  
 Bradford, Daniel, 2012-2013  
 Brandenburg, Charles, 1959-61  
 Brashier, William, 1975, 77, 79  
 Breaux, Ronald, 1949  
 Brennan, Timothy, 1978, 80-81  
 Brenner, Tim, 1971  
 Breslin, William, 1950  
 Bretting, Kevin, 2003-07  
 Brienza, Christian, 1998-01  
 Briggs, Robert, 1979-82  
 Briggs, William, 1979-82  
 Brinkman, Colin, 2014  
 Brittain, Dennis, 1961-62  
 Brookover, P. Chris, 1982-85  
 Brown, Nicholas, 1980-83  
 Brown, Jim, 1980-81  
 Bruce, Gordon, 1951-53  
 Buckingham, Dale, 1979-82  
 Bunten, Robert, 1951-52  
 Burnham, Steve, 2005

**C**

Caird, Jeffrey, 1980-82  
 Calhoon, Jayce, 2011-2014  
 Campbell, Derek, 2011-2014  
 Carlson, Sven, 1975

Carr, Ralph, 1959  
 Carroll, William, 1956-58  
 Carter, Bryce, 2013-2016  
 Carter, Dustin, 2001  
 Chandler, James, 1969-70  
 Channer, John, 1953  
 Chapin, Ron, 1983  
 Chapin, James, 1956  
 Chaplin, Donald, 1954  
 Chlubna, Richard, 1963-64  
 Christensen, Charles, 1938-41  
 Christensen, John, 1940  
 Christianson, Jon, 2001  
 Chudleigh, Jerram, 2002-03  
 Clark, William, 1947  
 Clayton, Robert, 1988-91  
 Cochran, Bryan, 1994  
 Cochran, Harold, 1969-72  
 Cole, Geoffrey, 1956-58  
 Collinson, Richard, 1942  
 Colvin, Phil, 1992-95  
 Comrie, Jamie, 2007-10  
 Cook, Matt, 2014-2016  
 Cook, Richard, 1978-79  
 Cossairt, Timothy, 1979-81  
 Costello, Brendan, 2013-2016  
 Creek, James, 1985-88  
 Curtiss, Mike, 1994

**D**

Damon, Dennis, 1960  
 Darr, Flip, 1960-61  
 Davis, Casey, 1997  
 Davis, Steven, 1988-91  
 Davis, Tyler, 2009-10  
 Dazerooni, David, 1990  
 DeBall, Brandon, 1993-96  
 DeFraene, Gary, 1964  
 Delgado, Oscar, 1999-01  
 Dell, David, 1962-63  
 Dempsey, Ryan, 1994  
 Derby, Shawn, 1980  
 Dertinger, Lowell, 1957-58  
 Dibble, Ted, 2000-03  
 Dillon, James, 1954-56  
 Dilworth, Marshall, 2009-12  
 Doherty, Paul, 1938  
 Donlin, Joe, 1947-48  
 Donohue, James, 1981  
 Donovan, Dennis, 1959-61  
 Downey, Matthew, 1990

**E**

Eglesfield, George, 2013-2016  
 Ellenburg, Russ, 1971-74  
 Ellis, Andrew, 1984  
 Erdman, Richard, 1953, 56-57  
 Etchepare, Michael, 1982-85

**F**

Farris, William, 1948  
 Feierabend, Steve, 1981  
 Ferber, Guy, 2003-04  
 Ferreri, Joseph, 2012-2013  
 Fernandez, Joseph, 1947  
 Fernando, Mark, 1975  
 Fershisnik, Fred, 1977  
 Fichtner, Fred, 1982-84  
 Fish, Boyce, 1990  
 Fischer, Brandon, 2009-11

Fisher, Richard, 1964, 66  
 Fisher, Jason, 1995-98  
 Fisher, Alan, 1980  
 Fisser, Alan, 1980  
 Flatness, D.J., 1999  
 Flusch, Hollies, 1955  
 Fogel, Ron, 2003-07  
 Frazee, Daniel, 1993-96  
 Frey, Jeff, 2011-2014  
 Frickey, Gary, 1976  
 Fulfer, Guy, 1999-01  
 Fuller, Nathan, 2008-11

**G**

Gard, John, 1942  
 Garman, Jason, 2000-01  
 Geary, J. Bruce, 1966-67  
 George, Jon, 2000-03  
 Gerard, Chris, 1992, 94  
 Geyer, Jeffrey, 1990-93  
 Gibson, David, 1977-78  
 Glaser, Darrell, 1989-92  
 Gleason, Tony, 2001  
 Goin, Daniel, 1970-71  
 Gore, David, 1994  
 Gorski, Mike, 2001  
 Goudzwaard, Lance, 1990  
 Gough, Galen, 2002-03  
 Gravett, Richard, 1973-75  
 Gray, Brian, 1994  
 Griffel, Ethan, 2011-2014  
 Gregory, Tommy, 2007-10  
 Gresly, Bruce, 1964-67  
 Groutage, Jack, 1942  
 Guschewsky, James, 1952

