



WYOMING



2016-17 TRACK AND FIELD NOTES

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Quick Facts

Location	Laramie, Wyo.
Founded	1886
Enrollment	13,551
Nickname	Cowboys/Cowgirls
School Colors	Brown & Gold
President	Laurie Nichols
Athletics Director	Tom Burman
Affiliation	NCAA Division I
Conference	Mountain West
Website	GoWYO.com

Coaching Staff

Head Coach	Bryan Berryhill
Alma Mater	Colorado State, 2001
Season at UW	Fifth
Associate Head Coach/Throws	Paul Barrett
Season at UW	23rd
Assistant Coach/Distance	Amanda Clower
Season at UW	Eighth
Assistant Coach/Sprints	Shaun Meinecke
Season at UW	Fifth
Assistant Coach/Jumps	Quincy Howe
Season at UW	12th
Assistant Coach/Operations	Whitney Henderson
Season at UW	Second

Team Info

2016 Men's MW Indoor Finish	5th (70 pts)
2016 Men's MW Outdoor Finish	6th (44 pts)
NCAA West Preliminary Qualifiers	4
Men's All-MW Honors	7
Men's Letterwinners Returning	6
Men's Newcomers	9
2016 Women's MW Indoor Finish	5th (59 pts)
2016 Women's MW Outdoor Finish	9th (35 pts)
NCAA West Preliminary Qualifiers	3
Women's All-MW Honors	15
Women's Letterwinners Returning	9
Women's Newcomers	7

Media Relations

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Meet Information

Meet	Jerry Quiller Classic
When	Saturday, March 18, 2017
Where	Boulder, Colo. Potts Field
Time	11:00 a.m. MT (Track Events) 11:00 a.m. MT (Field Events)



Notes

Pokes Set to Begin 2017 Outdoor Campaign in Boulder at Jerry Quiller Classic

The 2016-17 indoor track & field season has come and gone for the University of Wyoming track & field team, but the work continues outdoors as the Pokes head to Boulder, Colo., for the Jerry Quiller Classic on Saturday. The Cowboys are coming off a fifth-place finish at the 2017 Mountain West Indoor Track & Field Championships, while the Cowgirls are coming off a 10th-place finish. The program earned 11 all-conference awards at the meet, as three athletes (Scott Carter, Bryce Ailshie and Jerayah Davis) each received multiple accolades from the Mountain West for top-three finishes in their respective events.

After collecting Wyoming's only event win by defending his conference title in the men's triple jump at the MW indoor championships, Carter returns for his final outdoor season after redshirting the 2016 outdoor campaign. The senior leader will be looking for his first outdoor all-conference award in the triple jump since the 2014 campaign, when he leapt 50 feet, 2.5 inches to take third at the MW outdoor championships. Carter is coming off a brilliant performance at the MW indoor championships in which he earned 23 of the Cowboys' 60 points by taking first in the triple jump, second in the long jump and fourth in the 60-meter hurdles. Carter's best outdoor conference finish in the long jump was fifth in 2014, so the senior will attempt to climb into all-conference territory in the event as he did indoors.

After missing qualification to the NCAA Outdoor Track & Field Championships in the 110-meter hurdles by just one spot in 2016, fellow senior Jordan Charles will have one final chance to prove himself one of the country's best in the event in 2017. Charles placed second in the 60-meter hurdles at the 2017 MW indoor championships, running a blazing time of 7.80 seconds. Charles has earned all-conference awards in the 110-meter hurdles in all three of his collegiate seasons but seeks his first conference title in the event in 2017.

Sophomore star Jerayah Davis enters the outdoor season on the heels of two runner-up finishes in the long jump and 60-meter dash at the MW indoor championships. She will attempt to convert her success in track & field's shortest indoor sprint event to the 100 meters outdoors, where she owns the No. 6 mark in UW history at 11.81 seconds. Fellow sophomore Ja'la Henderson crossed the 20-foot milestone in the long jump for the first time in her career during the indoor season, and will look to do the same outdoors after winning the event four times outdoors during the 2016 campaign. Henderson currently holds the No. 9 mark on the UW all-time list for the outdoor long jump at 19-5.25.

Middle distance duo Ricky Faure and Bryce Ailshie will attempt to continue wreaking havoc on opposing 800-meter runners during the 2017 outdoor season after finishing third (Ailshie) and fourth (Faure) in the event at the 2017 MW indoor championships. Faure redshirted the 2016 outdoor season and will return to the outdoor track for the first time since 2015, when he

2016-17 Schedule & Results

Indoor				Outdoor			
Date	Meet	Location	Time/Result	Date	Meet	Location	Time/Result
12/9	Power Meet	Laramie, Wyo.	NTS	3/18	Jerry Quiller Classic	Boulder, Colo.	TBA
1/13-14	Potts Indoor Invitational	Boulder, Colo.	NTS	3/25	Fum McGraw Quad	Fort Collins, Colo.	TBA
1/19	Air Force Invitational	Colorado Springs, Colo.	NTS	3/31-4/1	Stanford Invitational	Stanford, Calif.	TBA
1/28	Dual vs. Montana State	Gillette, Wyo.	W-W, M-L	4/1	Tom Benich Invite	Greeley, Colo.	TBA
2/3	Washington St. Cougar Invite	Pullman, Wash.	NTS	4/7-8	CU Invite	Boulder, Colo.	TBA
2/3-4	Colorado Open	Boulder, Colo.	NTS	4/13-15	Mt. SAC Relays	Torrance, Calif.	TBA
2/10-11	Don Kirby Invite	Albuquerque, N.M.	NTS	4/14-15	Mark Faldmo Invitational	Logan, Utah	TBA
2/17	Rocky Mountain Classic	Laramie, Wyo.	NTS	4/21-22	Jack Christiansen Invite	Fort Collins, Colo.	TBA
2/23-25	MW Championships	Albuquerque, N.M.	M-5th, W-10th	4/28	7220 Invite	Laramie, Wyo.	TBA
				5/5	Dual vs. Colorado State	Fort Collins, Colo.	TBA
				5/10-12	MW Championships	Logan, Utah	TBA
				5/25-27	NCAA West Prelims	Austin, Texas	TBA
				6/7-10	NCAA Championships	Eugene, Ore.	TBA

All times Mountain and subject to change | NTS = No Team Scores

Head Coach Bryan Berryhill

Bryan Berryhill enters his fifth season as head coach of the University of Wyoming track and field/cross country programs in 2016-17.

During the 2015 cross country season, the former professional runner led the Cowboys to a fourth-place finish in the Mountain

West, tying the highest finish in program history. The men's hurriers collected 89 points at the conference championships, just four points more than Wyoming's lowest total at a MW championship meet. Berryhill led the Cowgirls to a fifth-place finish at the MW championships despite having no seniors and just one junior in the team's top five.

Berryhill coached senior hurriers Aaron Derner and Amos Bowen to USTFCCCA All-Region honors after each finished in the top 25 at the NCAA Mountain Regional meet. During the indoor track & field season, Wyoming collected eight individual All-MW honors while the women's squad earned All-MW status in the Distance Medley Relay. Hurdler Jordan Charles went on to become an Honorable Mention All-American in the 60-meter hurdles. Outdoors, the team earned four more All-MW honors and seven athletes advanced to the NCAA West Preliminary Round. Under Berryhill, Wyoming's student-athletes have notched 156 top-10 individual and relay marks in school history, including 11 school records.

Before Wyoming, Berryhill served as the head cross country and assistant track coach at Colorado State from 2006-2012. He was named the 2007 Women's NCAA Regional and Mountain West Conference Women's Cross Country Coach of the Year after the CSU women won their first ever team titles at the Mountain West championships and the NCAA Mountain Region championships in the same season.

He had a stellar collegiate career at CSU, earning 10 All-America honors in cross country and track. A national champion in the indoor 1-mile run and outdoor 1,500-meter run in 2001, Berryhill holds five individual and three relay records at CSU. He competed as a professional track athlete from 2001-04 and 2005-07.

The CSU women finished second or better at the MW Cross Country Championships in four of the six years of Berryhill's tenure. During his time with the Rams, he coached student-athletes to six school records and coached the only CSU woman to win a Mountain West cross country individual title with April Thomas' win in 2007.

Berryhill received his bachelor's degree in forestry from CSU in May 2001. He and his wife, Toni, have three children: Libby, Eli and Lainey.

Personal-Best Times

800 Meters: 1:46

Mile: 3:54

1,500 Meters: 3:35

picked up a conference title in the 800 meters. Faure is also searching for the UW school record in the outdoor 800 meters, as he is currently ranked No. 2 all-time at UW with a time of 1:47.59 while Wesley Maiyo's time of 1:46.44 from 1975 remains at the top of the list. Ailshie will join him in the quest, as his current personal best in the 800 meters outdoors is 1:50.05. Senior Cowgirl Cassidy Meade is fresh off setting a school record in the 800 meters at the MW indoor championships, and will try for her first all-conference performance in the event outdoors after finishing sixth in the conference standings last season. Meade owns the No. 4 outdoor 800 meters time in program history at 2:09.77.

All seven of the aforementioned athletes will be in the spotlight as the Cowboys and Cowgirls travel to Boulder for the first outdoor meet of the year. Saturday's action begins at 11 a.m. MT at Potts Field, with the men's 3,000-meter steeplechase and a number of field events slated to get the day started. The final scheduled track event is the women's 4x400-meter relay, which is scheduled to begin at 3:10 p.m. MT.

Last Time Out: Carter's Repeat, Two UW Records Headline Final Day of MW Championships

Wyoming senior Scott Carter successfully defended his conference crown in the men's triple jump while senior Cassidy Meade and the men's 4x400-meter relay team established new program records as the University of Wyoming track & field team wrapped up competition at the 2017 Mountain West Indoor Track & Field Championships on Saturday. The Cowboys finished the team competition in fifth place with 60 points, while the Cowgirls finished 10th overall with 36 team points.

Carter finished the meet with 23 of Wyoming's 60 points, inspiring head coach Bryan Berryhill to acknowledge what he has meant to the Brown and Gold for the last four seasons. "Scott's been a big contributor for this program his whole career, so for him to go out today and win the triple jump title is pretty special," Berryhill said. "He's a special athlete, and we appreciate everything he's done for us over his career."

Carter's mark of 50 feet, 8.25 inches was good enough for his second consecutive MW indoor title in the men's triple jump, as the senior triumphed over Colorado State's Preston Williams by three inches. Carter showed his incredible versatility by taking fourth in the men's 60-meter hurdles as well, posting a personal record of 7.95 seconds that is tied for third on the UW all-time list for the event. Senior teammate Jordan Charles earned all-MW honors in the event, taking second place with a time of 7.80.

Sophomore Jerayah Davis followed her runner-up performance in the women's long jump with a runner-up finish in the women's 60 meters, clocking a time of 7.30 in the finals. Freshman Jackson Wood was another point-scorer in the sprints for the Brown and Gold, taking eighth in the men's 400 meters with a time of 48.70.

The Cowboys' 4x400-meter relay team consisting of Jace Marx, Kevin Blackett, Wood and Bryce Ailshie earned all-conference honors by finishing third in the event, breaking a 17-year old school record with a time of 3:13.46. The previous record of 3:13.74 was set in 2000. Ailshie earned individual all-MW honors with a third-place finish in the 800 meters, clocking an adjusted time of 1:49.57 that ranks fourth on the UW all-time list. Ricky Faure finished right behind Ailshie, posting an adjusted time of 1:50.27 for fourth place.

"They went out there and competed," Berryhill said of the men's 4x400-meter relay team. "To be at the end of the meet and have that much energy, for them to go out there a little bit tired and get the school record, that says a lot about who they are."

Senior Cassidy Meade established a new University of Wyoming record in the women's 800 meters, clocking an adjusted time of 2:09.77 to break Candace Wollert's previous record of 2:10.52. Meade finished fifth overall, while Kerry White added another point for the Cowgirls by taking eighth.

"Cassidy's a great kid," Berryhill said. "She's gotten better and better each year. Right before the race, I said 'hey, let's go get the school record,' and she said 'well, it's my last chance.' So that was pretty neat."

In the women's 3,000-meter run, Megan Brunette posted a personal record with an adjusted time of 9:50.27, good for No. 5 on the UW all-time list.

Day Timberman and Allegra Carson went 7-8 in the women's triple jump, finishing with marks of 38-2 and 37-10.75, respectively. Along with Carter's win, Kyle Alexander added a point for the Cowboys with a mark of 45-5.25 for eighth place in the men's triple jump. Freshman Anissa Warner earned a share of seventh place in the high jump, adding a point for the Cowgirls with a mark of 5-4.25.

Martin Fitzwater's toss of 53-0.25 in the shot put contributed a point for the Cowboys as the sophomore took eighth place.

The Cowboys' fifth place finish was identical to their 2016 indoor finish. Colorado State captured both the men's and women's team titles, scoring 183 points on the men's side and 102.5 on the women's side.

