



WYOMING



2016-17 TRACK AND FIELD NOTES

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Quick Facts

Location	Laramie, Wyo.
Founded	1886
Enrollment	13,551
Nickname	Cowboys/Cowgirls
School Colors	Brown & Gold
President	Laurie Nichols
Athletics Director	Tom Burman
Affiliation	NCAA Division I
Conference	Mountain West
Website	GoWYO.com

Coaching Staff

Head Coach	Bryan Berryhill
Alma Mater	Colorado State, 2001
Season at UW	Fifth
Associate Head Coach/Throws	Paul Barrett
Season at UW	23rd
Assistant Coach/Distance	Amanda Clower
Season at UW	Eighth
Assistant Coach/Sprints	Shaun Meinecke
Season at UW	Fifth
Assistant Coach/Jumps	Quincy Howe
Season at UW	12th
Assistant Coach/Operations	Whitney Henderson
Season at UW	Second

Team Info

2016 Men's MW Indoor Finish	5th (70 pts)
2016 Men's MW Outdoor Finish	6th (44 pts)
NCAA West Preliminary Qualifiers	4
Men's All-MW Honors	7
Men's Letterwinners Returning	6
Men's Newcomers	9
2016 Women's MW Indoor Finish	5th (59 pts)
2016 Women's MW Outdoor Finish	9th (35 pts)
NCAA West Preliminary Qualifiers	3
Women's All-MW Honors	15
Women's Letterwinners Returning	9
Women's Newcomers	7

Media Relations

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Meet Information

Meet	Jack Christiansen Invite
When	Saturday, April 22
Where	Fort Collins, Colo.
	Jack Christiansen Track
Time	9 a.m. MT (Field Events)
	11 a.m. MT (Track Events)



Notes

Wyoming Heads Back to Fort Collins for Jack Christiansen Invite

A week removed from competing at three different meets in California and Utah over a three-day span, the University of Wyoming track & field team will stay much closer to home on Saturday. The Pokes will travel across the Wyoming-Colorado border to compete in Fort Collins, Colo., for the second time during the 2017 outdoor season on Saturday at the Jack Christiansen Invite, hosted by Colorado State. Wyoming last competed at CSU on March 25 at the Fum McGraw Open, winning two of three dual matchups on both the men's and women's sides.

The Pokes are coming off a weekend in which they recorded a whopping nine UW all-time top 10 marks, including two school records. Sophomore Jerayah Davis sprinted to her second school record of the 2016-17 track & field season with a blazing time of 11.42 seconds in the women's 100 meters at the Pacific Coast Intercollegiate. Davis, who set the UW record for the women's 60 meters during the indoor season with a time of 7.25, broke the 100 meters record of 11.50 set by Kereston Thomas in 2014. Two days later at the Mark Faldmo Invitational, Davis posted the No. 10 time in UW annals for the women's 200 meters at 24.31. Davis now ranks third in the Mountain West this season for the 100 meters behind San Diego State's Ashley Henderson (11.10) and UNLV's Destiny Smith-Barnett (11.21).

Senior Jordan Charles continued his remarkably consistent outdoor season as well as his steady ascent up the UW all-time list for the men's 110-meter hurdles at the Pacific Coast Intercollegiate, tying the program record with a time of 13.81 seconds. Charles joins Tom Garrison (1990) and Jason Medearis (1999) at the top of the list. Charles currently holds a huge lead for the event in the conference, as Colorado State decathlete Hunter Price ranks second at 13.98 while UW senior Scott Carter is third with an altitude-adjusted mark of 14.30. Carter's raw time of 14.26 at the Mark Faldmo Invitational moved him to No. 8 on the UW all-time list for the event. The versatile Carter also furthered his personal best in the men's triple jump in Long Beach, leaping 52 feet, 3.75 inches to improve his No. 3 mark on the UW all-time list.

Charles was also a member of the Cowboys' 4x100-meter relay team that continued to impress at the Pacific Coast Intercollegiate, posting the No. 3 time in UW annals at 40.60. The squad of Charles, Kevin Blackett, Jace Marx and Sam Kirkeide followed that performance with a 40.61 performance at Utah State two days later.

Another highlight from UW's chaotic weekend was senior Megan Brunette's personal best time of 34:48.85 in the women's 10,000 meters at the Mt. SAC Relays on Thursday. Brunette's time chopped over 30 seconds off her career best, earning her a second-place finish in her heat and bettering her No. 3 time on the UW all-time list.

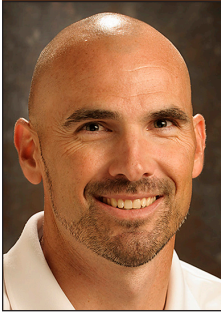
Wyoming will attempt to continue rewriting the record books on Saturday in Fort Collins. The Jack Christiansen Invite begins at 9 a.m. MT with the men's hammer throw, while track events start at 11 a.m. with the women's 5,000 meters.

2016-17 Schedule & Results

Indoor				Outdoor			
Date	Meet	Location	Time/Result	Date	Meet	Location	Time/Result
12/9	Power Meet	Laramie, Wyo.	NTS	3/18	Jerry Quiller Classic	Boulder, Colo.	NTS
1/13-14	Potts Indoor Invitational	Boulder, Colo.	NTS	3/25	Fum McGraw Open	Fort Collins, Colo.	M: 2-1, W: 2-1
1/19	Air Force Invitational	Colorado Springs, Colo.	NTS	4/2	Tom Benich Invite	Greeley, Colo.	M: 7th, W: 6th
1/28	Dual vs. Montana State	Gillette, Wyo.	W-W, M-L	4/7-8	CU Invite	Boulder, Colo.	M: 2nd, W: 4th
2/3	Washington St. Cougar Invite	Pullman, Wash.	NTS	4/13	Pacific Coast Intercollegiate	Long Beach, Calif.	M: 1st, W: 5th
2/3-4	Colorado Open	Boulder, Colo.	NTS	4/13-15	Mt. SAC Relays	Torrance, Calif.	NTS
2/10-11	Don Kirby Invite	Albuquerque, N.M.	NTS	4/14-15	Mark Faldmo Invitational	Logan, Utah	NTS
2/17	Rocky Mountain Classic	Laramie, Wyo.	NTS	4/21-22	Jack Christiansen Invite	Fort Collins, Colo.	9 a.m. MT
2/23-25	MW Championships	Albuquerque, N.M.	M-5th, W-10th	4/28	7220 Invite	Laramie, Wyo.	TBA
				5/5	Dual vs. Colorado State	Fort Collins, Colo.	TBA
				5/10-12	MW Championships	Logan, Utah	TBA
				5/25-27	NCAA West Prelims	Austin, Texas	TBA
				6/7-10	NCAA Championships	Eugene, Ore.	TBA

All times Mountain and subject to change | NTS = No Team Scores

Head Coach Bryan Berryhill



Bryan Berryhill enters his fifth season as head coach of the University of Wyoming track and field/cross country programs in 2016-17.

During the 2015 cross country season, the former professional runner led the Cowboys to a fourth-place finish in the Mountain

West, tying the highest finish in program history. The men's harriers collected 89 points at the conference championships, just four points more than Wyoming's lowest total at a MW championship meet. Berryhill led the Cowgirls to a fifth-place finish at the MW championships despite having no seniors and just one junior in the team's top five.

Berryhill coached senior harriers Aaron Derner and Amos Bowen to USTFCCCA All-Region honors after each finished in the top 25 at the NCAA Mountain Regional meet. During the indoor track & field season, Wyoming collected eight individual All-MW honors while the women's squad earned All-MW status in the Distance Medley Relay. Hurdler Jordan Charles went on to become an Honorable Mention All-American in the 60-meter hurdles. Outdoors, the team earned four more All-MW honors and seven athletes advanced to the NCAA West Preliminary Round. Under Berryhill, Wyoming's student-athletes have notched 156 top-10 individual and relay marks in school history, including 11 school records.

Before Wyoming, Berryhill served as the head cross country and assistant track coach at Colorado State from 2006-2012. He was named the 2007 Women's NCAA Regional and Mountain West Conference Women's Cross Country Coach of the Year after the CSU women won their first ever team titles at the Mountain West championships and the NCAA Mountain Region championships in the same season.

He had a stellar collegiate career at CSU, earning 10 All-America honors in cross country and track. A national champion in the indoor 1-mile run and outdoor 1,500-meter run in 2001, Berryhill holds five individual and three relay records at CSU. He competed as a professional track athlete from 2001-04 and 2005-07.

The CSU women finished second or better at the MW Cross Country Championships in four of the six years of Berryhill's tenure. During his time with the Rams, he coached student-athletes to six school records and coached the only CSU woman to win a Mountain West cross country individual title with April Thomas' win in 2007.

Berryhill received his bachelor's degree in forestry from CSU in May 2001. He and his wife, Toni, have three children: Libby, Eli and Lainey.

Personal-Best Times

800 Meters: 1:46
Mile: 3:54
1,500 Meters: 3:35

Notes

Last Time Out: Pokes Win Eight Events on Saturday at Utah State

The University of Wyoming track & field team concluded a chaotic weekend in resounding fashion on Saturday, winning eight events on the second day of the Mark Faldmo Invitational at Maughan Stadium in Logan, Utah. The Cowboys and Cowgirls each posted four event wins on the day, excelling in all event areas en route to four UW all-time top 10 marks.

"Overall, I thought it was a solid day," head coach Bryan Berryhill said. "The teams took advantage of an opportunity to compete at the Mountain West conference championship site. There were a lot of good performances across the board. The focus was there today."

Just two days removed from setting the new UW program record for the women's 100-meter dash, sophomore Jerayah Davis showed her versatility with a win in the women's 200 meters. Her time of 24.31 seconds is No. 10 on the UW all-time list. Jordan Edmonds took fourth at 25.01. Davis and Edmonds each ran a leg for Wyoming's victorious 4x100-meter relay team, which clocked in at 45.94 seconds for an easy win.

Sam Kirkeide followed his massive PR in the men's 100 meters at the Pacific Coast Intercollegiate with another good time on Saturday, winning the event with a time of 10.71. The Cowboys' 4x100-meter relay squad of Kirkeide, Jordan Charles, Jace Marx and Kevin Blackett continued their remarkably consistent season with a time of 40.61, taking second place.

A group of seniors posted solid performances in the hurdles events, with Charles leading the way with a win in the men's 110-meter hurdles at 14.01. Scott Carter posted a new personal best in the event, finishing as the runner-up to Charles with a time of 14.26, the No. 8 time on the UW all-time list. Mikalah Skates took second in the women's 110-meter hurdles, clocking in at 14.25.

Cassidy Meade earned a runaway victory in the women's 800 meters, clocking a new outdoor personal record with an altitude-adjusted time of 2:09.72 and bettering her 4th-ranked time on the UW all-time list for the event. Ricky Faure had a similar performance in the men's 800 meters, winning by almost five seconds with a season-best time of 1:48.90 after altitude adjustment. Phillip Thomas took fourth at 1:54.04.

Kerry White and Solana Quistorff went 2-3 in the women's 1,500 meters, with White checking in with an altitude-adjusted time of 4:34.32 while Quistorff clocked in with an altitude-adjusted personal record of 4:40.81. On the men's side of the event, Jonah Henry took top honors with an adjusted time of 3:53.74, also a personal record.

Freshman Kacey Doner made a solid improvement while winning the women's 3,000-meter steeplechase, moving up to No. 5 on the UW all-time list and chopping more than 10 seconds off her personal record with a time of 11:06.48 after altitude adjustment.

Garrett Lynch launched another huge throw in the men's shot put, tossing 55 feet, 2 inches for a new personal record to take second place. Hannah Carr finished third in the women's discus, throwing 150-5. Damon Unland was a fourth-place finisher in the men's discus, throwing 159-10, while Lynch was fifth at 158-4.

"Garrett's been getting better and better each week," Berryhill said. "Coach (Paul) Barrett is excited about the work he's been putting in. That was a huge step forward."

Carter contributed a third-place effort in the men's long jump, jumping 23-11.5 as he took a meet off from his signature event, the triple jump. Allegra Carson was another solid performer for the Cowgirls in the field events, taking fourth in the women's triple jump at 36-9.

Rewriting the Record Books

The University of Wyoming track & field team has made an assault on the record books so far during the 2017 outdoor season. Below is a list of UW all-time top 10 marks accomplished by the Pokes so far during the outdoor campaign.

COWBOYS

Name	Meet	Event	Mark	All-Time
Jordan Charles	Pacific Coast Intercollegiate	110 Hurdles	13.81	T-1st
Scott Carter	Pacific Coast Intercollegiate	Triple Jump	52-3 3/4	3rd
Blackett, Marx	Pacific Coast Intercollegiate	4x100m	40.60	3rd
Charles, Kirkeide				
Jackson Wood	Fum McGraw Open	200m	21.49	T-6th
Bryce Ailshie	Fum McGraw Open	400m	47.80	8th
Scott Carter	Mark Faldmo Invite	110 Hurdles	14.26	8th
Jackson Wood	Jerry Quiller Classic	400m	47.89	9th
Scott Carter	CU Invite	Long Jump	24-1 3/4	10th

COWGIRLS

Name	Meet	Event	Mark	All-Time
Jerayah Davis	Pacific Coast Intercollegiate	100m	11.42	1st
Henderson, Edmonds	Fum McGraw Open	4x100m	45.39	3rd
Harris, Davis				
Megan Brunette	Mt. SAC Relays	10,000m	34:48.85	3rd
Cassidy Meade	Mark Faldmo Invite	800m	2:09.72	4th
Emelda Malm-Annan	CU Invite	Hammer	194-1	5th
Kacey Doner	Mark Faldmo Invite	3,000s	11:06.47	5th
Hannah Carr	Tom Benich Invite	Discus	159-8	T-8th
Kiah Leonard	Jerry Quiller Classic	3,000s	11:34.43	9th
Megan Brunette	Fum McGraw Open	5,000m	17:14.34	9th
Ja'la Henderson	Fum McGraw Open	Long Jump	19-5 1/2	9th
Jerayah Davis	Mark Faldmo Invite	200m	24.31	10th

2016-17 Wyoming Notes

2016-17 MW Athletes of the Week

Wyoming's Winners

Women's Indoor Track Athletes of the Week

Date	Name	Class	Events
12/13	Jerayah Davis	So.	60m/LJ

Men's Indoor Field Athletes of the Week

Date	Name	Class	Events
1/31	Scott Carter	Sr.	TJ/60h

Women's Outdoor Track Athletes of the Week

Date	Name	Class	Events
3/21	Audra DeStefano	Sr.	3000s

Men's Outdoor Field Athletes of the Week

Date	Name	Class	Events
4/4	Scott Carter	Sr.	TJ

USTFCCCA Regional Rankings

OUTDOOR RANKINGS - Week 3 MOUNTAIN REGION

Women (April 17)

Rank	School	Conf.	Last Week
1.	Texas Tech	Big 12	2
2.	BYU	WCC	1
3.	Colorado State	MW	3
4.	UTEP	C-USA	4
5.	N. Arizona	Big Sky	6
6.	Nevada	MW	5
7.	Colorado	Pac-12	7
8.	Utah State	MW	10
9.	Montana	Big Sky	8
10.	Weber State	Big Sky	13
11.	Montana State	Big Sky	15
12.	Air Force	MW	12
13.	Wyoming	MW	14
14.	New Mexico	MW	19
15.	Utah	Pac-12	11
16.	N. Colorado	Big Sky	9
17.	Utah Valley	WAC	17
18.	New Mexico State	WAC	16
19.	Idaho State	Big Sky	18
20.	Southern Utah	Big Sky	20

Men (April 17)

Rank	School	Conf.	Last Week
1.	BYU	WCC	1
2.	Texas Tech	Big 12	3
3.	Air Force	MW	2
4.	Colorado State	MW	4
5.	N. Arizona	Big Sky	6
6.	Colorado	Pac-12	5
7.	Utah State	MW	7
8.	Wyoming	MW	11
9.	Weber State	Big Sky	9
10.	UTEP	C-USA	13
11.	Southern Utah	Big Sky	10
12.	Utah Valley	WAC	12
13.	Idaho State	Big Sky	8
14.	Montana State	Big Sky	14
15.	New Mexico	MW	16
16.	Montana	Big Sky	15
17.	N. Colorado	Big Sky	17

Interview Policies

Interviews, either in person or via telephone, with members of UW's coaching staff and student-athletes must be coordinated through Media Relations Graduate Assistant Nate Lake at least one day in advance.

Home and/or cell phone numbers will not be provided to the media by the coaches, student-athletes, or the athletic department. Media are asked not to request an individual's personal contact information, including e-mail and cell number, but rather to contact Nate.