**H**

Haas, Dalton, 2012-2013  
 Hackleman, Neil, 1994, 96  
 Hadley, Ed, 1991  
 Hagarty, Colin, 1980-82  
 Halfpenny, James, 1967-69  
 Halloran, James, 1940-41  
 Hanekamp, Rudy, 2014-Pres.  
 Hanson, Timothy, 1985-88  
 Harrington, Robert, 1960  
 Harrington, Benjamin, 1982-84  
 Hartley, John, 2006  
 Harvey, Joseph, 1941  
 Hatfield, William, 1938-39  
 Hawes, Donald, 1956  
 Heiden, Mark, 1981-83, 1985  
 Heinz, Greg, 1976  
 Helfrich, Jack, 1975  
 Helgeson, Chad, 1995-97  
 Hellenberg, Martin, 1984-85, 87  
 Henehan, Brett, 2009-11  
 Hembree, Mike, 1996-97, 99  
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 Herrom, Jack, 2016  
 Hess, Joe, 1986  
 Hettich, Michael, 1983-84, 86  
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 Hill, Nellis, 1938-39  
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 Hitchens, David, 1959-60  
 Hoch, David, 1977-79  
 Hodges, Marcus, 1949  
 Hollingsworth, Kirk, 1996-99  
 Holmberg, Henry, 2005-06

Holmes, Sam, 2008-09  
 Holub, Daniel, 1950-52  
 Hook, Russell, 1986-88  
 Hopkins, Damon, 1993-94  
 Horst, Bradley, 1993-95  
 Horton, Charles, 1980, 83-84  
 Hougardy, Devin, 2007-08  
 Hudson, Tom, 1983-86  
 Hunt, Dennis, 1977-79  
 Hunt, William, 1972-74  
 Hunter, William, 1972-74

**J**

Jackman, Lynn, 1972-74  
 Jacoby, J. Michael, 1957  
 James, Mark, 1976-79  
 Jarosz, Robert, 1977-78  
 Jarosz, Mark, 1977  
 Jarrell, Al, 1998-01  
 Jay, Bruce, 1977-78  
 Johnson, Christian, 2009-11  
 Johnson, Robert, 1989-91  
 Johnson, Ross, 2011  
 Johnson, O. Thomas, 1982-85  
 Jones, Dan, 2004-07  
 Jones, Matt, 2008-09  
 Jones, Patrick, , 2014-Pres.

**K**

Kaak, Scott, 1977-78  
 Kalms, Adam 2012-pres.  
 Kalus, Tim, 1996  
 Kane, Dixon, 1985-88  
 Kavalec, Kyle, 2007  
 Kazerooni, D. Shad, 1987-90  
 Kearns, Christopher, 1967-69  
 Kennedy, Glenn, 1985  
 Kershaw, Jonathan, 1995-98  
 Kester, Ken, 1993  
 King, Nick, 2003-07  
 King, Sam, 2005-08  
 Kirk, Robert, 1994-96  
 Kling, Darren, 1989-91  
 Kontrick, Andrew, 1964-66  
 Koochecki, Shawn, 2000  
 Kopischka, Layne, 1996-97  
 Korsvold, Jan-Erik, 1967-68  
 Koster, Kenneth, 1959  
 Kritzinger, Grant, 2001-05  
 Kriz, Richard, 1948  
 Kutsner, David, 1987-90  
 Kvederis, Jeffrey, 1983-84  
 Kybartas, Tyler, 2009-2013

**L**

Ladner, Nate, 2011  
 Landowski, Dean, 1990  
 Langas, Jeffrey, 1983-86  
 Langwell, Donald, 1954  
 Langwell, Eugene, 1955-57  
 Larkin, Alex, 2005-09  
 Larson, Charles, 1938-39  
 Lattin, Eli, 1983  
 Lauchner, Mark, 1976  
 Lavelle, Michael, 1983  
 Layral, Wayne, 1971  
 Layman, Austin, 2014-2016  
 Liebleler, Arlo, 1979-80  
 Leidy, Jacob, 2013-Pres.  
 Leopold, Brad, 2000-04



# COWBOY LETTERWINNERS

LeValley, Tevor, 2009-2013  
 Liebich, Frank, 1947  
 Linder, Timothy, 1978-80  
 Lipman, Jerry, 1960-62  
 Ljungberg, Hans, 1968  
 Logan, Nick, 2006  
 Lonsdorf, Ben, 2011  
 Lundgaard, Per, 1976  
 Lynch, John, 2003-07

## M

MacLean, Ethan, 2003-04  
 Malmberg, Per, 2000-01  
 Mantell, James, 1975, 77, 79  
 Marais, Carl, 2005  
 Markle, Ray, 1979  
 Marks, William, 1976, 78-80  
 Marsh, Stan, 1940-41  
 Martin, David, 1984  
 Matthews, Kent, 1975  
 Maurer, William, 1953  
 Maxwell, Jerry, 1959  
 Maynard, E. Paul, 1966-68  
 McCallum, Will, 2005-08  
 McConnell, Lloyd, 1972-74  
 McCormick, Michael, 2012-pres.  
 McCoy, Torrey, 1992-93  
 McGowan, Joseph, 1952  
 McGrath, Jody, 2000  
 McLaughlin, William, 1938  
 McMahon, Mike, 1993  
 McMahon, Tom, 1983-86  
 McNeely, Jon, 2000-04  
 Mead, Michael, 1959-61  
 Mecomber, Justin, 1996-97  
 Meggers, Lawrence, 1963  
 Messing, Alan, 1961  
 Metzsch, Liam, 2016  
 Miller, Adam, 2001-05  
 Miller, Aaron, 2005  
 Miller, Tyler, 2006-09  
 Miller, William, 1959-61  
 Miller, William, 1960  
 Miller, Richard, 1954-55, 57  
 Miller, Mike, 1981-84  
 Miller, Mark, 1985-88  
 Miller, Jeffrey, 1986-89  
 Milliman, Lloyd, 1963-65  
 Mills, Zach, 1999  
 Miyamoto, Douglas, 1992, 94-95  
 Moehlmann, Jurt, 1970  
 Moore, Kyle, 2016  
 Moreland, Morey, 1959-60  
 Morgan, Christopher, 1993-95  
 Morris, Donald, 1956  
 Mullens, Glenn, 1939, 41  
 Munson, Eric, 1978-79  
 Murdock, Mark, 2008-11  
 Murphy, David, 2016  
 Mussetter, Matt, 1998