UW Racks Up 11 All-Mountain West Awards

The Mountain West announced its 2017 Indoor Track & Field All-Conference Team on Monday, Feb. 27, with five Wyoming individuals and one relay team earning all-MW honors. The Cowboys and Cowgirls earned a total of 11 all-conference accolades at the annual indoor championship meet. The Cowboys' eight total awards tie for their most since 2007, when they collected nine honors.

2016-17 Wyoming Notes

2016-17 MW Athletes of the Week

Wyoming's Winners

Women's Indoor Track Athletes of the Week

Date	Name	Class	Events
12/13	Jerayah Davis	So.	60m/LJ

Men's Indoor Field Athletes of the Week

Date	Name	Class	Events
1/31	Scott Carter	Sr.	TJ/60h

USTFCCCA Regional Rankings

MOUNTAIN REGION

Women (Feb. 20)

Rank	School	Conf.	Last Week
1.	Colorado	Pac-12	2
2.	Texas Tech	Big 12	1
3.	Colorado State	MW	3
4.	UTEP	C-USA	5
5.	BYU	WCC	4
6.	Montana	Big Sky	6
7.	Northern Arizona	Big Sky	8
8.	New Mexico	MW	7
9.	Nevada	MW	9
10.	Wyoming	MW	11
11.	Montana State	Big Sky	10
12.	Air Force	MW	12
13.	Utah State	MW	13
14.	Weber State	Big Sky	15
15.	N. Colorado	Big Sky	14
16.	Utah	Pac-12	16
17.	Idaho State	Big Sky	17
18.	Southern Utah	Big Sky	18
19.	New Mexico St.	WAC	19

Men (Feb. 20)

Rank	School	Conf.	Last Week
1.	Texas Tech	Big 12	1
2.	BYU	WCC	2
3.	Colorado State	MW	3
4.	Air Force	MW	4
5.	Colorado	Pac-12	5
6.	UTEP	C-USA	6
7.	Utah State	MW	7
8.	Northern Arizona	Big Sky	8
9.	Montana State	Big Sky	10
10.	Wyoming	MW	12
11.	New Mexico	MW	9
12.	Southern Utah	Big Sky	11
13.	Idaho State	Big Sky	13
14.	Montana	Big Sky	14
15.	N. Colorado	Big Sky	15
16.	Weber State	Big Sky	16

Interview Policies

Interviews, either in person or via telephone, with members of UW's coaching staff and student-athletes must be coordinated through Media Relations Graduate Assistant Nate Lake at least one day in advance.

Home and/or cell phone numbers will not be provided to the media by the coaches, student-athletes, or the athletic department. Media are asked not to request an individual's personal contact information, including e-mail and cell number, but rather to contact Nate.

Senior Scott Carter was Wyoming's lone event winner, securing the conference crown in the indoor triple jump for the second straight season. He also finished second in the long jump, marking his second straight season earning all-MW honors in both events. The two all-conference awards give Carter five such indoor awards in his career.

Fellow senior Jordan Charles earned all-MW honors in the 60-meter hurdles for the fourth consecutive season, taking runner-up honors in the event for the second straight year. Charles exits his indoor career with three runner-up finishes and one conference title in the event (2015).

Sophomore middle distance star Bryce Ailshie was one of two Cowboys to earn multiple all-MW accolades, collecting an individual honor with his third-place finish in the 800 meters and also earning an all-conference award with the 4x400-meter relay team that posted a school record of 3 minutes, 13.46 seconds. Ailshie's individual honor in the 800 meters gives Wyoming an all-conference recipient in the event for the fourth consecutive season.

Redshirt freshmen Jackson Wood and Jace Marx, along with junior Kevin Blackett, all earned their first all-MW honors as part of the first Cowboy 4x400-meter relay team in program history to receive the award. The third-place finish for the Cowboys matches their second-best at the MW indoor championships.

On the women's side, sophomore Jerayah Davis earned her second and third individual indoor all-MW accolades with runner-up finishes in the 60 meters and long jump. Ja'la Henderson added a third-place finish in the long jump for her second indoor all-conference award.

Davis and Henderson's 2-3 finish in the long jump marks the first time since 2014 that the Cowgirls have received two individual all-MW awards in one indoor event, as Holly Page and Audra DeStefano were both named to the all-MW team in the 5,000 meters that season. It was the first time that two Cowgirls earned all-MW honors in the long jump at the same MW indoor championship meet.

Texas A&M, Oregon Collect Team Titles at 2017 NCAA Indoor Track & Field Championships

Host Texas A&M emerged victorious on the men's side at the 2017 NCAA Indoor Track & Field Championships in College Station, Texas, while Oregon won the women's team title. Below is a rundown of the final team standings from championship meet.

MEN			WOMEN		
Rk.	School	Points	Rk.	School	Points
1	Texas A&M	46.00	1	Oregon	84.00
2	Florida	45.50	2	Georgia	51.00
3	Oregon	38.00	3	Alabama	37.00
4	Georgia	35.50	4	Southern California	35.00
5	Arkansas	33.00	5	Arkansas	32.50
6	LSU	30.00	6	Kentucky	26.00
7	Virginia Tech	23.50	7	Colorado	21.00
8	Alabama	22.00	8	Miami (Fla.)	18.00
9	Texas	21.00	8	Missouri	18.00
10	Syracuse	20.00	10	Penn State	14.00
10	Tennessee	20.00	10	Stanford	14.00
12	Colorado State	18.00	12	Ole Miss	13.00
13	Tulsa	14.00	12	Texas A&M	13.00
14	Southern Illinois	13.00	14	Baylor	12.00
14	Texas Tech	13.00	14	Florida	12.00
16	Colorado	12.00	14	Michigan	12.00
16	Georgetown	12.00	14	Purdue	12.00
16	Houston	12.00	18	BYU	11.00
16	Ole Miss	12.00	18	Louisville	11.00
16	Virginia	12.00	18	LSU	11.00
21	Southern California	11.00	21	Cincinnati	10.00
22	Kentucky	10.00	21	Mississippi State	10.00
22	Michigan	10.00	21	Samford	10.00
22	New Mexico	10.00	21	San Diego State	10.00
22	South Dakota	10.00	25	South Carolina	9.00
22	UTEP	10.00	25	Texas	9.00
27	Akron	9.00	27	Arizona State	8.00
27	Kansas	9.00	27	Kansas State	8.00
29	Indiana	7.00	27	Kent State	8.00
30	Arkansas State	6.00	27	New Hampshire	8.00
30	Campbell	6.00	27	Ohio State	8.00
30	Illinois	6.00	27	Virginia Tech	8.00
30	Middle Tennessee	6.00			
30	Oklahoma State	6.00			
30	Youngstown State	6.00			

Next Up

Wyoming heads to Fort Collins, Colo., for the Fum McGraw Quadrangular on March 25.

2016-17 Wyoming Notes

Cowboy Roster (32)

Name	Event(s)	Cl.	Hometown
Bryce Ailshie	Middle Distance	SO	Kingsport, Tenn.
Kyle Alexander	Jumps	SO	Cheyenne, Wyo.
Kevin Blackett	Sprints	JR	Rapid City, S.D.
Scott Carter	Jumps/Hurdles	SR	Elizabeth, Colo.
Jordan Charles	Sprints/Hurdles	SR	Aurora, Colo.
Michael Choma	Sprints	FR	Casper, Wyo.
Robert Creager	Jumps	JR	Casper, Wyo.
Michael Downey	Distance	SO	Cheyenne, Wyo.
Harry Ewing	Distance	FR	Hamilton, NZ
Ricky Faure	Middle Distance	SO	Rock Springs, Wyo.
Martin Fitzwater	Throws	SO	Lusk, Wyo.
Hap Frketich	Throws	FR	Newberg, Ore.
Jesse Gray	Distance	JR	Rock Springs, Wyo.
Christopher Henry	Distance	FR	Laramie, Wyo.
Jonah Henry	Distance	JR	Laramie, Wyo.
Daniel Hintz	Middle Distance	FR	Tauranga, NZ
Trey Jennings	Multi-Events	FR	Casper, Wyo.
Calum Kepler	Middle Distance	JR	Casper, Wyo.
Isaac Kiefer	Middle Distance	JR	Buffalo, Wyo.
Sam Kirkeide	Sprints	SO	Missoula, Mont.
Garrett Lynch	Throws	JR	Powell, Wyo.
Jace Marx	Sprints	SO	Big Piney, Wyo.
Kyle Pollock	Jumps	FR	Wheatland, Wyo.
Michael Rotellini	Distance	JR	Sheridan, Wyo.
Mike Seas	Distance	SR	Celina, Ohio
Caleb Seeton	Multi-Events	SR	Fort Collins, Colo.
Jay Shuman	Multi-Events	FR	Palisade, Colo.
Phillip Thomas	Middle Distance	SO	Fountain, Colo.
Damon Unland	Throws	SR	Spokane, Wash.
Kirk Unland	Throws	FR	Spokane, Wash.
Bobby Wingeleth	Jumps	SR	Lyman, Wyo.
Jackson Wood	Middle Distance	SO	Cheyenne, Wyo.

Roster Breakdown

Returning NCAA Qualifiers: Bryce Ailshie (800 Meters), Jordan Charles (60-Meter Hurdles, 110-Meter Hurdles, 400-Meter Hurdles), Garrett Lynch (Discus)

Lost NCAA Qualifiers: Tyler Anderson (Hammer)

Returning All-MW Honorees: Ricky Faure (800 Meters), Jordan Charles (60-Meter Hurdles, 110-Meter Hurdles), Scott Carter (Long Jump, Triple Jump)

Lost All-MW Honorees: Tyler Anderson (Weight Throw, Hammer Throw)

By Status

Letterwinners Returning:	6
Squad Members Returning:	17
Newcomers:	9

Cowgirl Roster (41)

Name	Event(s)	Cl.	Hometown
Danielle Alexander	Middle Distance	SR	Cheyenne, Wyo.
Madison Ashworth	Jumps	SO	Thayne, Wyo.
Calbi Ausmann	Distance	FR	Newcastle, Wyo.
Hannah Bertelson	Jumps	JR	Midland, Texas
Ashley Bock	Distance	FR	Fort Collins, Colo.
Megan Brunette	Distance	SR	Colorado Springs, Colo.
Hannah Carr	Throws	JR	Monument, Colo.
Allegra Carson	Jumps	SO	Wichita, Kan.
Jerayah Davis	Sprints/Jumps	SO	Casper, Wyo.
Audra DeStefano	Middle Distance	SR	Gillette, Wyo.
Quinn DeStefano	Distance	JR	Gillette, Wyo.
Ashley Dodds	Hurdles	JR	Laramie, Wyo.
Kacey Doner	Distance	FR	Fort Collins, Colo.
Jordan Edmonds	Sprints	SO	Colorado Springs, Colo.
Lauren Hamilton	Middle Distance	JR	Monument, Colo.
Melina Harris	Sprints	JR	Cheyenne, Wyo.
Ja'la Henderson	Jumps/Sprints	SO	Dayton, Ohio
Sofia Hof	Jumps	SO	Casper, Wyo.
Holly Huber	Hurdles	SO	Green River, Wyo.
Kirsten Kropkowski	Distance	FR	Colorado Springs, Colo.
Kiah Leonard	Distance	SO	Berthoud, Colo.
Emelda Malm-Annan	Throws	SO	Elk Grove, Calif.
Madison Marsh	Jumps	JR	Grand Junction, Colo.
Cassidy Meade	Middle Distance	SR	Laramie, Wyo.
Clare Nicolas	Sprints	JR	Elizabeth, Colo.
Emily Person	Middle Distance	SO	Rapid City, S.D.
Heidi Pfoor	Hurdles	JR	Cheyenne, Wyo.
Makayla Pzinski	Sprints	SO	Gillette, Wyo.
Solana Quistorff	Distance	SO	Castle Rock, Colo.
Karlin Rufenacht	Jumps	SO	Peyton, Colo.
Mikalah Skates	Hurdles	SR	Casper, Wyo.
Victori Sleep	Throws	JR	Powell, Wyo.
Day Timberman	Jumps	JR	Casper, Wyo.
Ashley Urman	Distance	SO	Princeton, Minn.
Regan VanDePol	Distance	SO	Broomfield, Colo.
Anissa Warner	Jumps	FR	Powell, Wyo.
Emily White	Throws	FR	Green River, Wyo.
Kerry White	Middle Distance	SR	Te Aroha, New Zealand
Shana Wilcoxson	Jumps	SR	Burns, Wyo.
Ariana Williams	Hurdles	SO	Murray, Utah
Kayla York	Throws	SO	Cedar Lake, Ind.