Cowboys Tops in MW in Five Events

The University of Wyoming men's track & field squad currently holds the conference lead in five different events. Ricky Faure tops the league in the men's 800 meters after his season-best time of 1:48.89 at the Mark Faldmo Invite. Jordan Charles is first in the men's 110-meter hurdles at 13.81, while Charles and the men's 4x100-meter relay squad lead the league with a time of 40.60. Scott Carter's triple jump of 52-3.75 is a league leader, while Damon Unland is tops in the hammer throw at 198 feet even.

USTFCCCA Week 3 Outdoor Track & Field Rankings Released

The U.S. Track & Field and Cross Country Coaches' Association released its Week 3 edition of the national outdoor track & field rankings on Monday, with the Cowgirls checking in at No. 125 while the Cowboys enter the week ranked No. 130. Below is a list of the top 30 men's and women's teams in this week's ranking.

MEN

Rk.	School	Points
1	Florida	361.09
2	Texas A&M	259.93
3	Oregon	246.89
4	Alabama	220.26
5	Georgia	219.36
6	LSU	203.03
7	Arkansas	200.71
8	Texas Tech	194.61
9	Virginia	187.60
10	Texas	179.27
11	Southern California	154.57
12	Kansas	126.82
13	Ole Miss	117.26
14	Stanford	115.09
15	Tennessee	112.77
16	Colorado State	110.68
17	South Carolina	107.77
18	Nebraska	105.83
19	Baylor	103.65
20	UCLA	103.36
21	Auburn	94.48
22	Kentucky	89.02
23	Virginia Tech	82.28
24	Syracuse	79.23
25	Houston	76.42
26	Minnesota	75.16
27	Western Kentucky	74.22
28	Iowa	72.02
29	Penn State	71.71
30	Louisville	68.57
130	Wyoming	2.38

WOMEN

Rk.	School	Points
1	Oregon	391.98
2	Arkansas	295.71
3	Kentucky	266.90
4	LSU	264.26
5	Southern California	250.78
6	Florida	236.81
7	Georgia	235.96
8	Texas A&M	195.50
9	Texas	183.02
10	Stanford	150.53
11	Tennessee	129.41
12	Washington	126.79
13	Florida State	123.14
14	Harvard	119.74
15	Kansas State	112.83
16	Auburn	107.04
17	Virginia Tech	106.50
18	Ole Miss	104.45
19	Miami (Fla.)	103.31
20	Alabama	94.75
21	Purdue	94.11
22	South Carolina	85.76
23	Michigan	85.23
24	Baylor	80.59
25	Mississippi State	80.09
26	Nebraska	78.92
27	Arizona State	78.27
28	Oklahoma	76.04
29	Arizona	73.33
30	San Diego State	71.53
125	Wyoming	1.32

Next Up

Wyoming will welcome teams from around the region to Laramie for the 7220 Invite on Friday, April 28.

Cowboys & Cowgirls in the 2017 NCAA Outdoor Rankings (as of April 15)

COWBOYS

Rank	Name	Event	Meet	Time/Mark
12th	Scott Carter	Triple Jump	PC Intercollegiate	52-3 3/4
21st	Jordan Charles	110 Hurdles	Jerry Quiller Classic	13.92
33rd	Ricky Faure	800 Meters	Mark Faldmo Invite	1:48.89
61st	Bryce Ailshie	800 Meters	PC Intercollegiate	1:49.78
74th	Damon Unland	Hammer Throw	PC Intercollegiate	198-0
79th	Scott Carter	110 Hurdles	Mark Faldmo Invite	14.30
98th	Scott Carter	Long Jump	CU Invite	24-1 3/4

COWGIRLS

Rank	Name	Event	Meet	Time/Mark
28th	Audra DeStefano	3,000 Steeplechase	Mt. SAC Relays	10:21.53
T-33rd	Jerayah Davis	100 Meters	PC Intercollegiate	11.42
53rd	Emelda Malm-Annan	Hammer Throw	CU Invite	194-1
72nd	Megan Brunette	10,000 Meters	Mt. SAC Relays	34:48.85
95th	Davis, Henderson, Edmonds, Harris	4x100-Meter Relay	Fum McGraw Open	45.51

2016-17 Wyoming Notes

Cowboy Roster (31)

Name	Event(s)	Cl.	Hometown
Bryce Ailshie	Middle Distance	SO	Kingsport, Tenn.
Kyle Alexander	Jumps	SO	Cheyenne, Wyo.
Kevin Blackett	Sprints	JR	Rapid City, S.D.
Scott Carter	Jumps/Hurdles	SR	Elizabeth, Colo.
Jordan Charles	Sprints/Hurdles	SR	Aurora, Colo.
Michael Choma	Sprints	FR	Casper, Wyo.
Robert Creager	Jumps	JR	Casper, Wyo.
Michael Downey	Distance	SO	Cheyenne, Wyo.
Harry Ewing	Distance	FR	Hamilton, NZ
Ricky Faure	Middle Distance	SO	Rock Springs, Wyo.
Martin Fitzwater	Throws	SO	Lusk, Wyo.
Hap Frketich	Throws	FR	Newberg, Ore.
Jesse Gray	Distance	JR	Rock Springs, Wyo.
Christopher Henry	Distance	FR	Laramie, Wyo.
Jonah Henry	Distance	JR	Laramie, Wyo.
Daniel Hintz	Middle Distance	FR	Tauranga, NZ
Trey Jennings	Multi-Events	FR	Casper, Wyo.
Calum Kepler	Middle Distance	JR	Casper, Wyo.
Isaac Kiefer	Middle Distance	JR	Buffalo, Wyo.
Sam Kirkeide	Sprints	SO	Missoula, Mont.
Garrett Lynch	Throws	JR	Powell, Wyo.
Jace Marx	Sprints	SO	Big Piney, Wyo.
Kyle Pollock	Jumps	FR	Wheatland, Wyo.
Mike Seas	Distance	SR	Celina, Ohio
Caleb Seeton	Multi-Events	SR	Fort Collins, Colo.
Jay Shuman	Multi-Events	FR	Palisade, Colo.
Phillip Thomas	Middle Distance	SO	Fountain, Colo.
Damon Unland	Throws	SR	Spokane, Wash.
Kirk Unland	Throws	FR	Spokane, Wash.
Bobby Wingeleth	Jumps	SR	Lyman, Wyo.
Jackson Wood	Middle Distance	SO	Cheyenne, Wyo.

Roster Breakdown

Returning NCAA Qualifiers: Bryce Ailshie (800 Meters), Jordan Charles (60-Meter Hurdles, 110-Meter Hurdles, 400-Meter Hurdles), Garrett Lynch (Discus)

Lost NCAA Qualifiers: Tyler Anderson (Hammer)

Returning All-MW Honorees: Ricky Faure (800 Meters), Jordan Charles (60-Meter Hurdles, 110-Meter Hurdles), Scott Carter (Long Jump, Triple Jump)

Lost All-MW Honorees: Tyler Anderson (Weight Throw, Hammer Throw)

By Status

Letterwinners Returning:	6
Squad Members Returning:	17
Newcomers:	9

Cowgirl Roster (40)

Name	Event(s)	Cl.	Hometown
Danielle Alexander	Middle Distance	SR	Cheyenne, Wyo.
Madison Ashworth	Jumps	SO	Thayne, Wyo.
Calbi Ausmann	Distance	FR	Newcastle, Wyo.
Hannah Bertelson	Jumps	JR	Midland, Texas
Ashley Bock	Distance	FR	Fort Collins, Colo.
Megan Brunette	Distance	SR	Colorado Springs, Colo.
Hannah Carr	Throws	JR	Monument, Colo.
Allegra Carson	Jumps	SO	Wichita, Kan.
Jerayah Davis	Sprints/Jumps	SO	Casper, Wyo.
Audra DeStefano	Middle Distance	SR	Gillette, Wyo.
Quinn DeStefano	Distance	JR	Gillette, Wyo.
Kacey Doner	Distance	FR	Fort Collins, Colo.
Jordan Edmonds	Sprints	SO	Colorado Springs, Colo.
Lauren Hamilton	Middle Distance	JR	Monument, Colo.
Melina Harris	Sprints	JR	Cheyenne, Wyo.
Ja'la Henderson	Jumps/Sprints	SO	Dayton, Ohio
Sofia Hof	Jumps	SO	Casper, Wyo.
Holly Huber	Hurdles	SO	Green River, Wyo.
Kirsten Kropkowski	Distance	FR	Colorado Springs, Colo.
Kiah Leonard	Distance	SO	Berthoud, Colo.
Emelda Malm-Annan	Throws	SO	Elk Grove, Calif.
Madison Marsh	Jumps	JR	Grand Junction, Colo.
Cassidy Meade	Middle Distance	SR	Laramie, Wyo.
Clare Nicolas	Sprints	JR	Elizabeth, Colo.
Emily Person	Middle Distance	SO	Rapid City, S.D.
Heidi Pfoor	Hurdles	JR	Cheyenne, Wyo.
Makayla Pzinski	Sprints	SO	Gillette, Wyo.
Solana Quistorff	Distance	SO	Castle Rock, Colo.
Karlin Rufenacht	Jumps	SO	Peyton, Colo.
Mikalsh Skates	Hurdles	SR	Casper, Wyo.
Victori Sleep	Throws	JR	Powell, Wyo.
Day Timberman	Jumps	JR	Casper, Wyo.
Ashley Urman	Distance	SO	Princeton, Minn.
Regan VanDePol	Distance	SO	Broomfield, Colo.
Anissa Warner	Jumps	FR	Powell, Wyo.
Emily White	Throws	FR	Green River, Wyo.
Kerry White	Middle Distance	SR	Te Aroha, New Zealand
Shana Wilcoxson	Jumps	SR	Burns, Wyo.
Ariana Williams	Hurdles	SO	Murray, Utah
Kayla York	Throws	SO	Cedar Lake, Ind.

Roster Breakdown

Returning NCAA Qualifiers: Audra DeStefano (Steeplechase)

Lost NCAA Qualifiers: McKenzie Brogan (400-Meter Hurdles), Sabina Sandberg (High Jump)

Returning All-MW Honorees: Jerayah Davis (60 Meters), Audra DeStefano (5,000 Meters, DMR, Steeplechase), Ja'la Henderson (Long Jump), Emelda Malm-Annan (Weight Throw), Lauren Hamilton (DMR), Cassidy Meade (DMR)

Lost All-MW Honorees: Kim Robertson (DMR), McKenzie Brogan (400-Meter Hurdles)

By Status

Letterwinners Returning:	9
Squad Members Returning:	27
Newcomers:	7

2016-17 Wyoming Notes

Men's Indoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
60 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Sam Kirkeide	6.88	Power Meet	Laramie, Wyo.	12/9/16	Same	
Jace Marx	6.93	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Caleb Seeton	7.06	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Jordan Charles	7.12	Powder River Dual	Gillette, Wyo.	1/28/17	6.79 (No. 9 UW All-Time Mark)	2015
Kevin Blackett	7.19	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	7.15	2014
60-Meter Hurdles						
Name	Mark	Meet	Location	Date	Mark	Date
Jordan Charles	7.87	Power Meet	Laramie, Wyo.	12/9/16	7.68 (No. 1 UW All-Time)	2016
Scott Carter	8.03	Power Meet	Laramie, Wyo.	12/9/16	Same (No. 4 UW All-Time)	
Rowan Hawk	9.09	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
200 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jace Marx	21.71	MW Championships	Albuquerque, N.M.	2/25/17	Same (No. 8 UW All-Time)	
Jordan Charles	22.19	Don Kirby Invite	Albuquerque, N.M.	2/10/17	21.53 (No. 6 UW All-Time)	2016
Kevin Blackett	22.95	Powder River Dual	Gillette, Wyo.	1/28/17	22.62	2015
400 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jackson Wood	48.38	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 5 UW All-Time)	
Bryce Ailshie	48.84	Potts Invitational	Boulder, Colo.	1/14/17	Same (No. 10 UW All-Time)	
Ricky Faure	49.41	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Jace Marx	49.43	Colorado Open	Boulder, Colo.	2/4/17	Same	
Kevin Blackett	49.91	Colorado Open	Boulder, Colo.	2/4/17	Same	
Calum Kepler	51.01	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Trey Jennings	55.06	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Rowan Hawk	55.44	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
800 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Ricky Faure	1:48.78	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 2 UW All-Time)	
Bryce Ailshie	1:49.56	MW Championships	Albuquerque, N.M.	2/25/17	Same (No. 4 UW All-Time)	
Calum Kepler	1:53.60	Colorado Open	Boulder, Colo.	2/4/17	Same	
Isaac Kiefer	1:53.93	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Phillip Thomas	1:56.28	Colorado Open	Boulder, Colo.	2/4/17	1:54.18	2016
Daniel Hintz	1:56.50	Colorado Open	Boulder, Colo.	2/4/17	Same	
Mile						
Name	Mark	Meet	Location	Date	Mark	Date
Jonah Henry	4:12.01	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Daniel Hintz	4:23.83	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
3,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Mike Seas	8:26.77	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Jonah Henry	8:31.41	MW Championships	Albuquerque, N.M.	2/25/17	8:19.13	2016
Jesse Gray	8:43.32	Colorado Open	Boulder, Colo.	2/4/17		
5,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jonah Henry	14:39.59	MW Championships	Albuquerque, N.M.	2/24/17	Same	
Mike Seas	15:19.99	MW Championships	Albuquerque, N.M.	2/24/17	Same	
4x400-Meter Relay						
Name	Mark	Meet	Location	Date	Mark	Date
Marx, Wood, Blackett, Ailshie	3:13.46	MW Championships	Albuquerque, N.M.	2/25/17	(No. 1 UW All-Time)	
Distance Medley Relay						
Name	Mark	Meet	Location	Date	Mark	Date
Kepler, Thomas, Kiefer, Henry	10:07.00	MW Championships	Albuquerque, N.M.	2/23/17	(No. 10 UW All-Time)	
High Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Kyle Pollock	6-4 3/4	MW Championships	Albuquerque, N.M.	2/24/17	Same	
Scott Carter	5-7	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Long Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Scott Carter	24-3 3/4	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 10 UW All-Time)	
Caleb Seeton	23-9	Power Meet	Laramie, Wyo.	12/9/16	Same	
Bobby Wingeleth	22-8	Power Meet	Laramie, Wyo.	12/9/16	23-6 3/4	2015
Kyle Alexander	21-9	Powder River Dual	Gillette, Wyo.	1/28/17	22-6 1/2	2016
Kyle Pollock	21-1 1/4	Potts Invitational	Boulder, Colo.	1/13/17	Same	
Trey Jennings	19-9 1/2	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Robert Creager	19-2 3/4	Colorado Open	Boulder, Colo.	2/3/17	22-6 1/4	2015

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Triple Jump

Name	Mark	Meet	Location	Date	Mark	Date
Scott Carter	51-3	Power Meet	Laramie, Wyo.	12/9/16	51-8 1/2 (No. 5 UW All-Time)	2015
Kyle Alexander	46-2 3/4	Rocky Mtn. Classic	Laramie, Wyo..	2/17/17	Same	

Pole Vault

Name	Mark	Meet	Location	Date	Mark	Date
Trey Jennings	12-1 1/2	Powder River Dual	Gillette, Wyo.	1/28/17	Same	

Shot Put

Name	Mark	Meet	Location	Date	Mark	Date
Garrett Lynch	56-0 1/2	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Martin Fitzwater	54-6 1/2	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Damon Unland	51-10	MW Championships	Albuquerque, N.M.	2/25/17	53-7 1/2	2015
Kirk Unland	47-5 1/4	Potts Invitational	Boulder, Colo.	1/14/17	Same	

Weight Throw

Name	Mark	Meet	Location	Date	Mark	Date
Kirk Unland	61-8 1/4	Power Meet	Laramie, Wyo.	12/9/16	Same	
Damon Unland	59-4	MW Championships	Albuquerque, N.M.	2/24/17	62-8	2015
Hap Frketch	57-9	Power Meet	Laramie, Wyo.	12/9/16	Same	