## N

Naik, Narayan, 2011  
 Neary, Jeff, 1986  
 Neer, Michael, 1992, 94  
 Neithold, Edgar, 1960  
 Nelson, James, 1949  
 Nelson, Ryan, 2013-2016  
 Nelson, Scott, 1976  
 Nelson, Wade, 2014-pres.  
 Netzel, David, 1976-79

Newell, Scott, 1992, 94-95  
 Niesent, Seth, 2003  
 Niethold, Edgar, 1958-59  
 Niethold, Robert, 1957-59  
 Niland, Timothy, 1965-66  
 Nolan, James, 1947-50  
 Nunn, William, 1956-58

## O

O'Leary, Ryan, 2012-pres.  
 Oliver, Bruce, 1971  
 Oleson, Eric, 2014, pres.  
 Oleson, Evan, 2014-15.  
 Oreskovich, Richard, 1969-72  
 Orr, Joseph, 1938-39

## P

Page, James, 1983  
 Page, Douglas, 1982-84  
 Palmer, William, 1980-82  
 Pearson, Brian, 1987-88  
 Percy, James, 1975, 77-78  
 Perica, Bryce, 2002-05  
 Perrodin, John, 1949  
 Phillips, Ralph, 1947-48  
 Pierce, Theodore, 1969-70  
 Pink, Dave, 1993  
 Ploehn, John, 1965  
 Pohl, Marty, 1977-80  
 Porter, Jacob, 2014-pres.  
 Powers, Ken, 1969  
 Prah, Dennis, 1958-59  
 Pratt, Gregg, 1980  
 Prentice, Donald, 1950

## R

Radford, John, 1955-57  
 Rankin, Martin, 1951-53  
 Rasmussen, Shawn, 1983  
 Regan, Stewart, 1949  
 Rehard, Phil, 1997-00  
 Rehard, Jacob, 1999-01  
 Rehmeier, Jacob, 2014-Pres.  
 Renton, Chris, 1981  
 Rettinghouse, Austin, 2014, 2016  
 Rickrode, Dave, 1976  
 Rigg, James, 2008-09  
 Rigg, Ryan, 1994-97  
 Ring, Ronald, 1968-70  
 Ring, Kirby, 1970  
 Risher, Richard, 1965  
 Robbins, Robert, 1948  
 Rogers, Ronald, 1954-55  
 Rollins, Harold, 1947  
 Rooker, Gabriel, 2016  
 Russi, Ryan, 2014  
 Rutecki, Nick, 2011-2014

## S

Salisbury, Vernon, 1954  
 Sandham, Bryan, 1990  
 Satchell, Dale, 1957  
 Savaresy, Richard, 1938-39  
 Saxon, William, 1951  
 Scalise, Kyle, 2013-2016  
 Schiel, Douglas, 1963  
 Schmidt, Jerry, 1953  
 Schmitt, David, 2008-11  
 Schultz, Donald, 1976-77

Schwarz, Valentin, 2009-11  
 Seeling, John, 1986  
 Selde, Will, 2004  
 Sessa, Robert, 1950  
 Sether, Dylan, 2014-Pres.  
 Sether, Loren, 2016  
 Seymour, Chad, 2001  
 Sheaffer, Slade, 2014-present  
 Shears, Bryan, 2008  
 Shook, Sam, 2005-08  
 Simpkins, Alan, 1994-97  
 Sipple, David, 1984-87  
 Skarsgard, Brock, 2003  
 Smith, Michael, 2004  
 Smith, Curtis, 2006  
 Smyser, Tim, 1998-00  
 Snider, Jaime, 1999-00  
 Solberg, Mel, 1986  
 Soyvak, Fred, 1956  
 Spackman, Lowell, 1976-77, 79  
 Stauffer, Matthew, 1984, 86-87  
 Stensaas, Leonard, 1954  
 Stetson, Todd, 1977, 80  
 Stetson, Lynn, 1980-83  
 Stone, John, 1999  
 Storz, Damian, 2000-03

## T

Takai, Ross, 1987-90  
 Taylor, Beau, 2004  
 Temple, Ken, 1995-98  
 Toole, Michael, 1980-82  
 Trout, Craig, 1993-94  
 Turner, Jordan, 2012-2013  
 Tuttle, Leon, 1954-56  
 Typolt, Ryan, 1999-00

## U

Urich, Matt, 2005-09  
 Usher, Scott, 2001-05  
 Utsunomiya, Jon, 1976

## V

Van Nest, John, 1947  
 Vandel, John, 1954

## W

Wahlstrom, Marvin, 1948-49  
 Walker, Benjamin, 1994-97  
 Wallace, Colin, 1997-00  
 Waller, Kevin, 2013-Pres.  
 Walsh, Thomas, 1964  
 Wardell, Morgan, 2002-04  
 Washburn, Edward, 1986  
 Watts, John, 1951-52  
 Watts, Wallace, 1953  
 Weidert, Jake, 2000-03  
 Weirsema, Tom, 1973-74  
 Wells, David, 1986-87, 90  
 Welsh, Andrew, 1982-85  
 Wemhoff, Kyle, 2009-10  
 Wesley, David, 1995, 97-98  
 West, William, 1950  
 West, Frank, 1952  
 White, Kyle, 2014-pres.  
 White, Michael, 1963-65  
 White, Robert, 1968-69  
 White, Wayne, 1970-73  
 White, William, 1968-70