Roster Breakdown

Returning NCAA Qualifiers: Audra DeStefano (Steeplechase)

Lost NCAA Qualifiers: McKenzie Brogan (400-Meter Hurdles), Sabina Sandberg (High Jump)

Returning All-MW Honorees: Jerayah Davis (60 Meters), Audra DeStefano (5,000 Meters, DMR, Steeplechase), Ja'la Henderson (Long Jump), Emelda Malm-Annan (Weight Throw), Lauren Hamilton (DMR), Cassidy Meade (DMR)

Lost All-MW Honorees: Kim Robertson (DMR), McKenzie Brogan (400-Meter Hurdles)

By Status

Letterwinners Returning:	9
Squad Members Returning:	27
Newcomers:	7

2016-17 Wyoming Notes

Men's Indoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
60 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Sam Kirkeide	6.88	Power Meet	Laramie, Wyo.	12/9/16	Same	
Jace Marx	6.93	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Caleb Seeton	7.06	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Jordan Charles	7.12	Powder River Dual	Gillette, Wyo.	1/28/17	6.79 (No. 9 UW All-Time Mark)	2015
Kevin Blackett	7.19	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	7.15	2014
60-Meter Hurdles						
Name	Mark	Meet	Location	Date	Mark	Date
Jordan Charles	7.87	Power Meet	Laramie, Wyo.	12/9/16	7.68 (No. 1 UW All-Time)	2016
Scott Carter	8.03	Power Meet	Laramie, Wyo.	12/9/16	Same (No. 4 UW All-Time)	
Rowan Hawk	9.09	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
200 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jace Marx	21.71	MW Championships	Albuquerque, N.M.	2/25/17	Same (No. 8 UW All-Time)	
Jordan Charles	22.19	Don Kirby Invite	Albuquerque, N.M.	2/10/17	21.53 (No. 6 UW All-Time)	2016
Kevin Blackett	22.95	Powder River Dual	Gillette, Wyo.	1/28/17	22.62	2015
400 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jackson Wood	48.38	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 5 UW All-Time)	
Bryce Ailshie	48.84	Potts Invitational	Boulder, Colo.	1/14/17	Same (No. 10 UW All-Time)	
Ricky Faure	49.41	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Jace Marx	49.43	Colorado Open	Boulder, Colo.	2/4/17	Same	
Kevin Blackett	49.91	Colorado Open	Boulder, Colo.	2/4/17	Same	
Calum Kepler	51.01	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Trey Jennings	55.06	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Rowan Hawk	55.44	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
800 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Ricky Faure	1:48.78	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 2 UW All-Time)	
Bryce Ailshie	1:49.56	MW Championships	Albuquerque, N.M.	2/25/17	Same (No. 4 UW All-Time)	
Calum Kepler	1:53.60	Colorado Open	Boulder, Colo.	2/4/17	Same	
Isaac Kiefer	1:53.93	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Phillip Thomas	1:56.28	Colorado Open	Boulder, Colo.	2/4/17	1:54.18	2016
Daniel Hintz	1:56.50	Colorado Open	Boulder, Colo.	2/4/17	Same	
Mile						
Name	Mark	Meet	Location	Date	Mark	Date
Jonah Henry	4:12.01	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Daniel Hintz	4:23.83	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
3,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Mike Seas	8:26.77	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Jonah Henry	8:31.41	MW Championships	Albuquerque, N.M.	2/25/17	8:19.13	2016
Jesse Gray	8:43.32	Colorado Open	Boulder, Colo.	2/4/17		
5,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jonah Henry	14:39.59	MW Championships	Albuquerque, N.M.	2/24/17	Same	
Mike Seas	15:19.99	MW Championships	Albuquerque, N.M.	2/24/17	Same	
4x400-Meter Relay						
Name	Mark	Meet	Location	Date	Mark	Date
Marx, Wood, Blackett, Ailshie	3:13.46	MW Championships	Albuquerque, N.M.	2/25/17	(No. 1 UW All-Time)	
Distance Medley Relay						
Name	Mark	Meet	Location	Date	Mark	Date
Kepler, Thomas, Kiefer, Henry	10:07.00	MW Championships	Albuquerque, N.M.	2/23/17	(No. 10 UW All-Time)	
High Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Kyle Pollock	6-4 3/4	MW Championships	Albuquerque, N.M.	2/24/17	Same	
Scott Carter	5-7	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Long Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Scott Carter	24-3 3/4	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 10 UW All-Time)	
Caleb Seeton	23-9	Power Meet	Laramie, Wyo.	12/9/16	Same	
Bobby Wingeleth	22-8	Power Meet	Laramie, Wyo.	12/9/16	23-6 3/4	2015
Kyle Alexander	21-9	Powder River Dual	Gillette, Wyo.	1/28/17	22-6 1/2	2016
Kyle Pollock	21-1 1/4	Potts Invitational	Boulder, Colo.	1/13/17	Same	
Trey Jennings	19-9 1/2	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Robert Creager	19-2 3/4	Colorado Open	Boulder, Colo.	2/3/17	22-6 1/4	2015

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Triple Jump

Name	Mark	Meet	Location	Date	Mark	Date
Scott Carter	51-3	Power Meet	Laramie, Wyo.	12/9/16	51-8 1/2 (No. 5 UW All-Time)	2015
Kyle Alexander	46-2 3/4	Rocky Mtn. Classic	Laramie, Wyo..	2/17/17		

Pole Vault

Name	Mark	Meet	Location	Date	Mark	Date
Trey Jennings	12-1 1/2	Powder River Dual	Gillette, Wyo.	1/28/17	Same	

Shot Put

Name	Mark	Meet	Location	Date	Mark	Date
Garrett Lynch	56-0 1/2	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Martin Fitzwater	54-6 1/2	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Damon Unland	51-10	MW Championships	Albuquerque, N.M.	2/25/17	53-7 1/2	2015
Kirk Unland	47-5 1/4	Potts Invitational	Boulder, Colo.	1/14/17	Same	

Weight Throw

Name	Mark	Meet	Location	Date	Mark	Date
Kirk Unland	61-8 1/4	Power Meet	Laramie, Wyo.	12/9/16	Same	
Damon Unland	59-4	MW Championships	Albuquerque, N.M.	2/24/17	62-8	2015
Hap Frketch	57-9	Power Meet	Laramie, Wyo.	12/9/16	Same	

Women's Indoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
Name	Mark	Meet	Location	Date	Mark	Date
Jerayah Davis	7.25	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 1 UW All-Time)	
Ja'la Henderson	7.58	Power Meet	Laramie, Wyo.	12/9/16	Same (No. 6 UW All-Time)	
Melina Harris	7.63	Power Meet	Laramie, Wyo.	12/9/16	Same (No. 10 UW All-Time)	
Makayla Pzinski	7.73	Power Meet	Laramie, Wyo.	12/9/16	Same	
Jordan Edmonds	7.78	Power Meet	Laramie, Wyo.	12/9/16	7.73	2015
60-Meter Hurdles						
Name	Mark	Meet	Location	Date	Mark	Date
Mikalsh Skates	8.82	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	8.60 (No. 7 UW All-Time)	2015
Heidi Pfoor	8.83	Power Meet	Laramie, Wyo.	12/9/16	Same	2014
Ariana Williams	9.07	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Holly Huber	9.79	Power Meet	Laramie, Wyo.	12/9/16	9.70	2015
Clare Nicolas	9.61	MW Championships	Albuquerque, N.M.	2/23/17	Same	
200 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Melina Harris	24.96	Colorado Open	Boulder, Colo.	2/4/17	24.75	2016
Jordan Edmonds	25.75	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Makayla Pzinski	26.33	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Mikalsh Skates	26.60	Potts Invitational	Boulder, Colo.	1/14/17	26.02	2015
Ashley Dodds	26.81	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
400 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Melina Harris	56.98	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Danielle Alexander	57.57	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Heidi Pfoor	58.11	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Ariana Williams	58.14	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Ashley Dodds	59.07	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Jordan Edmonds	59.41	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Kimberley Anglen	59.48	Power Meet	Laramie, Wyo.	12/9/16	55.79 (No. 10 UW All-Time)	2016
Ashley Urman	1:02.35	Power Meet	Laramie, Wyo.	12/9/16	Same	
Holly Huber	1:06.39	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
800 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Cassidy Meade	2:09.76	MW Championships	Albuquerque, N.M.	2/25/17	Same (No. 1 UW All-Time)	
Kerry White	2:11.36	MW Championships	Albuquerque, N.M.	2/24/17	2:10.96 (No. 2 UW All-Time)	2016
Lauren Hamilton	2:15.00	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Calbi Ausmann	2:15.78	Colorado Open	Boulder, Colo.	2/4/17	Same	
Emily Person	2:15.96	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Solana Quistorff	2:18.07	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Regan VanDepol	2:23.72	Potts Invitational	Boulder, Colo.	1/14/17	2:22.75	2016
Ashley Urman	2:28.30	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Heidi Pfoor	2:33.12	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Clare Nicolas	2:38.53	MW Championships	Albuquerque, N.M.	2/23/17	2016	
Mikalsh Skates	2:46.77	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Mile						
Name	Mark	Meet	Location	Date	Mark	Date
Lauren Hamilton	4:46.85	Colorado Open	Boulder, Colo.	2/3/17	Same (No. 2 UW All-Time)	
Calbi Ausmann	4:46.57	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 5 UW All-Time)	
Quinn DeStefano	5:00.85	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Kacey Doner	5:11.01	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Ashley Bock	5:16.58	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Kiah Leonard	5:20.56	Potts Invitational	Boulder, Colo.	1/14/17	5:09.72	2016

2016-17 Wyoming Notes

Women's Indoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
3,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Megan Brunette	9:50.26	MW Championships	Albuquerque, N.M.	2/25/17	Same (No. 6 UW All-Time)	
Quinn DeStefano	9:58.60	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Audra DeStefano	10:00.01	MW Championships	Albuquerque, N.M.	2/25/17	9:32.83 (No. 2 UW All-Time)	2016
Ashley Bock	10:04.12	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Kacey Doner	10:10.00	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Kiah Leonard	10:37.13	Powder River Dual	Gillette, Wyo.	1/28/17	10:24.61	2016
5,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Megan Brunette	17:03.72	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 5 UW All-Time)	
Audra DeStefano	17:15.21	MW Championships	Albuquerque, N.M.	2/24/17	16:35.84 (No. 2 UW All-Time)	2016
Ashley Bock	17:48.57	MW Championships	Albuquerque, N.M.	2/24/17	Same	
Quinn DeStefano	18:04.13	MW Championships	Albuquerque, N.M.	2/24/17	Same	
4x400-Meter Relay						
Name	Mark	Meet	Location	Date	Mark	Date
Harris, Meade, Pfoor, Henderson	3:51.42	Colorado Open	Boulder, Colo.	2/4/17		
Distance Medley Relay						
Name	Mark	Meet	Location	Date	Mark	Date
White, Harris, Meade, Hamilton	11:33.30	MW Championships	Albuquerque, N.M.	2/23/17	(No. 2 UW All-Time)	
High Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Anissa Warner	5-5 1/4	Colorado Open	Boulder, Colo.	2/3/17	Same	
Sofia Hof	5-3 1/4	Potts Invitational	Boulder, Colo.	1/13/17	5-5	2016
Madison Ashworth	5-1	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Hannah Bertelson	5-1	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Karlin Rufenacht	5-1	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Clare Nicolas	5-1	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Madison Marsh	4-11	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	5-1	2015
Heidi Pfoor	4-6	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Mikalsh Skates	4-6	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Long Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Ja'la Henderson	20-0 1/2	Colorado Open	Boulder, Colo.	2/3/17	Same	
Jerayah Davis	19-11	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 3 UW All-Time)	
Clare Nicolas	18-1 1/2	Rocky Mtn. Classic	Gillette, Wyo.	1/28/17	Same	
Kimberley Anglen	17-7	Power Meet	Laramie, Wyo.	12/9/16	Same	
Clare Nicolas	17-6	Power Meet	Laramie, Wyo.	12/9/16	18-0 1/2	2016
Allegra Carson	17-4	Potts Invitational	Boulder, Colo.	1/13/17	18-5	2016
Heidi Pfoor	17-4	Power Meet	Laramie, Wyo.	12/9/16	Same	
Mikalsh Skates	16-6	Power Meet	Laramie, Wyo.	12/9/16	Same	
Triple Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Day Timberman	38-10 1/2	Colorado Open	Boulder, Colo.	2/3/17	40-2 1/4 (No. 1 UW All-Time)	2016
Allegra Carson	38-9 1/2	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	39-7 3/4	2016
Pole Vault						
Name	Mark	Meet	Location	Date	Mark	Date
Shot Put						
Name	Mark	Meet	Location	Date	Mark	Date
Hannah Carr	43-8 1/2	Powder River Dual	Gillette, Wyo.	1/28/17	43-10 3/4	2015
Kayla York	38-4 1/4	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Clare Nicolas	35-7 1/4	MW Championships	Albuquerque, N.M.	2/23/17	Same	
Mikalsh Skates	30-9 1/4	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Heidi Pfoor	25-11	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Weight Throw						
Name	Mark	Meet	Location	Date	Mark	Date
Emelda Malm-Annan	62-6 3/4	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	64-3 1/4 (No. 6 UW All-Time)	2015
Kayla York	56-3 3/4	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Hannah Carr	51-6 1/2	Potts Invitational	Boulder, Colo.	1/13/17	Same	
Pentathlon						
Name	Mark	Meet	Location	Date	Mark	Date
Clare Nicolas	3233	MW Championships	Albuquerque, N.M.	2/23/17	Same (No. 6 UW All-Time)	
Heidi Pfoor	2942	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Mikalsh Skates	2916	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	