Women's Indoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
Name	Mark	Meet	Location	Date	Mark	Date
Jerayah Davis	7.25	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 1 UW All-Time)	
Ja'la Henderson	7.58	Power Meet	Laramie, Wyo.	12/9/16	Same (No. 6 UW All-Time)	
Melina Harris	7.63	Power Meet	Laramie, Wyo.	12/9/16	Same (No. 10 UW All-Time)	
Makayla Pzinski	7.73	Power Meet	Laramie, Wyo.	12/9/16	Same	
Jordan Edmonds	7.78	Power Meet	Laramie, Wyo.	12/9/16	7.73	2015
60-Meter Hurdles						
Name	Mark	Meet	Location	Date	Mark	Date
Mikalah Skates	8.82	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	8.60 (No. 7 UW All-Time)	
Heidi Pfoor	8.83	Power Meet	Laramie, Wyo.	12/9/16	Same	2015
Ariana Williams	9.07	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Holly Huber	9.79	Power Meet	Laramie, Wyo.	12/9/16	9.70	2015
Clare Nicolas	9.61	MW Championships	Albuquerque, N.M.	2/23/17	Same	
200 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Melina Harris	24.96	Colorado Open	Boulder, Colo.	2/4/17	24.75	2016
Jordan Edmonds	25.75	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Makayla Pzinski	26.33	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Mikalah Skates	26.60	Potts Invitational	Boulder, Colo.	1/14/17	26.02	2015
Ashley Dodds	26.81	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
400 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Melina Harris	56.98	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Danielle Alexander	57.57	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Heidi Pfoor	58.11	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Ariana Williams	58.14	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Ashley Dodds	59.07	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Jordan Edmonds	59.41	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Kimberley Anglen	59.48	Power Meet	Laramie, Wyo.	12/9/16	55.79 (No. 10 UW All-Time)	2016
Ashley Urman	1:02.35	Power Meet	Laramie, Wyo.	12/9/16	Same	
Holly Huber	1:06.39	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
800 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Cassidy Meade	2:09.76	MW Championships	Albuquerque, N.M.	2/25/17	Same (No. 1 UW All-Time)	
Kerry White	2:11.36	MW Championships	Albuquerque, N.M.	2/24/17	2:10.96 (No. 2 UW All-Time)	2016
Lauren Hamilton	2:15.00	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Calbi Ausmann	2:15.78	Colorado Open	Boulder, Colo.	2/4/17	Same	
Emily Person	2:15.96	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Solana Quistorff	2:18.07	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Regan VanDepol	2:23.72	Potts Invitational	Boulder, Colo.	1/14/17	2:22.75	2016
Ashley Urman	2:28.30	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Heidi Pfoor	2:33.12	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Clare Nicolas	2:38.53	MW Championships	Albuquerque, N.M.	2/23/17	2016	
Mikalah Skates	2:46.77	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Mile						
Name	Mark	Meet	Location	Date	Mark	Date
Lauren Hamilton	4:46.85	Colorado Open	Boulder, Colo.	2/3/17	Same (No. 2 UW All-Time)	
Calbi Ausmann	4:56.57	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 5 UW All-Time)	
Quinn DeStefano	5:00.85	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Kacey Doner	5:11.01	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Ashley Bock	5:16.58	Potts Invitational	Boulder, Colo.	1/14/17	Same	
Kiah Leonard	5:20.56	Potts Invitational	Boulder, Colo.	1/14/17	5:09.72	2016

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Women's Indoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
3,000 Meters					Mark	Date
Name	Mark	Meet	Location	Date		
Megan Brunette	9:50.26	MW Championships	Albuquerque, N.M.	2/25/17	Same (No. 6 UW All-Time)	
Quinn DeStefano	9:58.60	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Audra DeStefano	10:00.01	MW Championships	Albuquerque, N.M.	2/25/17	9:32.83 (No. 2 UW All-Time)	2016
Ashley Bock	10:04.12	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Kacey Doner	10:10.00	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Kiah Leonard	10:37.13	Powder River Dual	Gillette, Wyo.	1/28/17	10:24.61	2016
5,000 Meters					Mark	Date
Name	Mark	Meet	Location	Date		
Megan Brunette	17:03.72	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 5 UW All-Time)	
Audra DeStefano	17:15.21	MW Championships	Albuquerque, N.M.	2/24/17	16:35.84 (No. 2 UW All-Time)	2016
Ashley Bock	17:48.57	MW Championships	Albuquerque, N.M.	2/24/17	Same	
Quinn DeStefano	18:04.13	MW Championships	Albuquerque, N.M.	2/24/17	Same	
4x400-Meter Relay					Mark	Date
Name	Mark	Meet	Location	Date		
Harris, Meade, Pfoor, Henderson	3:51.42	Colorado Open	Boulder, Colo.	2/4/17		
Distance Medley Relay					Mark	Date
Name	Mark	Meet	Location	Date		
White, Harris, Meade, Hamilton	11:33.30	MW Championships	Albuquerque, N.M.	2/23/17	(No. 2 UW All-Time)	
High Jump					Mark	Date
Name	Mark	Meet	Location	Date		
Anissa Warner	5-5 1/4	Colorado Open	Boulder, Colo.	2/3/17	Same	
Sofia Hof	5-3 1/4	Potts Invitational	Boulder, Colo.	1/13/17	5-5	2016
Madison Ashworth	5-1	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Hannah Bertelson	5-1	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Karlin Rufenacht	5-1	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Clare Nicolas	5-1	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Madison Marsh	4-11	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	5-1	2015
Heidi Pfoor	4-6	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Mikalah Skates	4-6	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Long Jump					Mark	Date
Name	Mark	Meet	Location	Date		
Ja'la Henderson	20-0 1/2	Colorado Open	Boulder, Colo.	2/3/17	Same	
Jerayah Davis	19-11	MW Championships	Albuquerque, N.M.	2/24/17	Same (No. 3 UW All-Time)	
Clare Nicolas	18-1 1/2	Rocky Mtn. Classic	Gillette, Wyo.	1/28/17	Same	
Kimberley Anglen	17-7	Power Meet	Laramie, Wyo.	12/9/16	Same	
Clare Nicolas	17-6	Power Meet	Laramie, Wyo.	12/9/16	18-0 1/2	2016
Allegra Carson	17-4	Potts Invitational	Boulder, Colo.	1/13/17	18-5	2016
Heidi Pfoor	17-4	Power Meet	Laramie, Wyo.	12/9/16	Same	
Mikalah Skates	16-6	Power Meet	Laramie, Wyo.	12/9/16	Same	
Triple Jump					Mark	Date
Name	Mark	Meet	Location	Date		
Day Timberman	38-10 1/2	Colorado Open	Boulder, Colo.	2/3/17	40-2 1/4 (No. 1 UW All-Time)	2016
Allegra Carson	38-9 1/2	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	39-7 3/4	2016
Pole Vault					Mark	Date
Name	Mark	Meet	Location	Date		
Shot Put					Mark	Date
Name	Mark	Meet	Location	Date		
Hannah Carr	43-8 1/2	Powder River Dual	Gillette, Wyo.	1/28/17	43-10 3/4	2015
Kayla York	38-4 1/4	Powder River Dual	Gillette, Wyo.	1/28/17	Same	
Clare Nicolas	35-7 1/4	MW Championships	Albuquerque, N.M.	2/23/17	Same	
Mikalah Skates	30-9 1/4	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Heidi Pfoor	25-11	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Weight Throw					Mark	Date
Name	Mark	Meet	Location	Date		
Emelda Malm-Annan	62-6 3/4	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	64-3 1/4 (No. 6 UW All-Time)	2015
Kayla York	56-3 3/4	Rocky Mtn. Classic	Laramie, Wyo.	2/17/17	Same	
Hannah Carr	51-6 1/2	Potts Invitational	Boulder, Colo.	1/13/17	Same	
Pentathlon					Mark	Date
Name	Mark	Meet	Location	Date		
Clare Nicolas	3233	MW Championships	Albuquerque, N.M.	2/23/17	Same (No. 6 UW All-Time)	
Heidi Pfoor	2942	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	
Mikalah Skates	2916	Air Force Invite	Colorado Springs, Colo.	1/19/17	Same	

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Men's Outdoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
100 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Sam Kirkeide	10.67	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same	
Michael Choma	11.63	CU Invite	Boulder, Colo.	4/8/17	Same	
200 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jace Marx	21.43	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same (No. 6 UW All-Time)	
Jackson Wood	21.49	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same (No. T-7 UW All-Time)	
Jordan Charles	21.60	Jerry Quiller Classic	Boulder, Colo.	3/18/17	21.12 (No. 2 UW All-Time)	2014
Kevin Blackett	21.96	Mark Faldmo Invite	Logan, Utah	4/15/17	Same	
Scott Carter	22.45	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same	
Michael Choma	23.37	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same	
400 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Bryce Ailshie	47.80	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same (No. 8 UW All-Time)	
Jackson Wood	47.89	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same (No. 9 UW All-Time)	
Jace Marx	48.86	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
Kevin Blackett	49.22	CU Invite	Boulder, Colo.	4/8/17	48.10	2015
800 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Ricky Faure	1:48.89	Mark Faldmo Invite	Logan, Utah	4/15/17	1:47.59 (No. 2 UW All-Time)	2015
Bryce Ailshie	1:49.78	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same	
Calum Kepler	1:53.33	Fum McGraw Open	Fort Collins, Colo.	3/25/17	1:52.10	2015
Phillip Thomas	1:53.76	Fum McGraw Open	Fort Collins, Colo.	3/25/17	1:53.72	2016
Daniel Hintz	1:55.04	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
Isaac Kiefer	1:55.05	CU Invite	Boulder, Colo.	4/8/17	Same	
1,500 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jonah Henry	3:53.74	Mark Faldmo Invite	Logan, Utah	4/15/17	Same	
Michael Downey	4:00.87	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same	
Daniel Hintz	4:02.09	CU Invite	Boulder, Colo.	4/8/17	Same	
Jesse Gray	4:03.27	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
3,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jesse Gray	8:54.33	CU Invite	Boulder, Colo.	4/8/17	Same	
110-Meter Hurdles						
Name	Mark	Meet	Location	Date	Mark	Date
Jordan Charles	13.81	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same (No. T-1 UW All-Time)	
Scott Carter	14.26	Mark Faldmo Invite	Logan, Utah	4/15/17	Same (No. 8 UW All-Time)	
Jay Shuman	15.32	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
3,000-Meter Steeplechase						
Name	Mark	Meet	Location	Date	Mark	Date
Jonah Henry	9:12.15	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same	
4x100-Meter Relay						
Name	Mark	Meet	Location	Date	Mark	Date
Marx, Blackett, Charles, Kirkeide	40.60	PC Intercollegiate	Long Beach, Calif.	4/13/17	No. 3 UW All-Time	
Carter, Seeton, Alexander, Wingeleth	42.20	Jerry Quiller Classic	Boulder, Colo.	3/18/17		
High Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Kyle Pollock	6-4	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same	
Caleb Seeton	6-2	Jerry Quiller Classic	Boulder, Colo.	3/18/17	6-2 3/4	2016
Long Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Scott Carter	24-1 3/4	CU Invite	Boulder, Colo.	4/8/17	Same (No. 10 UW All-Time)	
Bobby Wingeleth	22-11	CU Invite	Boulder, Colo.	4/8/17	23-2 1/2	2014
Kyle Alexander	22-3	CU Invite	Boulder, Colo.	4/8/17	Same	
Caleb Seeton	22-0 3/4	Jerry Quiller Classic	Boulder, Colo.	3/18/17	22-4 1/2	2016
Triple Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Scott Carter	52-3 3/4	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same (No. 3 UW All-Time)	
Kyle Alexander	45-5	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
Shot Put						
Name	Mark	Meet	Location	Date	Mark	Date
Garrett Lynch	55-2	Mark Faldmo Invite	Logan, Utah	4/15/17	Same	
Martin Fitzwater	52-4 1/2	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	

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Men's Outdoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
Discus						
Name	Mark	Meet	Location	Date	Mark	Date
Garrett Lynch	169-6	PC Intercollegiate	Long Beach, Calif.	4/13/17	174-7	2016
Damon Unland	166-10	PC Intercollegiate	Long Beach, Calif.	4/13/17	171-8	2015
Hammer Throw						
Name	Mark	Meet	Location	Date	Mark	Date
Damon Unland	198-0	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same	
Hap Frketich	160-2	Tom Benich Invite	Greeley, Colo.	4/2/17	Same	
Javelin						
Name	Mark	Meet	Location	Date	Mark	Date
Hap Frketich	191-6	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	

Women's Outdoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
100 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jerayah Davis	11.42	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same (No. 1 UW All-Time)	
Ja'la Henderson	12.21	PC Intercollegiate	Long Beach, Calif.	4/13/17	11.89 (No. 10 UW All-Time)	2016
Mikayla Pzinski	12.48	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
200 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Jerayah Davis	24.31	Mark Faldmo Invite	Logan, Utah	4/15/17	Same (No. 10 UW All-Time)	
Jordan Edmonds	24.61	PC Intercollegiate	Long Beach, Calif.	4/13/17	Same	
Melina Harris	25.27	Mark Faldmo Invite	Logan, Utah	4/15/17	25.04	2016
Clare Nicolas	25.90	Jerry Quiller Classic	Boulder, Colo.	3/18/17	25.87	2016
400 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Melina Harris	55.82	CU Invite	Boulder, Colo.	4/8/17	Same	
Cassidy Meade	57.48	CU Invite	Boulder, Colo.	4/8/17	Same	
Danielle Alexander	58.83	Fum McGraw Open	Fort Collins, Colo.	3/25/17	57.71	2014
800 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Cassidy Meade	2:09.72	Mark Faldmo Invite	Logan, Utah	4/15/17	Same (No. 4 UW All-Time)	
Kerry White	2:10.71	PC Intercollegiate	Long Beach, Calif.	4/13/17	2:08.53 (No. 3 UW All-Time)	2015
Calbi Ausmann	2:17.14	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
Emily Person	2:17.32	CU Invite	Boulder, Colo.	4/8/17	Same	
Solana Quistorff	2:21.34	CU Invite	Boulder, Colo.	4/8/17	2:15.82	2016
Regan VanDepol	2:21.90	CU Invite	Boulder, Colo.	4/8/17	2:19.97	2016
Ashley Urman	2:29.44	CU Invite	Boulder, Colo.	4/8/17	Same	
1,500 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Kerry White	4:34.31	Mark Faldmo Invite	Logan, Utah	4/15/17	4:33.41 (No. 8 UW All-Time)	2015
Megan Brunette	4:38.01	CU Invite	Boulder, Colo.	4/8/17	Same	
Solana Quistorff	4:40.81	Mark Faldmo Invite	Logan, Utah	4/15/17	Same	
Emily Person	4:47.39	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
Calbi Ausmann	4:49.70	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same	
Quinn DeStefano	4:52.93	CU Invite	Boulder, Colo.	4/8/17	4:39.46	2016
Regan VanDepol	4:54.79	Fum McGraw Open	Fort Collins, Colo.	3/25/17	4:43.16	2016
3,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Ashley Bock	10:34.65	CU Invite	Boulder, Colo.	4/8/17	Same	
5,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Megan Brunette	17:14.34	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same (No. 9 UW All-Time)	
10,000 Meters						
Name	Mark	Meet	Location	Date	Mark	Date
Megan Brunette	34:48.85	Mt. SAC Relays	Torrance, Calif.	4/13/17	Same (No. 3 UW All-Time)	
100-Meter Hurdles						
Name	Mark	Meet	Location	Date	Mark	Date
Mikalah Skates	14.25	Mark Faldmo Invite	Logan, Utah	4/15/17	14.01	2015
400-Meter Hurdles						
Name	Mark	Meet	Location	Date	Mark	Date
Heidi Pfloor	1:02.55	Fum McGraw Open	Fort Collins, Colo.	3/25/17	1:01.95	2016
Ariana Williams	1:03.15	Mark Faldmo Invite	Logan, Utah	4/15/17	Same	
Holly Huber	1:12.77	CU Invite	Boulder, Colo.	4/8/17		
3,000-Meter Steeplechase						
Name	Mark	Meet	Location	Date	Mark	Date
Audra DeStefano	10:21.53	Mt. SAC Relays	Torrance, Calif.	4/14/17	10:07.35 (No. 1 UW All-Time)	2016
Kacey Doner	11:06.47	Mark Faldmo Invite	Logan, Utah	4/15/17	Same (No. 5 UW All-Time)	
Kiah Leonard	11:34.43	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same (No. 9 UW All-Time)	

2016-17 Wyoming Notes

Women's Outdoor Performance List

(800 meters and above altitude/track converted)