Wiersema, Thomas, 1970,72  
 Wigginton, Ralph, 1975  
 Wohlfeil, Rodd, 1985-88  
 Wonch, Allen, 1988  
 Woods, Harry, 1947  
 Woodward, Ryan, 1996-97  
 Woolery, Robert, 1990, 92  
 Wysocki, James, 1961-63

## Y

Yorgason, James, 1995-96

## Z

Zevalking, Richard, 1950  
 Zuhr, Kenneth, 1964  
 Zwonitzer, Ronald, 1954



**OSCAR DELGADO, 1999-01**



**DAMIAN STORZ, 2000-03**



**ROBBIE HILTON, 2007-10**



**ETHAN GRIFFEL, 2011-2014**



The University of Wyoming recognizes the special needs of today's Division I student-athlete and has made the commitment to address those needs with a comprehensive counseling program. In addition to the demands of being a student at the University of Wyoming, our student-athletes must also deal with the extra pressures associated with participating athletically in the most competitive major college division in the country.

The Athletic-Academic Counseling Office offers programs designed to assist each student-athlete in achieving their athletic and academic goals. The entire staff is dedicated to achieving the program goal of providing comprehensive services to ensure a successful student-athlete experience -- academically, personally, vocationally and athletically.

The University of Wyoming's Athletics Counseling Office offers a full range of services in the following four areas:

## 1. Academic Counseling

The core of our academic-support services is the tutorial and mentor program. A qualified staff of tutors and mentors assist students in clarifying their study material and, in the case of travel, help students catch up on what material was missed. In addition to the tutorial program, attention is given to each individual in the development of their class schedule. All UW student-athletes must take a minimum of twelve hours of classes each semester which directly apply to their chosen degree, and appropriate scheduling is a critical priority.

Study skills assistance is available for those who need special help in areas including test preparation, note taking and time-management techniques.

Finally, each student-athlete's academic progress is closely monitored during the semester for such things as attendance, current grade and class participation. Steps are taken to address deficiencies identified by student-athlete progress reports on an individual basis.

## 2. Personal Counseling

College life can be a stressful, as well as a rewarding experience. The additional pressures and stress of being a student-athlete can create problems which may inhibit the effectiveness of the individual in all aspects of life. Issues involving family, friends, school or sport may have a serious impact on the individual and these issues can be addressed with the help of the professional counseling that is available to each student-athlete.

## 3. Career Counseling

The purpose of obtaining a college education is to prepare an individual for meaningful employment following graduation. Needless to say, the act of choosing a useful major is indeed a challenging task considering the multitude of possibilities. Career counseling is available to assist student-athletes in the very important process of selecting a major that will lead to a desired career.

## 4. Personal Growth and Development

This component of the student-athlete counseling program consists of presentations and workshops that address the needs and concerns of today's student-athletes. Presentations feature issues such as Drugs/Alcohol Abuse, Becoming Your Personal Best, Sexual Awareness and Responsibility and Cultural Diversity. Our goal is to provide student-athletes with information that allows them to make informed choices about their personal behavior.

## UW Academic Quick Facts

**Founded:** 1886

**President:** Laurie Nichols

**Enrollment:** 13,929

**Campus Size:** 785 acres

**Undergraduate**

**Colleges:** 6

**Graduate/Professional**

**Colleges:** Graduate School, College of Law

**Average Class Size of All**

**Undergraduate Courses:**

29

**Average Class size of**

**Freshman Classes:** 35

**Student/Faculty**

**Ratio:** 15:1

## WYOMING STRENGTH AND CONDITIONING PROGRAM

The University of Wyoming strength and conditioning staff recognizes each UW student-athlete will spend a large amount of their undergraduate experience training and preparing to be successful in their chosen sport. The Wyoming strength and conditioning staff works diligently to enhance this experience using our expertise, knowledge and coaching abilities. Each full time coach is a certified strength and conditioning specialist.

The mission of the Wyoming strength and conditioning department is to foster a positive, safe, challenging and properly equipped training environment while developing all of the individuals physical qualities needed to be successful in their sport. Our approach calls for all coaches and athletes to work together towards developing an athlete's full physical and mental potential and thereby improving sport performance.

Training programs incorporate sport specific and scientifically proven training methods to produce a progressive and year-round training program. The focal points of this comprehensive training program includes:

mastery of correct training techniques, developing functional strength training, improving sport specific speed, power and agility, improving sport and position specific conditioning, work capacity and flexibility while also increasing the athletes knowledge of proper dietary practices. We feel this holistic approach will facilitate the individual's and team's ability to successfully compete in conference, regional and national championships.



**The Poke Power Plant  
inside the Rochelle Athletics Center**



## MOUNTAIN WEST

From its inception in 1999, the Mountain West has been committed to excellence in intercollegiate athletics, while promoting the academic missions of its member institutions. Progressive in its approach, the MW continues to cultivate opportunities for student-athletes to compete at the highest level, while fostering academic achievement and sportsmanship. Now in its 16th year, the MW has been assertive in its involvement with the NCAA governance structure and has taken a leadership role in the overall administration of intercollegiate athletics.



The Mountain West Conference was conceived on May 26, 1998, when the presidents of eight institutions — Air Force, Brigham Young, Colorado State, New Mexico, San Diego State, UNLV, Utah and Wyoming — decided to form a new NCAA Division I-A intercollegiate athletic conference.

10 MW schools compete in women’s swimming and diving. Nevada won the 2016 MW Women’s Swimming and Diving Championship.

The Cowgirls finished in fourth place at the MW Championships in 2014, 2015 and 2016.