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Men's Individual Breakdown

(800 meters and above altitude/track converted)

Bryce Ailshie

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	400 Meters	6th, 48.84
Powder River Dual	1/28/17	800 Meters	2nd, 1:51.46
Colorado Open	2/4/17	800 Meters	2nd, 1:50.64
		4x400 Relay	5th, 3:20.96
Don Kirby Invite	2/11/17	800 Meters	2nd, 1:50.50
MW Championships	2/25/17	800 Meters	3rd, 1:49.56
		4x400 Relay	3rd, 3:13.46

Kyle Alexander

Meet	Date	Event	Mark
Indoor			
Power Meet	1/14/16	Triple Jump	4th, 45-2 1/4
Potts Invitational	1/13/17	Long Jump	7th, 21-8
	1/14/17	Triple Jump	6th, 45-5 1/4
Powder River Dual	1/28/17	Long Jump	7th, 21-9
		Triple Jump	6th, 45-5 1/4
Rocky Mtn. Classic	2/17/17	Triple Jump	3rd, 46-2 3/4
MW Championships	2/25/17	Triple Jump	8th, 45-5 1/4

Kevin Blackett

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	400 Meters	13th, 50.21
Powder River Dual	1/28/17	200 Meters	3rd, 22.95
		400 Meters	5th, 50.21
		4x400 Relay	2nd, 3:21.19
Colorado Open	2/4/17	400 Meters	11th, 49.91
		4x400 Relay	5th, 3:20.96
Rocky Mtn. Classic	2/17/17	60 Meters	4th, 7.19
MW Championships	2/24/17	400 Meters	NT
	2/25/17	4x400 Relay	3rd, 3:13.46

Scott Carter

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	Triple Jump	1st, 51-3
	12/9/16	60 Hurdles	3rd, 8.03
Potts Invitational	1/13/17	Long Jump	1st, 23-7.5
	1/14/17	Triple Jump	1st, 51-1
	1/14/17	60 Hurdles	2nd, 8.16
Powder River Dual	1/28/17	High Jump	4th, 5-7
		Triple Jump	1st, 50-3 1/2
		60 Hurdles	2nd, 8.17
		4x400 Relay	2nd, 3:21.19
Colorado Open	2/3/17	Triple Jump	1st, 50-2
Don Kirby Invite	2/10/17	Long Jump	22nd, 22-9
	2/11/17	Triple Jump	8th, 50-2
Rocky Mtn. Classic	2/17/17	Triple Jump	N/A
MW Championships	2/24/17	Long Jump	2nd, 24-3 3/4
	2/25/17	Triple Jump	1st, 50-8 1/4
		60 Hurdles	4th, 7.95

Jordan Charles

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	60 Hurdles	1st, 7.87
		Long Jump	N/A
		4x400 Relay	1st, 3:29.94
Powder River Dual	1/28/17	60 Meters	3rd, 7.12
		60 Hurdles	1st, 8.15
Colorado Open	2/4/17	60 Hurdles	5th, 8.10
		200 Meters	9th, 22.30
Don Kirby Invite	2/10/17	200 Meters	41st, 22.19
	2/11/17	60 Hurdles	5th, 7.97
Rocky Mtn. Classic	2/17/17	60 Hurdles	2nd, 7.99
MW Championships	2/25/17	60 Hurdles	2nd, 7.80

Robert Creager

Meet	Date	Event	Mark
Indoor			
Power Meet	12/11/15	High Jump	2nd, 6-4
Colorado Open	2/3/17	Long Jump	11th, 19-2 3/4
Rocky Mtn. Classic	2/17/17	High Jump	N/A

Ricky Faure

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	400 Meters	9th, 49.41
Powder River Dual	1/28/17	800 Meters	1st, 1:51.08
Don Kirby Invite	2/11/17	800 Meters	4th, 1:50.90
MW Championships	2/24/17	800 Meters	4th, 1:48.78

Martin Fitzwater

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	Shot Put	8th, 47-9 1/4
Potts Invitational	1/14/17	Shot Put	3rd, 52-10
Powder River Dual	1/28/17	Shot Put	5th, 49-5 3/4
Colorado Open	2/4/17	Shot Put	6th, 50-5 1/2
Rocky Mtn. Classic	2/17/17	Shot Put	3rd, 54-6.5
MW Championships	2/25/17	Shot Put	8th, 53-0 1/4

Hap Frketch

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	Weight Throw	2nd, 57-9
Potts Invitational	1/13/17	Weight Throw	4th, 56-6
Powder River Dual	1/28/17	Weight Throw	3rd, 54-3 1/4
WSU Cougar Indoor	2/3/17	Weight Throw	6th, 54-0 1/2
Rocky Mtn. Classic	2/17/17	Weight Throw	7th, 53-11 3/4
MW Championships	2/24/17	Weight Throw	10th, 54-3 3/4

Jesse Gray

Meet	Date	Event	Mark
Indoor			
Powder River Dual	1/28/17	3,000 Meters	6th, 8:47.59
Colorado Open	2/4/17	3,000 Meters	18th, 8:43.32

Jonah Henry

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	Mile	5th, 4:12.01
Powder River Dual	1/28/17	Mile	1st, 4:16.28
		3,000 Meters	5th, 8:45.86
Colorado Open	2/4/17	Mile	7th, 4:15.07
MW Championships	2/23/17	DMR	6th, 10:07.00
	2/24/17	5,000 Meters	5th, 14:39.59
	2/25/17	3,000 Meters	22nd, 8:31.41

Daniel Hintz

Meet	Date	Event	Mark
Indoor			
Powder River Dual	1/28/17	400 Meters	4th, 4:23.83
Colorado Open	2/4/17	800 Meters	23rd, 1:56.50
Rocky Mtn. Classic	2/17/17	800 Meters	2nd, 1:58.32

Trey Jennings

Meet	Date	Event	Mark
Indoor			
Powder River Dual	1/28/17	Pole Vault	5th, 12-1 1/2
Rocky Mtn. Classic	2/17/17	Long Jump	3rd, 19-9 1/2
		400 Meters	3rd, 55.06

Calum Kepler

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	800 Meters	5th, 1:55.09
Powder River Dual	1/28/17	800 Meters	3rd, 1:55.21
Colorado Open	2/4/17	800 Meters	11th, 1:53.60
		4x400 Relay	5th, 3:20.96
Rocky Mtn. Classic	2/17/17	400 Meters	1st, 51.01
MW Championships	2/23/17	DMR	6th, 10:07.00
	2/24/17	800 Meters	17th, 1:54.85

Isaac Kiefer

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	800 Meters	9th, 1:59.19
Colorado Open	2/4/17	800 Meters	15th, 1:55.22
Rocky Mtn. Classic	2/17/17	800 Meters	1st, 1:53.93
MW Championships	2/23/17	DMR	6th, 10:07.00
	2/24/17	800 Meters	20th, 2:00.70

Sam Kirkeide

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	60 Meters	1st, 6.88
		4x400 Relay	1st, 3:29.94
Potts Invitational	1/14/17	60 Meters	2nd, 6.93
Colorado Open	2/4/17	60 Meters	8th, 6.97
Rocky Mtn. Classic	2/17/17	60 Meters	2nd, 6.91
MW Championships	2/24/17	60 Meters	9th, 6.95

Garrett Lynch

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	Shot Put	5th, 51-10 1/2
Potts Invitational	1/13/17	Weight Throw	9th, 51-3
	1/14/17	Shot Put	7th, 50-10 3/4
Powder River Dual	1/28/17	Shot Put	4th, 50-2
Colorado Open	2/4/17	Shot Put	5th, 52-8 1/4
Rocky Mtn. Classic	2/17/17	Shot Put	1st, 56-0 1/2
MW Championships	2/25/17	Shot Put	10th, 51-8 1/2

Jace Marx

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	60 Meters	2nd, 6.93
Potts Invitational	1/14/17	200 Meters	4th, 21.80
	1/14/17	400 Meters	11th, 49.64
Powder River Dual	1/28/17	60 Meters	1st, 6.99
	1/28/17	200 Meters	1st, 22.22
	1/28/17	4x400 Relay	2nd, 3:21.19
Colorado Open	2/4/17	200 Meters	3rd, 21.73
		400 Meters	6th, 49.43
Rocky Mtn. Classic	2/17/17	60 Meters	3rd, 6.93
MW Championships	2/25/17	200 Meters	8th, 21.71
		4x400 Relay	3rd, 3:13.46

Kyle Pollock

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	High Jump	1st, 6-2 3/4
Potts Invitational	1/13/17	Long Jump	10th, 21-10 1/4
	1/14/17	High Jump	6th, 6-4 1/4
Powder River Dual	1/28/17	High Jump	3rd, 6-2 3/4
		Long Jump	8th, 20-11 3/4
Rocky Mtn. Classic	2/17/17	High Jump	2nd, 6-4 3/4
MW Championships	2/24/17	High Jump	9th, 6-4 3/4

Mike Seas

Meet	Date	Event	Mark
Indoor			
Powder River Dual	1/28/17	3,000 Meters	4th, 8:26.78
MW Championships	2/24/17	5,000 Meters	16th, 15:19.99
	2/25/17	3,000 Meters	24th, 8:33.24

2016-17 Wyoming Notes

Caleb Seeton

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	Long Jump	1st, 23-9
Potts Invitational	1/13/17	Long Jump	2nd, 22-11 3/4
Powder River Dual	1/28/17	60 Meters	2nd, 7.06
		Long Jump	1st, 23-5 1/2
Colorado Open	2/3/17	Long Jump	1st, 22-5 3/4
Don Kirby Invite	2/10/17	Long Jump	23rd, 22-8
Rocky Mtn. Classic	2/17/17	Long Jump	2nd, 23-2 3/4
MW Championships	2/24/17	Long Jump	9th, 22-8

Phillip Thomas

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	800 Meters	7th, 1:56.58
Powder River Dual	1/28/17	800 Meters	4th, 1:56.79
Colorado Open	2/4/17	800 Meters	20th, 1:56.28
		4x400 Relay	5th, 3:20.96
Rocky Mtn. Classic	2/17/17	800 Meters	3rd, 1:58.96
MW Championships	2/23/17	DMR	6th, 10:07.00
	2/24/17	800 Meters	19th, 1:57.61

Damon Unland

Meet	Date	Event	Mark
Indoor Rocky Mtn. Classic	2/17/17	Weight Throw	3rd, 57-7.5
		Shot Put	NP
MW Championships	2/24/17	Weight Throw	7th, 59-4
	2/25/17	Shot Put	9th, 51-10

Kirk Unland

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	Weight Throw	1st, 61-8 1/4
		Shot Put	9th, 46-5 1/2
Potts Invitational	1/13/17	Weight Throw	1st, 59-1 1/4
	1/14/17	Shot Put	11th, 47-5 1/4
Powder River Dual	1/28/17	Weight Throw	2nd, 59-1 1/2
WSU Cougar Indoor	2/3/17	Weight Throw	2nd, 57-0 1/4
Rocky Mtn. Classic	2/17/17	Weight Throw	6th, 55-2
MW Championships	2/24/17	Weight Throw	11th, 54-2 3/4

Bobby Wingeleth

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	Long Jump	2nd, 22-8
Potts Invitational	1/13/17	Long Jump	6th, 21-11
Powder River Dual	1/28/17	Long Jump	6th, 22-0 1/4
Rocky Mtn. Classic	2/17/17	Long Jump	3rd, 22-2 1/4

Jackson Wood

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	400 Meters	2nd, 51.81
		4x400 Relay	1st, 3:29.94
Potts Invitational	1/14/17	400 Meters	15th, 50.33
Powder River Dual	1/28/17	400 Meters	2nd, 49.66
		4x400 Relay	2nd, 3:21.19
Colorado Open	2/4/17	400 Meters	3rd, 48.86
MW Championships	2/25/17	400 Meters	8th, 48.38
		4x400 Relay	3rd, 3:13.46

Women's Individual Breakdown (800 meters and above altitude/track converted)