Season Bests					Career Bests	
4x100-Meter Relay						
Name	Mark	Meet	Location	Date	Mark	Date
Henderson, Edmonds Harris, Davis	45.39	Fum McGraw Open	Fort Collins, Colo.	3/25/17	No. 3 UW All-Time	
4x400-Meter Relay						
Name	Mark	Meet	Location	Date	Mark	Date
Person, VanDepol, Urman, Quistorff	4:08.37	CU Invite	Boulder, Colo.	4/8/17		
High Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Anissa Warner	5-3 1/4	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
Hannah Bertelson	5-3	CU Invite	Boulder, Colo.	4/8/17	Same	
Sofia Hof	5-3	CU Invite	Boulder, Colo.	4/8/17	5-5 3/4 (No. 10 UW All-Time)	2016
Madison Ashworth	5-0 1/4	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same	
Karlin Rufenacht	5-0 1/4	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same	
Long Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Ja'la Henderson	19-5 1/2	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same (No. 9 UW All-Time)	2016
Clare Nicolas	18-5 3/4	Jerry Quiller Classic	Boulder, Colo.	3/18/17	Same	
Day Timberman	17-6	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
Allegra Carson	17-4 1/4	CU Invite	Boulder, Colo.	4/8/17	17-11 3/4	2016
Triple Jump						
Name	Mark	Meet	Location	Date	Mark	Date
Allegra Carson	37-8 1/2	Fum McGraw Open	Fort Collins, Colo.	3/25/17	38-7 (No. 7 UW All-Time)	2016
Day Timberman	35-11 1/4	Tom Benich Invite	Greeley, Colo.	4/2/17	37-5	2016
Shot Put						
Name	Mark	Meet	Location	Date	Mark	Date
Hannah Carr	47-1	Fum McGraw Open	Fort Collins, Colo.	3/25/17	Same	
Discus						
Name	Mark	Meet	Location	Date	Mark	Date
Hannah Carr	159-8	Tom Benich Invite	Greeley, Colo.	4/2/17	Same (No. T-8 UW All-Time)	
Kayla York	148-0	Tom Benich Invite	Greeley, Colo.	4/2/17	150-1	2016
Victori Sleep	136-5	Mark Faldmo Invite	Logan, Utah	4/15/17	Same	
Hammer Throw						
Name	Mark	Meet	Location	Date	Mark	Date
Emelda Malm-Annan	194-1	CU Invite	Boulder, Colo.	4/7/17	Same (No. 5 UW All-Time)	
Kayla York	161-6	Mark Faldmo Invite	Logan, Utah	4/14/17	169-9	2016

2016-17 Wyoming Notes

Men's Individual Breakdown

(800 meters and above altitude/track converted)

Bryce Ailshie

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	400 Meters	6th, 48.84
Powder River Dual	1/28/17	800 Meters	2nd, 1:51.46
Colorado Open	2/4/17	800 Meters	2nd, 1:50.64
		4x400 Relay	5th, 3:20.96
Don Kirby Invite	2/11/17	800 Meters	2nd, 1:50.50
MW Championships	2/25/17	800 Meters	3rd, 1:49.56
		4x400 Relay	3rd, 3:13.46
Outdoor			
Jerry Quiller Classic	3/18/17	800 Meters	2nd, 1:49.98
Fum McGraw Open	3/25/17	400 Meters	1st, 47.80
CU Invite	4/8/17	800 Meters	2nd, 1:50.98
Pacific Coast Intercollegiate	4/13/17	800 Meters	3rd, 1:49.78
Mark Faldmo Invite	4/15/17	400 Meters	4th, 48.30

Kyle Alexander

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	Triple Jump	4th, 45-2 1/4
Potts Invitational	1/13/17	Long Jump	7th, 21-8
	1/14/17	Triple Jump	6th, 45-5 1/4
Powder River Dual	1/28/17	Long Jump	7th, 21-9
		Triple Jump	6th, 45-5 1/4
Rocky Mtn. Classic	2/17/17	Triple Jump	3rd, 46-2 3/4
MW Championships	2/25/17	Triple Jump	8th, 45-5 1/4
Outdoor			
Jerry Quiller Classic	3/18/17	Triple Jump	1st, 45-4 1/4
Fum McGraw Open	3/25/17	Triple Jump	5th, 45-5
CU Invite	4/8/17	Long Jump	6th, 22-3

Kevin Blackett

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	400 Meters	13th, 50.21
Powder River Dual	1/28/17	200 Meters	3rd, 22.95
		400 Meters	5th, 50.21
		4x400 Relay	2nd, 3:21.19
Colorado Open	2/4/17	400 Meters	11th, 49.91
		4x400 Relay	5th, 3:20.96
Rocky Mtn. Classic	2/17/17	60 Meters	4th, 7.19
MW Championships	2/24/17	400 Meters	NT
		4x400 Relay	3rd, 3:13.46
Outdoor			
Jerry Quiller Classic	3/18/17	400 Meters	7th, 49.75
		4x100 Relay	1st, 40.85
Fum McGraw Open	3/25/17	200 Meters	9th, 22.09
		4x100 Relay	1st, 40.69
CU Invite	4/8/17	400 Meters	6th, 49.22
		4x100 Relay	2nd, 40.70
Pacific Coast Intercollegiate	4/13/17	400 Meters	8th, 49.66
		4x100 Relay	1st, 40.60
Mark Faldmo Invite	4/15/17	200 Meters	10th, 21.96
		4x100 Relay	2nd, 40.61

Scott Carter

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	Triple Jump	1st, 51-3
	12/9/16	60 Hurdles	3rd, 8.03
Potts Invitational	1/13/17	Long Jump	1st, 23-7.5
	1/14/17	Triple Jump	1st, 51-1
	1/14/17	60 Hurdles	2nd, 8.16
Powder River Dual	1/28/17	High Jump	4th, 5-7
		Triple Jump	1st, 50-3 1/2
		60 Hurdles	2nd, 8.17
		4x400 Relay	2nd, 3:21.19
Colorado Open	2/3/17	Triple Jump	1st, 50-2
Don Kirby Invite	2/10/17	Long Jump	22nd, 22-9
	2/11/17	Triple Jump	8th, 50-2
Rocky Mtn. Classic	2/17/17	Triple Jump	N/A
MW Championships	2/24/17	Long Jump	2nd, 24-3 3/4
	2/25/17	Triple Jump	1st, 50-8 1/4
Outdoor			
Jerry Quiller Classic	3/18/17	60 Hurdles	4th, 7.95
		200 Meters	11th, 22.45
		4x100 Relay	2nd, 42.20
Fum McGraw Open	3/25/17	Triple Jump	1st, 48-1 1/4
		110 Hurdles	4th, 14.81
Tom Benich Invite	4/2/17	Triple Jump	1st, 52-1
CU Invite	4/8/17	Long Jump	1st, 24-1 3/4
		110 Hurdles	4th, 14.50
Pacific Coast Intercollegiate	4/13/17	Triple Jump	1st, 52-3 3/4
Mark Faldmo Invite	4/15/17	Long Jump	3rd, 23-11 1/2
		110 Hurdles	2nd, 14.26

Jordan Charles

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	60 Hurdles	1st, 7.87
		Long Jump	N/A
		4x400 Relay	1st, 3:29.94
Powder River Dual	1/28/17	60 Meters	3rd, 7.12
		60 Hurdles	1st, 8.15
Colorado Open	2/4/17	60 Hurdles	5th, 8.10
		200 Meters	9th, 22.30
Don Kirby Invite	2/10/17	200 Meters	41st, 22.19
	2/11/17	60 Hurdles	5th, 7.97
Rocky Mtn. Classic	2/17/17	60 Hurdles	2nd, 7.99
MW Championships	2/25/17	60 Hurdles	2nd, 7.80
Outdoor			
Jerry Quiller Classic	3/18/17	110 Hurdles	1st, 13.88
		200 Meters	4th, 21.60
		4x100 Relay	1st, 40.85
Fum McGraw Open	3/25/17	4x100 Relay	1st, 40.69
Tom Benich Invite	4/2/17	110 Hurdles	2nd, 13.92

CU Invite	4/8/17	110 Hurdles	2nd, 13.97
		4x100 Relay	2nd, 40.70
Pacific Coast Intercollegiate	4/13/17	110 Hurdles	1st, 13.81
		4x100 Relay	1st, 40.60
Mark Faldmo Invite	4/15/17	110 Hurdles	1st, 14.01
		4x100 Relay	2nd, 40.61

Michael Choma

Meet	Date	Event	Mark
Outdoor			
Jerry Quiller Classic	3/18/17	200 Meters	18th, 23.37
Fum McGraw Open	3/25/17	100 Meters	12th, 11.98
CU Invite	4/8/17	100 Meters	23rd, 11.63

Robert Creager

Meet	Date	Event	Mark
Indoor			
Power Meet	12/11/15	High Jump	2nd, 6-4
Colorado Open	2/3/17	Long Jump	11th, 19-2 3/4
Rocky Mtn. Classic	2/17/17	High Jump	N/A

Michael Downey

Meet	Date	Event	Mark
Outdoor			
Jerry Quiller Classic	3/18/17	1,500 Meters	11th, 4:00.87
Fum McGraw Open	3/25/17	1,500 Meters	6th, 4:04.12
CU Invite	4/8/17	1,500 Meters	26th, 4:01.48

Ricky Faure

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	400 Meters	9th, 49.41
Powder River Dual	1/28/17	800 Meters	1st, 1:51.08
Don Kirby Invite	2/11/17	800 Meters	4th, 1:50.90
MW Championships	2/24/17	800 Meters	4th, 1:48.78
Outdoor			
Jerry Quiller Classic	3/18/17	800 Meters	1st, 1:49.77
Fum McGraw Open	3/25/17	800 Meters	1st, 1:49.72
Pacific Coast Intercollegiate	4/13/17	800 Meters	2nd, 1:49.37
Mark Faldmo Invite	4/15/17	800 Meters	1st, 1:48.89

Martin Fitzwater

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	Shot Put	8th, 47-9 1/4
Potts Invitational	1/14/17	Shot Put	3rd, 52-10
Powder River Dual	1/28/17	Shot Put	5th, 49-5 3/4
Colorado Open	2/4/17	Shot Put	6th, 50-5 1/2
Rocky Mtn. Classic	2/17/17	Shot Put	3rd, 54-6.5
MW Championships	2/25/17	Shot Put	8th, 53-0 1/4
Outdoor			
Fum McGraw Open	3/25/17	Shot Put	3rd, 52-4 1/2
Tom Benich Invite	4/2/17	Shot Put	4th, 51-10 1/2
CU Invite	4/8/17	Shot Put	7th, 51-3 3/4
Pacific Coast Intercollegiate	4/13/17	Shot Put	16th, 50-10
Mark Faldmo Invite	4/15/17	Shot Put	NP, Foul

Hap Frketch

Meet	Date	Event	Mark
Indoor			
Power Meet	12/9/16	Weight Throw	2nd, 57-9
Potts Invitational	1/13/17	Weight Throw	4th, 56-6
Powder River Dual	1/28/17	Weight Throw	3rd, 54-3 1/4
WSU Cougar Indoor	2/3/17	Weight Throw	6th, 54-0 1/2
Rocky Mtn. Classic	2/17/17	Weight Throw	7th, 53-11 3/4
MW Championships	2/24/17	Weight Throw	10th, 54-3 3/4
Outdoor			
Fum McGraw Open	3/25/17	Javelin	1st, 191-6
Tom Benich Invite	4/2/17	Javelin	2nd, 177-10
		Hammer Throw	9th, 160-2
CU Invite	4/7/17	Javelin	2nd, 178-2
Pacific Coast Intercollegiate	4/13/17	Javelin	5th, 183-3
Mark Faldmo Invite	4/14/17	Hammer Throw	8th, 156-5
		Javelin	3rd, 174-10

Jesse Gray

Meet	Date	Event	Mark
Indoor			
Powder River Dual	1/28/17	3,000 Meters	6th, 8:47.59
Colorado Open	2/4/17	3,000 Meters	18th, 8:43.32
Outdoor			
Jerry Quiller Classic	3/18/17	1,500 Meters	17th, 4:03.76
Fum McGraw Open	3/25/17	1,500 Meters	5th, 4:03.27
CU Invite	4/8/17	3,000 Meters	13th, 8:54.33

Jonah Henry

Meet	Date	Event	Mark
Indoor			
Potts Invitational	1/14/17	Mile	5th, 4:12.01
Powder River Dual	1/28/17	Mile	1st, 4:16.28
		3,000 Meters	5th, 8:45.86
Colorado Open	2/4/17	Mile	7th, 4:15.07
MW Championships	2/23/17	DMR	6th, 10:07.00
	2/24/17	5,000 Meters	5th, 14:39.59
	2/25/17	3,000 Meters	22nd, 8:31.41
Outdoor			
Fum McGraw Open	3/25/17	1,500 Meters	4th, 4:00.95
CU Invite	4/8/17	Steeplechase	5th, 9:34.47
Pacific Coast Intercollegiate	4/13/17	Steeplechase	1st, 9:12.15
Mark Faldmo Invite	4/15/17	1,500 Meters	1st, 3:53.74

2016-17 Wyoming Notes

Men's Individual Breakdown

(800 meters and above altitude/track converted)

Daniel Hintz

Meet	Date	Event	Mark
Indoor	Powder River Dual	1/28/17	4th, 4:23.83
	Colorado Open	2/4/17	800 Meters
	Rocky Mtn. Classic	2/17/17	800 Meters
Outdoor	Jerry Quiller Classic	3/18/17	800 Meters
	Fum McGraw Open	3/25/17	800 Meters
	CU Invite	4/8/17	1,500 Meters
			30th, 4:02.09

Trey Jennings

Meet	Date	Event	Mark
Indoor	Powder River Dual	1/28/17	5th, 12-1 1/2
	Rocky Mtn. Classic	2/17/17	3rd, 19-9 1/2
			400 Meters
			3rd, 55.06

Calum Kepler

Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters
	Powder River Dual	1/28/17	800 Meters
	Colorado Open	2/4/17	800 Meters
			4x400 Relay
			5th, 3:20.96
	Rocky Mtn. Classic	2/17/17	400 Meters
	MW Championships	2/23/17	DMR
			6th, 10:07.00
			800 Meters
			17th, 1:54.85
Outdoor	Fum McGraw Open	3/25/17	800 Meters
	CU Invite	4/8/17	800 Meters
	Mark Faldmo Invite	4/15/17	800 Meters
			12th, 1:55.06
			6th, 1:54.68

Isaac Kiefer

Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters
	Colorado Open	2/4/17	800 Meters
	Rocky Mtn. Classic	2/17/17	800 Meters
	MW Championships	2/23/17	DMR
			6th, 10:07.00
			800 Meters
			20th, 2:00.70
Outdoor	Jerry Quiller Classic	3/18/17	800 Meters
	CU Invite	4/8/17	800 Meters
			10th, 1:55.87
			12th, 1:55.05

Sam Kirkeide

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Meters
			1st, 6.88
			4x400 Relay
			1st, 3:29.94
	Potts Invitational	1/14/17	60 Meters
	Colorado Open	2/4/17	60 Meters
	Rocky Mtn. Classic	2/17/17	60 Meters
	MW Championships	2/24/17	60 Meters
Outdoor	Jerry Quiller Classic	3/18/17	100 Meters
			1st, 10.84
	Fum McGraw Open	3/25/17	4x100 Relay
			1st, 40.85
			100 Meters
			3rd, 10.85
	CU Invite	4/8/17	4x100 Relay
			1st, 40.69
	Pacific Coast Intercollegiate	4/13/17	4x100 Relay
			2nd, 40.70
			100 Meters
			5th, 10.67
			4x100 Relay
			1st, 40.60
	Mark Faldmo Invite	4/15/17	100 Meters
			1st, 10.71
			4x100 Relay
			2nd, 40.61

Garrett Lynch

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Shot Put
			5th, 51-10 1/2
	Potts Invitational	1/13/17	Weight Throw
			9th, 51-3
			Shot Put
			7th, 50-10 3/4
	Powder River Dual	1/28/17	Shot Put
	Colorado Open	2/4/17	Shot Put
	Rocky Mtn. Classic	2/17/17	Shot Put
	MW Championships	2/25/17	Shot Put
Outdoor	Fum McGraw Open	3/25/17	Shot Put
			6th, 49-1 3/4
			Discus
			6th, 155-2
	Tom Benich Invite	4/2/17	Shot Put
			6th, 51-5 3/4
			Discus
			11th, 148-6
	CU Invite	4/8/17	Shot Put
			4th, 52-10 1/4
			Discus
			7th, 157-1
	Pacific Coast Intercollegiate	4/13/17	Shot Put
			9th, 53-10 1/4
			Discus
			13th, 169-6
	Mark Faldmo Invite	4/15/17	Shot Put
			2nd, 55-2
			Discus
			5th, 158-4

Jace Marx

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Meters
			2nd, 6.93
	Potts Invitational	1/14/17	200 Meters
			4th, 21.80
			11th, 49.64
	Powder River Dual	1/28/17	60 Meters
			1st, 6.99
			1/28/17
			200 Meters
			1st, 22.22
			1/28/17
			4x400 Relay
			2nd, 3:21.19
	Colorado Open	2/4/17	200 Meters
			3rd, 21.73
			400 Meters
			6th, 49.43
	Rocky Mtn. Classic	2/17/17	60 Meters
	MW Championships	2/25/17	200 Meters
			8th, 21.71
			4x400 Relay
			3rd, 3:13.46
Outdoor	Jerry Quiller Classic	3/18/17	200 Meters
			6th, 21.81
			4x100 Relay
			1st, 40.85
	Fum McGraw Open	3/25/17	400 Meters
			4th, 48.86
			4x100 Relay
			1st, 40.69
	CU Invite	4/8/17	200 Meters
			4th, 21.68