The 2017 MW Championship will be held Feb. 15-18 at the Texas A&M Natatorium in College Station, Texas.



## WESTERN ATHLETIC CONFERENCE

The Western Athletic Conference announced that it added the sport of men’s swimming and diving beginning with the 2013-14 season.

“We are excited about the reinstatement of men’s swimming and diving to the Western Athletic Conference,” said Jeff Hurd, WAC Interim Commissioner. “We look forward to one of our original sports returning to the WAC and watching these teams work toward winning a conference championship.”

This is the second time that the WAC has sponsored men’s swimming & diving as the sport was part of the conference from its inaugural 1962-63 season through 1999-2000. Three of the programs which joined the WAC last year competed previously in the conference. Wyoming was an original member during all but one of those years while Air Force was added in 1980 and UNLV joined in 1996.

The 2017 WAC Championship meet will be held Feb. 22-25 at the CRWC Natatorium in Houston, Texas and will be combined with the women’s programs.

### MEN’S SWIMMING MEMBER INSTITUTIONS



- Air Force Academy
- CSU Bakersfield
- Grand Canyon
- North Dakota
- Seattle U
- UNLV
- Wyoming



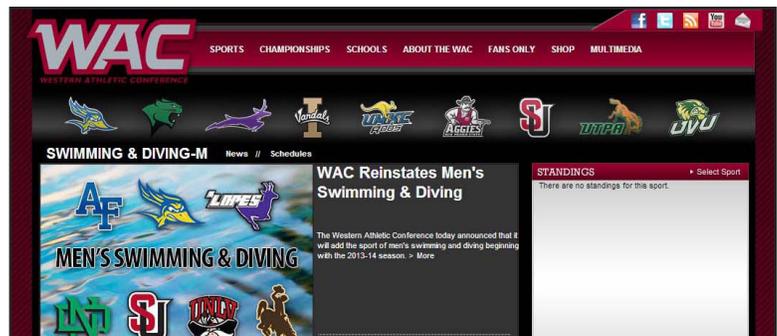
**Follow Wyoming Swimming and Diving on GoWyo.com**

Wyoming swimming and diving news releases, event recaps, schedule, roster, records, historical information, photos and biographical sketches of athletes and coaches are all available. Along with features on current swimmers and divers, prospective student-athletes can submit their information to the UW coaching staff at this site.

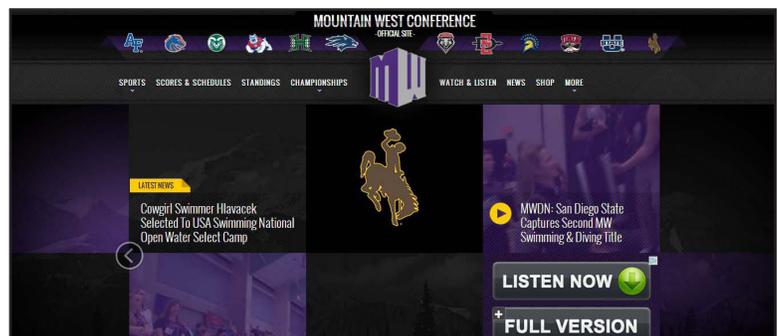


**Follow Wyoming Swimming and Diving on themw.com and wacsports.com**

*To see more conference information about Cowboy Swimming and Diving see the WAC men's swimming website.*



*To see more conference information about Cowgirl Swimming and Diving see the MW women's swimming website.*



# WYOMING TRADITIONS



## RAGTIME COWBOY JOE

The familiar fight song of the University of Wyoming athletics teams is Ragtime Cowboy Joe. This song is performed by the band as UW teams enter the playing surface, following a score or big play, and to fire up the fans. The Cowboy and Cowgirl student-athletes traditionally sing this following each Wyoming victory.



### *RAGTIME COWBOY JOE*

*"He always sings raggy music to the cattle as he swings back and forward in the saddle, on a horse - a pretty good horse! He's got a syncopated gaiter, and you ought to hear the meter to the roar of his repeater; how they run - yes run! - when they hear that he's 'a-comin', cause the western folks all know, he's a high-falootin', rootin, tootin', son of a gun from ol' Wyoming, Ragtime Cowboy, Talk about your Cowboy, Ragtime Cowboy Joe."*

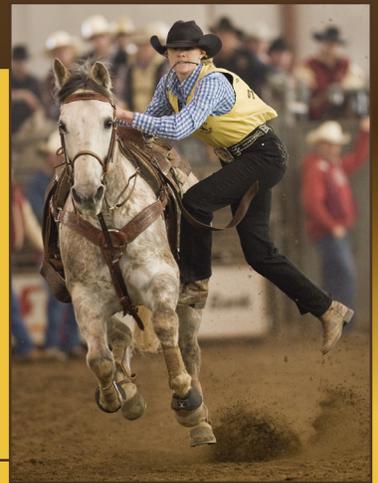
## THE WILD BUNCH

The Wild Bunch is the official athletics fan club for University of Wyoming students. The Wild Bunch is one BIG fan club for all 17 NCAA Division I sports at the University of Wyoming. The Wild Bunch leads Wyoming fans in spirit, tradition and passion for Wyoming Athletics. Members of the Wild Bunch receive multiple benefits, and as a student at UW, The Wild Bunch is the best way to become involved in Wyoming Athletics.



## COWBOY NICKNAME

The nickname "Cowboys" was applied to Wyoming athletic teams as early as 1891 - two years before the first official football game. The story is that the Wyoming pick-up football team appealed to a 220 pound cowpuncher, Fred Bush, for help in a game against the Cheyenne Soldiers. Bush signed up for a course or two and came out for the team. When he trotted onto the field decked out in a checkered shirt and Cowboy hat, someone yelled, "Hey, look at the Cowboy!" Since many of the members of the team were also ex-cowboys, the name stuck. When women's sports were added at UW, the nickname of Cowgirls was applied to those squads.