Danielle Alexander

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	400 Meters	3rd, 1:03.32
		4x400 Relay	2nd, 4:17.00
Powder River Dual	1/28/17	400 Meters	5th, 1:01.12
		4x400 Relay	2nd, 3:56.29
Rocky Mtn. Classic	2/17/17	400 Meters	2nd, 57.57
		4x400 Relay	1st, 4:30.80
MW Championships	2/24/17	400 Meters	24th, 59.62

Madison Ashworth

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	High Jump	3rd, 5-0 1/2
Rocky Mtn. Classic	2/17/17	High Jump	3rd, 5-1

Calbi Ausmann

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	800 Meters	7th, 2:16.96
Colorado Open	2/4/17	800 Meters	16th, 2:15.78
MW Championships	2/25/17	Mile	10th, 4:56.57

Hannah Bertelson

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	High Jump	6th, 4-10 1/2
Powder River Dual	1/28/17	High Jump	5th, 4-11
Rocky Mtn. Classic	2/17/17	High Jump	2nd, 5-1

Ashley Bock

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	Mile	12th, 5:16.58
Powder River Dual	1/28/17	3,000 Meters	2nd, 10:04.13
Colorado Open	2/4/17	3,000 Meters	11th, 10:18.88
MW Championships	2/24/17	5,000 Meters	20th, 17:48.57
	2/25/17	3,000 Meters	29th, 10:10.82

Megan Brunette

Meet	Date	Event	Mark
Indoor Powder River Dual	1/28/17	3,000 Meters	3rd, 10:08.85
Colorado Open	2/4/17	5,000 Meters	3rd, 17:30.46
MW Championships	2/24/17	5,000 Meters	13th, 17:03.72
	2/25/17	3,000 Meters	19th, 9:50.26

Hannah Carr

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	Weight Throw	8th, 50-8
Potts Invitational	1/13/17	Weight Throw	7th, 51-6 1/2
Powder River Dual	1/28/17	Shot Put	1st, 43-8 1/2
		Weight Throw	5th, 49-3

Allegra Carson

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	Triple Jump	1st, 38-3 1/2
Potts Invitational	1/13/17	Long Jump	6th, 17-4
	1/14/17	Triple Jump	6th, 36-5 1/2
Powder River Dual	1/28/17	Triple Jump	2nd, 37-7 1/4
Rocky Mtn. Classic	2/17/17	Triple Jump	2nd, 38-9 1/2
MW Championships	2/25/17	Triple Jump	8th, 37-10 3/4

Jerayah Davis

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	60 Meters	1st, 7.25
		Long Jump	2nd, 19-6
Powder River Dual	1/28/17	60 Meters	1st, 7.44
		Long Jump	2nd, 18-11 1/4
Colorado Open	2/3/17	Long Jump	6th, 18-3 3/4
	2/4/17	60 Meters	1st, 7.37
Don Kirby Invite	2/10/17	Long Jump	19th, 18-6
	2/11/17	60 Meters	5th, 7.28
Rocky Mtn. Classic	2/17/17	60 Meters	1st, 7.27
		Long Jump	2nd, 19-8 3/4
MW Championships	2/24/17	Long Jump	2nd, 19-11
	2/25/17	60 Meters	2nd, 7.25

Audra DeStefano

Meet	Date	Event	Mark
Indoor Colorado Open	2/4/17	3,000 Meters	7th, 10:06.71
MW Championships	2/24/17	5,000 Meters	15th, 17:15.21
	2/25/17	3,000 Meters	25th, 10:00.01

Quinn DeStefano

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	Mile	8th, 5:00.85
Powder River Dual	1/28/17	3,000 Meters	1st, 9:58.60
Colorado Open	2/4/17	5,000 Meters	4th, 18:18.40
MW Championships	2/24/17	5,000 Meters	21st, 18:04.13
	2/25/17	3,000 Meters	31st, 10:18.30

Ashley Dodds

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	400 Meters	5th, 1:03.52
		4x400 Relay	2nd, 4:17.00
Potts Invitational	1/14/17	400 Meters	12th, 1:01.27
Powder River Dual	1/28/17	200 Meters	5th, 27.15
		4x400 Relay	4th, 4:07.30
Rocky Mtn. Classic	2/17/17	400 Meters	5th, 59.07
		4x400 Relay	1st, 4:30.80

Kacey Doner

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	Mile	10th, 5:11.01
Powder River Dual	1/28/17	3,000 Meters	5th, 10:10.00
Colorado Open	2/4/17	3,000 Meters	9th, 10:13.03
MW Championships	2/25/17	3,000 Meters	34th, 10:32.05

Jordan Edmonds

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	60 Meters	8th, 7.78
Powder River Dual	1/28/17	200 Meters	4th, 26.08
		400 Meters	6th, 1:01.14
Rocky Mtn. Classic	2/17/17	400 Meters	7th, 59.41

Lauren Hamilton

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	800 Meters	5th, 2:15.00
Colorado Open	2/3/17	Mile	8th, 4:46.85
Don Kirby Invite	2/11/17	Mile	3rd, 4:47.52
MW Championships	2/24/17	Mile	11th, 4:56.63

2016-17 Wyoming Notes

Women's Individual Breakdown (800 meters and above altitude/track converted)

Melina Harris

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	60 Meters	3rd, 7.63
Potts Invitational	1/14/17	60 Meters	2nd, 7.66
Powder River Dual	1/28/17	200 Meters	2nd, 25.44
		400 Meters	1st, 58.64
Colorado Open	2/4/17	200 Meters	6th, 24.96
		4x400 Relay	3rd, 3:51.42
Rocky Mtn. Classic	2/17/17	400 Meters	1st, 56.98
MW Championships	2/23/17	DMR	5th, 11:33.30
	2/24/17	400 Meters	19th, 57.44
	2/25/17	4x400 Relay	11th, 4:05.16

Ja'la Henderson

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	Long Jump	1st, 19-6 3/4
		60 Meters	2nd, 7.58
Powder River Dual	1/28/17	Long Jump	1st, 19-4 3/4
		60 Meters	2nd, 7.75
Colorado Open	2/3/17	Long Jump	1st, 20-0 1/2
	2/4/17	60 Meters	7th, 7.69
		4x400 Relay	3rd, 3:51.42
Don Kirby Invite	2/10/17	Long Jump	9th, 19-6 1/4
Rocky Mtn. Classic	2/17/17	Long Jump	1st, 19-9 3/4
MW Championships	2/24/17	Long Jump	3rd, 19-10 1/4
		60 Meters	14th, 7.62
	2/25/17	4x400 Relay	11th, 4:05.16

Sofia Hof

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	High Jump	3rd, 5-0 1/2
Potts Invitational	1/13/17	High Jump	7th, 5-3 1/4
Powder River Dual	1/28/17	High Jump	4th, 5-1
Rocky Mtn. Classic	2/17/17	High Jump	3rd, 5-1

Holly Huber

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	60 Hurdles	8th, 9.79
Rocky Mtn. Classic	2/17/17	400 Meters	10th, 1:06.39

Kiah Leonard

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	Mile	13th, 5:20.56
Powder River Dual	1/28/17	3,000 Meters	7th, 10:37.14

Emelda Malm-Annan

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	Weight Throw	3rd, 58-3 3/4
Potts Invitational	1/13/17	Weight Throw	1st, 59-4 1/4
Powder River Dual	1/28/17	Weight Throw	1st, 59-10 1/4
WSU Cougar Indoor	2/3/17	Weight Throw	1st, 58-9 1.2
Rocky Mtn. Classic	2/17/17	Weight Throw	1st, 62-6 3/4
MW Championships	2/24/17	Weight Throw	8th, 57-11 3/4

Madison Marsh

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	High Jump	6th, 4-10 1/2
Rocky Mtn. Classic	2/17/17	High Jump	7th, 4-11

Cassidy Meade

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	800 Meters	6th, 2:15.04
Powder River Dual	1/28/17	800 Meters	5th, 2:15.35
		4x400 Relay	2nd, 3:56.29
Colorado Open	2/4/17	800 Meters	7th, 2:11.89
		4x400 Relay	3rd, 3:51.42
Don Kirby Invite	2/11/17	800 Meters	4th, 2:12.28
MW Championships	2/23/17	DMR	5th, 11:33.30
	2/25/17	800 Meters	5th, 2:09.76
		4x400 Relay	11th, 4:05.16

Clare Nicolas

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	Long Jump	7th, 17-7
		60 Hurdles	9th, 9.95
Air Force Invitational	1/19/17	Pentathlon	3rd, 3191
		60 Hurdles	9.83
		High Jump	5-1
		Shot Put	33-11 1/4
		Long Jump	17-6
		800 Meters	2:38.73
Powder River Dual	1/28/17	60 Hurdles	7th, 9.95
		Long Jump	4th, 18-0 1/4
		Shot Put	5th, 34-7
		4x400 Relay	4th, 4:07.30
Rocky Mtn. Classic	2/17/17	Long Jump	3rd, 18-1 1/2
		60 Hurdles	3rd, 9.83
		4x400 Relay	1st, 4:30.80

MW Championships	2/23/17	Pentathlon	14th, 3233
		60 Hurdles	9.61
		High Jump	5-1
		Shot Put	35-7 1/4
		Long Jump	16-11 1/4
		800 Meters	2:38.53

Emily Person

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	800 Meters	11th, 2:22.42
Powder River Dual	1/28/17	800 Meters	6th, 2:15.97
Rocky Mtn. Classic	2/17/17	800 Meters	1st, 2:18.88
MW Championships	2/24/17	800 Meters	17th, 2:20.08

Heidi Pfoor

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	60 Hurdles	2nd, 8.83
		Long Jump	8th, 17-4
Potts Invitational	1/14/17	60 Hurdles	9th, 9.24
		400 Meters	10th, 1:00.50
Air Force Invitational	1/19/17	Pentathlon	6th, 2942
		60 Hurdles	9.08
		High Jump	4-6
		Shot Put	25-11
		Long Jump	16-2 1/2
		800 Meters	2:33.12
Powder River Dual	1/28/17	60 Hurdles	4th, 9.19
		4x400 Relay	2nd, 3:56.29
Colorado Open	2/4/17	400 Meters	8th, 58.20
		4x400 Relay	3rd, 3:51.42
Rocky Mtn. Classic	2/17/17	400 Meters	3rd, 58.11
MW Championships	2/24/17	400 Meters	25th, 1:00.22

Makayla Pzinski

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	60 Meters	7th, 7.73
Potts Invitational	1/14/17	60 Meters	4th, 7.76
		200 Meters	4th, 26.33
Powder River Dual	1/28/17	60 Meters	3rd, 7.79

Solana Quistorff

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	800 Meters	8th, 2:18.07
Colorado Open	2/4/17	800 Meters	19th, 2:18.50
Rocky Mtn. Classic	2/17/17	800 Meters	2nd, 2:21.63
MW Championships	2/24/17	Mile	13th, 5:04.75

Karlin Rufenacht

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	High Jump	5th, 5-0 1/2
Rocky Mtn. Classic	2/17/17	High Jump	5th, 5-1

Mikalsh Skates

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	60 Hurdles	1st, 8.91
		Long Jump	10th, 16-6
Potts Invitational	1/14/17	60 Hurdles	3rd, 8.86
		200 Meters	8th, 26.60
Air Force Invitational	1/19/17	Pentathlon	7th, 2916
		60 Hurdles	8.86
		High Jump	4-6
		Shot Put	30-9 1/4
		Long Jump	16-1
		800 Meters	2:46.77
Powder River Dual	1/28/17	60 Hurdles	2nd, 9.04
Rocky Mtn. Classic	2/17/17	60 Hurdles	1st, 8.82
MW Championships	2/24/17	60 Hurdles	14th, 9.00

Day Timberman

Meet	Date	Event	Mark
Indoor Powder River Dual	1/28/17	Triple Jump	1st, 38-9
Colorado Open	2/3/17	Triple Jump	1st, 38-10 1/2
Don Kirby Invite	2/11/17	Triple Jump	NP
Rocky Mtn. Classic	2/17/17	Triple Jump	1st, 38-9 3/4
MW Championships	2/25/17	Triple Jump	7th, 38-2

Ashley Urman

Meet	Date	Event	Mark
Indoor Power Meet	12/9/16	400 Meters	6th, 1:02.35
Potts Invitational	1/14/17	800 Meters	15th, 2:28.30
Powder River Dual	1/28/17	400 Meters	7th, 1:03.91
		4x400 Relay	4th, 4:07.30
Rocky Mtn. Classic	2/17/17	800 Meters	4th, 2:29.52

Regan VanDepol

Meet	Date	Event	Mark
Indoor Potts Invitational	1/14/17	800 Meters	13th, 2:23.72
Rocky Mtn. Classic	2/17/17	800 Meters	3rd, 2:23.76

2016-17 Wyoming Notes

Women's Individual Breakdown**(800 meters and above altitude/track converted)****Anissa Warner**