Pacific Coast Intercollegiate	4/13/17	4x100 Relay	2nd, 40.70
		200 Meters	3rd, 21.43
Mark Faldmo Invite	4/15/17	4x100 Relay	1st, 40.60
		400 Meters	8th, 49.06
		4x100 Relay	2nd, 40.61

Kyle Pollock

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	High Jump
	Potts Invitational	1/13/17	Long Jump
			1st, 6-2 3/4
1/4			10th, 21-10
	Powder River Dual	1/28/17	High Jump
			6th, 6-4 1/4
			3rd, 6-2 3/4
			8th, 20-11 3/4
	Rocky Mtn. Classic	2/17/17	High Jump
	MW Championships	2/24/17	High Jump
Outdoor	Jerry Quiller Classic	3/18/17	High Jump
	Fum McGraw Open	3/25/17	High Jump
			2nd, 6-4 3/4
			9th, 6-4 3/4
			6th, 6-4
			7th, 6-3 1/4

Mike Seas

Meet	Date	Event	Mark
Indoor	Powder River Dual	1/28/17	3,000 Meters
	MW Championships	2/24/17	5,000 Meters
		2/25/17	3,000 Meters
			4th, 8:26.78
			16th, 15:19.99
			24th, 8:33.24

Caleb Seeton

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Long Jump
	Potts Invitational	1/13/17	Long Jump
	Powder River Dual	1/28/17	60 Meters
			Long Jump
			1st, 23-5 1/2
	Colorado Open	2/3/17	Long Jump
	Don Kirby Invite	2/10/17	Long Jump
	Rocky Mtn. Classic	2/17/17	Long Jump
	MW Championships	2/24/17	Long Jump
Outdoor	Jerry Quiller Classic	3/18/17	Long Jump
			2nd, 22-0 3/4
			High Jump
			7th, 6-2
			4x100 Relay
			2nd, 42.20
	Fum McGraw Open	3/25/17	Long Jump
			4th, 21-8

Jay Shuman

Meet	Date	Event	Mark
Outdoor	Jerry Quiller Classic	3/18/17	110 Hurdles
	Fum McGraw Open	3/25/17	110 Hurdles
	CU Invite	4/8/17	110 Hurdles
			5th, 15.58
			6th, 15.32
			11th, 15.52

Phillip Thomas

Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters
	Powder River Dual	1/28/17	800 Meters
	Colorado Open	2/4/17	800 Meters
			4x400 Relay
			5th, 3:20.96
	Rocky Mtn. Classic	2/17/17	800 Meters
	MW Championships	2/23/17	DMR
			6th, 10:07.00
			800 Meters
			2/24/17
			800 Meters
			19th, 1:57.61
Outdoor	Jerry Quiller Classic	3/18/17	800 Meters
	Fum McGraw Open	3/25/17	800 Meters
	CU Invite	4/8/17	800 Meters
	Mark Faldmo Invite	4/15/17	800 Meters
			13th, 1:58.95
			3rd, 1:53.76
			11th, 1:53.99
			4th, 1:54.04

Damon Unland

Meet	Date	Event	Mark
Indoor	Rocky Mtn. Classic	2/17/17	Weight Throw
			3rd, 57-7.5
			Shot Put
			NP
	MW Championships	2/24/17	Weight Throw
			7th, 59-4
			Shot Put
			9th, 51-10
Outdoor	Fum McGraw Open	3/25/17	Hammer Throw
			1st, 194-2
			Discus
			2nd, 163-1
	Tom Benich Invite	4/2/17	Hammer Throw
			1st, 191-6
			Discus
			4th, 158-9
	CU Invite	4/7/17	Hammer Throw
			1st, 194-11
			Discus
			21st, 135-2
	Pacific Coast Intercollegiate	4/13/17	Hammer Throw
			3rd, 198-0
			Discus
			14th, 166-10
	Mark Faldmo Invite	4/14/17	Hammer Throw
			3rd, 182-8
			Discus
			4th, 159-10

Kirk Unland

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Weight Throw
			1st, 61-8 1/4
			Shot Put
			9th, 46-5 1/2
	Potts Invitational	1/13/17	Weight Throw
			1st, 59-1 1/4
			Shot Put
			11th, 47-5 1/4
	Powder River Dual	1/28/17	Weight Throw
	WSU Cougar Indoor	2/3/17	Weight Throw
	Rocky Mtn. Classic	2/17/17	Weight Throw
	MW Championships	2/24/17	Weight Throw
			2nd, 59-1 1/2
			2nd, 57-0 1/4
			6th, 55-2
			11th, 54-2 3/4

2016-17 Wyoming Notes

Men's Individual Breakdown

(800 meters and above altitude/track converted)

Bobby Wingeleth

Bobby Winger				
	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Long Jump	2nd, 22-8
	Potts Invitational	1/13/17	Long Jump	6th, 21-11
	Powder River Dual	1/28/17	Long Jump	6th, 22-0 1/4
	Rocky Mtn. Classic	2/17/17	Long Jump	3rd, 22-2 1/4
Outdoor	Jerry Quiller Classic	3/18/17	Long Jump	2nd, 21-6 1/4
			4x100 Relay	2nd, 42.20
	Fum McGraw Open	3/25/17	Long Jump	3rd, 21-9 1/2
	CU Invite	4/8/17	Long Jump	4th, 22-11
	Pacific Coast Intercollegiate	4/13/17	Long Jump	9th, 22-4 1/2
	Mark Faldmo Invite	4/15/17	Long Jump	6th, 21-11 3/4

Jackson Wood

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	400 Meters	2nd, 51.81
			4x400 Relay	1st, 3:29.94
	Potts Invitational	1/14/17	400 Meters	15th, 50.33
	Powder River Dual	1/28/17	400 Meters	2nd, 49.66
			4x400 Relay	2nd, 3:21.19
	Colorado Open	2/4/17	400 Meters	3rd, 48.86
	MW Championships	2/25/17	400 Meters	8th, 48.38
		4x400 Relay	3rd, 3:13.46	
Outdoor	Jerry Quiller Classic	3/18/17	400 Meters	2nd, 47.89
	Fum McGraw Open	3/25/17	200 Meters	3rd, 21.49
	Pacific Coast Intercollegiate	4/13/17	400 Meters	6th, 49.15
	Mark Faldmo Invite	4/15/17	200 Meters	16th, 22.66

Women's Individual Breakdown

(800 meters and above altitude/track converted)

Danielle Alexander

Danielle Alexander		Meet	Date	Event	Mark
Indoor		Power Meet	12/9/16	400 Meters	3rd, 1:03.32
				4x400 Relay	2nd, 4:17.00
		Powder River Dual	1/28/17	400 Meters	5th, 1:01.12
				4x400 Relay	2nd, 3:56.29
		Rocky Mtn. Classic	2/17/17	400 Meters	2nd, 57.57
				4x400 Relay	1st, 4:30.80
Outdoor		MW Championships	2/24/17	400 Meters	24th, 59.62
		Jerry Quiller Classic	3/18/17	400 Meters	3rd, 59.43
		Fum McGraw Open	3/25/17	400 Meters	7th, 58.83
		CU Invite	4/8/17	400 Meters	13th, 1:00.16
		Mark Faldmo Invite	4/15/17	400 Meters	9th, 59.51

Madison Ashworth

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	High Jump	3rd, 5-0 1/2
	Rocky Mtn. Classic	2/17/17	High Jump	3rd, 5-1
Outdoor	Jerry Quiller Classic	3/18/17	High Jump	7th, 5-0 1/4
	CU Invite	4/8/17	High Jump	11th, 4-11

Calbi Ausmann

	Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters	7th, 2:16.96
	Colorado Open	2/4/17	800 Meters	16th, 2:15.78
	MW Championships	2/25/17	Mile	10th, 4:56.57
Outdoor	Jerry Quiller Classic	3/18/17	1,500 Meters	8th, 4:49.70
	Fum McGraw Open	3/25/17	800 Meters	2nd, 2:17.14
	CU Invite	4/8/17	800 Meters	8th, 2:18.63

Hannah Bertelson

Meet	Date	Event	Mark	
Indoor	Power Meet	12/9/16	High Jump	6th, 4-10 1/2
	Powder River Dual	1/28/17	High Jump	5th, 4-11
	Rocky Mtn. Classic	2/17/17	High Jump	2nd, 5-1
Outdoor	Jerry Quiller Classic	3/18/17	High Jump	9th, 5-0 1/4
	CU Invite	4/8/17	High Jump	5th, 5-3
	Mark Faldmo Invite	4/15/17	High Jump	NP, NH

Ashley Bock

Assembly Book	Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	Mile	12th, 5:16.58
	Powder River Dual	1/28/17	3,000 Meters	2nd, 10:04.13
	Colorado Open	2/4/17	3,000 Meters	11th, 10:18.88
	MW Championships	2/24/17	5,000 Meters	20th, 17:48.57
		2/25/17	3,000 Meters	29th, 10:10.82
Outdoor	CU Invite	4/8/17	3,000 Meters	11th, 10:34.65

Megan Brunette

Megan Brannan				
	Meet	Date	Event	Mark
Indoor	Powder River Dual	1/28/17	3,000 Meters	3rd, 10:08.85
	Colorado Open	2/4/17	5,000 Meters	3rd, 17:30.46
	MW Championships	2/24/17	5,000 Meters	13th, 17:03.72
		2/25/17	3,000 Meters	19th, 9:50.26
Outdoor	Fum McGraw Open	3/25/17	5,000 Meters	1st, 17:14.34
	CU Invite	4/8/17	1,500 Meters	9th, 4:38.01
	Mt. SAC Relays	4/13/17	10,000 Meters	2nd, 34:48.85

Hannah Carr

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Weight Throw	8th, 50-8
	Potts Invitational	1/13/17	Weight Throw	7th, 51-6 1/2
	Powder River Dual	1/28/17	Shot Put	1st, 43-8 1/2
			Weight Throw	5th, 49-3
Outdoor	Fum McGraw Open	3/25/17	Shot Put	2nd, 47-1
			Discus	4th, 143-0
	Tom Benich Invite	4/2/17	Discus	3rd, 159-8
			Shot Put	3rd, 46-9.5
	CU Invite	4/8/17	Shot Put	5th, 45-9
			Discus	5th, 143-10
	Pacific Coast Intercollegiate	4/13/17	Shot Put	8th, 45-7 3/4
			Discus	12th, 149-2
Mark Faldmo Invite	4/15/17	Shot Put	5th, 43-9 3/4	
			Discus	3rd, 150-5

Allegra Carson

Alliegra Carlson				
	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Triple Jump	1st, 38-3 1/2
	Potts Invitational	1/13/17	Long Jump	6th, 17-4
		1/14/17	Triple Jump	6th, 36-5 1/2
Outdoor	Powder River Dual	1/28/17	Triple Jump	2nd, 37-7 1/4
	Rocky Mtn. Classic	2/17/17	Triple Jump	2nd, 38-9 1/2
	MW Championships	2/25/17	Triple Jump	8th, 37-10 3/4
	Jerry Quiller Classic	3/18/17	Triple Jump	3rd, 37-6 3/4
	Fum McGraw Open	3/25/17	Triple Jump	4th, 37-8 1/2
	CU Invite	4/8/17	Long Jump	17th, 17-4 1/4
	Mark Faldmo Invite	4/15/17	Triple Jump	4th, 36-9

Jerayah Davis

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Meters	1st, 7.25
			Long Jump	2nd, 19-6
	Powder River Dual	1/28/17	60 Meters	1st, 7.44
			Long Jump	2nd, 18-11 1/4
	Colorado Open	2/3/17	Long Jump	6th, 18-3 3/4
		2/4/17	60 Meters	1st, 7.37
	Don Kirby Invite	2/10/17	Long Jump	19th, 18-6
		2/11/17	60 Meters	5th, 7.28
	Rocky Mtn. Classic	2/17/17	60 Meters	1st, 7.27
		Long Jump	2nd, 19-8 3/4	
	MW Championships	2/24/17	Long Jump	2nd, 19-11
		2/25/17	60 Meters	2nd, 7.25
Outdoor	Jerry Quiller Classic	3/18/17	100 Meters	1st, 11.81
			4x100 Relay	1st, 46.37
	Fum McGraw Open	3/25/17	100 Meters	1st, 11.56
			4x100 Relay	1st, 45.39
	Pacific Coast Intercollegiate	4/13/17	100 Meters	1st, 11.42
			4x100 Relay	2nd, 45.74
	Mark Faldmo Invite	4/15/17	200 Meters	1st, 24.31
		4x100 Relay	1st, 45.94	

2016-17 Wyoming Notes

Women's Individual Breakdown

(800 meters and above altitude/track converted)

Audra DeStefano

Meet	Date	Event	Mark
Indoor	Colorado Open	2/4/17	3,000 Meters
	MW Championships	2/24/17	5,000 Meters
		2/25/17	3,000 Meters
Outdoor	Jerry Quiller Classic	3/18/17	Steeplechase
	CU Invite	4/8/17	Steeplechase
	Mt. SAC Relays	4/14/17	Steeplechase

Quinn DeStefano

Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	Mile
	Powder River Dual	1/28/17	3,000 Meters
	Colorado Open	2/4/17	5,000 Meters
	MW Championships	2/24/17	5,000 Meters
		2/25/17	3,000 Meters
Outdoor	CU Invite	4/8/17	1,500 Meters

Ashley Dodds

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	400 Meters
			4x400 Relay
	Potts Invitational	1/14/17	400 Meters
	Powder River Dual	1/28/17	200 Meters
			4x400 Relay
	Rocky Mtn. Classic	2/17/17	400 Meters
			4x400 Relay

Kacey Doner

Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	Mile
	Powder River Dual	1/28/17	3,000 Meters
	Colorado Open	2/4/17	3,000 Meters
	MW Championships	2/25/17	3,000 Meters
Outdoor	Jerry Quiller Classic	3/18/17	Steeplechase
	CU Invite	4/8/17	Steeplechase
	Mark Faldmo Invite	4/15/17	Steeplechase

Jordan Edmonds

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Meters
	Powder River Dual	1/28/17	200 Meters
			400 Meters
	Rocky Mtn. Classic	2/17/17	400 Meters
Outdoor	Fum McGraw Open	3/25/17	200 Meters
			4x100 Relay
	CU Invite	4/8/17	200 Meters
	Pacific Coast Intercollegiate	4/13/17	200 Meters
			4x100 Relay
	Mark Faldmo Invite	4/15/17	200 Meters
			4x100 Relay

Lauren Hamilton

Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters
	Colorado Open	2/3/17	Mile
	Don Kirby Invite	2/11/17	Mile
	MW Championships	2/24/17	Mile

Melina Harris

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Meters
	Potts Invitational	1/14/17	60 Meters
	Powder River Dual	1/28/17	200 Meters
			400 Meters
	Colorado Open	2/4/17	200 Meters
			4x400 Relay
	Rocky Mtn. Classic	2/17/17	400 Meters
	MW Championships	2/23/17	DMR
		2/24/17	400 Meters
		2/25/17	4x400 Relay
Outdoor	Jerry Quiller Classic	3/18/17	400 Meters
			4x100 Relay
			400 Meters
			4x100 Relay
	CU Invite	4/8/17	400 Meters
	Pacific Coast Intercollegiate	4/13/17	400 Meters
			4x100 Relay
	Mark Faldmo Invite	4/15/17	200 Meters
			4x100 Relay

Ja'la Henderson

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Long Jump
			60 Meters
	Powder River Dual	1/28/17	Long Jump
			60 Meters
	Colorado Open	2/3/17	Long Jump
		2/4/17	60 Meters
			4x400 Relay
	Don Kirby Invite	2/10/17	Long Jump

	Rocky Mtn. Classic	2/17/17	Long Jump
	MW Championships	2/24/17	Long Jump
			60 Meters
		2/25/17	4x400 Relay
Outdoor	Jerry Quiller Classic	3/18/17	Long Jump
			100 Meters
			4x100 Relay
	Fum McGraw Open	3/25/17	Long Jump
			100 Meters
			4x100 Relay
	CU Invite	4/8/17	Long Jump
	Pacific Coast Intercollegiate	4/13/17	Long Jump
			4x100 Relay
			100 Meters
	Mark Faldmo Invite		4x100 Relay

Sofia Hof

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	High Jump
	Potts Invitational	1/13/17	High Jump
	Powder River Dual	1/28/17	High Jump
	Rocky Mtn. Classic	2/17/17	High Jump
Outdoor	Jerry Quiller Classic	3/18/17	High Jump
	CU Invite	4/8/17	High Jump
	Mark Faldmo Invite	4/15/17	High Jump