## COWBOY JOE PONY

Cowboy Joe IV, a fourth generation Wyoming mascot, trots around War Memorial Stadium after each Cowboy touchdown, a tradition which started in 1950 when the Farthing Family of Cheyenne made a generous donation of a young pony to become Wyoming's mascot. Cowboy Joe also represents UW in parades around the region, appears in Tailgate Park on football game days and leads the band and team in the pre-game Cowboy Walk. This beautiful little pony is very popular with Cowboy & Cowgirl fans of all ages.

# WYOMING TRADITIONS

## SPIRIT SQUADS

The primary purpose of Wyoming's Spirit Squads is to support the Cowboys and Cowgirls, and to serve as public relations ambassadors for the University of Wyoming. The UW cheer and pom squads work hard to get the crowd involved, lead cheers, entertain, and to boost the level of fan excitement and support to new extremes. In addition to their game-day involvement at UW Athletics' contests, Wyoming Spirit Squad members also make numerous appearances at university activities, functions, programs, charitable and public events. Cowboy and Cowgirl sports are flying high and the Wyoming Spirit Squads are leading the way.



## PISTOL PETE

Pistol Pete is a UW student mascot who works alongside the Wyoming Spirit Squads, encouraging the crowd and getting fans involved in the game.



## WESTERN THUNDER MARCHING BAND

The University of Wyoming Marching Band - "Western Thunder" - features musicians from nearly every major on campus, who perform for thousands of football fans each year at home and road Cowboy football games. The Wyoming Pep Band plays at numerous other UW sporting events.



## UW'S LOGO - STEAMBOAT

One of the nation's best, and most distinctive logos, the image on Wyoming's uniforms depicts a cowboy riding a bucking horse. This symbol has been a part of the University of Wyoming Athletics Department since the early 1920's, when UW Equipment Manger Deane Hunton obtained a photograph of a cowboy, Guy Holt, riding the world famous bucking horse Steamboat. Hunton had the photo made into a logo, which was then utilized by UW athletic teams. While there are differing opinions on exactly which horse and rider is depicted on all of UW's athletic uniforms today, it is the symbol that is important. The bucking horse and rider represents the toughness, and the never-say-die spirit that is Wyoming. A statue honoring the symbol called 'Fanning a Twister', was erected at the north entrance of UW's athletics facilities in 1991.



## BROWN AND GOLD COLORS

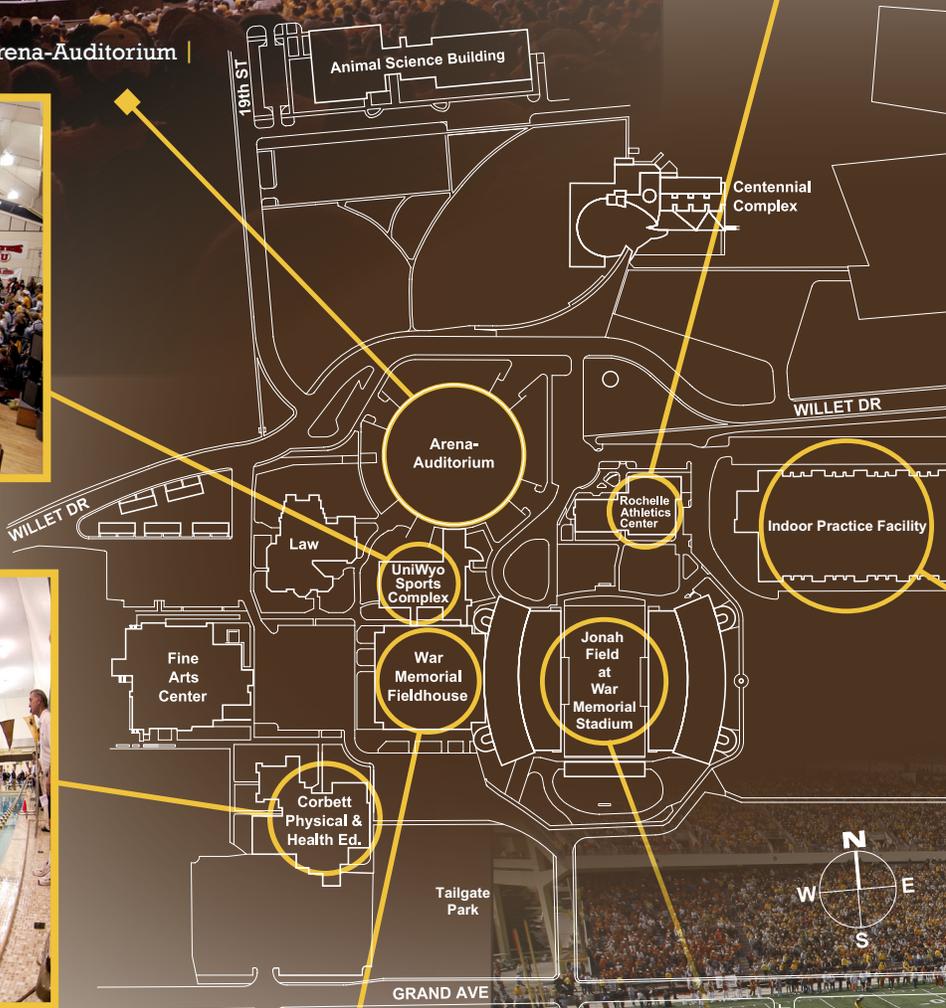
The story behind the colors of the University of Wyoming dates back to 1895. In the spring of that year, the first ever UW Alumni Banquet was held. Decorations for the banquet included Brown-Eyed Susans, a flower native of Southeastern Wyoming. The Alumni were so impressed with the colors (brown and yellow) and the beauty of the flowers that they decided to select these colors as the official school colors at UW. Currently, the colors are described as brown and gold.