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	High Jump	1st, 5-2 1/2
	Potts Invitational	1/13/17	High Jump	5th, 5-5 1/4
	Powder River Dual	1/28/17	High Jump	1st, 5-5
	Colorado Open	2/3/17	High Jump	2nd, 5-5 1/4
	Rocky Mtn. Classic	2/17/17	High Jump	1st, 5-5
	MW Championships	2/24/17	High Jump	7th, 5-4 1/4

Kerry White

	Meet	Date	Event	Mark
Indoor	Powder River Dual	1/28/17	800 Meters	3rd, 2:14.48
			4x400 Relay	2nd, 3:56.29
	Colorado Open	2/4/17	800 Meters	17th, 2:16.32
	Don Kirby Invite	2/11/17	800 Meters	7th, 2:13.44
	MW Championships	2/23/17	DMR	5th, 11:33.30
			800 Meters	8th, 2:11.36
		4x400 Relay	11th, 4:05.16	

Ariana Williams

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Hurdles	5th, 9.12
			4x400 Relay	2nd, 4:17.00
	Potts Invitational	1/14/17	60 Hurdles	7th, 9.07
	Powder River Dual	1/28/17	60 Hurdles	3rd, 9.09
			4x400 Relay	4th, 4:07.30
	Rocky Mtn. Classic	2/17/17	400 Meters	4th, 58.14
4x400 Relay			1st, 4:30.80	

Kayla York

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Weight Throw	5th, 54-3 1/4
	Potts Invitational	1/13/17	Weight Throw	6th, 52-10 3/4
	Powder River Dual	1/28/17	Weight Throw	2nd, 55-2
			Shot Put	3rd, 38-4 1/4
			Weight Throw	7th, 53-11
	Colorado Open	2/3/17	Weight Throw	7th, 53-11
	Rocky Mtn. Classic	2/17/17	Weight Throw	4th, 56-3 3/4
	MW Championships	2/24/17	Weight Throw	11th, 54-3 1/4

2016-17 Wyoming Notes

Men's Indoor School Records

(as of Feb. 25, 2017)

60 Meters			60-Meter Hurdles			200 Meters			400 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Carlington Duncan	6.71	01	1. Jordan Charles	7.68	16	1. Carlington Duncan	21.17	01	1. Seth Billy	47.68	02
2. Marcus Brunson	6.72	97	2. Brandon Douglass	7.90	13	2. Collin Thomas	21.38	02	2. Mario Harris	48.03	10
3. Stephen Michel	6.78	10	3. Scott Carter	7.95	17	3. Vashone West	21.40	08	3. Chris Welsh	48.05	95
4. Jordan Charles	6.79	15			4. Mario Harris	21.43	11	4. Cody Millemon	48.17	00	
					5. Marcus Brunson	21.46	97	5. Jackson Wood	48.38	17	
					6. Jordan Charles	21.53	16	6. Clay Carlson	48.63	16	
					7. Richard Peace	21.60	96	7. Keith Ladson	48.64	94	
					8. Jace Marx	21.71	17	8. Kekoa Chavez	48.70	10	
					9. Deon McCalla	22.10	97	9. Greg Farnham	48.75	94	
					10. Lenyn Leonce	22.10	12	10. Jermaine Kelly	48.82	05	
800 Meters			Mile			3,000 Meters			5,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jeremiah Johnson	1:48.30	04	1. Mike Cheronio	4:02.14	78	1. Mark Korir	8:07.43	07	1. Mark Korir	13:57.60	07
2. Ricky Faure	1:48.78	17	2. Nick Theil	4:02.71	96	2. Ryan Bolton	8:09.75	95	2. Taylor Kelting	14:10.04	12
3. Harry Fisher	1:49.29	14	3. Wayne Jensen	4:03.74	71	3. Espen Borge	8:12.38	84	3. Greg Miller	14:20.01	11
4. Bryce Ailshie	1:49.56	17	4. Espen Borge	4:05.53	84	4. Aaron Derner	8:14.38	14	4. Aaron Derner	14:21.54	16
5. Jim McCreery	1:49.94	94	5. Ben Overland	4:05.93	88	5. Garrett Zans	8:14.49	14	5. Scott McDonald	14:22.23	95
6. Thomas Atkinson	1:50.16	15	6. Joseph Nzau	4:06.80	78	6. Joseph Nzau	8:16.41	81	6. Dylan Morin	14:27.04	15
7. Espen Borge	1:50.70	84	7. Arne Anfinssen	4:07.21	86	7. Amos Bowen	8:17.64	15	7. Brian Knight	14:29.06	07
8. Morten Jurs	1:51.62	82	8. Monte Still	4:07.56	93	8. Taylor Kelting	8:17.86	12	8. Joe Hall	14:29.06	00
9. Nick Cramer	1:51.78	07	9. Ricky Faure	4:08.11	15	9. Greg Miller	8:17.97	11	9. Amos Bowen	14:36.95	14
10. Jeremy Thompson	1:51.95	05	10. Simon Killili	4:09.47	79	10. Joe Hall	8:18.40	00	10. Greg Schabron	14:38.80	01
4x400-Meter RELAY						Distance Medley Relay					
1. Marx, Blackett, Wood, Ailshie			3:13.46	17		1. Jurs, Slabach, Murray, Borge			9:47.50	84	
2. Duncan, Millemon, Billy, Charlemagne			3:13.74	00		2. Her Many Horses, Praska, Wilde, Zans			9:54.86	11	
3. Billy, Millemon, Duncan, Davis			3:14.26	00		3. Tanui, Brauneis, Cramer, Korir			9:56.56	07	
4. Carlson, Blackett, Faure, Fisher			3:14.69	15		4. Johnson, Harris, Cramer, Tanui			9:57.77	06	
5. Kelly, Arnwine, Harris, Johnson			3:14.70	06		5. Chirchir, Chavez, Too, Huntington			9:58.60	08	
6. Brauneis, Chavez, Petsch, Harris			3:14.75	10		6. Wyoming			9:58.82	79	
7. Arnwine, Kelly, Baysinger, Harris			3:16.25	05		7. Cheronio, Holton, Paolillo, Nzau			9:58.91	81	
8. Billy, Millemon, Duncan, Davis			3:16.45	01		8. Tanui, Cramer, Too, Korir			10:02.46	07	
9. Loken, Carlson, Thomas, Ailshie			3:16.71	16		9. Thompson, Kelley, Johnson, Hudson			10:06.19	05	
10. Ladson, Schaff, Grion, Farnham			3:16.88	94		10. Kepler, Thomas, Kiefer, Henry			10:07.00	17	
Shot Put			Long Jump			High Jump			Heptathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Mason Finley	66-3 1/4	14	1. Charles Thomas	25-8 1/2	65	1. Bud Hamilton	7-3	93	1. Olav Roe	5,274	06
2. Jason Gervais	64-7	00	2. Tim Cawley	25-4 1/4	98	Mike White	7-3	80	2. Kyle Sullivan	5,262	14
3. Jason Hammond	61-10 1/4	01	3. Mervin Swaby	25-3 3/4	01	3. Chris Larson	7-1 3/4	96	3. Brandon Douglass	5,098	12
4. Kevin Mannon	61-0 3/4	99	4. Bud Hamilton	25-1 1/4	95	4. Bryan Coventry	6-11	87	4. Jay Petsch	5,081	10
5. Matt Spears	60-10	97	5. Jeremiah James	24-11 1/4	09	Justin Smith	6-11	96	5. Brett Zowada	5,033	05
6. Kyle Herl	59-11 3/4	04	6. Eric Coleman	24-7	87	Tim Cawley	6-11	96	6. Caleb Seeton	4,955	16
7. Chad Lindsay	59-4 3/4	92			Dave Shannon	24-7	92	7. Phillip Thomas	4,909	07	
8. Craig Suter	58-3 1/4	02	8. Lenyn Leonce	24-6 1/4	10	7. Tyler Skinner	6-10 1/4	10	8. Eric Suter	4,474	04
9. Tyg Long	57-2 3/4	05	9. Gilad Weinbarten	24-4 1/2	64	8. Dan Orange	6-10	75			
10. Jared Finley	56-4 1/2	79	10. Scott Carter	24-3 3/4	17	9. Jeremiah James	6-9	10			
						10. Jared Grant	6-8 3/4	04			
35-Pound Weight Throw			Triple Jump			Pole Vault					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. Jason Gervais	74-1 3/4	00	1. Quincy Howe	54-9 1/4	01	1. Eric Richey	17-2 1/4	89			
2. Kevin Mannon	72-2 1/4	99	2. Jeremiah James	52-6	10	2. Gregg Sawyer	17-0 3/4	99			
3. Jake Shanklin	71-10 1/4	08	3. Blake Jackson	52-2 3/4	05	3. Jay Novacek	16-3	84			
4. Derek Woodske	71-3 1/4	00	4. Tim Cawley	52-2	97	4. Brandon Douglass	16-0 3/4	11			
5. Ryan Butler	71-1 1/2	96	5. Scott Carter	51-8 1/2	16	5. Darren Niedermeyer	15-9	02			
6. Jason Hammond	69-1 1/2	01	6. Mikael Norman	51-2	75	6. Ed Steele	15-8	75			
7. Zack Schaefer	68-6	04	7. Mervin Swaby	50-10 1/4	01	Brian Stevenson	15-8	84			
8. Kyle Herl	67-5 1/2	04	8. Stephen Michel	50-3 1/4	10	Beecher Strube	15-8	90			
9. Sam Lambert	67-2 1/4	09	9. John Alderson	50-0 1/2	08	9. Cliff Cotton	15-6	72			
10. Joe Plante	66-1	12	10. Wayne King	49-10 1/4	71	Steve McNorris	15-6	90			

School Record Key

Indoor

- For running events 400 meters and below (including the 4x400-meter relay), no marks are converted for altitude or track size
- Except the 55 meters/55 hurdles which are converted to the 60 meters/60 hurdles
- For running events 800 meters and above (including the distance medley relay), all marks are converted for altitude and track size
- Bold indicates marks from 2016-17 season

2016-17 Wyoming Notes

Women's Indoor School Records

(as of Feb. 25, 2017)

60 Meters			60-Meter Hurdles			200 Meters			400 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jerayah Davis	7.25	17	1. Shauna Smith	8.33	04	1. Jessica Fox	23.71	04	1. Shauna Smith	51.79	04
2. Kima Wells	7.30	04	2. Shaylee Babbitt	8.37	08	2. Kereston Thomas	24.20	14	2. Jessica Fox	52.88	04
3. Jessica Fox	7.45	04	3. Adriana Friezen	8.42	07	3. Adelaide Harper	24.31	01	3. Afiya Walker	53.10	11
			4. Jenna Mann	8.45	14	4. Fiona Lindo-Jeffrey	24.43	02	4. Sharon Larrier	54.65	08
5. Shauna Smith	7.54	05	5. Katy Hall	8.51	13	5. Audrey West	24.61	14	5. Kima Wells	54.75	04
6. Ja'la Henderson	7.58	16	6. Kelly Ann Charles	8.53	04	6. Kima Wells	24.62	03	6. Erin Kirby	54.82	11
			7. Mikalah Skates	8.60	14		24.62	11		54.82	05
			8. Jennifer Schmitz	8.68	10	8. Samantha Kee	24.65	12		54.82	16
9. Fiona Lindo-Jeffrey	7.60	02	9. Anisi Hopkins	8.71	07		24.65	08	9. Lindsey Simmons	55.40	11
10. Melina Harris	7.63	16	10. Tomeca Brown	8.73	00	10. McKenzie Brogan	24.67	16	10. Kim Robertson	55.79	16

800 Meters			Miile			3,000 Meters			5,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Cassidy Meade	2:09.76	17	1. Molly Moulton	4:46.32	98	1. Holly Page	9:26.39	15	1. Holly Page	16:20.10	15
2. Candace Wollert	2:10.52	12	2. Lauren Hamilton	4:46.85	17	2. Audra DeStefano	9:32.83	16	2. Audra DeStefano	16:35.84	16
3. Kerry White	2:10.96	15	3. Audra DeStefano	4:49.92	16	3. Emily Higgins	9:42.25	09	3. Christine Nelson	16:48.24	11
4. Deby Anderson	2:11.30	94	4. Emily Higgins	4:53.43	08	4. Christine Nelson	9:48.96	11	4. Gretchen Johnson	16:58.30	08
5. Tanice Barnett	2:12.25	04	5. Calbi Ausmann	4:56.57	17	5. Amy Wroe	9:48.99	95	5. Megan Brunette	17:03.72	17
6. Molly Moulton	2:12.45	98	6. Brooklan Grimes	4:58.04	05	6. Megan Brunette	9:50.26	17	6. Dodie Kocsis	17:14.07	92
7. Laura Ferguson	2:12.96	79	7. Andrea Everett	4:58.07	83	7. Gretchen Johnson	9:53.15	07	7. Michelle Kvernmo	17:16.14	06
8. Dawn Wilger	2:13.38	84	8. Allison Hollington	4:58.35	84	8. Allison Hollington	9:56.28	83	8. Jennifer Thompson	17:18.81	05
9. Brenna Dooley	2:13.44	07	9. Karla Hay	4:59.73	92	9. Michelle Kvernmo	9:57.47	06	9. Amy Wroe	17:20.58	95
10. Amanda Yentes	2:14.35	08	10. Holly Page	5:00.09	14	10. Gladys Jerotich	9:58.57	05	10. Abi Bever	17:33.63	12