Holly Huber

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Hurdles
	Rocky Mtn. Classic	2/17/17	400 Meters
Outdoor	CU Invite	4/8/17	400 Hurdles

Kiah Leonard

Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	Mile
	Powder River Dual	1/28/17	3,000 Meters
Outdoor	Jerry Quiller Classic	3/18/17	Steeplechase
	CU Invite	4/8/17	Steeplechase

Emelda Malm-Annan

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Weight Throw
	Potts Invitational	1/13/17	Weight Throw
	Powder River Dual	1/28/17	Weight Throw
	WSU Cougar Indoor	2/3/17	Weight Throw
	Rocky Mtn. Classic	2/17/17	Weight Throw
	MW Championships	2/24/17	Weight Throw
Outdoor	Fum McGraw Open	3/25/17	Hammer Throw
	Tom Benich Invite	4/2/17	Hammer Throw
	CU Invite	4/7/17	Hammer Throw
	Pacific Coast Intercollegiate	4/13/17	Hammer Throw
	Mark Faldmo Invite	4/14/17	Hammer Throw

Madison Marsh

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	High Jump
	Rocky Mtn. Classic	2/17/17	High Jump

Cassidy Meade

Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters
	Powder River Dual	1/28/17	800 Meters
			4x400 Relay
	Colorado Open	2/4/17	800 Meters
			4x400 Relay
	Don Kirby Invite	2/11/17	800 Meters
	MW Championships	2/23/17	DMR
		2/25/17	800 Meters
			4x400 Relay
Outdoor	Jerry Quiller Classic	3/18/17	800 Meters
	Fum McGraw Open	3/25/17	800 Meters
	CU Invite	4/8/17	400 Meters
	Pacific Coast Intercollegiate	4/13/17	800 Meters
	Mark Faldmo Invite	4/15/17	800 Meters

Clare Nicolas

Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Long Jump
			60 Hurdles
	Air Force Invitational	1/19/17	Pentathlon
			60 Hurdles
			High Jump
			Shot Put
			Long Jump
			800 Meters
	Powder River Dual	1/28/17	60 Hurdles
			Long Jump
			Shot Put
			4x400 Relay

2016-17 Wyoming Notes

Women's Individual Breakdown

(800 meters and above altitude/track converted)

	Rocky Mtn. Classic	2/17/17	Long Jump	3rd, 18-1 1/2
			60 Hurdles	3rd, 9.83
			4x400 Relay	1st, 4:30.80
	MW Championships	2/23/17	Pentathlon	14th, 3233
			60 Hurdles	9.61
			High Jump	5-1
			Shot Put	35-7 1/4
			Long Jump	16-11 1/4
			800 Meters	2:38.53
Outdoor	Jerry Quiller Classic	3/18/17	Long Jump	3rd, 18-5 3/4
			200 Meters	6th, 25.90
	Tom Benich Invite	4/2/17	Long Jump	9th, 17-11 1/2
	CU Invite	4/8/17	Long Jump	15th, 17-6
			200 Meters	14th, 26.41
	Mark Faldmo Invite	4/15/17	Long Jump	6th, 17-9

Emily Person

	Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters	11th, 2:22.42
	Powder River Dual	1/28/17	800 Meters	6th, 2:15.97
	Rocky Mtn. Classic	2/17/17	800 Meters	1st, 2:18.88
	MW Championships	2/24/17	800 Meters	17th, 2:20.08
Outdoor	Fum McGraw Open	3/25/17	1,500 Meters	5th, 4:47.39
	CU Invite	4/8/17	800 Meters	6th, 2:17.32
			4x400 Relay	6th, 4:08.37
	Mark Faldmo Invite	4/15/17	800 Meters	8th, 2:21.80

Heidi Pforr

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Hurdles	2nd, 8.83
			Long Jump	8th, 17-4
	Potts Invitational	1/14/17	60 Hurdles	9th, 9.24
			400 Meters	10th, 1:00.50
	Air Force Invitational	1/19/17	Pentathlon	6th, 2942
			60 Hurdles	9.08
			High Jump	4-6
			Shot Put	25-11
			Long Jump	16-2 1/2
			800 Meters	2:33.12
	Powder River Dual	1/28/17	60 Hurdles	4th, 9.19
			4x400 Relay	2nd, 3:56.29
	Colorado Open	2/4/17	400 Meters	8th, 58.20
			4x400 Relay	3rd, 3:51.42
	Rocky Mtn. Classic	2/17/17	400 Meters	3rd, 58.11
	MW Championships	2/24/17	400 Meters	25th, 1:00.22
Outdoor	Jerry Quiller Classic	3/18/17	400 Hurdles	3rd, 1:03.28
	Fum McGraw Open	3/25/17	400 Hurdles	3rd, 1:02.55
	CU Invite	4/8/17	400 Hurdles	13th, 1:09.53
	Pacific Coast Intercollegiate	4/13/17	400 Hurdles	4th, 1:02.78
	Mark Faldmo Invite	4/15/17	400 Hurdles	4th, 1:02.76

Makayla Pzinski

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Meters	7th, 7.73
	Potts Invitational	1/14/17	60 Meters	4th, 7.76
			200 Meters	4th, 26.33
	Powder River Dual	1/28/17	60 Meters	3rd, 7.79
Outdoor	Jerry Quiller Classic	3/18/17	4x100 Relay	1st, 46.37
	Fum McGraw Open	3/25/17	100 Meters	6th, 12.48

Solana Quistorff

	Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters	8th, 2:18.07
	Colorado Open	2/4/17	800 Meters	19th, 2:18.50
	Rocky Mtn. Classic	2/17/17	800 Meters	2nd, 2:21.63
	MW Championships	2/24/17	Mile	13th, 5:04.75
	Fum McGraw Open	3/25/17	1,500 Meters	6th, 4:50.24
Outdoor	CU Invite	4/8/17	800 Meters	11th, 2:21.34
			4x400 Relay	6th, 4:08.37
	Mark Faldmo Invite	4/15/17	1,500 Meters	3rd, 4:40.81

Karlin Rufenacht

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	High Jump	5th, 5-0 1/2
	Rocky Mtn. Classic	2/17/17	High Jump	5th, 5-1
Outdoor	Jerry Quiller Classic	3/18/17	High Jump	8th, 5-0 1/4
	CU Invite	4/8/17	High Jump	13th, 4-11

Mikalsh Skates

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Hurdles	1st, 8.91
			Long Jump	10th, 16-6
	Potts Invitational	1/14/17	60 Hurdles	3rd, 8.86
			200 Meters	8th, 26.60
	Air Force Invitational	1/19/17	Pentathlon	7th, 2916
			60 Hurdles	8.86
			High Jump	4-6
			Shot Put	30-9 1/4
			Long Jump	16-1
			800 Meters	2:46.77
	Powder River Dual	1/28/17	60 Hurdles	2nd, 9.04
	Rocky Mtn. Classic	2/17/17	60 Hurdles	1st, 8.82
	MW Championships	2/24/17	60 Hurdles	14th, 9.00
Outdoor	Jerry Quiller Classic	3/18/17	100 Hurdles	3rd, 14.77
	Fum McGraw Open	3/25/17	100 Hurdles	4th, 14.51
	CU Invite	4/8/17	100 Hurdles	5th, 14.27
	Mark Faldmo Invite	4/15/17	100 Hurdles	2nd, 14.25

Tori Sleep

	Meet	Date	Event	Mark
Outdoor	Fum McGraw Open	3/25/17	Discus	7th, 135-0
	Tom Benich Invite	4/2/17	Discus	8th, 136-1
	CU Invite	4/8/17	Discus	11th, 126-10
	Mark Faldmo Invite	4/15/17	Discus	7th, 136-5

Day Timberman

	Meet	Date	Event	Mark
Indoor	Powder River Dual	1/28/17	Triple Jump	1st, 38-9
	Colorado Open	2/3/17	Triple Jump	1st, 38-10 1/2
	Don Kirby Invite	2/11/17	Triple Jump	NP
	Rocky Mtn. Classic	2/17/17	Triple Jump	1st, 38-9 3/4
	MW Championships	2/25/17	Triple Jump	7th, 38-2
Outdoor	Fum McGraw Open	3/25/17	Long Jump	8th, 17-6
	Tom Benich Invite	4/2/17	Triple Jump	6th, 35-11 1/4
	CU Invite	4/8/17	Long Jump	17th, 17-4 1/4
	Mark Faldmo Invite	4/15/17	Long Jump	8th, 17-3 1/2

Ashley Urman

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	400 Meters	6th, 1:02.35
	Potts Invitational	1/14/17	800 Meters	15th, 2:28.30
	Powder River Dual	1/28/17	400 Meters	7th, 1:03.91
			4x400 Relay	4th, 4:07.30
	Rocky Mtn. Classic	2/17/17	800 Meters	4th, 2:29.52
Outdoor	Fum McGraw Open	3/25/17	800 Meters	8th, 2:33.80
	CU Invite	4/8/17	800 Meters	19th, 2:29.44
			4x400 Relay	6th, 4:08.37

Regan VanDepol

	Meet	Date	Event	Mark
Indoor	Potts Invitational	1/14/17	800 Meters	13th, 2:23.72
	Rocky Mtn. Classic	2/17/17	800 Meters	3rd, 2:23.76
Outdoor	Fum McGraw Open	3/25/17	1,500 Meters	7th, 4:54.79
	CU Invite	4/8/17	800 Meters	13th, 2:21.90
			4x400 Relay	6th, 4:08.37

Anissa Warner

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	High Jump	1st, 5-2 1/2
	Potts Invitational	1/13/17	High Jump	5th, 5-5 1/4
	Powder River Dual	1/28/17	High Jump	1st, 5-5
	Colorado Open	2/3/17	High Jump	2nd, 5-5 1/4
	Rocky Mtn. Classic	2/17/17	High Jump	1st, 5-5
	MW Championships	2/24/17	High Jump	7th, 5-4 1/4
Outdoor	Jerry Quiller Classic	3/18/17	High Jump	6th, 5-2 1/4
	Fum McGraw Open	3/25/17	High Jump	6th, 5-3 1/4
	CU Invite	4/8/17	High Jump	4th, 5-3
	Mark Faldmo Invite	4/15/17	High Jump	10th, 5-2 1/4

Kerry White

	Meet	Date	Event	Mark
Indoor	Powder River Dual	1/28/17	800 Meters	3rd, 2:14.48
			4x400 Relay	2nd, 3:56.29
	Colorado Open	2/4/17	800 Meters	17th, 2:16.32
	Don Kirby Invite	2/11/17	800 Meters	7th, 2:13.44
	MW Championships	2/23/17	DMR	5th, 11:33.30
			800 Meters	8th, 2:11.36
			4x400 Relay	11th, 4:05.16
Outdoor	Jerry Quiller Classic	3/18/17	1,500 Meters	7th, 4:43.16
	Fum McGraw Open	3/25/17	1,500 Meters	3rd, 4:34.83
	CU Invite	4/8/17	800 Meters	3rd, 2:14.63
	Pacific Coast Intercollegiate	4/13/17	800 Meters	3rd, 2:10.71
	Mark Faldmo Invite	4/15/17	1,500 Meters	2nd, 4:34.31

Ariana Williams

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	60 Hurdles	5th, 9.12
			4x400 Relay	2nd, 4:17.00
	Potts Invitational	1/14/17	60 Hurdles	7th, 9.07
	Powder River Dual	1/28/17	60 Hurdles	3rd, 9.09
			4x400 Relay	4th, 4:07.30
	Rocky Mtn. Classic	2/17/17	400 Meters	4th, 58.14
			4x400 Relay	1st, 4:30.80
Outdoor	Jerry Quiller Classic	3/18/17	400 Hurdles	4th, 1:04.58
	Fum McGraw Open	3/25/17	400 Hurdles	4th, 1:04.14
	CU Invite	4/8/17	400 Hurdles	10th, 1:05.14
	Mark Faldmo Invite	4/15/17	400 Hurdles	5th, 1:03.15

Kayla York

	Meet	Date	Event	Mark
Indoor	Power Meet	12/9/16	Weight Throw	5th, 54-3 1/4
	Potts Invitational	1/13/17	Weight Throw	6th, 52-10 3/4
	Powder River Dual	1/28/17	Weight Throw	2nd, 55-2
			Shot Put	3rd, 38-4 1/4
	Colorado Open	2/3/17	Weight Throw	7th, 53-11
	Rocky Mtn. Classic	2/17/17	Weight Throw	4th, 56-3 3/4
	MW Championships	2/24/17	Weight Throw	11th, 54-3 1/4
Outdoor	Fum McGraw Open	3/25/17	Discus	3rd, 144-5
			Hammer Throw	7th, 146-6
	Tom Benich Invite	4/2/17	Discus	5th, 148-0
			Hammer Throw	9th, 160-4
	CU Invite	4/7/17	Hammer Throw	12th, 161-3
			Discus	6th, 141-11
	Mark Faldmo Invite	4/14/17	Hammer Throw	8th, 161-6
			Discus	5th, 144-0

2016-17 Wyoming Notes

Men's Indoor School Records

(as of Feb. 25, 2017)