# ATHLETICS FACILITIES

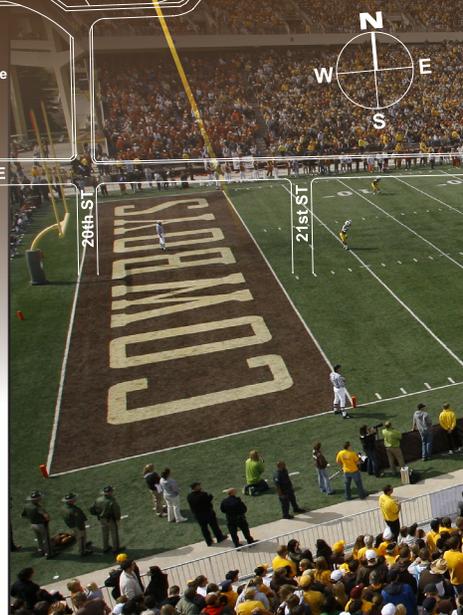


| UniWyo Sports Complex

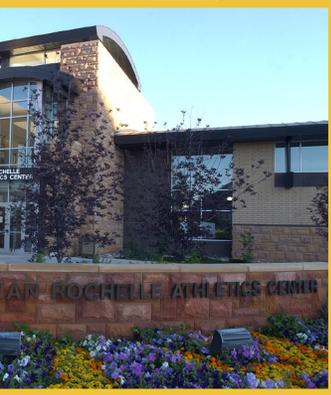
| Arena-Auditorium



| Corbett Pool |



# ATHLETICS FACILITIES



Rochelle Athletics Center



Louis S. Madrid Sports Complex



Glenn "Red" Jacoby Golf Course

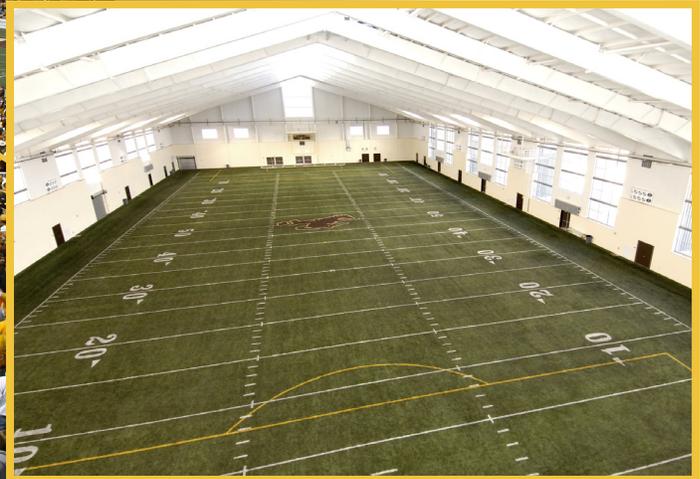


UW Tennis Courts

Indoor Practice Facility



Jonah Field at War Memorial Stadium



# A GREAT PLACE TO LEARN

Great people, great sports  
and a great education  
here at the University



Physical Science Building



McWhinney Hall



College of Engineering



Old Main



Classroom Building



**AMERICA'S BEST**  
 In August of 2010, UW was named one of the nation's best institutions for undergraduate education, according to the Princeton Review.  
 The University of Wyoming is listed 17<sup>th</sup> among "America's Best Public Colleges" in rankings released in 2009 by Forbes.com. Additionally, Forbes ranked UW fifth among its "America's Best College Buys."



College of Education



American Heritage Center

# A GREAT PLACE TO LEARN

Surroundings,  
and...it's all  
of Wyoming.



| Half Acre Gymnasium |



| Health Sciences Building |



| Washakie Center |



| Arts & Sciences Building |

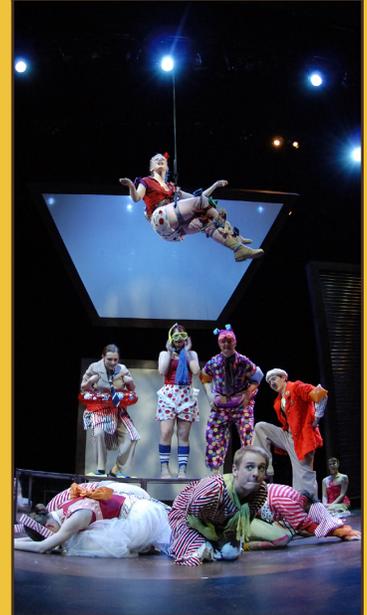
Spend some time here and you'll agree that much of UW's character is shaped by this great "home on the range." Laramie, the location of the main campus, is a safe, friendly community of 30,000 people. Nestled between the Laramie and Snowy Range mountains in southeastern Wyoming, it's a beautiful, unspoiled place with a special life-style.

The campus extends over 785 tree-shaded acres. There's an attractive mix of modern and traditional structures; many were built with native Wyoming sandstone. It's a place where the sun shines 320 days each year. It's hard to be gloomy here. When you view it from 7,200 feet, you see things more clearly. But it's not just a pretty place; it's also a place that works.