4x400-Meter Relay				Distance Medley Relay			
1.	Smith, Wells, Hopper, Fox	3:31.87	04	1.	Meade, DeStefano, Robertson, Hamilton	11:21.19	16
2.	Smith, Fox, Hopper, Larrier	3:33.66	05	2.	White, Harris, Meade, Hamilton	11:33.30	17
3.	Kirby, Simmons, Long, Walker	3:43.84	11	3.	Meade, Lloyd, Robertson, White	11:56.19	15
4.	Kirby, Gardner, Wollert, Simmons	3:44.57	12	4.	Ferguson, Barrinaga, Bradley, Sanford	11:58.54	80
5.	Snyder, Robertson, Harris, Brogan	3:45.45	16	5.	Heaston, Hurst, Wollert, Page	12:02.38	13
6.	Long, Gardner, Kee, Brogan	3:45.53	13	6.	Wyoming	12:02.41	81
7.	Kirby, Lloyd, West, Robertson	3:45.71	15	7.	Martinez, Long, Wollert, Davis	12:05.58	11
8.	Kirby, Simmons, Wollert, Walker	3:45.97	11	8.	Diller, Hopper, Barnett, Grimes	12:08.30	05
9.	Carstens, Smith, Wells, Fox	3:47.11	03	9.	Wyoming	12:10.76	80
10.	Kee, Simmons, Kirby, Wollert	3:47.57	12	10.	Cerda, Sanford, Reid, Anderson	12:14.98	82

Shot Put			Long Jump			High Jump			Pentathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jessica Cross	57-0 1/2	98	1. Patricia Miller	20-5	80	1. Julie Burgess	5-10 1/2	88	1. Jenna Mann	3,898	14
2. Andrea Batt	53-4 1/4	04	2. Ja'la Henderson	20-0 1/2	17	2. Sabina Sandberg	5-8 3/4	16	2. Sabina Sandberg	3,500	15
3. Mary Le Jour	50-0 3/4	00	3. Jerayah Davis	19-11	17	3. Joanna Wilson	5-8	97	3. Rebecca Harris	3,410	15
4. Grace Apiafi	49-11 1/4	84	4. Renee Guy-Garth	19-5 1/4	97		5-8	02	4. Britney Jackson	3,388	10
5. Robin Lyons	49-9	00	5. Adrienne Prosser	19-3 1/4	96		5-8	88	5. Patty Harrington	3,340	86
6. Naomi Elliot	49-6 1/4	00	6. B.J. Eldridge	19-3	81	6. Lisa Throener	5-7 1/4	00	6. Clare Nicolas	3,233	17
7. Ashley Hutchinson	48-8 1/4	11	7. Davina Strauss	19-2 1/2	02		5-7 1/4	96	7. Leah Burke	3,226	05
8. Shreese Daniels	48-2	13	8. Kathy Janicke	19-0	90		5-7 1/4	91	8. Kuuipo Nakoa	3,152	11
9. Mollie Dahl	48-1 3/4	13	9. Erin Urbanoski	18-11 3/4	11	9. Johnna Jeffries	5-7	07	9. Kim Demers	3,113	02
10. Tamara Hawkins	48-1 1/4	99	10. Janine Brathwaite	18-9 3/4	05		5-7	09	10. Ingvild Carstens	3,112	05

20-Pound Weight Throw			Triple Jump			Pole Vault		
Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Robin Lyons	70-11 1/4	00	1. Day Timberman	40-2 1/4	16	1. Jamie Davies	12-4 1/4	98
2. Shreese Daniels	68-1	15	2. Tomeca Brown	39-10 1/2	00	2. Lauri Smith	11-8 1/2	06
3. Ashley Hutchinson	65-4 3/4	12	3. Allegra Carson	39-7 3/4	16	3. Kat Doherty	11-6 1.2	05
4. Andrea Batt	64-10 1/2	04	4. Enioma Haynes	39-6 1/2	02	4. Stephanie Anderson	11-5 3/4	04
5. Shannon Popp	64-4	07	5. Courtney Schlegal	38-9 1/2	04	5. Kaela Thayer	10-11 3/4	03
6. Emelda Malm-Annan	64-3 1/4	15		38-9 1/2	96	6. Hallie Baker	10-8	04
7. Julie Thomas	64-2 1/4	02	7. Melanie Brunko	38-8 3/4	98		10-8	
8. Kate Burton	63-11 1/2	08	8. Jamie Davies	38-7 3/4	97	8. Alisha Reaser	10-7	09
9. Crystal Smith	63-7 1/2	03	9. Kathy Janicke	38-5	90	9. Julie Popish	10-6	14
10. Dana Dillon	63-3 1/4	00	10. Shelly Thacker	38-3 1/2	88		10-6	08

School Record Key

Indoor

- For running events 400 meters and below (including the 4x400-meter relay), no marks are converted for altitude or track size
- Except the 55 meters/55 hurdles which are converted to the 60 meters/60 hurdles
- For running events 800 meters and above (including the distance medley relay), all marks are converted for altitude and track size
- Bold indicates marks from 2016-17 season

2016-17 Wyoming Notes

Men's Outdoor School Records

(as of May 31, 2016)

100 Meters			200 Meters			400 Meters			800 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Vashone West	10.38	08	1. Mario Harris	20.87	11	1. Darius Taruru	46.44	77	1. Wesley Maiyo	1:46.44	75
2. Mario Harris	10.43	11	2. Jordan Charles	21.12	14	2. Max Charlemagne	46.99	00	2. Ricky Faure	1:47.59	15
3. John Davis	10.44	81	3. Vashone West	21.29	08	3. Robert Harris	47.13	04	3. Harry Fisher	1:48.34	15
4. Stephen Michel	10.46	10	4. Carlington Duncan	21.30	00	4. Chris Welsh	47.32	95	4. Jeremiah Johnson	1:48.54	06
5. Jordan Charles	10.49	16	Jason Roascio	21.30	15	5. Harry Fisher	47.58	15	5. Wayne Jensen	1:48.84	69
6. Mervin Swaby	10.52	03	6. Robert Harris	21.49	03	6. Jermaine Kelly	47.72	05	6. Thomas Atkinson	1:49.11	15
7. Dwight Neptune	10.55	07	7. Lenyn Leonce	21.50	11	7. Cody Millemon	47.74	00	7. Morten Jurs	1:49.32	85
8. Amaicure Harris	10.58	92	8. Adam Kelly	21.51	04	8. Seth Billy	47.97	00	8. Eliud Chirchir	1:49.38	09
9. Calil Burnett	10.60	16	9. Collin Thomas	21.59	02	9. Lance Loken	48.04	15	9. Roald Horten	1:49.52	80
10. Lenyn Leonce	10.61	13	10. Stephen Michel	21.71	12	10. Eric Mundt	48.05	89	10. Jim McCreery	1:49.59	94
1,500 Meters			3,000-Meter Steeplechase			5,000 Meters			10,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Wayne Jensen	3:42.94	69	1. Joseph Nzau	8:43.14	79	1. Geir Kvernmo	13:41.24	80	1. Joseph Nzau	28:20.74	79
2. Philemon Kimutai	3:45.23	09	2. Espen Borge	8:45.74	84	2. Joseph Nzau	13:54.54	78	2. Simon Killili	28:31.60	79
3. Wesley Maiyo	3:45.44	74	3. Geir Kvernmo	8:46.14	80	3. Greg Miller	13:58.43	11	3. John Wodny	29:08.74	88
4. Espen Borge	3:45.46	84	4. Mark Korir	8:49.60	09	4. Mark Korir	13:58.86	06	4. Mark Korir	29:09.25	06
5. Nick Thiel	3:45.92	96	5. Garrett Zans	8:50.45	14	5. Simon Killili	14:01.44	78	5. Joe Hall	29:10.77	01
6. Matt Hudson	3:47.67	04	6. Philemon Tanui	8:50.80	07	6. Solomon Chebor	14:06.14	78	6. Greg Miller	29:22.55	12
7. Monte Still	3:47.92	94	7. Ben Paolillo	8:51.14	81	7. Garrett Zans	14:06.26	14	7. James Kamau	29:23.63	79
8. Taylor Kelting	3:48.50	12	8. Amos Bowen	8:56.57	15	8. Amos Bowen	14:07.20	14	8. Nick Ekel	29:26.85	12
9. Jeremiah Johnson	3:48.52	04	9. Dermott Bradshaw	8:58.64	85	9. Taylor Kelting	14:10.67	12	9. Dave Magness	29:42.74	81
10. Rob Durkee	3:48.56	87	10. Staale Engen	9:00.64	71	10. Ryan Bolton	14:14.90	95	10. Aaron Derner	29:48.67	14
4x100-Meter Relay			4x400-Meter Relay								
1. Duncan, Davis, Charlemagne, Swaby	40.54	00	1. Millemon, Billy, Dunca, Charlemagne	3:09.48	00						
Michel, Brauneis, Leonce, Harris	40.54	10	2. Loken, Blackett, Faure, Fisher	3:10.43	15						
3. Douglass, Gunderson, Harris, Leonce	40.63	11	3. Johnson, Harris, Baysinger, Kelly	3:11.32	04						
4. Brauneis, Gunderson, Michel, Harris	40.64	10	4. Loken, Blackett, Atkinson, Fisher	3:11.92	15						
5. Billy, Swaby, Charlemagne, Duncan	40.68	00	5. Sawyer, Milemon, Duncan, Medearis	3:12.04	99						
6. Brauneis, Kelly, West, Neptune	40.69	07	6. Johnson, Fenton, Arnwine, Kelly	3:12.61	06						
7. Zowada, Neptune, Kelly, Harris	40.82	04	7. Loken, Blackett, Faure, Fisher	3:12.69	15						
8. Gunderson, Michel, Douglass, Harris	40.86	11	8. Harris, Kelly, Baysinger, Arnwine	3:12.82	05						
9. Howe, Swaby, Samuels, Collin	40.92	02	9. Mundt, Wilcox, Farnham, Ladson	3:13.02	92						
10. Gunderson, Roascio, Michel, Leonce	41.07	12	10. Loken, Praska, Atkinson, Fisher	3:13.23	14						
110-Meter Hurdles			Shot Put			Long Jump			Pole Vault		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Tom Garrison	13.81	90	1. Jason Gervais	63-11 3/4	00	1. Mervin Swaby	25-4 3/4	02	1. Eric Richey	16-9	90
Jason Medearis	13.81	99	2. Jason Hammond	63-5 3/4	00	2. Charles Thomas	25-1 1/2	65	2. Gregg Sawyer	16-6	99
3. Jordan Charles	13.82	16	3. Kevin Mannon	62-3	99	3. Bud Hamilton	24-11 1/4	93	Steve McMorris	16-6	90
4. Joel Giorgis	13.84	95	4. Matt Spears	61-5 1/2	97	4. Lenyn Leonce	24-10 1/2	10	4. Jay Novacek	16-4	84
5. Brandon Douglass	13.97	13	5. Mason Finley	60-11 1/4	14	5. Jeremiah James	24-10	09	5. Darren Niedermeyer	16-0 3/4	02
6. Keith Ladson	14.09	96	6. Mike Wood	57-6 3/4	70	6. Justin Smith	24-7 3/4	96	6. Ed Steele	15-6	73
7. Colin Herold	14.25	13	7. Chad Lindsay	57-4 1/4	92	7. Quincy Howe	24-5 1/2	02	Brian Stevenson	15-6	83
8. Kyle Sullivan	14.44	15	8. Kyle Herl	57-3 3/4	05	8. Tim Cawley	24-3	96	8. Cliff Cotton	15-2	69
9. Scott Carter	14.45	14	9. Tyg Long	55-7	05	9. Stephen Michel	24-2 1/4	10	9. Brandon Douglass	15-1	10
10. Michael Arnwine	14.46	06	10. Craig Suter	55-6 1/4	02	10. Robert Black	24-1 1/4	74	10. Jay Petsch	14-5 1/2	10
400-Meter Hurdles			Discus			Triple Jump			Decathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Seth Billy	50.07	02	1. Jason Gervais	210-10	00	1. Quincy Howe	54-4 3/4	02	1. Jay Novacek	7,762	84
2. Kekoa Chavez	50.74	10	2. Mason Finley	210-6	14	2. Jeremiah James	52-10 1/4	10	2. Gregg Sawyer	7,250	99
3. Jason Medearis	50.82	99	3. Jared Finley	192-3	78	3. Tim Cawley	51-7	98	3. Olav Roe	7,222	06
4. Gladstone Williams	50.83	78	4. Paul Thomas	190-11	14	4. Mervin Swaby	51-1 1/2	02	4. Phil Mulkey	7,116	56
5. Keith Ladson	50.93	96	5. Jeff Honey	188-11	97	5. Blake Jackson	51-0 1/2	07	5. Jay Petsch	7,112	10
6. Jordan Charles	51.49	16	6. Joe Plante	188-1	10	6. Scott Carter	50-6 3/4	14	6. Kyle Sullivan	6,949	15
7. Carlington Duncan	51.64	99	7. Kevin Mannon	187-9	99	7. Bud Hamilton	50-5 1/2	94	7. Dan Orange	6,934	74
8. Joel Giorgis	52.07	94	8. Ryan Butler	183-6	96	8. Stephen Michel	50-0 1/2	10	8. Bret Zowada	6,773	02
9. Aaron Praska	52.44	14	9. Tom Schillinger	176-5	76	9. John Alderson	49-9	07	9. Phillip Thomas	6,632	07
10. Ryan Rogers	52.62	14	10. Jason Hammond	174-10	00	10. Wayne King	49-7 1/4	70	10. Brandon Douglass	6,620	12
Hammer			Javelin (200 standard)			High Jump					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. Kevin Mannon	226-6	99	1. Henry Ferreira	224-0	13	1. Mike White	7-2	80			
2. Jason Hammond	221-1	01	2. Guy Tucker	223-0	95	2. Bud Hamilton	7-1 3/4	94			
3. Jake Shanklin	219-11	09	3. Mike Abbey	221-11	93	3. Chris Larson	7-1 1/4	95			
4. Kyle Herl	219-10	05	4. Joshua McMullen	212-6	00	4. Tyler Skinner	7-0 1/4	11			
5. Ryan Butler	217-4	96				5. Bryan Coventry	7-0	85			
6. Zack Schaefer	213-10	04				Dan Orange	7-0	74			
7. Jason Gervais	207-3	00				7. Mike Klyop	6-11	91			
8. Derek Woodske	204-7	01				8. Mike Miller	6-10	76			
9. Tyler Anderson	202-9	16				9. Phillip Thomas	6-9 1/2	07			
10. Joe Plante	201-2	13				10. Jared Grant	6-8 3/4	07			