60 Meters			60-Meter Hurdles			200 Meters			400 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Carlington Duncan	6.71	01	1. Jordan Charles	7.68	16	1. Carlington Duncan	21.17	01	1. Seth Billy	47.68	02
2. Marcus Brunson	6.72	97	2. Brandon Douglass	7.90	13	2. Collin Thomas	21.38	02	2. Mario Harris	48.03	10
3. Stephen Michel	6.78	10	3. Scott Carter	7.95	17	3. Vashone West	21.40	08	3. Chris Welsh	48.05	95
4. Jordan Charles	6.79	15	Colin Herold	7.95	15	4. Mario Harris	21.43	11	4. Cody Millemon	48.17	00
Mario Harris	6.79	11	5. Jacob Edwards	8.13	13	5. Marcus Brunson	21.46	97	5. Jackson Wood	48.38	17
Mervin Swaby	6.79	00	6. Michael Tasker	8.16	12	6. Jordan Charles	21.53	16	6. Clay Carlson	48.63	16
Collin Thomas	6.79	02	7. Aaron Praska	8.17	14	7. Richard Peace	21.60	96	7. Keith Ladson	48.64	94
8. Vashone West	6.82	08	8. Kyle Sullivan	8.26	13	8. Jace Marx	21.71	17	8. Kekoa Chavez	48.70	10
9. Calil Burnett	6.85	15	9. Seth Billy	8.30	02	9. Max Haynes	21.86	88	9. Greg Farnham	48.75	94
Dwight Neptune	6.85	04	Jason Medearis	8.30	97	10. Deon McCalla	22.10	97	10. Jermaine Kelly	48.82	05
10. Lenyn Leonce											
800 Meters			Mile			3,000 Meters			5,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jeremiah Johnson	1:48.30	04	1. Mike Cheroni	4:02.14	78	1. Mark Korir	8:07.43	07	1. Mark Korir	13:57.60	07
2. Ricky Faure	1:48.78	17	2. Nick Theil	4:02.71	96	2. Ryan Bolton	8:09.75	95	2. Taylor Kelting	14:10.04	12
3. Harry Fisher	1:49.29	14	3. Wayne Jensen	4:03.74	71	3. Espen Borge	8:12.38	84	3. Greg Miller	14:20.01	11
4. Bryce Ailshie	1:49.56	17	4. Espen Borge	4:05.53	84	4. Aaron Derner	8:14.38	14	4. Aaron Derner	14:21.54	16
5. Jim McCreery	1:49.94	94	5. Ben Overland	4:05.93	88	5. Garrett Zans	8:14.49	14	5. Scott McDonald	14:22.23	95
6. Thomas Atkinson	1:50.16	15	6. Joseph Nzau	4:06.80	78	6. Joseph Nzau	8:16.41	81	6. Dylan Morin	14:27.04	15
7. Espen Borge	1:50.70	84	7. Arne Anfinsen	4:07.21	86	7. Amos Bowen	8:17.64	15	7. Brian Knight	14:29.06	07
8. Morten Jurs	1:51.62	82	8. Monte Still	4:07.56	93	8. Taylor Kelting	8:17.86	12	8. Joe Hall	14:29.06	00
9. Nick Cramer	1:51.78	07	9. Ricky Faure	4:08.11	15	9. Greg Miller	8:17.97	11	9. Amos Bowen	14:36.95	14
10. Jeremy Thompson	1:51.95	05	10. Simon Killili	4:09.47	79	10. Joe Hall	8:18.40	00	10. Greg Schabron	14:38.80	01
4x400-Meter RELAY			Distance Medley Relay								
1. Marx, Blackett, Wood, Ailshie	3:13.46	17	1. Jurs, Slabach, Murray, Borge	9:47.50	84						
2. Duncan, Millemon, Billy, Charlemagne	3:13.74	00	2. Her Many Horses, Praska, Wilde, Zans	9:54.86	11						
3. Billy, Millemon, Duncan, Davis	3:14.26	00	3. Tanui, Brauneis, Cramer, Korir	9:56.56	07						
4. Carlson, Blackett, Faure, Fisher	3:14.69	15	4. Johnson, Harris, Cramer, Tanui	9:57.77	06						
5. Kelly, Arnwine, Harris, Johnson	3:14.70	06	5. Chirchir, Chavez, Too, Huntington	9:58.60	08						
6. Brauneis, Chavez, Petsch, Harris	3:14.75	10	6. Wyoming	9:58.82	79						
7. Arnwine, Kelly, Baysinger, Harris	3:16.25	05	7. Cheroni, Holton, Paolillo, Nzau	9:58.91	81						
8. Billy, Millemon, Duncan, Davis	3:16.45	01	8. Tanui, Cramer, Too, Korir	10:02.46	07						
9. Loken, Carlson, Thomas, Ailshie	3:16.71	16	9. Thompson, Kelley, Johnson, Hudson	10:06.19	05						
10. Ladson, Schaff, Grion, Farnham	3:16.88	94	10. Kepler, Thomas, Kiefer, Henry	10:07.00	17						
Shot Put			Long Jump			High Jump			Heptathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Mason Finley	66-3 1/4	14	1. Charles Thomas	25-8 1/2	65	1. Bud Hamilton	7-3	93	1. Olav Roe	5,274	06
2. Jason Gervais	64-7	00	2. Tim Cawley	25-4 1/4	98	Mike White	7-3	80	2. Kyle Sullivan	5,262	14
3. Jason Hammond	61-10 1/4	01	3. Mervin Swaby	25-3 3/4	01	3. Chris Larson	7-1 3/4	96	3. Brandon Douglass	5,098	12
4. Kevin Mannon	61-0 3/4	99	4. Bud Hamilton	25-1 1/4	95	4. Bryan Coventry	6-11	87	4. Jay Petsch	5,081	10
5. Matt Spears	60-10	97	5. Jeremiah James	24-11 1/4	09	Justin Smith	6-11	96	5. Brett Zowada	5,033	05
6. Kyle Herl	59-11 3/4	04	6. Eric Coleman	24-7	87	Tim Cawley	6-11	96	6. Caleb Seeton	4,955	16
7. Chad Lindsay	59-4 3/4	92	Dave Shannon	24-7	92	7. Tyler Skinner	6-10 1/4	10	7. Phillip Thomas	4,909	07
8. Craig Suter	58-3 1/4	02	8. Lenyn Leonce	24-6 1/4	10	8. Dan Orange	6-10	75	8. Eric Suter	4,474	04
9. Tyg Long	57-2 3/4	05	9. Gilad Weinbarten	24-4 1/2	64	9. Jeremiah James	6-9	10			
10. Jared Finley	56-4 1/2	79	10. Scott Carter	24-3 3/4	17	10. Jared Grant	6-8 3/4	04			
35-Pound Weight Throw			Triple Jump			Pole Vault					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. Jason Gervais	74-1 3/4	00	1. Quincy Howe	54-9 1/4	01	1. Eric Richey	17-2 1/4	89			
2. Kevin Mannon	72-2 1/4	99	2. Jeremiah James	52-6	10	2. Gregg Sawyer	17-0 3/4	99			
3. Jake Shanklin	71-10 1/4	08	3. Blake Jackson	52-2 3/4	05	3. Jay Novacek	16-3	84			
4. Derek Woodske	71-3 1/4	00	4. Tim Cawley	52-2	97	4. Brandon Douglass	16-0 3/4	11			
5. Ryan Butler	71-1 1/2	96	5. Scott Carter	51-8 1/2	16	5. Darren Niedermeyer	15-9	02			
6. Jason Hammond	69-1 1/2	01	6. Mikael Norman	51-2	75	6. Ed Steele	15-8	75			
7. Zack Schaefer	68-6	04	7. Mervin Swaby	50-10 1/4	01	Brian Stevenson	15-8	84			
8. Kyle Herl	67-5 1/2	04	8. Stephen Michel	50-3 1/4	10	Beecher Strube	15-8	90			
9. Sam Lambert	67-2 1/4	09	9. John Alderson	50-0 1/2	08	9. Cliff Cotton	15-6	72			
10. Joe Plante	66-1	12	10. Wayne King	49-10 1/4	71	Steve McNorris	15-6	90			

School Record Key

Indoor

- For running events 400 meters and below (including the 4x400-meter relay), no marks are converted for altitude or track size
- Except the 55 meters/55 hurdles which are converted to the 60 meters/60 hurdles
- For running events 800 meters and above (including the distance medley relay), all marks are converted for altitude and track size
- Bold indicates marks from 2016-17 season

2016-17 Wyoming Notes

Women's Indoor School Records

(as of Feb. 25, 2017)

60 Meters			60-Meter Hurdles			200 Meters			400 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jerayah Davis	7.25	17	1. Shauna Smith	8.33	04	1. Jessica Fox	23.71	04	1. Shauna Smith	51.79	04
2. Kima Wells	7.30	04	2. Shaylee Babbitt	8.37	08	2. Kereston Thomas	24.20	14	2. Jessica Fox	52.88	04
3. Jessica Fox	7.45	04	3. Adriana Friezen	8.42	07	3. Adelaide Harper	24.31	01	3. Afiya Walker	53.10	11
Kereston Thomas	7.45	14	4. Jenna Mann	8.45	14	4. Fiona Lindo-Jeffrey	24.43	02	4. Sharon Larrier	54.65	08
5. Shauna Smith	7.54	05	5. Katy Hall	8.51	13	5. Audrey West	24.61	14	5. Kima Wells	54.75	04
6. Ja'la Henderson	7.58	16	6. Kelly Ann Charles	8.53	04	6. Kima Wells	24.62	03	6. Erin Kirby	54.82	11
Adelaide Harper	7.58	01	7. Mikalah Skates	8.60	14	Afiya Walker	24.62	11	Amanda Hopper	54.82	05
Audrey West	7.58	14	8. Jennifer Schmitz	8.68	10	8. Samantha Kee	24.65	12	McKenzie Brogan	54.82	16
9. Fiona Lindo-Jeffrey	7.60	02	9. Aniiis Hopkins	8.71	07	Sharon Larrier	24.65	08	9. Lindsey Simmons	55.40	11
10. Melina Harris	7.63	16	10. Tomeca Brown	8.73	00	10. McKenzie Brogan	24.67	16	10. Kim Robertson	55.79	16
800 Meters			Mile			3,000 Meters			5,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Cassidy Meade	2:09.76	17	1. Molly Moulton	4:46.32	98	1. Holly Page	9:26.39	15	1. Holly Page	16:20.10	15
2. Candace Wollert	2:10.52	12	2. Lauren Hamilton	4:46.85	17	2. Audra DeStefano	9:32.83	16	2. Audra DeStefano	16:35.84	16
3. Kerry White	2:10.96	15	3. Audra DeStefano	4:49.92	16	3. Emily Higgins	9:42.25	09	3. Christine Nelson	16:48.24	11
4. Deby Anderson	2:11.30	94	4. Emily Higgins	4:53.43	08	4. Christine Nelson	9:48.96	11	4. Gretchen Johnson	16:58.30	08
5. Tanice Barnett	2:12.25	04	5. Calbi Ausmann	4:56.57	17	5. Amy Wroe	9:48.99	95	5. Megan Brunette	17:03.72	17
6. Molly Moulton	2:12.45	98	6. Brooklan Grimes	4:58.04	05	6. Megan Brunette	9:50.26	17	6. Dodie Kocsis	17:14.07	92
7. Laura Ferguson	2:12.96	79	7. Andrea Everett	4:58.07	83	7. Gretchen Johnson	9:53.15	07	7. Michelle Kvernmo	17:16.14	06
8. Dawn Wilger	2:13.38	84	8. Allison Hollington	4:58.35	84	8. Allison Hollington	9:56.28	83	8. Jennifer Thompson	17:18.81	05
9. Brenna Dooley	2:13.44	07	9. Karla Hay	4:59.73	92	9. Michelle Kvernmo	9:57.47	06	9. Amy Wroe	17:20.58	95
10. Amanda Yentes	2:14.35	08	10. Holly Page	5:00.09	14	10. Gladys Jerotich	9:58.57	05	10. Abi Bever	17:33.63	12
4x400-Meter Relay						Distance Medley Relay					
1. Smith, Wells, Hopper, Fox	3:31.87	04				1. Meade, DeStefano, Robertson, Hamilton	11:21.19	16			
2. Smith, Fox, Hopper, Larrier	3:33.66	05				2. White, Harris, Meade, Hamilton	11:33.30	17			
3. Kirby, Simmons, Long, Walker	3:43.84	11				3. Meade, Lloyd, Robertson, White	11:56.19	15			
4. Kirby, Gardner, Wollert, Simmons	3:44.57	12				4. Ferguson, Barrinaga, Bradley, Sanford	11:58.54	80			
5. Snyder, Robertson, Harris, Brogan	3:45.45	16				5. Heaston, Hurst, Wollert, Page	12:02.38	13			
6. Long, Gardner, Kee, Brogan	3:45.53	13				6. Wyoming	12:02.41	81			
7. Kirby, Lloyd, West, Robertson	3:45.71	15				7. Martinez, Long, Wollert, Davis	12:05.58	11			
8. Kirby, Simmons, Wollert, Walker	3:45.97	11				8. Diller, Hopper, Barnett, Grimes	12:08.30	05			
9. Carstens, Smith, Wells, Fox	3:47.11	03				9. Wyoming	12:10.76	80			
10. Kee, Simmons, Kirby, Wollert	3:47.57	12				10. Cerda, Sanford, Reid, Anderson	12:14.98	82			
Shot Put			Long Jump			High Jump			Pentathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jessica Cross	57-0 1/2	98	1. Patricia Miller	20-5	80	1. Julie Burgess	5-10 1/2	88	1. Jenna Mann	3,898	14
2. Andrea Batt	53-4 1/4	04	2. Ja'la Henderson	20-0 1/2	17	2. Sabina Sandberg	5-8 3/4	16	2. Sabina Sandberg	3,500	15
3. Mary Le Jour	50-0 3/4	00	3. Jerayah Davis	19-11	17	3. Joanna Wilson	5-8	97	3. Rebecca Harris	3,410	15
4. Grace Apiafi	49-11 1/4	84	4. Renee Guy-Garth	19-5 1/4	97	Chan Johnson	5-8	02	4. Britney Jackson	3,388	10
5. Robin Lyons	49-9	00	5. Adrienne Prosser	19-3 1/4	96	Keeley Johnson	5-8	88	5. Patty Harrington	3,340	86
6. Naomi Elliot	49-6 1/4	00	6. B.J. Eldridge	19-3	82	6. Lisa Throener	5-7 1/4	00	6. Clare Nicolas	3,233	17
7. Ashley Hutchinson	48-8 1/4	11	7. Davina Strauss	19-2 1/2	01	Jamie Davies	5-7 1/4	96	7. Leah Burke	3,226	05
8. Shreese Daniels	48-2	13	8. Kathy Janicke	19-0	90	Chris Lazz	5-7 1/4	91	8. Kuuipo Nakoa	3,152	11
9. Mollie Dahl	48-1 3/4	13	9. Erin Urbanoski	18-11 3/4	11	9. Johnna Jeffries	5-7	07	9. Kim Demers	3,113	02
10. Tamara Hawkins	48-1 1/4	99	10. Janine Brathwaite	18-9 3/4	05	Britney Jackson	5-7	09	10. Ingvild Carstens	3,112	05
20-Pound Weight Throw			Triple Jump			Pole Vault					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. Robin Lyons	70-11 1/4	00	1. Day Timberman	40-2 1/4	16	1. Jamie Davies	12-4 1/4	98			
2. Shreese Daniels	68-1	15	2. Tomeca Brown	39-10 1/2	00	2. Lauri Smith	11-8 1/2	06			
3. Ashley Hutchinson	65-4 3/4	12	3. Allegra Carson	39-7 3/4	16	3. Kat Doherty	11-6 1.2	05			
4. Andrea Batt	64-10 1/2	04	4. Enioma Haynes	39-6 1/2	02	4. Stephanie Anderson	11-5 3/4	04			
5. Shannon Popp	64-4	07	5. Courtney Schlegal	38-9 1/2	04	5. Kaela Thayer	10-11 3/4	03			
6. Emelda Malm-Annan	64-3 1/4	15	Adrienne Prosser	38-9 1/2	96	6. Hallie Baker	10-8	04			
7. Julie Thomas	64-2 1/4	02	7. Melanie Brunko	38-8 3/4	98	Jodie Sanborn	10-8				
8. Kate Burton	63-11 1/2	08	8. Jamie Davies	38-7 3/4	97	8. Alisha Reaser	10-7	09			
9. Crystal Smith	63-7 1/2	03	9. Kathy Janicke	38-5	90	9. Julie Popish	10-6	14			
10. Dana Dillon	63-3 1/4	00	10. Shelly Thacker	38-3 1/2	88	Anna Hardy	10-6	08			

School Record Key

Indoor

- For running events 400 meters and below (including the 4x400-meter relay), no marks are converted for altitude or track size
- Except the 55 meters/55 hurdles which are converted to the 60 meters/60 hurdles
- For running events 800 meters and above (including the distance medley relay), all marks are converted for altitude and track size
- Bold indicates marks from 2016-17 season

2016-17 Wyoming Notes

Men's Outdoor School Records

(as of April 15, 2017)