Up-to-date facilities support the learning and research mission that makes UW special. There are classrooms with state-of-the-art computer technology, laboratories with the latest equipment, excellent libraries, computer systems with universal Internet access, and a long list of premier research facilities both on campus and in the surrounding area.



| Coe Library |



# WYOMING... Like No Place on Earth

They say it's beauty is like no other, and you fall in love with its people.

Wyoming, it is like no place on earth. Within it's boundaries is America's first and largest national park, Yellowstone. The unbounding beauty there includes "Old Faithful" geyser and Yellowstone Lake, the world's largest high-mountain lake. There is Yellowstone Falls, so awe-inspiring, it'll take your breath away. There are over 260 different species of animals and birds located there.

Wyoming's wonders seem to be unending. There is Grand Teton National Park, whose centerpiece is the spectacular Teton Mountain Range. There is Devil's Tower, America's first national monument. There is the world's largest mineral hot springs located in Thermopolis. There is the beauty of Ten Sleep Canyon and a hundred other places.

For breathtaking beauty, Wyoming is unmatched. Its reputation brings millions of visitors to its borders each year. Plus, some of the best skiing in America can be found in Wyoming. Tourists and sportsmen can't wait to get here to enjoy the clean mountain air and limitless outdoor attractions.

The history of the great American West can be heard whistling through the trees of Wyoming. Wyoming had an historic place in the taming of the West in the late 1800's. Butch Cassidy and the Sundance Kid were two of Wyoming's most famous citizens during the era of lawlessness. There remain plenty of reminders of an age that will live forever in American lore.

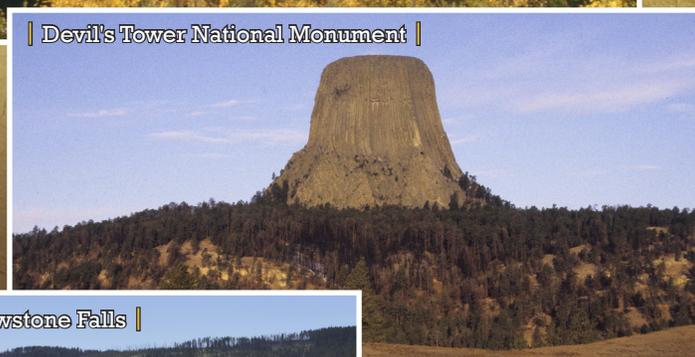
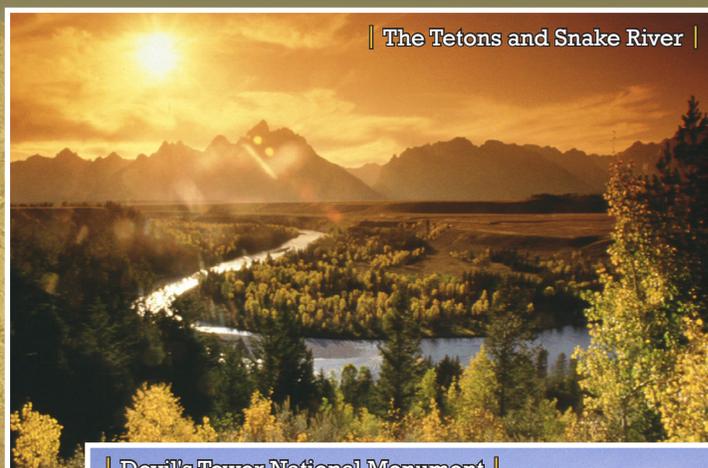
People are Wyoming's strongest resource. These folks are down to earth, friendly and helpful. And, oh how proud they are of their Cowboys and Cowgirls. Wyoming has some of the best fans in America. As their only four-year university, Wyoming folks are tremendously supportive of their teams.

Yet, as down to earth as they are, many Wyomingites are on the cutting edge of politics, entertainment and business. Among some of the most famous are: former Vice President of the United States Dick Cheney; Dr. Jerry Buss, owner of the Los Angeles Lakers; Dean Conger, former chief photographer of the National Geographic Society; Curt Gowdy, the most decorated national sportscaster in history; Alan Simpson, former United States Senator; Gerry Spence, attorney and television personality; and General Pete Schoomaker, former U.S. Army Chief of Staff.

For great people, great scenery and a great education, there is no place quite like Wyoming.

#### Photos on this Page:

We wish to thank the Wyoming Division of Tourism for the photos featured on this page. (Top) The Tetons and Snake River. (Middle Top) Devil's Tower National Monument. (Middle Bottom) Yellowstone Falls. (Bottom) Old Faithful.



# LARAMIE...the Clear Choice

One of the best things about Laramie is its location between two beautiful mountain ranges. It's a place of blue skies and clean air. Much of the area surrounding Laramie is public National Forest land. That means great access! You can head for the nearby mountains and find yourself on a hiking, biking or skiing trail within 15 minutes. There's also nearby rock climbing at the impressive Vedauwoo formations. You can be downhill skiing in the Snowy Range within 45 minutes. Laramie is convenient to the world-class skiing offered in Steamboat Springs and other Colorado resorts.

For a different kind of fun, you can be in Denver within two and a half hours. There is an amazing array of culture throughout the area, plus the tremendous sports heritage of the Rockies, Broncos, Nuggets and Avalanche.

With its colorful Western heritage, cultural activities and outstanding outdoor recreation, the Laramie area offers a unique flavor that delights visitors from all over the world.



## *Things to Check Out In Laramie:*

- ✓ Rappel down a rock face at Vedauwoo
- ✓ Ski, mountain bike or hike the trails at Happy Jack
- ✓ Snowboard the slopes at the Snowy Range Ski Area
- ✓ Catch a trophy fish at Lake Hattie