School Record Key

Outdoor

- For running events 400 meters and below (including the 4x100- and 4x400-meter relays), no marks are converted for altitude
- For running events 800 meters and above, all marks are converted for altitude
- All marks are in any conditions (i.e. all wind readings are counted) - Bold indicates marks from 2016-17 season

2016-17 Wyoming Notes

Women's Outdoor School Records

(as of May 31, 2016)

100 Meters			200 Meters			400 Meters			800 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Kereston Thomas	11.50	14	1. Jessica Fox	23.22	05	1. Jessica Fox	51.72	05	1. Deby Anderson	2:07.15	94
2. Kima Wells	11.70	04	2. Shauna Smith	23.53	04	2. Afiya Walker	52.93	10	2. Candace Wollert	2:08.30	11
3. Jessica Fox	11.75	05	3. Adelaide Harper	23.62	03	3. Shauna Smith	53.04	02	3. Kerry White	2:08.53	15
4. Adelaide Harper	11.78	03	4. Kereston Thomas	23.71	14	4. Kima Wells	53.41	04	4. Cassidy Meade	2:09.77	16
5. Trecia Roberts	11.80	91	5. Audrey West	23.80	14	5. Sharon Larrier	53.53	05	5. Tanice Barnett	2:10.39	04
6. Jerayah Davis	11.81	16	6. Lori Grillo	23.85	88	6. Amanda Hopper	54.07	05	6. Brenna Dooley	2:10.58	07
7. Audrey West	11.83	15	7. Sharon Larrier	23.86	07	7. Lindsey Simmons	55.31	11	7. Melissa Donovan	2:11.25	92
8. Natika Brame	11.84	94	8. Kima Wells	24.09	04	8. Samantha Kee	55.40	13	8. Kerry Cerda	2:11.55	82
Kathy Romsa	11.84	85	9. Fiona Lindo-Jeffrey	24.10	01	9. McKenzie Brogan	55.43	14	9. Juanita Neff	2:11.75	80
10. Ja'la Henderson	11.89	16	10. Afiya Walker	24.39	10	10. Laura Ferguson	55.71	80	10. Nikki Peterson	2:11.93	07
1,500 Meters			3,000-Meter Steeplechase			5,000 Meters			10,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Molly Moulton	4:19.57	97	1. Audra DeStefano	10:07.35	16	1. Christine Nelson	16:31.61	11	1. Holly Page	33:49.66	15
2. Andrea Everett	4:20.20	83	2. Emily Higgins	10:30.81	09	2. Holly Page	16:33.77	15	2. Brenda Graham-Gray	34:34.62	82
3. Tanice Barnett	4:24.43	05	3. Abi Bever	10:48.66	12	3. Leandra Barinaga	16:35.94	80	3. Megan Brunette	35:21.58	16
4. Hege Jorgensen	4:24.67	87	4. Catherine Cloetta	11:00.77	16	4. Gretchen Johnson	16:35.98	08	4. Dodie Kocsis	36:04.80	92
5. Emily Higgins	4:25.31	09	5. Brooke Hughes	11:11.10	10	5. Audra DeStefano	16:50.60	16	5. Devon England	36:55.67	15
6. Audra DeStefano	4:29.55	16	6. Stephanie Hanks	11:20.67	01	6. Allison Hollington	16:53.74	83	6. Leanne Larson	36:56.84	87
7. Lauren Hamilton	4:32.28	16	7. Andrea Klimowski	11:23.59	13	7. Jennifer Thompson	16:59.77	04	7. Michelle Kvernmo	37:05.51	06
8. Kerry White	4:33.41	15	8. Christine Michel	11:43.05	04	8. Alysha Davis	17:00.80	09	8. Sissel Bjorkenas	37:06.80	81
9. Cassidy Meade	4:33.92	16	9. Nikki Peterson	11:51.36	07	9. Brenda Graham-Gray	17:15.26	84	9. Debbie Espinoza	37:16.79	86
10. Maggie Diller	4:34.84	04	10. Emerald Reed	11:52.09	06	10. Natalie Kean	17:19.88	04	10. Alysha Davis	37:29.17	08
4x100-Meter Relay			4x400-Meter Relay								
1. Smith, Wells, Hopper, Fox	44.63	04	1. Smith, Larrier, Hopper, Fox	3:30.68	05						
2. Mann, Thomas, Gardner, West	45.04	14	2. Fox, Wells, Hopper, Smith	3:31.83	04						
3. Smith, Harper, Charles, Fox	45.54	03	3. Smith, Larrier, Hopkins, Fox	3:34.91	05						
4. Smith, Hopper, Babbitt, Fox	45.63	05	4. Anderson, Walker, Simmons, Larrier	3:38.98	09						
5. Babbitt, Hopper, Larrier, Rudolph	45.91	07	5. Kirby, Simmons, Wollert, Walker	3:39.69	11						
6. Wells, Lindo-Jeffrey, Piper, Harper	46.05	01	6. Hopper, DaCosta, Friezen, Larrier	3:40.18	07						
7. Charles, Demers, Smith, Fox	46.10	02	7. Hopper, Wells, Barnett, Fox	3:41.07	04						
8. Brown, Harper, Lindo-Jeffrey, Wells	46.10	00	8. Kirby, Brogan, West, Robertson	3:41.77	15						
9. West, Kee, Gardner, Thomas	46.12	13	9. Brogan, Gardner, West, Thomas	3:41.88	14						
10. Bernabo, Walker, Hall, Kirby	46.13	11	10. Kee, Kirby, Simmons, West	3:42.70	12						
100-Meter Hurdles			Shot Put			Long Jump			Pole Vault		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Shauna Smith	13.29	04	1. Jesseca Cross	55-0 3/4	98	1. Patricia Miller	20-4	80	1. Lauri Smith	12-1 1/2	06
2. Trecia Roberts	13.45	92	2. Andrea Batt	51-9	02	2. Nicole Stancato	19-10	89	2. Stephani Anderson	11-6 1/2	05
3. Shaylee Babbitt	13.52	08	3. Mollie Dahl	51-2 1/4	13	3. Renee Guy-Garth	19-8	96	3. Kat Doherty	11-5 1/4	05
4. Jenna Mann	13.54	14	4. Mandy Kinney	50-6 3/4	00	4. B.J. Eldridge	19-7 3/4	81	4. Jody Sanborn	11-2	03
5. Kathy Romsa	13.60	85	5. Grace Apiafi	49-6 1/2	84	5. Shelly Thacker	19-6 1/2	91	Kaela Thayer	11-2	03
6. Kelly Ann Charles	13.72	03	6. Shreese Daniels	48-11 3/4	12	6. Jenna Mann	19-6 1/4	14	6. Hallie Baker	11-0	03
7. Jennifer Schmitz	13.84	09	7. Ashley Hutchinson	48-10 1/4	12	7. Trisa Davis	19-6	82	7. Julia Popish	10-10	14
8. Adriana Friezen	13.86	07	8. Naomi Elliot	48-0 1/2	00	8. Jeffie Ventling	19-5 3/4	92	Morgan Hartigan	10-10	14
9. Joanna Wilson	13.99	98	9. Tamara Hawkins	47-3	98	9. Ja'la Henderson	19-5 1/4	16	9. Anna Hardy	10-5 1/4	05
10. Katy Hall	14.00	14	Robin Lyons	47-3	00	10. Jennifer Collen	19-4	07	10. Hannah Bertelson	10-2	16
400-Meter Hurdles			Discus			Triple Jump			Heptathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Shauna Smith	54.32	05	1. Robin Lyons	179-5	00	1. Tomeca Brown	41-2 1/4	99	1. Kathy Romsa	5,258	84
2. Taylor Gardner	57.93	14	2. Jesseca Cross	167-8	98	2. Nicole Stancato	40-2 3/4	89	2. Jenna Mann	5,255	14
3. Erin Kirby	58.45	15	Andrea Batt	167-8	02	3. Courtney Schlegal	40-2	05	3. Patty Harrington	4,708	87
4. McKenzie Brogan	59.30	16	4. Courtney Gougler	166-0	08	4. Enioma Haynes	39-11 1/2	02	4. Joanna Wilson	4,704	98
5. Diana Long	59.34	13	5. Julie Jones	162-9	80	5. Tori Connett	39-2 1/2	93	5. Sabina Sandberg	4,681	15
6. Anne Vollmer	59.80	97	6. Mandy Kinney	160-5	00	6. Emily Moore	38-10 1/4	12	6. Ingvild Carstens	4,478	04
7. Kim Demers	59.91	02	7. Madison Seaman	159-10	15	7. Allegra Carson	38-7	16	7. Britney Jackson	4,290	10
8. Adriana Friezen	1:00.24	07	8. Mary Le Jour	159-8	00	8. Lindsey Fuller	38-4 3/4	07	8. Katy Hall	4,282	12
9. Darby Goodspeed	1:00.36	99	9. Grace Apiafi	158-11	84	9. Shana Wilcoxson	38-0 3/4	16	9. Clare Nicolas	4,277	16
10. Jean Bradley	1:01.21	80	10. Kate Burton	158-5	08	10. Ashley Knight	38-0 1/4	06	10. Keeley Johnson	4,205	89
Hammer			Javelin (150 standard)			High Jump					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. Kate Burton	209-8	08	1. Andrea Batt	168-8	01	1. Julie Burgess	5-10	87			
2. Robin Lyons	206-9	00	2. Jorah Roylance	163-1	00	2. Sabina Sandberg	5-9 1/4	15			
3. Shannon Popp	196-10	07				3. Johnna Jeffries	5-8 3/4	09			
4. Shreese Daniels	195-8	15				4. Joanna Wilson	5-8	98			
5. Ashley Hutchinson	193-3	12				Chan Johnson	5-8	02			
6. Dana Dillon	192-5	00				6. Kathy Romsa	5-7 1/2	83			
7. Julie Thomas	190-9	00				7. Britney Jackson	5-7 1/4	09			
8. Jesseca Cross	185-10	98				8. Jenna Mann	5-6	14			
9. Tamara Hawkins	185-9	98				Kathy VanHeule	5-6	83			
10. Emelda Malm-Annan	185-6	16				10. Sofia Hof	5-5 3/4	16			

School Record Key

Outdoor

- For running events 400 meters and below (including the 4x100- and 4x400-meter relays), no marks are converted for altitude
- For running events 800 meters and above, all marks are converted for altitude
- All marks are in any conditions (i.e. all wind readings are counted) - Bold indicates marks from 2016-17 season