100 Meters				200 Meters				400 Meters				800 Meters			
Name	Result	Year		Name	Result	Year		Name	Result	Year		Name	Result	Year	
1. Vashone West	10.38	08		1. Mario Harris	20.87	11		1. Darius Taruru	46.44	77		1. Wesley Maiyo	1:46.44	75	
2. Mario Harris	10.43	11		2. Jordan Charles	21.12	14		2. Max Charlemagne	46.99	00		2. Ricky Faure	1:47.59	15	
3. John Davis	10.44	81		3. Vashone West	21.29	08		3. Robert Harris	47.13	04		3. Harry Fisher	1:48.34	15	
4. Stephen Michel	10.46	10		4. Carlington Duncan	21.30	00		4. Chris Welsh	47.32	95		4. Jeremiah Johnson	1:48.54	06	
5. Jordan Charles	10.49	16		Jason Roascio	21.30	15		5. Harry Fisher	47.58	15		5. Wayne Jensen	1:48.84	69	
6. Mervin Swaby	10.52	03		6. Jace Marx	21.43	17		6. Jermaine Kelly	47.72	05		6. Thomas Atkinson	1:49.11	15	
7. Dwight Neptune	10.55	07		7. Jackson Wood	21.49	17		7. Cody Millemon	47.74	00		7. Morten Jurs	1:49.32	85	
8. Amaicure Harris	10.58	92		Robert Harris	21.49	03		8. Bryce Ailshie	47.80	17		8. Eliud Chirchir	1:49.38	09	
9. Calil Burnett	10.60	16		9. Lenyn Leonce	21.50	11		9. Jackson Wood	47.89	17		9. Roald Horten	1:49.52	80	
10. Lenyn Leonce	10.61	13		10. Adam Kelly	21.51	04		10. Seth Billy	47.97	00		10. Jim McCreery	1:49.59	94	
1,500 Meters				3,000-Meter Steeplechase				5,000 Meters				10,000 Meters			
Name	Result	Year		Name	Result	Year		Name	Result	Year		Name	Result	Year	
1. Wayne Jensen	3:42.94	69		1. Joseph Nzau	8:43.14	79		1. Geir Kvernmo	13:41.24	80		1. Joseph Nzau	28:20.74	79	
2. Philemon Kimutai	3:45.23	09		2. Espen Borge	8:45.74	84		2. Joseph Nzau	13:54.54	78		2. Simon Killili	28:31.60	79	
3. Wesley Maiyo	3:45.44	74		3. Geir Kvernmo	8:46.14	80		3. Greg Miller	13:58.43	11		3. John Wodny	29:08.74	88	
4. Espen Borge	3:45.46	84		4. Mark Korir	8:49.60	09		4. Mark Korir	13:58.86	06		4. Mark Korir	29:09.25	06	
5. Nick Thiel	3:45.92	96		5. Garrett Zans	8:50.45	14		5. Simon Killili	14:01.44	78		5. Joe Hall	29:10.77	01	
6. Matt Hudson	3:47.67	04		6. Philemon Tanui	8:50.80	07		6. Solomon Chebor	14:06.14	78		6. Greg Miller	29:22.55	12	
7. Monte Still	3:47.92	94		7. Ben Paolillo	8:51.14	81		7. Garrett Zans	14:06.26	14		7. James Kamau	29:23.63	79	
8. Taylor Kelting	3:48.50	12		8. Amos Bowen	8:56.57	15		8. Amos Bowen	14:07.20	14		8. Nick Ekel	29:26.85	12	
9. Jeremiah Johnson	3:48.52	04		9. Dermott Bradshaw	8:58.64	85		9. Taylor Kelting	14:10.67	12		9. Dave Magness	29:42.74	81	
10. Rob Durkee	3:48.56	87		10. Staale Engen	9:00.64	71		10. Ryan Bolton	14:14.90	95		10. Aaron Derner	29:48.67	14	
4x100-Meter Relay								4x400-Meter Relay							
1. Duncan, Davis, Charlemagne, Swaby				40.54	00	1. Millemon, Billy, Dunca, Charlemagne				3:09.48	00				
Michel, Brauneis, Leonce, Harris				40.54	10	2. Loken, Blackett, Faure, Fisher				3:10.43	15				
3. Marx, Blackett, Charles, Kirkeide				40.60	17	3. Johnson, Harris, Baysinger, Kelly				3:11.32	04				
4. Douglass, Gunderson, Harris, Leonce				40.63	11	4. Loken, Blackett, Atkinson, Fisher				3:11.92	15				
5. Brauneis, Gunderson, Michel, Harris				40.64	10	5. Sawyer, Milemon, Duncan, Medearis				3:12.04	99				
6. Billy, Swaby, Charlemagne, Duncan				40.68	00	6. Johnson, Fenton, Arnwine, Kelly				3:12.61	06				
7. Brauneis, Kelly, West, Neptune				40.69	07	7. Loken, Blackett, Faure, Fisher				3:12.69	15				
8. Zowada, Neptune, Kelly, Harris				40.82	04	8. Harris, Kelly, Baysinger, Arnwine				3:12.82	05				
9. Gunderson, Michel, Douglass, Harris				40.86	11	9. Mundt, Wilcox, Farnham, Ladson				3:13.02	92				
10. Howe, Swaby, Samuels, Collin				40.92	02	10. Loken, Praska, Atkinson, Fisher				3:13.23	14				
110-Meter Hurdles				Shot Put				Long Jump				Pole Vault			
Name	Result	Year		Name	Result	Year		Name	Result	Year		Name	Result	Year	
1. Jordan Charles	13.81	17		1. Jason Gervais	63-11 3/4	00		1. Mervin Swaby	25-4 3/4	02		1. Eric Richey	16-9	90	
Jason Medearis	13.81	99		2. Jason Hammond	63-5 3/4	00		2. Charles Thomas	25-1 1/2	65		2. Gregg Sawyer	16-6	99	
Tom Garrison	13.81	90		3. Kevin Mannon	62-3	99		3. Bud Hamilton	24-11 1/4	93		Steve McMorris	16-6	90	
4. Joel Giorgis	13.84	95		4. Matt Spears	61-5 1/2	97		4. Lenyn Leonce	24-10 1/2	10		4. Jay Novacek	16-4	84	
5. Brandon Douglass	13.97	13		5. Mason Finley	60-11 1/4	14		5. Jeremiah James	24-10	09		5. Darren Niedermeyer	16-0 3/4	02	
6. Keith Ladson	14.09	96		6. Mike Wood	57-6 3/4	70		6. Justin Smith	24-7 3/4	96		6. Ed Steele	15-6	73	
7. Colin Herold	14.25	13		7. Chad Lindsay	57-4 1/4	92		7. Quincy Howe	24-5 1/2	02		Brian Stevenson	15-6	83	
8. Scott Carter	14.26	17		8. Kyle Herl	57-3 3/4	05		8. Tim Cawley	24-3	96		8. Cliff Cotton	15-2	69	
9. Kyle Sullivan	14.44	15		9. Tyg Long	55-7	05		9. Stephen Michel	24-2 1/4	10		9. Brandon Douglass	15-1	10	
10. Michael Arnwine	14.46	06		10. Craig Suter	55-6 1/4	02		10. Scott Carter	24-1 3/4	17		10. Jay Petsch	14-5 1/2	10	
400-Meter Hurdles				Discus				Triple Jump				Decathlon			
Name	Result	Year		Name	Result	Year		Name	Result	Year		Name	Result	Year	
1. Seth Billy	50.07	02		1. Jason Gervais	210-10	00		1. Quincy Howe	54-4 3/4	02		1. Jay Novacek	7,762	84	
2. Kekoa Chavez	50.74	10		2. Mason Finley	210-6	14		2. Jeremiah James	52-10 1/4	10		2. Gregg Sawyer	7,250	99	
3. Jason Medearis	50.82	99		3. Jared Finley	192-3	78		3. Scott Carter	52-3 3/4	17		3. Olav Roe	7,222	06	
4. Gladstone Williams	50.83	78		4. Paul Thomas	190-11	14		4. Tim Cawley	51-7	98		4. Phil Mulkey	7,116	56	
5. Keith Ladson	50.93	96		5. Jeff Honey	188-11	97		5. Mervin Swaby	51-1 1/2	02		5. Jay Petsch	7,112	10	
6. Jordan Charles	51.49	16		6. Joe Plante	188-1	10		6. Blake Jackson	51-0 1/2	07		6. Kyle Sullivan	6,949	15	
7. Carlington Duncan	51.64	99		7. Kevin Mannon	187-9	99		7. Bud Hamilton	50-5 1/2	94		7. Dan Orange	6,934	74	
8. Joel Giorgis	52.07	94		8. Ryan Butler	183-6	96		8. Stephen Michel	50-0 1/2	10		8. Bret Zowada	6,773	02	
9. Aaron Praska	52.44	14		9. Jason Hammond	174-10	00		9. John Alderson	49-9	07		9. Phillip Thomas	6,632	07	
10. Ryan Rogers	52.62	14		10. Garrett Lynch	174-7	16		10. Wayne King	49-7 1/4	70		10. Brandon Douglass	6,620	12	
Hammer				Javelin (200 standard)				High Jump							
Name	Result	Year		Name	Result	Year		Name	Result	Year					
1. Kevin Mannon	226-6	99		1. Henry Ferreira	224-0	13		1. Mike White	7-2	80					
2. Jason Hammond	221-1	01		2. Guy Tucker	223-0	95		2. Bud Hamilton	7-1 3/4	94					
3. Jake Shanklin	219-11	09		3. Mike Abbey	221-11	93		3. Chris Larson	7-1 1/4	95					
4. Kyle Herl	219-10	05		4. Joshua McMullen	212-6	00		4. Tyler Skinner	7-0 1/4	11					
5. Ryan Butler	217-4	96						5. Bryan Coventry	7-0	85					
6. Zack Schaefer	213-10	04						Dan Orange	7-0	74					
7. Jason Gervais	207-3	00						7. Mike Klyop	6-11	91					
8. Derek Woodske	204-7	01						8. Mike Miller	6-10	76					
9. Tyler Anderson	202-9	16						9. Phillip Thomas	6-9 1/2	07					
10. Joe Plante	201-2	13						10. Jared Grant	6-8 3/4	07					

School Record Key

Outdoor

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- All marks are in any conditions (i.e. all wind readings are counted)
- Bold indicates marks from 2016-17 season

2016-17 Wyoming Notes

Women's Outdoor School Records

(as of April 15, 2017)

100 Meters			200 Meters			400 Meters			800 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jerayah Davis	11.42	17	1. Jessica Fox	23.22	05	1. Jessica Fox	51.72	05	1. Deby Anderson	2:07.15	94
2. Kereston Thomas	11.50	14	2. Shauna Smith	23.53	04	2. Afiya Walker	52.93	10	2. Candace Wollert	2:08.30	11
3. Kima Wells	11.70	04	3. Adelaide Harper	23.62	03	3. Shauna Smith	53.04	02	3. Kerry White	2:08.53	15
4. Jessica Fox	11.75	05	4. Kereston Thomas	23.71	14	4. Kima Wells	53.41	04	4. Cassidy Meade	2:09.72	17
5. Adelaide Harper	11.78	03	5. Audrey West	23.80	14	5. Sharon Larrier	53.53	05	5. Tanice Barnett	2:10.39	04
6. Trecia Roberts	11.80	91	6. Lori Grillo	23.85	88	6. Amanda Hopper	54.07	05	6. Brenna Dooley	2:10.58	07
7. Audrey West	11.83	15	7. Sharon Larrier	23.86	07	7. Lindsey Simmons	55.31	11	7. Melissa Donovan	2:11.25	92
8. Natika Brame	11.84	94	8. Kima Wells	24.09	04	8. Samantha Kee	55.40	13	8. Kerry Cerda	2:11.55	82
Kathy Romsa	11.84	85	9. Fiona Lindo-Jeffrey	24.10	01	9. McKenzie Brogan	55.43	14	9. Juanita Neff	2:11.75	80
10. Ja'la Henderson	11.89	16	10. Jerayah Davis	24.31	17	10. Laura Ferguson	55.71	80	10. Nikki Peterson	2:11.93	07
1,500 Meters			3,000-Meter Steeplechase			5,000 Meters			10,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Molly Moulton	4:19.57	97	1. Audra DeStefano	10:07.35	16	1. Christine Nelson	16:31.61	11	1. Holly Page	33:49.66	15
2. Andrea Everett	4:20.20	83	2. Emily Higgins	10:30.81	09	2. Holly Page	16:33.77	15	2. Brenda Graham-Gray	34:34.62	82
3. Tanice Barnett	4:24.43	05	3. Abi Bever	10:48.66	12	3. Leandra Barinaga	16:35.94	80	3. Megan Brunette	34:48.85	17
4. Hege Jorgensen	4:24.67	87	4. Catherine Cloetta	11:00.77	16	4. Gretchen Johnson	16:35.98	08	4. Dodie Kocsis	36:04.80	92
5. Emily Higgins	4:25.31	09	5. Kacey Doner	11:06.47	17	5. Audra DeStefano	16:50.60	16	5. Devon England	36:55.67	15
6. Audra DeStefano	4:29.55	16	6. Brooke Hughes	11:11.10	10	6. Allison Hollington	16:53.74	83	6. Leanne Larson	36:56.84	87
7. Lauren Hamilton	4:32.28	16	7. Stephanie Hanks	11:20.67	01	7. Jennifer Thompson	16:59.77	04	7. Michelle Kvernmo	37:05.51	06
8. Kerry White	4:33.41	15	8. Andrea Klimowski	11:23.59	13	8. Alysha Davis	17:00.80	09	8. Sissel Bjorkenas	37:06.80	81
9. Cassidy Meade	4:33.92	16	9. Kiah Leonard	11:34.43	17	9. Megan Brunette	17:14.34	17	9. Debbie Espinoza	37:16.79	86
10. Maggie Diller	4:34.84	04	10. Christine Michel	11:43.05	04	10. Brenda Graham-Gray	17:15.26	84	10. Alysha Davis	37:29.17	08
4x100-Meter Relay						4x400-Meter Relay					
1. Smith, Wells, Hopper, Fox			44.63	04		1. Smith, Larrier, Hopper, Fox			3:30.68	05	
2. Mann, Thomas, Gardner, West			45.04	14		2. Fox, Wells, Hopper, Smith			3:31.83	04	
3. Henderson, Edmonds, Harris, Davis			45.39	17		3. Smith, Larrier, Hopkins, Fox			3:34.91	05	
4. Smith, Harper, Charles, Fox			45.54	03		4. Anderson, Walker, Simmons, Larrier			3:38.98	09	
5. Smith, Hopper, Babbitt, Fox			45.63	05		5. Kirby, Simmons, Wollert, Walker			3:39.69	11	
6. Babbitt, Hopper, Larrier, Rudolph			45.91	07		6. Hopper, DaCosta, Friezen, Larrier			3:40.18	07	
7. Wells, Lindo-Jeffrey, Piper, Harper			46.05	01		7. Hopper, Wells, Barnett, Fox			3:41.07	04	
8. Charles, Demers, Smith, Fox			46.10	02		8. Kirby, Brogan, West, Robertson			3:41.77	15	
Brown, Harper, Lindo-Jeffrey, Wells			46.10	00		9. Brogan, Gardner, West, Thomas			3:41.88	14	
10. West, Kee, Gardner, Thomas			46.12	13		10. Kee, Kirby, Simmons, West			3:42.70	12	
100-Meter Hurdles			Shot Put			Long Jump			Pole Vault		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Shauna Smith	13.29	04	1. Jessica Cross	55-0 3/4	98	1. Patricia Miller	20-4	80	1. Lauri Smith	12-1 1/2	06
2. Trecia Roberts	13.45	92	2. Andrea Batt	51-9	02	2. Nicole Stancato	19-10	89	2. Stephani Anderson	11-6 1/2	05
3. Shaylee Babbitt	13.52	08	3. Mollie Dahl	51-2 1/4	13	3. Renee Guy-Garth	19-8	96	3. Kat Doherty	11-5 1/4	05
4. Jenna Mann	13.54	14	4. Mandy Kinney	50-6 3/4	00	4. B.J. Eldridge	19-7 3/4	81	4. Jody Sanborn	11-2	03
5. Kathy Romsa	13.60	85	5. Grace Apiafi	49-6 1/2	84	5. Shelly Thacker	19-6 1/2	91	Kaela Thayer	11-2	03
6. Kelly Ann Charles	13.72	03	6. Shreese Daniels	48-11 3/4	12	6. Jenna Mann	19-6 1/4	14	6. Hallie Baker	11-0	03
7. Jennifer Schmitz	13.84	09	7. Ashley Hutchinson	48-10 1/4	12	7. Trisa Davis	19-6	82	7. Julia Popish	10-10	14
8. Adriana Friezen	13.86	07	8. Naomi Elliot	48-0 1/2	00	8. Jeffie Ventling	19-5 3/4	92	Morgan Hartigan	10-10	14
9. Joanna Wilson	13.99	98	9. Tamara Hawkins	47-3	98	9. Ja'la Henderson	19-5 1/2	17	9. Anna Hardy	10-5 1/4	05
10. Katy Hall	14.00	14	Robin Lyons	47-3	00	10. Jennifer Collen	19-4	07	10. Hannah Bertelson	10-2	16
400-Meter Hurdles			Discus			Triple Jump			Heptathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Shauna Smith	54.32	05	1. Robin Lyons	179-5	00	1. Tomeca Brown	41-2 1/4	99	1. Kathy Romsa	5,258	84
2. Taylor Gardner	57.93	14	2. Jessica Cross	167-8	98	2. Nicole Stancato	40-2 3/4	89	2. Jenna Mann	5,255	14
3. Erin Kirby	58.45	15	Andrea Batt	167-8	02	3. Courtney Schlegal	40-2	05	3. Patty Harrington	4,708	87
4. McKenzie Brogan	59.30	16	4. Courtney Gougler	166-0	08	4. Enioma Haynes	39-11 1/2	02	4. Joanna Wilson	4,704	98
5. Diana Long	59.34	13	5. Julie Jones	162-9	80	5. Tori Connett	39-2 1/2	93	5. Sabina Sandberg	4,681	15
6. Anne Vollmer	59.80	97	6. Mandy Kinney	160-5	00	6. Emily Moore	38-10 1/4	12	6. Ingvild Carstens	4,478	04
7. Kim Demers	59.91	02	7. Madison Seaman	159-10	15	7. Allegra Carlson	38-7	16	7. Britney Jackson	4,290	10
8. Adriana Friezen	1:00.24	07	8. Hannah Carr	159-8	17	8. Lindsey Fuller	38-4 3/4	07	8. Katy Hall	4,282	12
9. Darby Goodspeed	1:00.36	99	Mary Le Jour	159-8	00	9. Shana Wilcoxson	38-0 3/4	16	9. Clare Nicolas	4,277	16
10. Jean Bradley	1:01.21	80	10. Grace Apiafi	158-11	84	10. Ashley Knight	38-0 1/4	06	10. Keeley Johnson	4,205	89
Hammer			Javelin (150 standard)			High Jump					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. Kate Burton	209-8	08	1. Andrea Batt	168-8	01	1. Julie Burgess	5-10	87			
2. Robin Lyons	206-9	00	2. Jorah Roylance	163-1	00	2. Sabina Sandberg	5-9 1/4	15			
3. Shannon Popp	196-10	07				3. Johnna Jeffries	5-8 3/4	09			
4. Shreese Daniels	195-8	15				4. Joanna Wilson	5-8	98			
5. Emelda Malm-Annan	194-1	17				Chan Johnson	5-8	02			
6. Ashley Hutchinson	193-3	12				6. Kathy Romsa	5-7 1/2	83			
7. Dana Dillon	192-5	00				7. Britney Jackson	5-7 1/4	09			
8. Julie Thomas	190-9	00				8. Jenna Mann	5-6	14			
9. Jessica Cross	185-10	98				Kathy VanHeule	5-6	83			
10. Tamara Hawkins	185-9	98				10. Sofia Hof	5-5 3/4	16			

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